



# Rushden Academy Newsletter

Aspire, Explore, Succeed

06/05/2022

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

As we move into the exam period here is some advice on preparing for examinations:

- ✓ Start preparation early - many have!
- ✓ Organise a space for study
- ✓ Review and practice old exam papers
- ✓ Set study goals
- ✓ Make use of diagrams and flowcharts
- ✓ Describe information to others
- ✓ Know how you learn best
- ✓ Take regular breaks
- ✓ Do not cram
- ✓ Ask for help
- ✓ Plan your exam day and try to get enough sleep
- ✓ Drink plenty of water
- ✓ Choose nutritious food to eat

An article published by the DFE in 2021 states that those who perform just one GCSE grade better than their counterparts across nine subjects have been shown to earn on average over £200,000 more throughout their lives. The research concludes that small improvements to grades can have a huge overall impact on people's lives. So investing time and effort now will quite literally pay off.

Year 7 parents please make sure that you book your appointments for parents evening on Thursday, if you have issues accessing the appointments electronically please contact the school and we can help. During the evening we will have staff available to help you to access Go4Schools.

Thank you for reading this week's newsletter, do take care.

Mrs J Burton  
Principal



## PREPOSTEROUS

Word Type:  
Adjective

Synonyms:

- Absurd
- Ridiculous

Antonyms:

- Reasonable
- Sensible

Example:

- Mr Glover's obsession with Rustler's burgers is, quite frankly, preposterous.

Definition:

- contrary to reason or common sense; utterly absurd or ridiculous.

## Canteen Open For Breakfast

Remember, our canteen is open for breakfast from 8am.

## Check Your Contact Details are Correct

Please ensure the contact details Rushden Academy has for you are correct. You can do this via SIMS Parent Online or via the SIMS Parent App. If you have not received an invitation to login, please contact main reception.



### Numeracy Problem of the Week



I choose four different integers.  
When I add all the pairs of these numbers in  
turn, the totals that I obtain are 23, 26, 29, 32  
and 35, with one of these totals being  
repeated.

What is the largest of the four integers?

## Go4Schools Parent App

We have now subscribed to the parent app for Go4Schools. You can download the app from the Apple App Store or the Google Play Store, and have access to your child's timetable, progress reports, attendance and behaviour information at the touch of a button.

For more information about how to create your Go4Schools Parent Account, have a look at the guide at the end of the newsletter.

Please note, we use Google Classrooms to issue and track homework, not Go4Schools.



# RUSHDEN'S GOT TALENT

THURSDAY 26TH MAY  
DOORS OPEN 7PM

£3

CASH ONLY



TICKETS AVAILABLE FROM  
STUDENT RECEPTION

## Exam Board Links

To help with your revision, you may find the following links for the exam boards useful. You will be able to access past papers and mark schemes.

AQA	<a href="https://www.aqa.org.uk">https://www.aqa.org.uk</a>
OCR	<a href="https://ocr.org.uk">https://ocr.org.uk</a>
Edexcel/Pearson	<a href="https://qualifications.pearson.com/en/home.html">https://qualifications.pearson.com/en/home.html</a>

You may also find this podcast, created by the exam board OCR, helpful. It looks at ways to prepare effectively for examinations. <https://www.youtube.com/watch?v=DY7ICWc3NiQ>

## Field Open at Lunch Time

At lunch the field will be open for you to use and balls will be available to borrow with a deposit, in the same way as operates now. **Please take all rubbish with you**, or place it in the bins on the field when you leave as there will be lessons on there in the afternoon. Unfortunately, if the field is left in a mess we will have to close it.

In the event of wet weather we will open the Main Hall so that you can stay dry and sit in there or in the canteen. The weather situation will be looked at every day and a decision made if the field is open.

## GSUS Live

At the end of term, Key Stage Three will be lucky enough to have their RE lessons taken by Whitefriars Church, who will be running the GSUS Live programme.



GSUS Live is an interactive, multimedia lesson which guides students through the important themes of fear, rejection and forgiveness.

Watch this space!

## Exam Timetables

Students in Y11, 12 & 13 will have received their final exam timetables for the summer exams last week. They have also been sent a booklet with information about exams, results and certificates.

If you have any questions, please contact Mrs Chambers [s.chambers@rushden-acadmey.net](mailto:s.chambers@rushden-acadmey.net)

## Summer Attendance Reward

It all starts counting from Monday 9th May

If you have:

- ♦ 96-100% attendance
- ♦ Fewer than 8 NNs
- ♦ 0 Removes

On 11th July you will get an invite to...



## Fun on the Field is BACK!

### What's involved?

An hour in the day to enjoy:

- ♦ A bungee run,
- ♦ Gladiator rock 'n' roll,
- ♦ Sumo suits,
- ♦ Rounders

All whilst chilling with friends

Numbers are not limited, so we hope to see you all there!

## Revision Techniques

### Create a realistic study routine

When it comes to revising, it's absolutely essential that you have a [study routine](#) in mind. Even if you don't follow it 100%, having a documented plan will greatly increase your chances of covering all the material that you'll need for your exams. You need to consider:

1. How much time do you have before your exams?
2. How much time can you realistically dedicate to studying each week?

Despite our best intentions, most of us aren't able to study every single night for exams. When creating your schedule, be honest with yourself about how much time you can dedicate to studying. If you know that after two hours studying, you start to feel burned out, then don't try to study for any longer. Remember, little and often is the key to studying effectively.

### Make summary notes

In order to help you digest what you read, a good study technique is to make summary notes as you go. You don't want to end up re-writing all your existing notes from class, but picking out the most important points or highlighting them with a pen can help you remember important facts and figures.

Having summary notes to refer to as you study gives you instant access to all the essential information that you'll need for the day of your exam. They can also be a great way of jogging your memory when you're feeling stuck.

### Create visual reminders

Much like summary notes, visual reminders of important formulas, facts, figures and quotes can help you memorise essential info without having to actively study them. Try writing important information down on post-it notes and sticking them around your study area. Every time you sit down to study, you'll subconsciously absorb the information. You might also want to try creating revision cards so you can get others to test your knowledge as you study.

### Collaborate with classmates

Another tried and tested revision technique is studying in a group. Sometimes it can be difficult to [find the motivation to study](#) when you're sitting in a room on your own. Having other people around you can spur you into action.

Revising with other people not only helps keep you motivated but it gives you the opportunity to compare notes and ask for help when you need it.

### Practice with past papers

[Practicing with past papers](#) is a great way to put your knowledge into practice. Reading over your notes for hours on end is all well and good, but unless you can put theory into practice, your efforts will have been in vain.

If you find that you run out of time before finishing the paper, you'll know that you need to work on your time management. If, on the other hand, you find that you finish with half an hour to spare, it could be that you're not answering the questions fully enough. Ideally, you should aim to complete an exam paper with 15 minutes to spare, so you can go back over any questions that you missed.

# ETHOS Snapshot Term 5

## Events

### GSUS Live: KS3 RE Lessons

GSUS Live helps secondary school students explore the themes of fear, forgiveness and rejection through the teachings of Jesus. It's an interactive learning experience set up in a school classroom and is consistent with requirements for the statutory provision of RE for Key Stage 3 students.



DEVELOPING  
CHARACTER & VALUES

## Interventions

### Anger Management Course

MAD is a 6-week course to help young people who are suffering with anger management. We will look at the symptoms of anger, the causes of anger, the impact of anger and explore practical and realistic ways to deal with anger constructively.

### Boys & Girls RSE Course

The Ethos Team will be leading specific, Relationships & Sex education intervention courses for both boys and girls to help promote healthy relationships.



BUILDING HEALTHY  
RELATIONSHIPS

## Enrichment

### The DROP IN

Every Tuesday Break & Lunch  
A safe place for students to come and get to know each other, play games, eat snacks and relax.

### THRIVE

Every Tuesday Break & Lunch  
A safe place for students to explore the big questions of life and the Christian faith



## Parent Support

### Teen Triple P Parenting Course

A focused parenting support intervention on a one-to-one & group basis for parents of teenagers up to 16 years.

Parenting can throw all sorts of challenges at you when you least expect it. Need someone to talk to or a little extra help?

Contact [l.king@rushden-academy.net](mailto:l.king@rushden-academy.net)

ETHOS

## Tutor Time

This term during tutor time, our KS3 & KS4 students will be exploring online relationships and will look more closely at healthy and unhealthy uses of social media.





Topics covered include:  
self-esteem  
emotional wellbeing  
sleep  
grades  
friendships and family



SKILLS FOR DIGITAL  
RELATIONSHIPS

GRACE  
FOUNDATION

## Summer Term PE Activities & Extra Curricular Clubs

Monday		Tuesday	Wednesday
Athletics Track Events		Tennis 	Rounders 
Athletics Field Events		Cricket	Softball
Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!			

### Why should you get involved?

- ✓ Part of our PE Assessment - HEALTHY ME!
- ✓ Increase your Physical Activity for a healthy lifestyle
- ✓ PE Club Loyalty Cards available and prizes to be won for regular attenders
- ✓ Learn new skills and practice for fixtures against other schools and Sports Day
- ✓ Get outside, enjoy the weather and boost your mental health too!
- ✓ Make new friends and socialise with others
- ✓ Be part of a team!

### ROUNDERS FIXTURES

We have entered the girls rounders league and so will have fixtures coming up against other schools, like we did for netball.

### SPORTS DAY

Friday 1st July - Best day of the school year!!

Athletics events and other events for everyone to get involved in as usual throughout the day!



### INTERFORMS

Like the previous dodgeball and benchball tournaments that have taken place at lunchtimes there will be further interform competitions this term. 9th-12th May is Badminton Interform!

If you want any more information or if you have any questions then please just speak to any member of the PE faculty.

## How to Support Your Child Through Their GCSEs

While what happens in the exam hall is down to your child alone, there are many things you can do as a parent or carer to help your child to prepare for their exams.

### 1. Help them to create a revision timetable

With most students having nine subjects to revise for, it's important to make sure that your child has a [revision timetable](#) to help structure their study and make sure that each subject is paid equal attention. You can help them to create a comprehensive revision timetable to plan their study and break it down into manageable chunks.

### 2. Create the right study environment

It's one thing to make sure your child is doing revision, but it's equally as important to ensure that they are able to [study](#) in an environment free from noise and distractions. This is important to make sure that they are not only able to concentrate, but so that they can actually absorb what they are taking in.

### 3. Promote varied revision techniques

While different revision techniques will work well for each student, try to encourage your child to think about what methods will help them learn best and retain information. A good starting point is to [help them figure out their learning style](#) - this will help them to understand how their brain works.

### 4. Be a sounding board

Although a lot of revision does involve hitting the books, one of the great ways you can provide GCSE revision support as a parent is to try and take an interest in your child's revision. This could take the form of anything from simply lending an ear if they want to talk something through or have questions, to reading from flash cards or a textbook to test them on how much they have learned.

### 5. Print practice papers

Doing practice papers under timed conditions can be a great way to help your child get used to the layout and structure of exams, while also providing an opportunity to brush up on their time management skills. All exam boards publish past papers online along with their mark schemes.

### 6. Reward and encourage

Let's be honest, sometimes teenagers need a bit of an incentive. If you notice that your child is being disciplined and doing well with their revision, don't be afraid to reward their good behaviour. Such rewards can act as a bit of a 'pick me up' to help them keep momentum, while also helping break up their revision time.

### Final tips:

**Stationary** - Before your child starts their revision, make sure they have all the stationary they will need. This includes any textbooks, pens and highlighters and folders to separate each subject.

**Exam day** - Make sure your child gets a good night's sleep the night before, and eats a filling and healthy breakfast in the morning.

## Library Update

Next week is Mental Health Awareness Week and to support this the library display is filled with fiction and non-fiction books covering several topics to help our students with their mental health.

We have many more that cover all different types of problems that teenagers may come across in their daily lives.

We also have a 'Shelf Help' section where students can find books regarding specific topics such as anxiety, LGBTQ+, grief etc.

If your child would like to read a book regarding a certain subject please get them to speak to a member of library staff who will be more than happy to help them in their search.

### Mental Health Awareness Week

9th - 15th May 2022

This year the theme of Mental Health Awareness Week is **loneliness**. Anyone can feel lonely, at anytime, even in a crowded room. Remember, it is important to talk to people if are feeling lonely or overwhelmed by anything to do with your mental health. Talk to your family, friends, form teacher, class teacher or any member of staff so that you can get some help. We are all here to support you.




<https://www.mentalhealth.org.uk/news/mental-health-foundation-announces-loneliness-theme-week-2022>



### Stationery for sale in the Library

Don't forget that there are stationery items available to buy in the Library, so if you've realised you haven't got your pen on the way to school or your ruler has broken, pop in to see the Library and get yourself sorted. We have:

				
Black or blue biro 15p	Pencils 15p	Small eraser 15p Large eraser 20p	Pencil sharpener 10p	Small, clear pencil case 40p Large, clear pencil case 60p
				
Protractor 15p	15cm ruler 15p 30cm ruler 30p	Calculator £9.25	Highlighter pen 40p	Set square 15p

There are a few other items too. To see everything have a look at the stationery list available on the school's library page.

## Free County Lines Webinar - Tuesday 17th May 7pm

This webinar, funded by the Office of the Police, Fire and Crime Commissioner, is an opportunity for parents and carers to learn from a panel of experts what criminal exploitation is, how to spot signs it may be happening to their child and how to seek help.

- Learn what county lines is
- Understand what is happening in your local area
- Understand the signs that your child might be at risk
- Learn how offenders groom and exploit children

The audience also has the opportunity to ask questions, share concerns and connect with others.

The events are hosted by PACE (Parents Against Child Exploitation) and feature speakers from Northamptonshire Police, Barnardo's and PACE.

REGISTER HERE: <http://northantsparentwebinar.eventbrite.com/>

## Stay Connected Newsletter for May

Have a look at Stay Connected newsletter from Northamptonshire Children's Trust for May to see what is happening in our area.

<https://www.nctrust.co.uk/help-and-protection-for-children/protecting-children-information-for-parents/Documents/Stay%20Connected%20Newsletter%20NCT%20May%202022.pdf>

## Lost Property

Don't forget that lost property can be found in student reception. There are currently a few items there, including some coats.

Please remind your child to check if they have lost anything recently.

All unclaimed items are donated to a local charity at the end of each term.

## Create a Revision Timetable

Wall planners, whiteboard, reams of paper – these are all tried and tested ways to plan your study, and there's many a revision timetable template out there to help you. But we want to share a tool that you can take with you, use on your phone.

### Introducing... Trello

Trello lets you put tasks you need to do into different lists (like "To do", "Doing" and "Done"), and move tasks from one list to another.

The best way to get a feel for it is to take a look around – here's how to get set up:

1. First, [go to the Trello website](#) and click the big green sign-up button.
2. On the next page, put in your details and hit the green button again. Make sure you check your email account at some point and click the link in the confirmation email.
3. In the middle of the screen, you'll see a grey box called "Create new board". Type "Exam revision" into the title box and click the create button.

You've just created your "Exam revision" board. **Top tip:** Add the Trello app to your phone or tablet. That way, you can revise wherever you like.

### How to use Trello as your revision timetable template

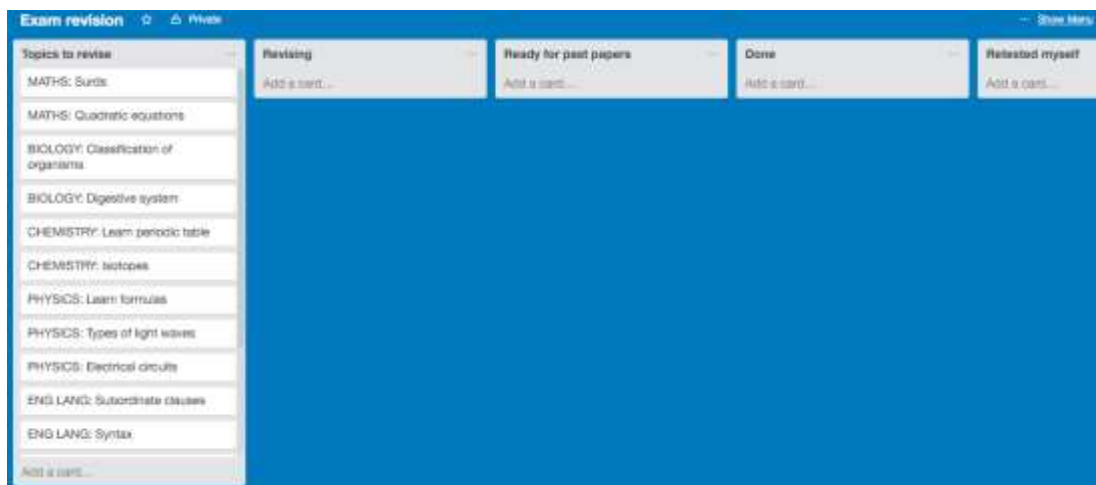
Print out [this weekly revision timetable template](#) and divide up the calendar by subject.

Put your revision timetable template to one side and head back over to your "Exam revision" board in Trello – we're going to create some lists (a collection of tasks)!

Click "Add a list" and type "Topics to revise" in the space, then hit "Save". Create four more lists: "Revising", "Ready for past papers", "Done", and "Retested myself".

Now it's time to start adding cards under each list for the things you need to revise. Just click "Add a card" under the list you want to add it to and type in the space to give it a name.

Add a card for all the things you need to revise. List topics (like surds or quadratic equations in maths), as well as things like quotes for English or the periodic table for chemistry. Add the subject at the beginning of each card, so you end up with something like





## Performing Arts Update

### Drama

BTEC Performing Arts Level 3 students in Year 12 and 13 have undertaken practical exams this week. Year 12 students have completed their practical element of Unit 5: Individual performance commission, students created a performance for young people at a literacy festival. The aims were to engage and inspire a audience through mystery and love of books, spoken and written words. Year 13 students completed the practical exam from Unit 3: Group performance workshop. Students worked from a stimulus to generate ideas ready for a group performance.

Well Done to all students, excellent performances!

### Dance

Year 9's have been introduced to the dance style 'Hip-Hop'. Within their lessons they are gaining an understanding of hip-hop as not only a dance style but also as a culture. Workshop lessons are allowing the students to explore styles such as Popping, Locking, Breakdance and old school.

### Music

This week year 9s have been carving their path for the next term. The independent project gives them the choice as to whether they perform music or compose music for their final assessment. Students have chosen their pathway and are now moving ahead with rehearsing their pieces or creating their music. Those that are composing have 5 briefs to choose from that cover a wide range of styles and genres from Comedy Film Music to Drum and Bass.

Those that have chosen to perform have selected a piece that they have an interest in learning, we have seen pop songs, film pieces and even some Spanish music being chosen.

These projects will allow students to further build the skills that they have gained over the past 3 years and put them all into action for their final performances.

### Performing Arts Career of the week: Audio Visual Specialist

The audio visual specialist is essentially the member of the production team who is most focused on the effective, high quality operation of the audio visual systems and technology.

Average Salary: £28,004

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[R.brooks@rushden-academy.net](mailto:R.brooks@rushden-academy.net)

## Performing Arts Update Continued...



### Legally Blonde Update



Elle has been showing she means business at Harvard and needs to be taken seriously. This week at rehearsals Lottie and Ollie have been looking at the vocals for Take it Like a Man. There's another big number coming and this time it's a celebration!

Tickets for Legally Blonde will be on sale from the week beginning 23rd of May.

Our cast and chorus have been given a competition to see who can sell the most amount of tickets!

### Legally Fact!

The West End premiere of Legally Blonde opened on 13 January, 2010, at the Savoy Theatre.

It became one of the most popular shows on the West End, but eventually closed on 7 April 2012 after 974 performances.

A UK national tour ran from July 8, 2011, to October 6, 2012. Outside of the UK, the musical has also enjoyed significant success.

### Trumpet Player Needed:

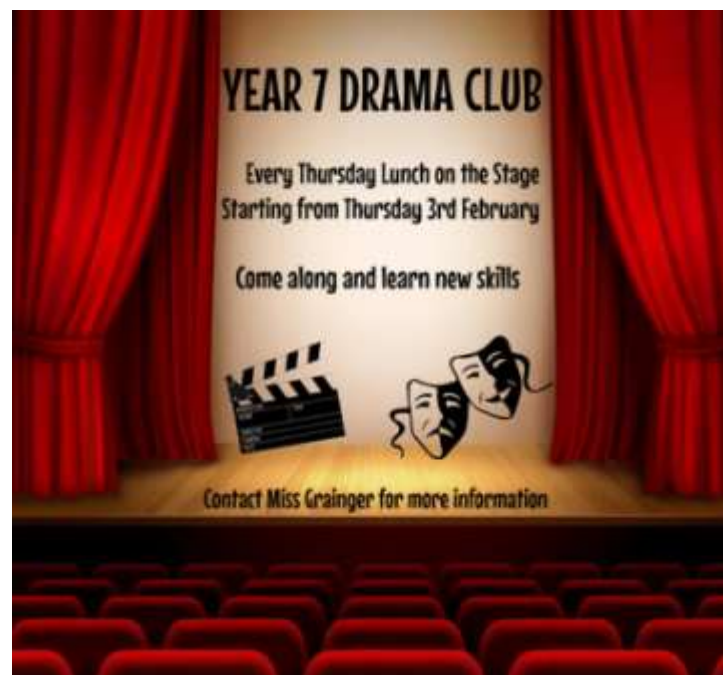
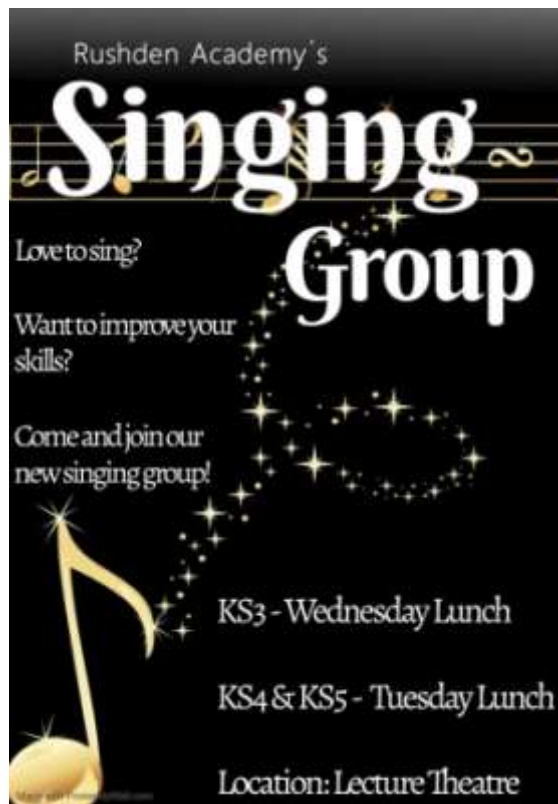
For our upcoming musical of Legally Blonde, we are on the lookout for a trumpet player, if you or anyone you know is able to play the trumpet please get in touch with Mrs Brooks



Don't forget to follow us on Instagram to stay up to date with the latest news and achievements!

@RushdenAcademyPerformingArts

## Performing Arts Update Continued...



## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Are You Eligible for Free School Meals?

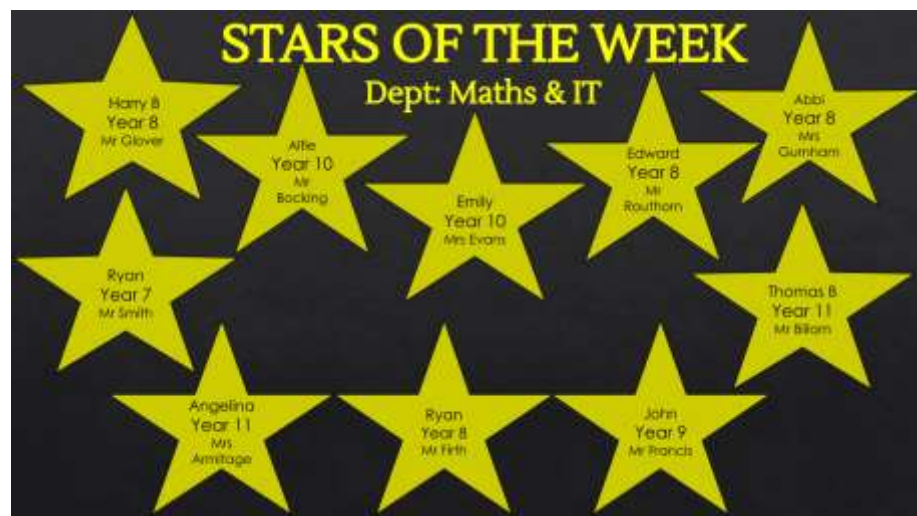
If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

## Stars of the Week

Congratulations to the following students for achieving star of the week.



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## KS4 Summer Exam Timetable

	<b>Mon 9th May</b>	<b>Tues 10th May</b>	<b>Wed 11th May</b>	<b>Thurs 12th May</b>	<b>Fri 13th May</b>
AM 9am	BTEC Sport Unit 2 1 hr 30 mins			BTEC Childcare Unit 3 2 hrs	
				BTEC ICT Unit 3 1 hr 30 mins	
	<b>Mon 16th May</b>	<b>Tues 17th May</b>	<b>Wed 18th May</b>	<b>Thurs 19th May</b>	<b>Fri 20th May</b>
AM 9am		Biology Paper 1(CS) 1 hr 15 mins	English Lang Paper 1 1 hr 45 mins	History Paper 1 1 hr 15 mins	Maths Paper 1 1 hr 30 mins
PM 1.30pm	Turkish Paper 1 & 3 1hr 50mins	BTEC Music Unit 1 1 hr	German Paper 1 & 3 P 1hr 20 mins / H 1hr 45 mins		Business Paper 1 1 hr 45 mins
					Chinese Paper 1 & 3 1hr 50mins
	<b>Mon 23rd May</b>	<b>Tues 24th May</b>	<b>Wed 25th May</b>	<b>Thurs 26th May</b>	<b>Fri 27th May</b>
AM 9am	Geography Paper 1 1 hr 30 mins	French Paper 1 & 3 P 1hr 20 mins / H 1hr 45 mins	English Lit Paper 1 1 hr 45 mins	Spanish Paper 1 & 3 1hr 45mins	Chemistry Paper 1 (CS) 1 hr 15 mins
	<b>Mon 30th May</b>	<b>Tues 31st May</b>	<b>Wed 1st June</b>	<b>Thurs 2nd June</b>	<b>Fri 3rd June</b>
	<b>HALF TERM</b>				
	<b>Mon 6th June</b>	<b>Tues 7th June</b>	<b>Wed 8th June</b>	<b>Thurs 9th June</b>	<b>Fri 10th June</b>
AM 9am	Chinese Paper 4 P 1 hr 10 mins / H 1hr 20 mins	Maths Paper 2 1 hr 30 mins	English Lit Paper 2 1 hrs 20 mins	History Paper 3 1 hr 20 mins	English Lang Paper 2 2 hrs 5 mins
	German Paper 4 P 1 hr 10 mins / H 1hr 20 mins				
PM 1.30pm	Turkish Paper 4 1hr 25mins	Geography Paper 2 1 hr 15 mins		Physics Paper 1 (CS) 1 hr 15 mins	
	<b>Mon 13th June</b>	<b>Tues 14th June</b>	<b>Wed 15th June</b>	<b>Thurs 16th June</b>	<b>Fri 17th June</b>
AM 9am	Maths Paper 3 1 hr 30 mins	Geography Paper 3 1 hr	Biology Paper 2 (CS) 1 hr 15 mins		Spanish Paper 4 1hr 20mins
PM 1.30pm	Business Paper 2 1 hr 45 mins			French Paper 4 P 1 hr 10 mins / H 1hr 20 mins	Polish Paper 1 & 3 1hr 45mins
					Portugese Paper 1 & 3 1hr 45mins
	<b>Mon 20th June</b>	<b>Tues 21st June</b>	<b>Wed 22nd June</b>	<b>Thurs 23rd June</b>	<b>Fri 24th June</b>
AM 9am	Chemistry Paper 2 (CS) 1 hr 15 mins	History Paper 2 P1-P5 55 mins		Physics Paper 2 (CS) 1 hr 15 mins	
	<b>Mon 27th June</b>	<b>Tues 28th June</b>	<b>Wed 29th June</b>	<b>Thurs 30th June</b>	<b>Fri 1st July</b>
AM 9am	Polish Paper 4 1hr 20mins		Contingency day for GCSE and/or GCE examinations should sustained national or local disruption arise during the June 2022 examination series. Candidates should be available up to and including this date		
	Portugese Paper 4 1hr 20mins				

## KS5 Summer Exam Timetable

	Mon 9th May	Tues 10th May	Wed 11th May	Thurs 12th May	Fri 13th May
AM 9am	BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins	BTEC Business Unit 2B 3hrs	BTEC Sport Unit 19 2 hr 30 mins		BTEC ICT Unit 2B 2 hrs
PM 1.30pm	BTEC Business Unit 2A 2hrs			BTEC ICT Unit 2A 3 hrs	
	BTEC Sport Unit 2 2 hr 30 mins				
	Mon 16th May	Tues 17th May	Wed 18th May	Thurs 19th May	Fri 20th May
AM 9am	BTEC H&SC Unit 1 1 hr 30 mins		GCSE English Lang P1 1 hr 45 mins	BTEC Business Unit 3 2hrs	GCSE Maths Paper 1 1 hr 30 mins
PM 1.30pm	BTEC Sport Unit 1 1 hr 30 mins			BTEC Sport Unit 22 3 hrs	BTEC H&SC Unit 2 1 hr 30 mins
	Mon 23rd May	Tues 24th May	Wed 25th May	Thurs 26th May	Fri 27th May
AM 9am	BTEC H&SC Unit 4 3 hrs	Dance 2 hrs 30 mins	English Lang/Lit Paper 1 1 hr	History Paper 1 2hrs 15 mins	Geography Paper 1 2hrs 30 mins
	Sociology Paper 1 2 hrs	Psychology Paper 1 2 hrs			Media Paper 1 2 hrs
		BTEC Science Unit 1B 40 mins			BTEC Science Unit 5F 50 mins
PM 1.30pm		BTEC Science Unit 1C 40 mins	Business Paper 1 2 hrs	BTEC Science Unit 5C 50 mins	BTEC Science Unit 5B 50 mins
			Fur Maths A Paper 1 1 hr 30 mins		
			BTEC Science Unit 1P 40 mins	Physics Paper 1 2 hrs	
	Mon 30th May	Tues 31st May	Wed 1st June	Thurs 2nd June	Fri 3rd June
HALF TERM					
	Mon 6th June	Tues 7th June	Wed 8th June	Thurs 9th June	Fri 10th June
AM 9am		English Lit Paper 1 2 hr 30 mins	Psychology Paper 2 2 hrs	Business Paper 2 2 hrs	History Paper 2 1 hr 30 mins
		GCSE Maths Paper 2 1 hr 30 mins			GCSE English Lang P2 2 hrs 5 mins
PM 1.30pm	English Lang/Lit Paper 2 2 hrs	Maths Paper 1 2 hrs	Fur Maths A Paper 2 1 hr 30 mins	Biology Paper 1 2 hrs	BTEC L3 ICT Unit 1 2 hrs
	BTEC L3 H&SC Unit 3 1 hr 30 mins	Sociology Paper 2 2 hrs	Geography Paper 2 2hrs 30 mins	Drama Unit 3 2 hrs 30 mins	Physics Paper 2 2 hrs
			Media Paper 2 2 hrs	Graphics 2hrs 30 mins	
			Core Maths Paper 1 1 hr 30 mins		

Continues on the next page...

## KS5 Summer Exam Timetable Continued...

	Mon 13th June	Tues 14th June	Wed 15th June	Thurs 16th June	Fri 17th June
AM 9am	Chemistry Paper 1 2hrs 15 mins		English Lit Paper 2 2 hr 30 mins	Physics Paper 3 2 hrs	Biology Paper 2 2 hrs
	French Paper 1 2 hrs 30 mins			Psychology Paper 3 2 hrs	
	Sociology Paper 3 2 hrs				
	GCSE Maths Paper 3 1 hr 30 mins				
PM 1.30pm	Computer Science 1 2hrs 30 mins	Maths Paper 2 2 hrs		Business Paper 3 2 hrs	
		Core Maths Paper 2 1 hr 30 mins		English Lang/Lit Paper 3 2 hrs	
	Mon 20th June	Tues 21st June	Wed 22nd June	Thurs 23rd June	Fri 24th June
AM 9am	Chemistry Paper 2 2hrs 15 mins		History Paper 3 2hrs 15 mins	Chemistry Paper 3 1 hr 30 mins	Biology Paper 3 2 hrs
					Computer Science 2 2hrs 30 mins
					French Paper 2 2 hrs
PM 1.30pm		Maths Paper 3 2 hrs	Further Maths FM1 1 hr 30 mins	Further Maths D1 1 hr 30 mins	
	Mon 27th June	Tues 28th June	Wed 29th June	Thurs 30th June	Fri 1st July
			Contingency day for GCSE and/or GCE examinations should sustained national or local disruption arise during the June 2022 examination series. Candidates should be available up to and including this date		

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)
- ◆ This will send you an email link with your password



#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

WHAT'S ON YOUR MIND?

sex **DRUGS**  
contraception **exam anxiety**  
**BULLYING** family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

**Monday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

**Tuesday 4pm - 8pm**  
Youth Works at Corby Mind,  
18 Argyll St, Corby NN17 9JU  
01536 518339

**Wednesday 4pm - 8pm**  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

**Thursday 4pm - 8pm**  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

**Friday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

**Saturday 10am - 2pm**  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare  
the lowdown  
St Andrew's  
YOUTH WORKS  
CHAT

CHAT Youth Counselling  
Starting Wednesday 3rd November

## CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?  
WE'RE HERE TO HELP.  
JUST COME ALONG

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

#weareNHS

NHS Northamptonshire Healthcare

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/US/AMHS/LIVE](http://WWW.NHS.UK/US/AMHS/LIVE)

t f

QR code

Camhs  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU