



# Rushden Academy Newsletter

Aspire, Explore, Succeed

04/02/2022

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Thank you for supporting Team Rushden with the revised behaviour policy, we have noticed a marked difference with pupils bringing in their own equipment and taking greater responsibility over their learning. It has also been good to see so many pupils joining in with extra curricular activities both at lunchtime and after school this week too.

We are in the process of reviewing our attendance policy and procedures, in due course this will be published on the website and further information will be shared. Attendance is mandatory and we must work together to ensure our pupils are in school receiving a good education. If they do not attend it will greatly affect their future life chances. The number of missed lessons soon accrue as can be seen here.

Attendance during one school year	Equivalent days	Missed lessons
95%	10	50
90%	20	100
85%	29	145
80%	39	195
75%	49	245
70%	59	295
65%	68	340

We do understand that some have legitimate reasons for being absent especially with the current Covid situation, but please do contact the school if you need our help and support. By working together we can make a difference.

Here are some contacts for external support to get pupils back into school:

- North Northamptonshire Council Attendance and Behaviour Support for Parents

<https://www.northamptonshire.gov.uk/councilservices/children-families-education/schools-and-education/Pages/attendance-and-behaviour-support-for-parents.aspx>

*Continues on the next page...*

## Message From the Principal Continued...

- Parentkind

<https://www.parentkind.org.uk/>

- Childline

<https://www.childline.org.uk/>

- Action for Children

<https://parents.actionforchildren.org.uk/>

- School Anxiety and refusal

<https://www.youngminds.org.uk/parent/a-z-guide/school-anxiety-and-refusal/>

Finally, thank you to year 9 parents for attending the 'Virtual Parents Evening' this week. We intend to have the next one 'live' in school for year 8 parents on 1st March.

We hope that you have a good weekend and thank you for taking the time to read this newsletter.

Mrs J Burton  
Principal

## KS3 Art Club

The Creative Arts department will be offering an art club after half term, open to KS3 students.

If you are interested, please attend a meeting next Monday (7th Feb) in CA4 from 3.00-3.30pm to find out more and register your interest.

## British Dyslexia Webinar

**Virtual Literacy Conference | Thursday 17 March | 9am - 5pm**

The literacy journey through education for those with Dyslexia:

Regardless of the age of individuals, it is important to understand the journey learners take from a young age through to higher education.

This conference will look at the importance of early intervention, the impact of mental health and how to support learners of all ages, including some easy ICT/Assistive Technology tools.

Book your ticket [here](#)



## Year 11 Geography Field Trip

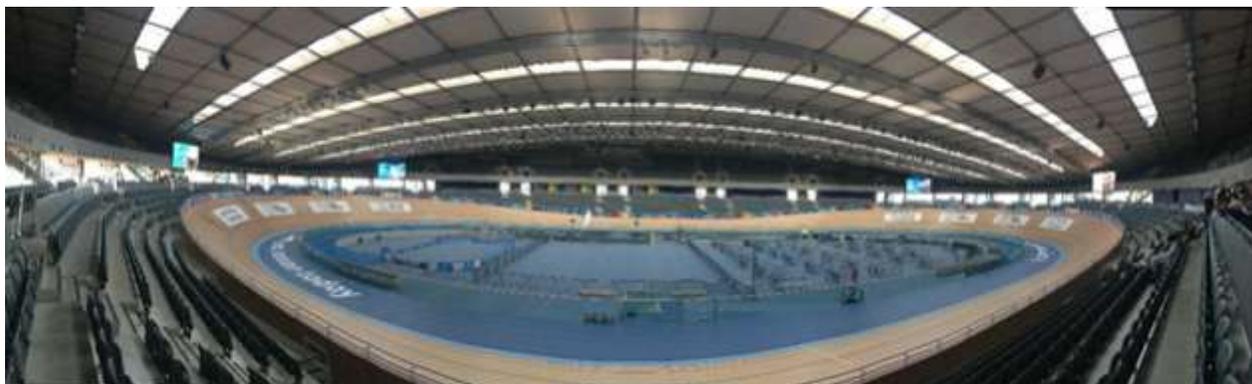
**Queen Elizabeth Olympic park, London 28/01/2022**

Last week, the Year 11 Geography fieldtrip to the Queen Elizabeth Olympic Park (Stratford, London) yet again proved to be a tremendous success! Due to the pandemic, GCSE students have so far been unable to complete fieldwork and so this was a great moment for staff and students to get out of the classroom and local surroundings! Student embarked upon an investigation, aiming to tackle curriculum areas such as urbanisation and sustainable development and this is to be assessed as part of their first GCSE examination.



As part of the fieldtrip, students got to see the different features within the Olympic site (such as the Lee Valley VeloPark) as well as completing surveys in 4 key areas within this area of Stratford. We also visited the renowned Westfield shopping centre and assessed the impact that this has had on Stratford and the surrounding areas of East London.

Throughout the day all of students behaved exceptionally and represented the school in a mature manner, showing an awareness of the importance of their work as well as the sensitivity of their surroundings. Another very successful fieldtrip after a long wait! A massive thank you to all students and staff that attended.



## Library News - Help Team Rushden Look After Their Books

Ensuring there are always enough books available on the shelves in the library is a priority for Team Rushden, as they are a vital tool in our student's learning. We always try to have the latest copy from the popular authors, and endeavour to purchase the new releases of books in popular series as we know our students will want to read them. We are also delighted that our students and staff make an effort to take care of the books that we have available.

Unfortunately we are currently experiencing a higher than usual number of books that need replacing due to them being returned damaged, lost by students, missing from our shelves or students who leave with books still in their possession. The table below shows the cost of this to the Academy.

	<b>2020/2021 September - July</b>	<b>2021/2022 September - February</b>
Damaged	£109.85	£322.09
Leavers	£62.91	£107.87
Missing from the shelves	£400.52	£399.52
Lost and not replaced	£126.35	£64.90
<b>Total in lost books</b>	<b>£699.63</b>	<b>£894.38</b>

We completely understand that accidents happen and books can get damaged or lost, and these issues can be easily resolved if you speak to a member of the library staff. Listed below are the ways that books that are damaged or lost can be replaced:

- Replacement cost can be paid via cash, cheque or Parentpay
- Replacement copy purchased and given in to library staff
- Donate a book from home that is of similar value and is in good condition
- Buy a book from a charity shop that is of similar value and is in good condition

If you would like to make a payment via Parentpay please message me at [M.Quantrill@rushden-academy.net](mailto:M.Quantrill@rushden-academy.net) and I will ensure the correct amount is added on to Parentpay ready for payment. If you have any queries regarding this or any other matter then please don't hesitate to get in touch.

Can we please ask that all our students continue to take good care of any books borrowed from the library and return them in good condition for the next pupil to take out on loan.

Happy Reading!

## Safer Internet Day



Dear Parents/Carers,

On **Tuesday 8th February** we will be joining schools and youth organisations across the UK in celebrating **Safer Internet Day 2022**. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers and more, to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote in Rushden Academy, and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year. Students will be engaging in a variety of activities during tutor times.

We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, you may be interested in downloading the free Safer Internet Day Resources for Parents and Carers which is available at: [saferinternet.org.uk/sid-parents](https://saferinternet.org.uk/sid-parents).

There are top tips, quizzes, and films which you can use at home with your child. Some other resources which you may find helpful in supporting your child online are:

- Tips, advice and guides for parents and carers from the **UK Safer Internet Centre** ([saferinternet.org.uk/parents](https://saferinternet.org.uk/parents))
- Advice for parents and carers from **Childnet** ([childnet.com/parents-and-carers](https://childnet.com/parents-and-carers))
- Reviews and information about games, apps, TV shows and websites from **Common Sense Media** ([commonsense.org](https://commonsense.org))
- Help on using parental controls and privacy settings from **Internet Matters** ([internetmatters.org./controls](https://internetmatters.org./controls))
- Information and reporting of online grooming or sexual abuse from **CEOP** ([ceop.police.uk](https://ceop.police.uk))

Online safety is an important issue which as a school we're committed to teaching our pupils about.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's form tutor or myself, Mrs Paula Smith - Designated Safeguarding Lead.

Kind regards,

Mrs Paula Smith  
Assistant Principal /DSL /Senco



**RELIABLE**

Word Type:

Verb and  
Adjective

Definition:

- Constantly good in quality or performance.
- Able to be trusted.

Synonyms:

Dependable  
Authentic

Antonyms:

Untrustworthy  
Dodgy  
Unreliable

Example:

- Remember to use a **reliable** source of information when researching something.
- The incident cast doubt on her motives and **reliability**.

## Site Notice

Please be aware that we are a smoke free site, and kindly ask visitors to not smoke anywhere on our premises. This includes in our car park.

## Check Your Contact Details are Correct

Please ensure the contact details Rushden Academy has for you are correct. You can do this via SIMS Parent Online or via the SIMS Parent App. If you have not received an invitation to login, please contact main reception.

### Numeracy Problem of the Week



What is:

20% of 30% of 40% of £50?

Join the Google Classroom code **yqzhivc** to submit your answer  
Students who submit a solution go into a prize draw for a  
voucher at the end of term.

## Non-Prescription Medication

Following a review of the Health and Safety Policy at Rushden Academy, non-prescription medication will no longer be administered by the school. This includes paracetamol and homoeopathic medicines.

Staff may not know whether the student has taken a previous dose, or whether the medication may react with other medication being taken. Where it is appropriate (on rare occasions) to administer non-prescription medicine to a student, specific permission will need to be given by parents/carers on each occasion.

## Year 11 Boys Futsal

This week it was the turn of the Year 11's hoping to claim the title for the second successive year after the success of last year's Year 11 boys!

The boys organised and planned the squad amongst themselves and represented the academy in the greatest possible way. They played with real heart and determination showing signs of flair and skill amongst the hard work!

We played 3 games - beating Wrenn and Manor but sadly losing out to a very strong (and tall!!!) Huxlow team, finishing second in the competition. Hopefully, we build upon that great performance in the District 7 A-side competition next term!

Well done lads!!



# Calling all parents/carers!



Join us on one of our parent webinars where a GCSEPod expert will give you lots of hints, tips and advice on how you can use GCSEPod to support your child.

## FREE

Webinars are free to all parents

**12** January @ 5pm

**26** January @ 5pm

**09** February @ 5pm

**23** February @ 5pm

**09** March @ 5pm

**23** March @ 5pm

Your child already has access to our award-winning platform

How to join

[gcsepod.com/podup-presents-webinars](https://gcsepod.com/podup-presents-webinars)

gcsepod.com | info@gcsepod.com | 0891 3367930

## Stationery for sale in the Library

Don't forget that there are stationery items available to buy in the Library, so if you've realised you haven't got your pen on the way to school or your ruler has broken, pop in to see the Library and get yourself sorted. We have:



Black or blue biro  
15p



Pencils  
15p



Small eraser 15p  
Large eraser 20p



Pencil sharpener  
10p



Small, clear pencil case 40p  
Large, clear pencil case 60p



Protractor  
15p



15cm ruler 15p  
30cm ruler 30p



Calculator  
£8



Highlighter pen  
40p



Set square  
15p

There are a few other items too. To see everything have a look at the stationery list available on the school's library page.



BHVA  
Academies

Have fun being creative, and developing friendships and confidence in a safe, nurturing and all-inclusive environment at Beccy Hurrell Voice and Arts Ltd. Based at The Yards in Kettering town centre, we focus on supporting you to develop your specific artistic goals, either in our groups or 1 to 1 sessions.

### Sing Squad Seniors

Tuesday 6.30-7.15pm

*Want to develop your vocal technique, musicality and performance skills in a fun, relaxed atmosphere? Our Sing Squad caters for all of this in a group where each individual is celebrated.*

### Art Squad Seniors

Wednesday 6.15-7.00pm

*Love Art, want to share your passion with others, come along to our Art squad to develop techniques, explore new skills and get help on a project you many be working on.*

### Drama Squad Seniors

Thursday 6.15-7.00pm

*Explore a variety of different Drama techniques in a fun and inclusive environment, building confidence and the ability to transform into many different types of characters.*

### 1 to 1 Voice Coaching

*Sessions bookable to receive 1 to 1 coaching to help you reach your vocal goals with vocal health at the core of each session.*

### 1 to 1 Dance Coaching

*Sessions bookable to receive 1 to 1 coaching to help you develop your choreography, performance and/or analysis skills. Sessions tailored to meet your needs.*

### Rehearsal Space for Hire

*Are you an individual or group looking for a space to rehearse we have specialist Dance, Drama and Music spaces available for hire at student rates with the BHVA Axis Hub CIC.*



The Yards, 10 Market Place, Kettering NN16 0AH



[www.bhva.co.uk](http://www.bhva.co.uk)



07786 544087 / 01536 691540



[hello@bhva.co.uk](mailto:hello@bhva.co.uk)



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Office: 10 Park Street, Kettering, Northamptonshire, NN16 5AH

## Performing Arts at Update



### Drama

Year 8 Drama students have begun to look at the devising process, which involves them creating and planning original work. They have been devising from the stimulus of 'Frankie and Johnny' which is a ballad. Students have had to think creatively and consider their character and making up original dialogue too. Students are getting ready to bring their wild west pieces to life in their performances next week.

Thursday saw our Year 7 Drama club commence, students spent lunch time getting to know each other, playing ice breaker games. Next week drama club members will be exploring a script ready for the spring showcase! Not too late to join, come along next Thursday lunchtime on the stage

### Dance

We are heading towards the final part of the BTEC Dance course for our year 11 dancers. Currently students are exploring ideas for their group choreography based on the stimulus 'Better Together'. All students have been researching, improvising to create motifs which generate movement phrases. Miss Pilgrim is very impressed with the positive attitude and commitment seen from her dancers which will produce well organised and engaging dance work. Good Luck Year 11

### Music

This week we have started a Music club, Thursdays after school, It is open to anyone who would like to take part in a music group and play either keyboard, ukulele or guitar, sing or bring an instrument (no previous experience necessary!). This week we did Elvis Presley's 'Hound Dog' but are looking for other songs that would work for this combination of instruments. We have access to a bass guitar and a drum kit, so we hope to be able to have full ensemble over the next few weeks.

### Performing Arts Career of the week: Theatre Make Up Artist



Makeup artists develop a design for a character's look, based on the time period, setting, and story. They consult with directors, lighting staff, performers, and others to identify the right effect, while keeping within budget constraints. Theatre Make up Artist

Average Salary: £25,500

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[j.ede@rushden-academy.net](mailto:j.ede@rushden-academy.net)

Performing Arts Update Continued...



Rushden Academy's

# Singing Group

Love to sing?  
Want to improve your skills?  
Come and join our new singing group!

KS3 - Wednesday Lunch  
KS4 & KS5 - Tuesday Lunch

Location: Lecture Theatre

Starting Friday 5th November

# KS3 DANCE CLUB

WELCOME TO ALL YEAR 7-8-9

DAY: FRIDAY  
TIME: 3:00-4PM  
VENUE: THE HALL

CONTACT MISS PILGRIM FOR MORE INFORMATION

RUSHDEN ACADEMY

# GUITAR CLUB

STARTING 30TH NOVEMBER

TUESDAY LUNCHTIMES PA1

ALL ABILITIES & YEARS WELCOME

# YEAR 7 DRAMA CLUB

Every Thursday Lunch on the Stage  
Starting from Thursday 3rd February

Come along and learn new skills

Contact Miss Grainger for more information

## Legally Blonde Update

We are Positive that you will love Elle and the Delta Nu girls showing all things GIRL POWER in the latest number to be blocked 'Positive'. Our whole cast and chorus rehearsal on Tuesday saw them working through Harvard Variations and making sure we bring Harvard Law School to Rushden Academy. The vocals for 'So Much Better' keep on getting better and better, as the cast & chorus are sing their hearts out to this number.



The Costume team have been looking for all things pink and other key costumes for principle characters!

### Interview with Emmett from Legally Blonde

**Name:** Ollie Year 13

**Why get involved?** I felt it would open up my opportunities for the future. It also sounds like fun!

**Why Emmett?** I liked the character and felt as though I would enjoy embodying him.

**Biggest Challenge?** Probably by confidence! Musical theatre is not really my scene, so having the confidence is going to be hard, but I know I can do it!

## KS3 Musical Update

Its been all about the big kids and the little kids this week at rehearsals. Tuesday Mrs Ede worked on the School Song with the cast. Of course Mrs Trunchball wasn't far behind, whilst she was blocking scenes with Miss Grainger, along with Miss Honey and Matilda. The Crew have been busy creating props and painting blocks ready for our performance.

**Please remember to check the Performing Arts notice board and also the Google Classroom for updates and rehearsal schedules!**

**Dates for the diary:**

**Tuesday 29th March**

**Wednesday 30th March**

**Tickets on sale 1st March from Student Reception!**



## Performing Arts... The Week in Photos



Year 7 Drama Students using the explorative strategy 'mime' to show what lies in the mysterious Mr Fox's basement



Year 8 Drama Students creating their devised scenes with added original dialogue and characters



## Operating Theatre Live

On Saturday 26th February 2022 MED-SOC will be coming to Rushden Academy providing the opportunity for students to experience clinical careers first hand.

The event is delivered by the award-winning human anatomist Samuel Piri who has been featured on the BBC, The Discovery Channel & Medicplayer.

At the event, Sam and his team will provide the opportunity for students to participate in the dissection of real organ specimens including a head & brain, lungs & heart as well as a digestive tract showcasing the stomach, liver, gall bladder, pancreas and intestines. The day is rigorously academic with students receiving award-winning insight into how the body works and the challenges faced by the next generation of medical professionals.

All of the content is carefully matched to the main GCSE, A-Level & BTEC specifications and is relevant to the study students are undertaking in the classroom. The event operates in such a way that it appeals to the students considering both medicine, dentistry & veterinary science as well as those considering; nursing, midwifery, paramedic science, occupational therapy, pharmacology, biomedical science and sports sciences.

This event is open to all students at Rushden Academy who are aged 14+, and tickets can be booked through [ParentPay](#).

Students and parents are advised to visit the website [www.med-soc.co.uk](http://www.med-soc.co.uk) for full details of the modules covered on the day.



the cube DISABILITY



# SEN Holiday Camps

An inclusive holiday camp for children aged 5-16 with a disability and their siblings.

## 2022 TERM DATES

### Northampton

14th - 17th February

11th - 15th April

30th May - 1st June

1st - 5th August  
8th - 12th August  
22nd - 26th August

### Kettering

14th - 17th February

4th - 8th April

30th May - 1st June

15th - 19th August

**Time: 10am - 3pm**

**DANCE & SPORTS  
ACTIVITIES!**

**£45 per day**

Lunch will be provided for all children. Please just notify us of any dietary requirements when booking.

To book your child's space or enquire further, please email [cubekids@thecubedisability.co.uk](mailto:cubekids@thecubedisability.co.uk)



**@thecubedisabilitykids**



## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).



**Reg Charity: 1119358**  
**Family Support Link**

If you are affected by another persons substance use and you are between the ages of 9-17 living in Northants, why not come along to I Matter Too Groups which include a fun Activity Day



**Northampton 15th & 16th Feb**  
**Kettering 17th & 18th Feb**

**enjoy**



For more information and a registration pack please call and ask for Rachel, Steve or Sara on 01933 224632 or email [Contactus@family-supportlink.co.uk](mailto:Contactus@family-supportlink.co.uk) Spaces are limited so book quick before they go!

**fun**

# Extra-Curricular Clubs

	Year 7	Year 8	Year 9	Year 10	Year 11
Lunch					
After School	Fitness Suite Netball	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite Dance, Drama and Music Intervention
Lunch	Ethos Drop In	Ethos Drop In	Ethos Drop In	Ethos Drop In	Ethos Drop In
After School	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)
Lunch	MFL Film Club	MFL Film Club	MFL Film Club	MFL Film Club	MFL Film Club
After School	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball Rugby	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	Performing Arts rehearsal space available Netball	MFL Intervention Photography, Art and Graphics coursework Performing Arts rehearsal space available Netball
Lunch	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room
After School	Performing Arts rehearsal space available Kinball Basketball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball Sport Studies and Childcare coursework
Lunch					
After School	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club

## Stars of the Week

Congratulations to the following students for achieving star of the week.



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## February 2022 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Tuesday 8th February	Yr 10 Sport	Unit 2	1.5 hrs	9.00 am
Thursday 10th February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 10th February	Yr 11 Childcare	Unit 3	2 hours	9.00am

# Year 11 Mock Exams - February 2022

## MOCK EXAMS

From 21st Feb until 3rd March, if you do not have an exam you will be in your normal lessons. More information will follow later. \*\*\*  
Students taking German or French will be given a 30min slot for their exam.

	P1 + P2	P3 + P4	Reg + P5
MON 21st FEB	ENGLISH LIT (SH) 1 hr 45mins	COMBINED SCIENCE B2 (SH) 1 hr 15mins	FRENCH LISTENING (VOC) H 45mins F 35 mins
TUES 22nd FEB	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	COMBINED SCIENCE C2 (SH) 1 hr 15mins	GERMAN LISTENING (VOC) H 45mins F 35 mins DANCE (HALL) 1hr (CP)
WED 23rd FEB	MATHS Paper 2 (SH) 1hr 30mins (calculator)	HISTORY (SH) 1hr 15mins	DANCE (HALL) 1hr (CP)
THURS 24th FEB	COMBINED SCIENCE P2 (SH) 1 hr 15mins	GEOGRAPHY (SH) 1hr 30mins	
FRI 25th FEB	BUSINESS (SH) 1hr 45 mins DRAMA (Stage + Studio) 2hrs	MATHS Paper 3 (SH) 1hr 30mins (calculator)	
MON 28th FEB	ART (CA3 + CA4) 2hrs (DC + SAN + AO) ***FRENCH SPEAKING F (VOC) (TC)	ART (CA3 + CA4) 2hrs (DC + SAN + AO) ***FRENCH SPEAKING F (VOC) (TC)	ART (CA3 + CA4) 1hr (DC + SAN + AO) ***FRENCH SPEAKING F (VOC) (TC)
TUES 1st MARCH	PHOTOGRAPHY 11A (CA6) 2hrs (LH + DC) PHOTOGRAPHY 11C(CA6) 2hrs (AO) (selected students only) ***GERMAN SPEAKING H (VOC) (GB)	PHOTOGRAPHY 11A (CA6) 2hrs (LH + DC) PHOTOGRAPHY 11C(CA6) 2hrs (AO) (selected students only) ***GERMAN SPEAKING H (VOC) (GB)	PHOTOGRAPHY 11A (CA6) 1hr (LH + DC) PHOTOGRAPHY 11C(CA6) 1hr (AO) (selected students only) ***GERMAN SPEAKING H (VOC) (GB)
WED 2nd MARCH	GRAPHICS (CA6) 2hrs (DC + LH) ***FRENCH SPEAKING H (VOC) (TC)	GRAPHICS (CA6) 2hrs (DC + LH) ***FRENCH SPEAKING H (VOC) (TC)	GRAPHICS (CA6) 1hr (DC + LH) ***FRENCH SPEAKING H (VOC) (TC)
THURS 3rd MARCH	***GERMAN SPEAKING F (VOC) (GB)	***GERMAN SPEAKING H (VOC) (GB)	***GERMAN SPEAKING H (VOC) (GB)

Students taking maths, science, business and geography exams will need a calculator

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

## Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

### Main symptoms

The main symptoms of coronavirus are:

- ◆ **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

### Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

WHAT'S ON YOUR MIND?

sex  
contraception  
exam anxiety  
BULLYING  
alcohol  
HEALTHY EATING  
social networking & cyber bullying  
SELF HARM  
relationships

DRUGS  
family issues  
SMOKING  
body image  
MENTAL HEALTH

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

CHAT Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?  
WE'RE HERE TO HELP.  
JUST COME ALONG

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654365

Tuesday 4pm - 8pm  
Youth Works at Corby Mind,  
18 Argill St, Corby NN17 1BU  
01536 518339

Wednesday 4pm - 8pm  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

Thursday 4pm - 8pm  
Youth Works,  
97 Rockingham Rd,  
Mattersey, NN16 9EX  
01536 518339

Friday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654365

Saturday 10am - 2pm  
Service Six,  
15 Sossoun Mews,  
Wellingborough,  
NN8 2LT  
01935 277520

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare  
the lowdown  
Dr. Elizabeth Crossland  
YOUTH WORKS  
CHAT

#weareNHS

NHS Northamptonshire Healthcare and Counselling Trust

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/CAMHS/LIVE](http://WWW.NHS.UK/CAMHS/LIVE)

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QR code

Camhs  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU