



# Rushden Academy Newsletter

Aspire, Explore, Succeed

15/10/2021

Message From the Principal



## In this newsletter:

- Message From the Principal
- Stars of the Week
- Extra-Curricular Clubs
- MFL Update
- Performing Arts at Rushden Academy
- Legally Blonde Update
- KS3 Musical
- Careers
- Learning For Life Day - 18th October 2021
- Year 11 TENC/ Rushden Academy Application 2021-22 Timeline
- Take It Further - Up Next
- Duke Of Edinburgh Award
- 6th Form Health & Fitness
- Morrison's Gardening Points
- Parents Guide to Covid19 Testing

## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

The NHS did vaccinate several pupils on Monday following parental consent and will be doing so again on 5th November. Please understand that this is an NHS directive and not instigated by the school. As numbers rise nationally please continue to ensure your children are taking tests and keeping you, themselves and the community safe.

Here is the latest information from the NHS:

Please be aware that the COVID-19 vaccinations (Session 2) for children aged 12 to 15 years of age will be commencing on 05.11.21.

If your child **DOES NOT** meet age requirements, your child **HAS** received the vaccine (Session 1 or externally) or you **DO NOT PERMIT** your child for the vaccine to be administered - Please ignore this information.

If you have permitted for your child to receive the vaccine via the e-consent form, please be aware of the following ready for 05.11.21:

- Please remind your child to eat breakfast before they arrive at the Academy
- Please remind your child that a facial covering will need to be worn when receiving the vaccine.
- Please remind your child that for **05.11.21 only**, they are able to wear their Rushden Academy PE Top to ensure their identified arm is easily accessible.

Please be advised that e-consent form is **only accessible for 72 hours from 14.10.21 (10am)** per the School Aged Immunisation Service guidance.

If you require any further information or support, or would like to discuss consent, please do not hesitate to contact the School Aged Immunisation Service on 0800 170 7055 Option 5.

If Covid cases increase significantly at school we may need to revert to wearing masks once more, but at present this is not the case.

Please enjoy reading this week's bulletin. Year 11 needs to pay particular attention to details of the up and coming mocks. They need to work with their teachers and prepare well for their mock exams in November by making the most of the half term break and making revision notes.

Mrs J Burton  
Principal

## Learning For Life Day - 18th October 2021

The first 'Learning For Life' day of the academic year will be taking place on Monday 18th October with a focus on Personal Skills.

**Year 7** students will be learning about Recognising Skills, Motivation, and Working Together

**Year 8** students will be learning about Listening Skills, Written Communication, and Problem Solving

**Year 9** students will be taking part in a workshop teaching them about Knife Crime, as well as learning British Sign Language, Interpersonal Skills, Team Work, and Verbal Communication.

**Year 10** students will be learning about Workplace and Interpersonal Skills, and Time Management

If you have any questions prior to these sessions, or feel that your child may benefit from extra support, please contact your child's form tutor.

## Year 11 TENC/Rushden Academy Application 2021-22 Timeline

It's the time of year when year 11 are thinking about their next steps and post 16 pathways. At Rushden Academy we have a thriving and highly effective 6th Form community which we love your child to be part of. Below are the key dates you and your child will need to know to ensure you don't miss any important information.

- ◆ September 2021 – year 11 assembly
- ◆ 10th October 2021 – Application form, blocks and covering letter emailed to all year 11 students and parents
- ◆ 14th October 2021 – TENC virtual open evening
- ◆ 18th October – Year 11 assembly
- ◆ 8th November 2021 – 1:1 interviews begin
- ◆ 15th November 2021 – Subject promotion in lessons begins
- ◆ 10th December 2021 – TENC application deadline
- ◆ 24th January 2022 – Subject lunches begin
- ◆ 14th February 2022 – 1:1 interviews round 2 begin (fine tune applications or change options)
- ◆ 7th March 2022 – offer letters released

If you have any questions please contact Mrs Owen Director of KS5 – [a.owen@rushden-academy.net](mailto:a.owen@rushden-academy.net)

## Take It Further - Up Next

### **This weeks session:**

This week we had nearly 30 year 7 students building and launching their own rockets, much to the delight of younger children in Spencer Park who cheered every time a rocket was launched into the sky!

Students thoroughly enjoyed the experience and would like to thank Mr Blackshaw for his time. Those in years 8-10 who expressed an interest will be notified next half term when their session will be.

### **Sessions next week:**

Monday 18th October - Advanced Chemistry (Yr10-11) in S6

- Careers talk by a Surgeon (all years) in Lecture Theatre

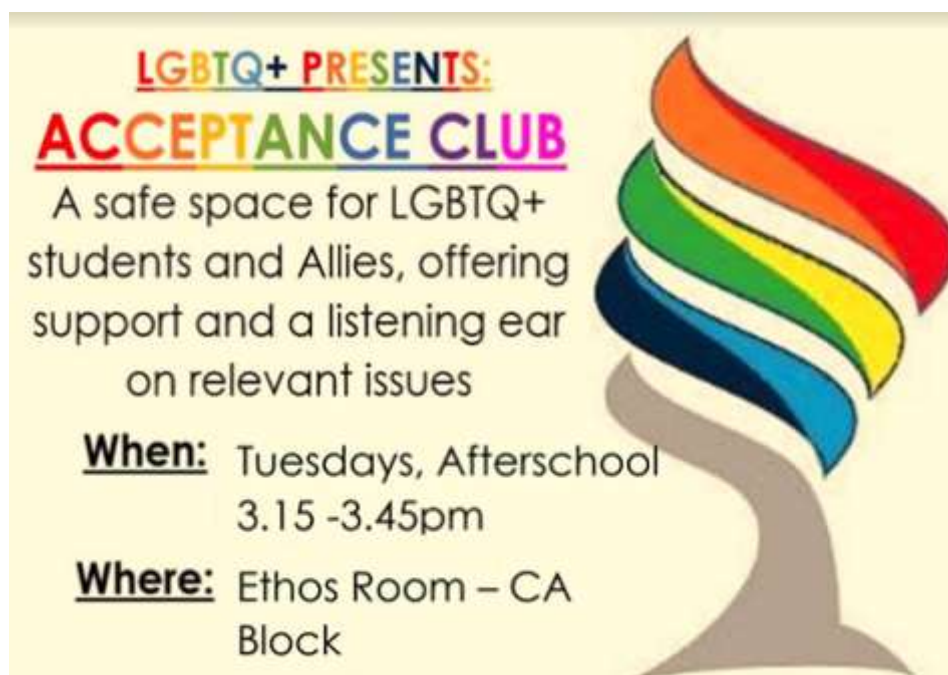
Wednesday 20th October - How to achieve high targets in English Language (Yr11) in E6

## Eco Committee Update

Eco committee members old and new have now met and picked our three focus areas for the year of Biodiversity, Litter and Marine wildlife.

Year 8 will meet next week to create our first newsletter.

If any students from Rushden Academy 6th form would like to help the younger students with their project areas please contact Miss Wiles.



## Duke Of Edinburgh Award

At the end of last year our current Year 10 pupils had the opportunity to sign up for The Duke of Edinburgh's Award. Many students took this chance and have begun their journey on the Award Scheme. Now that they are in Year 10, they have been working incredibly hard on the three main sections as part of the DofE. We have students currently completing many activities including:

- ♦ Baking
- ♦ Different Sports
- ♦ Jewellery Making
- ♦ Dance
- ♦ Music
- ♦ Leadership within Sport
- ♦ Assisting at a Charity shop

We are incredibly proud of our DofE team and cannot wait to see how they develop the wide variety of skills that will benefit them in the rest of their school life and beyond!

Here are some of the photos from two of our students, Ella W and Lucy O, who are enjoying learning how to bake varying foods. How professional and tasty do these look?!

Along with the jewellery that Amelia B has been making...how creative to include things we would just throw away!

Mr R Smart  
DofE Manager



## Second Covid-19 Vaccination Session

### SENT ON BEHALF OF THE SCHOOL AGED IMMUNISATION SERVICE

Good Morning Parents / Carers,

Please be aware that the COVID-19 vaccinations (Session 2) for children aged 12 to 15 years of age at Rushden Academy will take place on 05.11.21.

If your child **DOES NOT** meet age requirements, your child **HAS** already received the vaccine (Session 1 or externally) or you **DO NOT PERMIT** your child to have the vaccine administered - Please ignore this information.

Please follow the link below to give consent for COVID-19 vaccination for children **aged 12 to 15 years of age**.

[https://forms.office.com/Pages/ResponsePage.aspx?id=o7rK2ZF060ieRqbnkqo\\_RSE60pKTmKhFqg7PXEIMcRdUQlpXNDVFUkFGQ05OOTk4ViZVNlhVMVVOSiQIQCN0PWcu](https://forms.office.com/Pages/ResponsePage.aspx?id=o7rK2ZF060ieRqbnkqo_RSE60pKTmKhFqg7PXEIMcRdUQlpXNDVFUkFGQ05OOTk4ViZVNlhVMVVOSiQIQCN0PWcu)

If you have permitted for your child to receive the vaccine via the e-consent form, please be aware of the following ready for 05.11.21:

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- Please remind your child that a facial covering will need to be worn when receiving the vaccine.
- Please remind your child that for **05.11.21 only**, they are able to wear their Rushden Academy PE Top to ensure their identified arm is easily accessible.

Please be advised that e-consent form is **only accessible for 72 hours from 14.10.21 (10am)** per the School Aged Immunisation Service guidance.

If you require any further information or support, or would like to discuss consent, please do not hesitate to **contact the School Aged Immunisation Service on 0800 170 7055 Option 5**.

Many thanks

School Aged Immunisation Service



## MFL Update

**This week we are pleased to share with you an article from our MFL Language Leader Charlie:**

During the summer, I attended a classic car show with my family and we took our Rover P6. During the event, I noticed a peculiar looking car in amongst the others. When I approached it, I saw it was an old German car. After further inspection, I saw it was from East Germany (German Democratic Republic) and it was a police car! This was used before the fall of the Berlin Wall in 1989 in the communist half of Germany. It was driven by the Volkspolizei and doesn't look bad! You can clearly see the Communist Germany Symbol on it with sickle and hammer and a red, yellow and black design. It is a Trabant Wartburg and was relatively popular throughout the Eastern Bloc despite not being of very good quality due to slow economic development in the Soviet Union. This is the flag of the GDR:



There was even a man in the proper uniform:



## 6th Form Health & Fitness

Over the last 2 weeks we have had our annual visits from James and Shaun, owners of Chamber Health and Wellbeing in Northampton. As ex-military they know all about PTSD and mental health as well as fitness.



Last week they did a presentation to share their own personal journeys from being in the Army to starting their own business and the struggles they have had along the way. They also shared ways to improve resilience, determination and mental health and to encourage our students to be proactive in reaching out if they need to. This week they worked with all year 12 and some year 13 on the physical aspects of their business through a 45 minute boot camp session. It was amazing to watch all of the students being put to the challenge and taking part as a team to enjoy physical exercise.

Mrs A Owen  
Director of KS5

## Morrison's Gardening Points

Dear Parent/Carer

If you shop at Morrisons, or know family and friends who do, please could we ask that you register Rushden Academy for gardening points.

For every £10 you spend (in store or online) you will get a Grow Token that the school can redeem for a wide range of gardening and growing equipment.

You can either download the Morrison's app or log into your Morrisons online account to start collecting Grow Tokens. Simply scan your digital My Morrisons or physical card in store, or link your My Morrisons card to your online account to get Grow Tokens every time you shop. The collection period finishes on Sunday 24th October.

We have been developing our grounds with students and have a the eco committee growing our own vegetables and a sensory garden by the inclusion rooms being developed.



We would really appreciate your help to give us the opportunity to buy more tools etc. to help us to continue our eco committee work.

Click [here](#) for more information about the gardening points scheme or use the QR code (right) to download the Morrisons app.

With many thanks

The Eco Committee





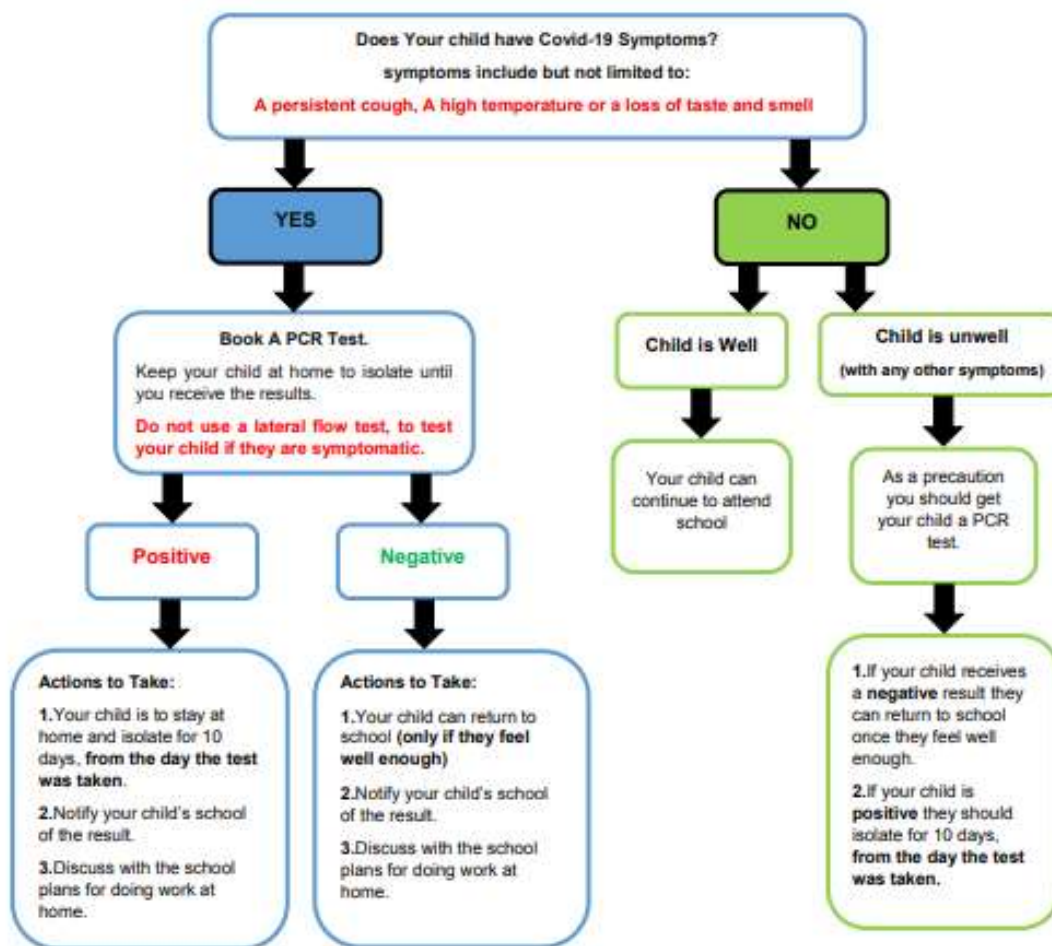
# Parents Guide to Covid19 Testing



West  
Northamptonshire  
Council



## Parent's Guide To Testing their Child/Children



### Lateral Flow Device (LFD) Test:

1. LFD testing should only be completed when anyone over the age of 11 is asymptomatic.
2. Children over the age of 11 should complete twice weekly LFD testing.
3. If your child has a positive lateral flow test, **take a PCR test and isolate until results arrive.**
4. Children under the age of 11 years **should NOT be taking LFD tests.**

### Additional Details to provide to your child's School:

1. Dates of test.
2. Type of Test (LFD, PCR).
3. When symptoms began.
4. Any close contacts. (friends, teacher, parent and siblings).

## Performing Arts at Rushden Academy



### Drama

Miss Grainger would like to say thank you to the Year 8 and Year 10 Drama students who participated in open evening last week. The students prepared sections from Blood Brothers and Sparkleshark. They were all able to perform a well rehearsed extract from the plays.

Year 7 Drama students have been exploring a series of different Roald Dahl books by the use of performance skills. Students have looked closely at facial expressions, body language, gestures and use of voice. This week and next during drama lessons, students will look closely at Matilda and how they can portray different characters using performance skills. We are extremely looking forward to watching all of Year 7's assessment pieces.

### Dance

Miss Pilgrim would like to thank all dancers who participated in the school's open evening last week. The students continually worked hard in lessons to ensure they were able to demonstrate a well polished performance.

Our year 9 students have been learning the Janet Jackson's Rhythm Nation routine. The style of 'Urban Jazz' includes using a technique of isolating one body part at a time to a very fast rhythmic pattern. All students must perform this in unison in order to replicate the famous music video.

### Music

Gamelan music has its origins in Indonesia and Year 8s have been working on creating their own versions of this style of music within music lessons. We have been using Glockenspiels to replicate the sounds of the instruments found within the style and students have been working in groups to compose a piece of music with the focus being on the structure and layering of ideas to create a well rounded piece.

### Performing Arts Career of the week: Stage Manager

Stage managers make sure the sets, equipment and props are ready for the opening of a performance

Average Salary: £35,000

Did you know Miss Taylor has a degree in Stage Management!



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[j.ede@rushden-academy.net](mailto:j.ede@rushden-academy.net)

## Performing Arts Update Continued...



KS3 Dance Club KS3 dance club is starting on the first week back of next term.

Come along and enjoy learning various dance styles.

### The Week in Pictures

Y12 BTEC Performing Arts Students Maddie & Georgia



Y10 BTEC Performing Arts Students Emma & Faith



Y12 BTEC Performing Arts Students Lottie & Mackenzie



Y8 Drama Students Kyran, Alfie, Tayla & Katelyn



Y10 BTEC Performing Arts Students Matilda & Hannah



Y10 BTEC Performing Arts Students Melissa & Isabelle

## Legally Blonde Update

In rehearsals this week Mrs Ede, the cast and chorus began to block the first big number 'What you Want'. As always both the cast and chorus are motivated and committed to the rehearsal process. Miss Taylor has been working with the backstage crew, which involves Stage Manager Oli, Assistant Stage Managers Matilda and Kit and also their crew.

We announced our pantomime 'Cinderella', The backstage crew has been selected and those not selected will re join the crew again in January to continue work on Legally Blonde and Matilda.



### Interview with a cast member:

**Name:** Emma Y10

**Role:** Paulette

### **Why did you get involved in the musical?**

I wanted to get involved in this years musical because seeing past showcases and musicals seemed like an amazing experience and a real confidence boost.

### **What do you enjoy the most about being part of the musical?**

Transforming into a different character, everyone becoming a team and being so supportive and kind towards everyone involved.

### **What do you think the most challenging part of your role will be?**

For my character, I think particularly is a few of her singing parts, which are extremely powerful. However, I am so excited to play her!

### KS3 Musical

Due to Year 7 swimming on Monday 18th October the KS3 Musical meeting will now take place **Wednesday 20th October 3:05pm.**



# THANKYOU

A Huge thank you to all of the Performing Arts students who helped out at open evening last week. The level of enthusiasm, dedication and talent we saw was amazing. All of the performing arts faculty are extremely proud of all involved!

**Latest News & Achievements Follow us:**

**@RushdenAcademyPerformingArts**







# **PARENT WORKSHOP BOOK NOW!!!!!!**



Building  
Relationship with  
Your Teen

**20 October 6.30 for 7pm**

**This workshop aims to help you to  
explore ways to COMMUNICATE and  
CONNECT with your teenagers**

**Book here:**

**[https://www.eventbrite.co.uk/e/18459  
3984577](https://www.eventbrite.co.uk/e/184593984577)**

## School Photographs for Y7 & Y10 Ready to Order

Vancols Photographers are pleased to confirm that the School Photographs are ready to view using the QR code on your proof card.

If you have already scanned the QR code on the Proof and registered you will receive an email notification. If you have not done it yet, you can still scan the QR code on your Proof and follow the instructions to view your photos.

If you have not received your Proof, please contact main reception 01933 350391, and they can give you a code to register on the Vancols website and place your order.

**The deadline for orders to be placed with free postage to Rushden Academy is 21st October 2021.**



## Careers

### Opportunities this week:

- ? Which of these will you be part of?
- ? If you don't try it how will you know that it doesn't interest you?
- ? If you don't know what it is, try it and find out.
- ? If we only experience what we know, how will we ever know more?



### Free Webinars this week:

DATE	SPEAKER	INFO
Tues 2 <sup>nd</sup> November 10-10:45am For K4-5	Alex Holmes, Deputy CEO, The Diana Award	Alex will be speaking about his journey turning the pain of bullying into a passion and purpose, the impact of bullying on a person's mental health, how to ensure your school is bully-free and how to help a friend who is being bullied.  Click <a href="#">here</a> to register
Tues 2 <sup>nd</sup> November 2-2:45pm For KS5	Baroness Ruby McGregor-Smith, Chair, MindGym and Former CEO of Mitie	During this broadcast you will learn about Ruby's career and achievements, how to develop your employability skills and have a successful career.  Click <a href="#">here</a> to register
Wed 3 <sup>rd</sup> November 10-10:45am For KS4-5	A conversation about wellbeing with Baroness Mary Goudie, Life Peer and Campaigner, House of Lords and Dr Jennifer Dixon, CEO, The Health Foundation	We are delighted to be joined by Baroness Mary Goudie, Life Peer and Campaigner, House of Lords & Dr Jennifer Dixon, CEO, The Health Foundation who will be speaking about the work that they do to support people's wellbeing. They are both looking forward to answering your questions.  Click <a href="#">here</a> to register

## Extra-Curricular Clubs

	Year 7	Year 8	Year 9	Year 10	Year 11
Lunch					
After School	Fitness Suite Netball	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite Dance, Drama and Music Intervention
Lunch					
After School	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)
Lunch					
After School	MFL Film Club KS3 Musical Rehearsals Performing Arts rehearsal space available Netball Rugby	MFL Film Club KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	MFL Film Club KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	MFL Film Club Performing Arts rehearsal space available Netball	MFL Film Club MFL Intervention Photography, Art and Graphics coursework Performing Arts rehearsal space available Netball
Lunch					
After School	THRIVE Ethos Room Performing Arts rehearsal space available Kinball Basketball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball Sport Studies and Childcare coursework
Lunch					
After School	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club



## Stars of the Week

Congratulations to the following students for achieving star of the week.



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# Year 11 Mock Exam Timetable

## YEAR 11 EXAM TIMETABLE DECEMBER 2021

### Final BTEC C2 Exams

These are your final Component 2 Exams. These marks will go towards your final BTEC grade next summer.

	P1 + P2	P3 + P4	Reg + P5
TUES 23rd NOV	DANCE (Hall) 2hrs (CP)	DANCE (Hall) 2hrs (CP)	DANCE (Hall) 1hr (CP)
WED 24th NOV	DRAMA (LTH) 2hrs (HT, JED)	DRAMA (LTH) 2hrs (HT, JED)	DRAMA (LTH) 1hr (HT, JED)

### MOCK EXAMS

From 30th Nov until 9th Dec, if you do not have an exam you will be in your normal lessons. More information will follow later. Music and ICT sessions marked \*\* are for selected students - you will be told if you are needed.

	P1 + P2	P3 + P4	Reg + P5
TUES 30th NOV	ENGLISH LANG Paper 2 (SH) 2hr 5 mins	COMBINED SCIENCE B1 (SH) 1 hr 15mins	FRENCH LISTENING (VOC) H 45mins F 35 mins ICT** (IT1) 1hr (JF)
WED 1st DEC	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	GEOGRAPHY (SH) 1hr 30mins	GERMAN LISTENING (VOC) H 45mins F 35 mins
THURS 2nd DEC	HISTORY (SH) 1hr	COMBINED SCIENCE C1 (SH) 1 hr 15mins	FRENCH READING (SH) H 60mins F 45mins ICT** (IT4) 1hr (JF)
FRI 3rd DEC	MATHS Paper 2 (SH) 1hr 30mins (calculator)	ENGLISH LIT (SH) 1 hr	GERMAN READING (SH) H 60mins F 45mins
MON 6th DEC	COMBINED SCIENCE P1 (SH) 1 hr 15mins	PHOTOGRAPHY 11C(CA3) 2 hrs (AO + DC) CHILDCARE (SH) 2hrs FRENCH WRITING (SH) H 80mins F 70mins ICT (IT3) 2hrs (JF)	PHOTOGRAPHY 11C (CA3) 1 hr (AO + DC) ICT (IT3) 1hr (JF)
TUES 7th DEC	BUSINESS (SH) 1hr 30 mins YEAR 10 SPORT (SH) 1hr 30mins MUSIC** (PA4) 2hrs (JF)	PHOTOGRAPHY 11A (CA6) 2 hrs (LH + DC) GERMAN WRITING (SH) H 80mins F 70mins (IT3 reserve room for Photography)	PHOTOGRAPHY 11A (CA6) 1 hr (LH + DC)
WED 8th DEC	GRAPHICS (CA6) 2hrs (DC +LH) MUSIC** (PA2) 2hrs (JF) (IT3 reserve room for Graphics)	GRAPHICS (CA6) 2hrs (DC +LH) (IT3 reserve room for Graphics)	GRAPHICS (CA6) 1hr (DC +LH)
THURS 9th DEC	ART (CA3 + CA4) 2hrs (DC +SAN + AO)	ART (CA3 + CA4) 2hrs (DC +SAN + AO)	ART (CA3 + CA4) 1hr (DC +SAN + AO)

Students taking maths.science, business and geography exams will need a calculator



## January 2022 TENC BTEC Exams

### January 2022 TENC BTEC Exams

Date	Subject	Unit	Groups	Length	Venue	Start Time
Wednesday 12th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 12th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 12th January	Yr 13 Business	Unit 2A	all	2 hours	Homeschool	1.30 pm
Thursday 13th January	Yr 13 Business	Unit 2B	all	3 hours	Homeschool	9.00 am
Friday 14th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 14th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 17th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 17th January	Yr 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 18th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 19th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Wednesday 19th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Wednesday 19th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Wednesday 19th January	Yr 13 ICT	Unit 2A	all	3 hrs	Homeschool	1.30pm
Thursday 20th January	Yr 12 Health & Social Care	Unit 3	resits	1.5 hrs	Homeschool	9.00 am
Thursday 20th January	Yr 13 ICT	Unit 2B	all	2hrs	Homeschool	9.00 am
Friday 21st January	Yr 13 Applied Science	Unit 3	all	1.75 hrs	Homeschool	9.00 am
Monday 24th January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Tuesday 25th January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 25th January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

## February 2022 KS4 BTEC Exams

### Jan/Feb 2022 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Tuesday 8th February	Yr 10 Sport	Unit 2	1.5 hrs	9.00 am
Thursday 10th February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 10th February	Yr 11 Childcare	Unit 3	2 hours	9.00am

## GCSE Resit Timetable November 2021

### GCSE Timetable November 2021

	Mon 1st Nov	Tues 2nd Nov	Wed 3rd Nov	Thurs 4th Nov	Fri 5th Nov
AM	English Lang Paper 1	Maths Paper 1	English Lang Paper 2	Maths Paper 2	
9am	1 hr 45 mins	1 hr 30 mins	2 hrs 5 mins	1 hr 30 mins	

	Mon 8th Nov	Tues 9th Nov	Wed 10th Nov	Thurs 11th Nov	Fri 12th Nov
AM	Maths Paper 3				
9am	1 hr 30 mins				

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

## Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

Main symptoms

The main symptoms of coronavirus are:

- ◆ a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do



## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).



**WHAT'S ON YOUR MIND?**

sex  
contraception  
**exam anxiety**  
BULLYING family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

*for friendly, helpful advice*  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

ChatHealth



#weareNHS

**CAMHS LIVE**  
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.  
CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.uk/CAMHS/LIVE](http://WWW.NHS.uk/CAMHS/LIVE)

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MAKING A DIFFERENCE FOR YOU, WITH YOU