



Rushden Academy Newsletter

Aspire, Explore, Succeed

25/11/2022

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Despite the miserable weather, it has been an action-packed week with lots of amazing pieces of work being produced around the school.

Our Year 11 students completed their final mock examinations this week and teachers are working hard to get papers/work marked as swiftly as possible in order to feed back to individual students about their strengths and areas for improvement. This will help teachers adapt their lessons to close common gaps whilst also providing students with target topics and skills to focus on in their revision.

Mr Bocking delivered an assembly this week which focused on the launch of the Artemis 1 rocket - the most powerful rocket ever produced - which is headed for the moon and is also sending satellites further into space than ever before. It was good to see that some students were already aware of this important milestone in the history of space exploration! The wider context of the assembly was technological advancements and sustainability in light of the ever-increasing population and the subsequent demands this places on the Earth's finite resources. It provoked a lot of thought and got students thinking about how small our planet is in the wider solar system and galaxy.

You may recall that I shared in a previous newsletter the staggering efforts of Team Rushden in terms of donations for the local food bank. On Thursday morning Mr Smith, Miss Buckoke, the student leadership team and I, loaded up the mini bus with all of the donations and delivered them to the food bank so our students could see where the donations go and learn about how it is then distributed to those that need it most. It was a heart-warming trip and another example of how amazing things can be achieved through the collective efforts of Team Rushden and the wider community. The Mayor, Adrian Winkle, who is also a governor of the school was also in attendance for the delivery.

On the theme of citizenship and the fundamental British value of democracy, Miss Burrows' students took part in a class election where they proposed social changes giving them a practical opportunity to learn about elections, manifestos, campaigns and voting. It is important that we prepare all of our students for life in modern Britain and opportunities like this really help students prepare to make positive contributions to society.

Continues on the next page...

Message From the Principal Continued....

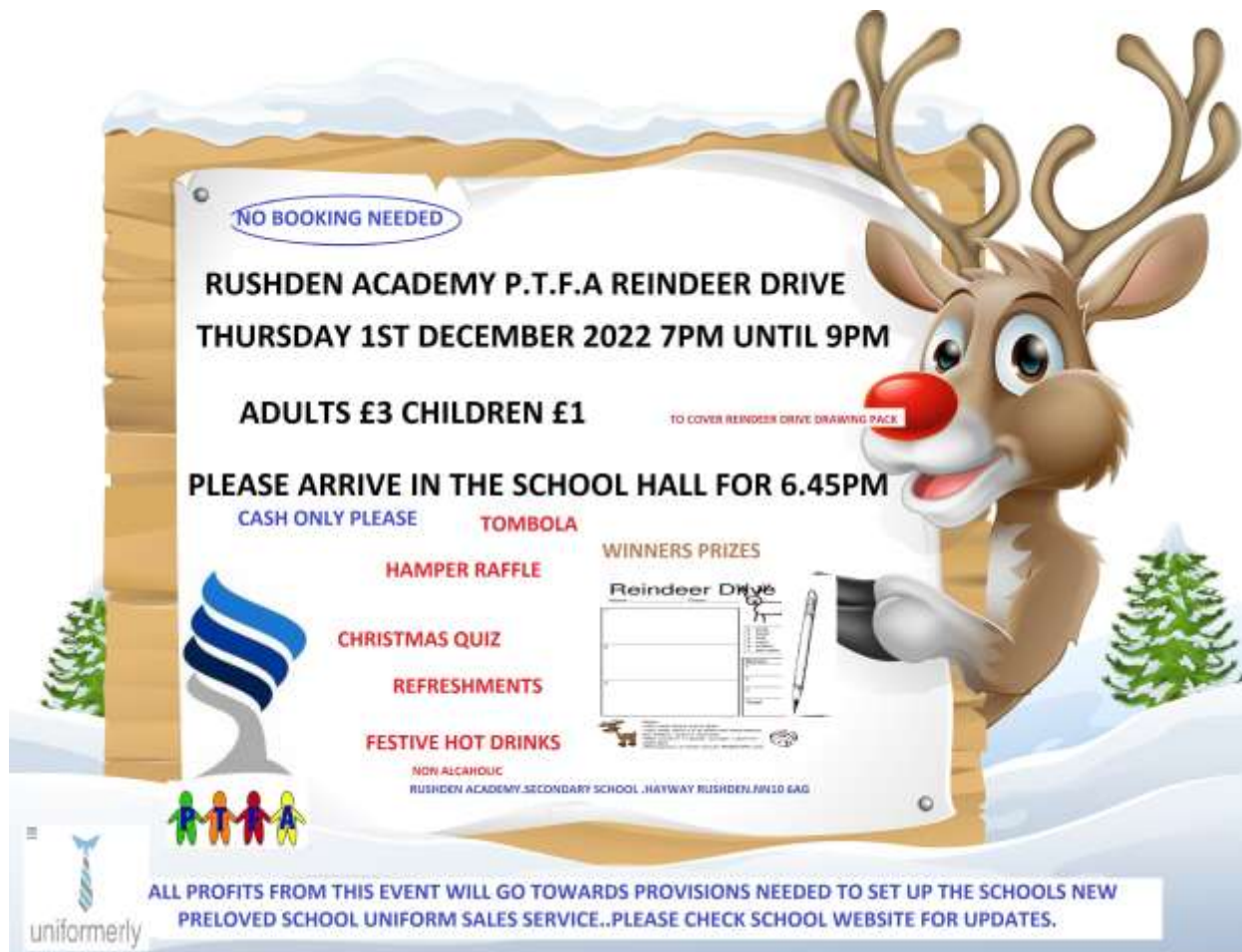
Last week I shared my reflections on the high quality work produced by our Year 11 dance students. This week I was fortunate enough to see the final pieces of work produced by our Year 11 photography students which they completed in their 5 hour exam. I was blown away by both the effort of the students and the quality of the work produced. Of particular note were the final pieces produced by Matilda, Emma, Freya and George, all of which were stunning!

Lastly, please can I ask for your continued support with promoting positive attendance in the run up to Christmas. The days are shorter and darker and the temperature is decreasing but it is imperative that students are in every day even if they are feeling a little under the weather. This week and the next two weeks, students who are in every day will be entered into a raffle to win a number of reward vouchers recognising their positive attendance beyond the usual end of term celebrations.

Have a pleasant weekend,

Yours sincerely,

Mr B Baines
Principal



This week in the PE Faculty

Child Development

We are in full swing with the new BTEC TECH award Child Development course where our students are learning about how Children grow and develop from birth to 5 years.

So far, we have looked at how children's growth is plotted on a centile chart and the importance of measuring growth. Some of our students brought in their Red Books (health records) to better understand their growth and development when they were babies. They have had opportunities to plot growth and assess if that child has consistent or inconsistent growth and what this means. Over the past 2 weeks we have studied children's Physical Development milestones from 0-18 months exploring how children use their fine and gross motor skills through reflexes, picking up toys, sitting up, crawling and standing.

The class have completed their first practice PSA, looking at a case study and analysing the Child's growth and development. In preparation for this we have used structure strips to guide and develop our writing of assessments to best show off the knowledge and understanding that they have this far.

Next, we are going to move on to Cognitive Development exploring the skills and developmental milestones for the same age group.



Year 10 BTEC Sport

Our Key Stage 4, Year 10 BTEC Sport Tech Award 2022 cohort are continuing to study for their Component 1 Assignment. They are now working on Learning Outcome B for this first assignment after completing Outcome A before half term.

Learning Outcome B is centred around different types of Sports Clothing and Equipment and the Technology that goes into these areas these days. Students have been enjoying looking at how pieces of equipment such as footballs and tennis rackets have advanced due to new technology. We have discussed how these advances have improved performances and changed the sports.

More recently we have been looking at advances in Equipment for Participants with Disabilities. Through this work we have seen some of the success of our wheelchair rugby league team and we have discovered new equipment like blind caps that blind swimmers use when swimming. The blind cap vibrates when swimmers reach the side of the pool so swimmers know when to turn in the water rather than having to be struck on the head by their coach with a pole! Discussion and debate around the use of this type of equipment has been interesting for the students.

They will have to take this learning into their assignments when they complete them early next year. They will need to discuss the clothing and equipment that a particular participant from a scenario will have to use. We hope the students are keeping up to date with their notes, completing tasks and assessments during lessons and using Google classroom when they need to look back or catch up.

This week in the PE Faculty

Year 11 BTEC Sport

In Year 11, our cohort of BTEC Sport students have been working towards completing Component 1 Learning Aim A, which is an investigation into the Body Systems. This Learning Aim is linked to Biology as students have to learn and understand how the Cardiovascular, Respiratory, Muscular and Skeletal systems look, function and how long-term participation in physical activity can positively influence these systems and overall health.

Students participated in some practical lessons at the start of the year looking at the short-term effects on the body during exercise. Students played a variety of high intensity sports such as, Basketball, Badminton and Volleyball.

Students then applied this knowledge to a lengthy written assignment explaining the functions and structure of the four body systems whilst discussing the long-term effects of exercise on these systems.

Year 11 BTEC Sport students have now begun Learning Aim B which is Sports Injuries, students are going to be investigating the different types of common and complex injuries that can occur when participating in sport and exercise. Also, students will be learning how these different types of injury can be rehabilitated so that performers can return to physical exercise and sport. There will be a handful of practical sessions for students to explore rehabilitation techniques as well as a look at how to deal with injuries when they occur from a first aid point of view.

Both these Learning Aims link to careers and further education in Sport Science, Physiotherapy, Sports Coaching and Pedagogy. If your son/daughter has an interest in further education or a career in this sector, please contact us as we can provide helpful information and advice on where BTEC Sport can take a student in the future.

TENC Update

Our students across the three courses are working hard towards their January exams.

Single Sport students are currently studying unit 2 Fitness Training and Programming for Health, Sport and Well-being. This topic has led to students being able to explore the world of personal training and start to identify and come up with solutions to barriers that may prevent clients accessing physical activity.

Double Sport students are currently learning about the world of Business in sport through unit 22. This has seen them gain an in-depth understanding of what businesses have to think about when trying to be successful. It's involved looking at the types of business, scope and size of businesses and researching/analysing current sport based businesses.

Finally, our Triple Sport students are looking at how you would write a proposal for a sports based initiative to help a variety of people access sport in the community. This involves overcoming barriers in sport so that no matter your gender, age, socioeconomic background, your ethnicity or if you have a disability you can participate. Also looking at how sport can be a driving factor at reducing crime. This will lead to a written proposal within an exam in January.

This week in the PE Faculty

Proposed exam dates (all starting at 9am):

Single Sport

Unit 2: Fitness Programming- Wednesday 11th January

Unit 1: Anatomy and Physiology (Year 12 resit)- Friday 13th January

Double Sport

Unit 22: Investigative business in sport- Monday 16th January

Triple Sport

Unit 19: Development and Provision of Sport- Wednesday 18th January

We wish all of our sports students the best of luck in these January exams and have full faith that they will do extremely well!

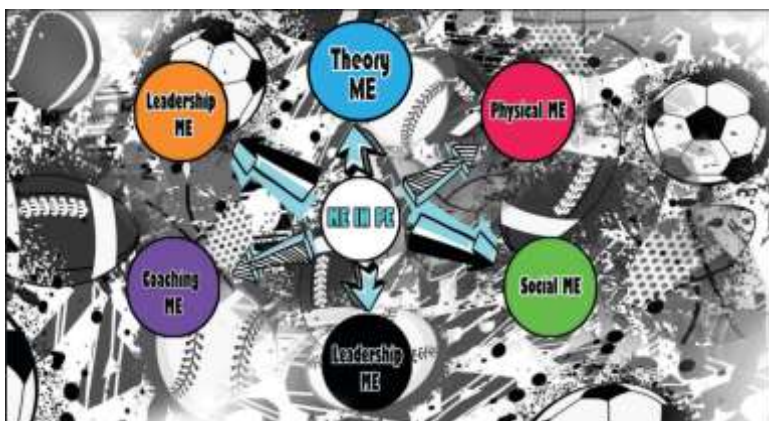
Core PE

Our KS3 students have now completed their first full rotation of sports, with all students having participated in Rugby, Netball and Badminton. For many of our students it was their first experience of these sports, identifying new rules, skills and techniques in each lesson. The focus throughout the first rotation has been on Physical ME, Social ME and Leadership ME.

Physical ME - Students have focused on learning new skills and refining their techniques, developing levels of consistency across their performances.

Social ME - Students have learned the importance of communication and interacting with their peers in the correct manner. They have begun to understand the importance of opinions and the value of sportsmanship.

Leadership ME - Student's have developed an awareness of how important it is to be role models and to set the correct example. They have also learned how to support one another in a polite manner as well as helping to set up and pack away equipment safely.



This week in PE Faculty

Students have this week started their new rotations with three new sports for them to partake in (OAA, Table Tennis and Health Related Fitness). The focus shifts to the remaining three ME in PE's - Coaching, Healthy and Theory ME. We look forward to keeping you updated throughout the next term with pictures of them participating in lessons.

Sports Council

The Sports Council have completed 1 term of interform competitions so far. They planned and led dodgeball and badminton competitions for year 7 to year 11.

They are currently preparing for our next set of competitions for term 2. On Monday we will start with Year 7 Benchball interform and continue this for all year groups throughout the week. The week after we will do the same again but for Table Tennis.

Our sports Council gives up their time to deliver these competitions, they are growing in confidence as leaders and take complete control and ownership with communicating with the students, umpiring, scoring and recording results.

We are looking forward to 2 weeks of competition and will enjoy the buzz around PE to find our term 2 interform winners.

Under 15 Girls Football

We took some of our Year 10 girls footballers over to Ferrers on Thursday night to play in their football tournament. Yes Thursday night, the evening where it torrential rained for most of the evening!

The conditions were awful, the rain was coming down in sheets and the wind was howling. The girls showed amazing spirit and resilience and such a positive attitude to get on with the games and they did us so proud.

Our highlight of the evening was when Azaria scored to give us the 1-0 win against the Ferrers school. The girls all played really well but special mention goes to Shannon for her commitment and competitive attitude and Charlotte for being a real team player and doing well as goalkeeper for most of the evening.

Well done girls! We hope to see more girls at football training on Tuesday night and we have the Under 13s girls tournament on 6th December.



Cost of Living Support

Warm Spaces

Organisation

Opening Times

Rushden Library

The Rushden Centre
Newton Road
Rushden
NN10 0PT

Monday - Friday 9am-6pm
Saturday 9am-5pm

Rushden Town Council

Rushden Hall
Hall Park
Rushden
NN10 9NG

Friday 1.30pm-3.30pm

Food Bank

Encompass

19-21 Church Street
Rushden
NN10 9YU

01933 733001

Info@encompasscharity.org.uk

School are able to make referrals so that you receive additional support

ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT

<https://www.northnorthants.gov.uk/cost-living>

Kettering Photography Trip

This week year **12 photographers** took to the streets of Kettering to take part in a location shoot for their urban landscape project. They supported each other to shoot different viewpoints and architectural details and were ambassadors for the Rushden Academy and TENC. Well done everyone!

Mrs A Owen

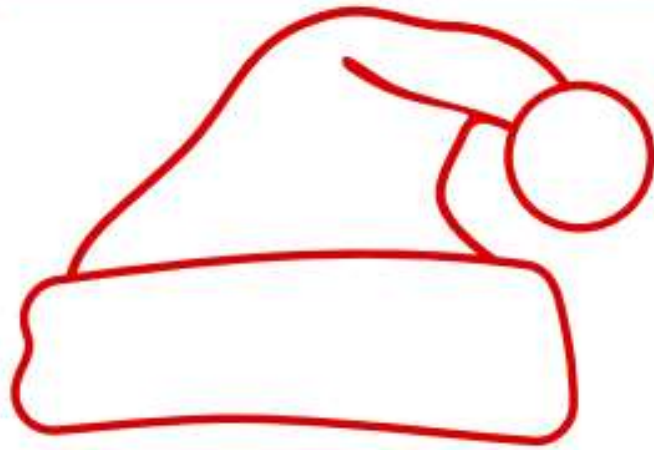
Director of KS5 & Head of Creative Arts



Annual Flu Vaccinations for Year 7, 8 & 9

If your child is in year 7, 8 or 9 you should have received information about their annual flu vaccine from the school nursing team.

If you are happy for your child to receive this, don't forget to fill out the consent form before January [here](#).



DESIGN A DECORATION




**DEADLINE 5th DECEMBER.
DECORATIONS MUST BE ABLE TO
HANG ON THE TREE.**

**1ST PLACE 50 POINTS
2ND PLACE 25 POINTS
3RD PLACE 10 POINTS**

**DECORATIONS TO BE HANDED
INTO THE PASTORAL HUB .**

Do Good December

Have a look at Action for Happiness' calendar for December. Will you try any of the ideas?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Spread kindness and share the December calendar with others	Contact someone you can't be with to see how they are	Offer to help someone who is facing difficulties at the moment	Support a charity, cause or campaign you really care about
5	6	7	8	9	10	11
Give a gift to someone who is homeless or feeling lonely	Leave a positive message for someone else to find	Give kind comments to as many people as possible today	Do something helpful for a friend or family member	Notice when you're hard on yourself or others and be kind instead	Listen wholeheartedly to others without judging them	Buy an extra item and donate it to a local foodbank
12	13	14	15	16	17	18
Be generous. Feed someone with food, love or kindness today	See how many different people you can smile at today	Share a happy memory or inspiring thought with a loved one	Contact an older neighbour and brighten up their day	Look for something positive to say to everyone you speak to	Give thanks. List the kind things others have done for you	Ask for help and let someone else discover the joy of giving
19	20	21	22	23	24	25
Contact someone who may be alone or feeling isolated	Help others by giving away something that you don't need	Appreciate kindness and thank people who do things for you	Congratulate someone for an achievement that may go unnoticed	Chose to give or receive the gift of forgiveness	Bring joy to others. Share something which made you laugh	Treat everyone with kindness today, including yourself
26	27	28	29	30	31	
Get outside. Pick up litter or do something kind for nature	Call a relative who is far away to say hello and have a chat	Be kind to the planet. Eat less meat and use less energy	Turn off digital devices and really listen to people	Let someone know how much you appreciate them and why	Plan some new acts of kindness to do in 2023	

Library News

We are very proud of our Library Ambassadors who do a fantastic job of helping to run the library during break & lunchtime. We have students from Years 8,9,10 & 11 who work tirelessly to help the staff to run the library as smoothly as possible. Each week we are introducing you to our fantastic Library Ambassadors - this week it is the turn of Mia F from Year 11 & Carmel S from Year 9.



Hi my name is Mia. I enjoy reading murder mystery and fantasy books in my spare time. I have been helping in the library for two years and I am currently in year 11. I became a library ambassador to help younger students find different genres and explore the worlds found in the many different books on offer in the library.

Hello my name is Carmel and I help to run the school library at breaks and lunch. My favourite book genres are horror, true crime & gothic literature. My favourite subjects are English & art, and I plan on writing my own practice story soon. I enjoy being a Library Ambassador as I get to help others find books that interest them - and this helps me to find news books for myself too! I have also made friends with the other Ambassadors and bond over talking about what they like to read.



Item	Price
Biro Pen (black,blue, red or green)	15p
Handwriting Pen (black or blue)	25p
Cartridge Pen	80p
Ink Cartridge	5p
Pencil	15p
Highlighter Pen	40p
Eraser (small)	10p
Eraser (large)	20p
Pencil Sharpener	10p
15cm ruler	15p
30cm ruler	30p
30cm Left-handed Ruler	30p
Protractor/ Set Square	15p
Small Clear Pencil Case	40p
Large Clear Pencil Case	60p
Scientific Calculator (KS3)	£3.50
Scientific Calculator (KS4)	£9.25

Stationary

We have a fantastic array of stationary for sale in the library.

We sell everything your child will need for their day at school.

These are available during break and lunchtime and all items need to be paid in cash.



Performing Arts Update

Drama

Year 10 have been continuing to explore physical theatre this week with a focus on Frantic Assembly's use of chair duets. The year 10s have used various movements to create sequences on chairs. The goal is to move your partner to create a sequence of movements that build up to a performance. The year 10s have really impressed with their focus within these routines and they are understanding the building blocks to devising that we have been using.

Dance

Year 7 is broadening their knowledge and understanding of dance styles. This term they have been 'Dancing through the decades' exploring movements including 1920's Charleston, 1950's Rock n Roll, 1970's disco and more. Students have been approaching the lessons with anticipation of which era and style they will be challenged with.

Music

In Music our Year 8 students have been studying Gamelan music - a style of music that originates from Java, Indonesia. The past 3 weeks students have learnt to play 7 different layers of music before going into groups to put together a performance, structured in their own way. This week, students are taking this knowledge forward and are now creating their own versions of music in this style. Students are using the slendro scale (a set of 5 notes) and creating 5 of their own layers of music before layering them up into a structure ready for performance.

Performing Arts Career of the week: Arts Administration

Arts administrators make the arts happen. They are the organisers of the arts world. They help to organise events and exhibitions, manage staff, and look after buildings like theatres or museums. They book venues, promote events, help with staff training, manage budgets and look after petty cash.

Estimated Annual Starting Salary: £24,215

Joey The Jester's Joke Of The Week:

Not to brag, but I defeated our local chess champion in 5 moves. Finally those high school karate lessons paid off.

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

r.brooks@Rushden-academy.net

Performing Arts Update



Chicago The Musical: Teen Addition

The cast of Chicago focused on the opening number of All That Jazz in this week's rehearsal. They have begun with rehearsing the number and have become familiar with the singing requirements. Working with Mr Forman, the cast have considered the song and the beginning of it is starting to sound wonderful. We are excited to see how the song turns out.

VIAM Vocal Group

This week we saw the first meeting of our Voice In A Million Vocal Group. Selected Year 7 Students were invited to attend our new vocal group and we were delighted to see so many faces this week take up this opportunity!

Voice in a Million is a massed choir concert that is held in March at Wembley Arena, the event is held to raise awareness for better outcomes for adopted and fostered children as EVERY CHILD Matters, and the importance of a loving home is crucial for all children.



We will be taking 20 of our VIAM Vocal Group members to the event this year, it will be Rushden Academy's first time attending and we are very much looking forward to it! Our Vocal Group will also be taking part in a number of in school events before then, practising their singing and building their confidence so please look out for us!

6th Form News

On Wednesday last week the 6th form collected and packaged 24 shoe boxes in aid of the Samaritans Purse Christmas appeal 'Operation Christmas Child'. They collected donations from across the school to give to children in Ukraine, Asia, Africa and India.

The students were ambassadors for the 6th form and were praised for their Charity team work.



THE EAST
NORTHAMPTONSHIRE
COLLEGE
HUXLOW • RUSHDEN

YEAR 11 NOTICE

TENC APPLICATIONS

If you are applying to stay in the 6th Form
you need to hand your application into the
6th Form office or to Mrs Owen by

9TH DECEMBER 2022

Reverse Advent Calendar

What is a reverse advent calendar?

Grab a box, and every day of advent, while you are enjoying your chocolate, think of what makes your life comfortable and happy. Put something in the box which might make the new year nicer for someone. You don't have to add something for every day, but if you can add something to a foodbank over the month it will be appreciated.

What goes in the box?

Boxes can contain tinned soup, pasta, tea bags, rice pudding, packaged snacks or toiletries. Food should be in date, but not include fresh food or ready meals. Have a look at the advent calendar below for suggestions.

I've filled my box, now what?

Donate your box to your local foodbank. There are collection points in most supermarkets.

4 Tinned meat/ fish	10 Biscuits	14 Tea bags	24 Dry rice
15 Tinned veg	9 Tinned beans	20 Tinned pasta	3 Spreads (jam etc.)
18 Tinned fruit	1 Instant mash	12 Long-life milk	7 Instant coffee
21 Sugar	11 Cereal	5 Tinned custard	16 Rice pudding
6 Washing up liquid	17 Long-life juice	13 Pasta sauce	22 Tinned tomatoes
23 Noodles / cuppa soups	8 Sanitary products	2 Tinned puddings	19 Biscuits / snacks

Numeracy Problem of the Week



I choose three numbers from this number square, including one number from each row and one number from each column. I then multiply the three numbers together. What is the largest possible product?

1	2	3
4	5	6
7	8	9

Last Week's Solution: 81 seconds

Join the Google Classroom code **f2esulr** to submit your answer

Stay Connected Newsletter

Have a look at the Stay Connected Newsletter for this month to see what is happening in our area

<https://sway.office.com/tr1niZ73J1SSd2MS?ref=Link>



CANDOUR

Word Type:

Noun

Synonyms:

- frank
- truthful

Antonyms:

- insincere
- dishonest

Example:

- "Miss. Neville is a person of great candour."

Definition:

Intrepid means:

- the quality of being open and honest; frankness.

6th Form UCAS Update



This is the term when Year 13 students are beginning to plan their post 18 pathways and applying to university.

Each week we will give you an update on who has completed their application alongside any offers or interviews they have received.

Name	Date sent	1st choice study	Course	Offer/interview?
Amber	16.10.22	Nottingham Trent University	Childhood (Psychology)	Conditional offers
Josie	10.11.22	University of Warwick	English Literature	Unconditional offer
Emanuel	17.11.22	University of Birmingham	Law with criminology	Unconditional offer
Alicia	17.11.22	Queen Mary University of London	Law	Unconditional offer
Aidan	17.11.22	Aberystwyth University	English Literature & Film Studies	Conditional offers
Maddie	17.11.22	Birmingham City University	Film making	Conditional offers
Holly	17.11.22	University of London	Statistics, Economics & a language	Conditional offers
Niamh	18.11.22	University of Sheffield	Urban Studies	Conditional offers
Grace	18.11.22	University of Westminster	Photography	interviews
Aleecia	21.11.22	Nottingham Trent University	Childhood health & Wellbeing	Unconditional offer
Jess	24.11.22	Hartpury University	Animal Science	
Viktoria	24.11.22	Lincoln University	Health & Social Care	

Maths Period 6 for Year 11s

All year 11 are invited to the following Period 6 sessions after school to help them revise for their mock exams.

Monday 28th November

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Distance time graphs	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Two way tables	Mrs Armitage, M4

Monday 5th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Perpendicular and parallel lines	Mr Routhorn, M1
Sets 3, 4 & 5 (Foundation)	Averages from frequency tables	Mr Glover, M2

Monday 12th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Quadratic graphs inc. roots and turning points	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Stem and leaf diagrams	Mrs Gurnham, M3

January 2023 TENC BTEC Exams

Date	Subject	Unit	Groups	Length	Venue	Start Time
Wednesday 11th January	Yr 13 PA	Unit 1	all	3 hours	Homeschool	9.00am
Wednesday 11th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 11th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 11th January	Yr 13 Business	Unit 2A	all	2 hours	Ferrers	1.30 pm
Thursday 12th January	Yr 13 Business	Unit 2B	all	3 hours	Ferrers	9.00 am
Friday 13th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 13th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 16th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 16th January	Yr 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 17th January	Yr 13 Business	Unit 3	resits	2hrs	Homeschool	9.00 am
Tuesday 17th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 18th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Wednesday 18th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Wednesday 18th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Thursday 19th January	Yr 12 Health & Social Care	Unit 3	trp	1.5 hrs	Homeschool	9.00 am
Friday 20th January	Yr 13 Applied Science	Unit 3	all	2.25 hrs	Homeschool	9.00 am
Monday 23rd January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Monday 23rd January	Yr 13 ICT	Unit 1	resits	2hrs	Homeschool	9.00 am
Tuesday 24th January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 24th January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

January/February 2023 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Monday 30th January	Yr 11 Health & Social Care	Unit 3	2 hrs	1.30 pm
Wednesday 1st February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 2nd February	Yr 11 Childcare	Unit 3	2 hours	9.00am

January 2023 TENC Assessment Week

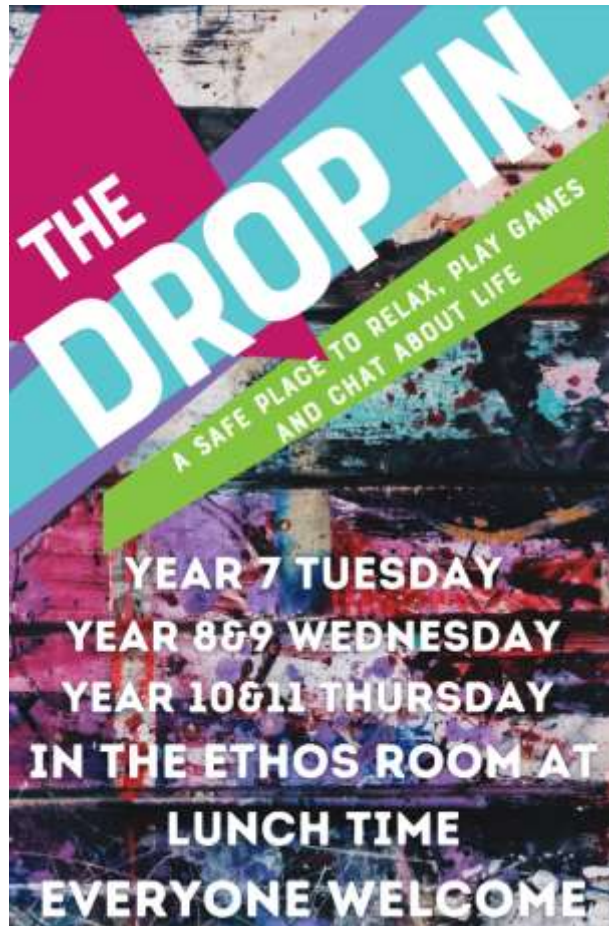
6th FORM ASSESSMENT WEEK January 2023

Students will sit their exams in homebase schools unless indicated otherwise

MON 23rd JAN	TUES 24th JAN	WED 25th JAN	THURS 26th JAN	FRI 27th JAN	
13 Geography 13 Media Paper 1 13 Physics 13 Spanish Paper 1	2hrs 30mins 2hrs 2hrs 2hrs 30mins 4hrs 1hr 30mins	13 Drama 13 Photography (Rushden) 13 Psychology Paper 1 13 Further Maths Paper 1 13 Maths Paper 1	2hrs 30mins 4hrs 2hrs 1hr 30mins 2hrs	13 Chemistry Paper 1 13 Media Paper 2 (G PL) 13 Sociology 12 Eng Lang/Lit Paper 1 (RD) 12 Geography 12 Physics	1hr 30mins 2hrs 2hrs 1hr 30mins 1hr 30mins 1hr 30mins
12 Photography (Rushden) 12 Psychology	4hrs 1hr 30mins 12 Art (Rushden+Hudlow) 12 Core Maths 12 Further Maths Paper 1 12 Maths Paper 1 12 Psychology (TI, SM)	2hrs 30mins 1hr 2hrs 30mins 2hrs 4hrs 1hr 30mins 2hrs 2hrs 1hr 30mins	13 Drama 13 Photography (Rushden) 13 Psychology Paper 1 13 Further Maths Paper 1 13 Maths Paper 1	13 Art (Ferreys) 13 Chemistry Paper 2 13 Dance 13 English Lit Paper 2 (SW) 12 Business (BTEC) 12 Further Maths Paper 2 12 Maths Paper 2 12 Media	4hrs 1hr 30mins 2hrs 30mins 2hrs 30mins 1hr 2hrs 1hr 15mins 1hr 30mins
13 Biology Paper 1 (F grp) 13 Biology Paper 1 (H grp) 13 Business 13 Graphics	2hrs 1hr 2hrs 2hrs 12 History 13 Media Paper 2 13 Spanish Paper 2	13 Core Maths 13 Further Maths Paper 2 13 Maths Paper 2 13 Photography (Rushden) 12 Biology (F grp) 12 Biology (H grp) 12 Business 12 Computer Science 12 Graphics	1hr 30mins 1hr 30mins 2hrs 1hr 13 Further Maths Paper 3 13 Psychology Paper 2	13 Art (Ferreys) 13 Biology Paper 2 12 Eng Lang/Lit Paper 2 (ES)	1hr 1hr 1hr 15mins 40mins 1hr

AM

PM



PERFORMING ARTS PRESENTS

Dance

CLUB

FRIDAY 3:10pm-4:10pm
Main Hall




YEAR 7
YEAR 8
YEAR 9

Come along and learn new moves in a fun and friendly environment

FOR MORE DETAILS CONTACT MISS PILGRIM

c.pilgrim@rushden-academy.net

Rushden Academy presents



Performance Group

DANCE

MODERN DANCE GROUP

Every Monday
Starting 19th September
3:10-4:10pm

DANCE STYLES
Contemporary
Hip Hop
Jazz

Express yourself through the art of modern dance

Register with Miss Pilgrim
c.pilgrim@rushden-academy.net

Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

This week's star is...
Riley

Riley has really improved his focus and attitude in lessons, rising to the challenge and doing his best.

Great Team Rushden values, Riley - well done!

Mr Ross

Stars of the Week

Congratulations to the following students for achieving star of the week.



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How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyll St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare
the lowdown
St Andrew's Community
YOUTH WORKS
CHAT

#weareNHS

NHS Northamptonshire Healthcare
NHS Foundation Trust

CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/US/AMHS/LIVE

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QR code

CAMHS
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU