



# Rushden Academy Newsletter

Aspire, Explore, Succeed

19/11/2021

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Last week we received a lovely email from a member of the public. A retired teacher was walking through Spencer Park last Friday with her granddaughter and heard the music from the Remembrance Parade so stopped to listen to the readings. She was very impressed with how quiet and respectful the students were both during the service and afterwards. The lady wanted to pass on that she thought the pupils behaved wonderfully! They did and it was a very special assembly where we had a veteran actually play the Last Post.

We hope that Year 11 students are preparing well for their mocks which begin on 30th November following the extra bank holiday on Monday 29th when the school will be closed. Teachers are letting pupils know what to revise but not sharing the questions. We will support our pupils to do their best this November/December, just in case Covid affects the actual sitting of examinations this summer. Let's keep everything crossed.

It is such a pleasure to see pupils staying behind after school to attend rehearsals and also to improve their work in other subjects too. Last night not only was the performing arts area busy but so too was creative arts with pupils exceeding their target grades and producing high quality work. Also a highlight was witnessing the boys dance group showcase the New Zealand Rugby traditional dance, the haka. They certainly had an audience watching in awe.

On Monday we launch the 'Hear It, See It, Lose It' policy, we will provide safe havens for those that struggle socially and emotionally, but we will endeavour to safeguard, protect and prevent undue upset to all in the team, pupils and staff alike. We have been considering this for some time and noted more and more schools opting for this policy. We have had some serious incidents and will always act to address them, it has not been one single incident but many that have led to this unanimous decision. As pupils arrive they will need to switch the phones off and place them into their bags until the end of the day. Urgent messages will go via main reception to pupils should the need arise.

As ever we will continue to monitor and review the policy. Thank you for your feedback, some highly positive and some with concerns attached, we take on board your points and will support individual pupils where required. Any issues do contact the school via 01933 350391 or [info@rushden-academy.net](mailto:info@rushden-academy.net)

Have a safe and restful weekend.

Mrs J Burton  
Principal

## Hear it, See it, Lose it Policy

Dear Parents and Carers

You may be aware of the national issue regarding some students creating fake Tik Tok accounts and posting defamatory and offensive material. Unfortunately, we have also fallen victim to this, and the information posted is both harmful and distressing to others.

Please can you monitor the use of your children's phone to ensure they are using their phones appropriately and to protect them from falling foul of the law and creating digital footprints that could have long-lasting implications. I found the following article quite helpful 'Should Parents Monitor Their Children's Texts and Phone Activity?' <https://www.mmguardian.com/blog/should-parents-monitor-their-childrens-texts-and-phone-activity>. If you have any concerns, please contact the school so that we can support you.

We have reviewed the use of mobile phone protocols, and have discussed the advantages and disadvantages of using mobile phones in school and have agreed that with effect from Monday 22nd November mobile phones, smart watches and earphones should not be seen in the academy at any time. This is what will be known as the 'Hear it, See it, Lose it' Policy. They should be turned off at the gate and then not turned on again until leaving the site.

Any phones, smart watches or earphones seen or heard will be confiscated by a member of staff who will press on-call and a member of staff will collect, place the item into a named envelope, and hand it in to student services until the end of the day.

The first time that this happens, the phone, smart watch and/or earphones can be collected by the pupil at the end of the day, but all subsequent confiscations must be collected by a parent/carer, who will be informed to collect. The phones, smart watches and earphones will be stored securely in Student Services.

We believe that we have strong systems in place should you need to send urgent messages to your children during the school day. We have recognised that you may wish to contact your children when they travel to and from school and so we have not banned mobiles from school, but they must be switched off and placed in their school bags. Where possible we must mitigate against children looking at inappropriate material, recording, sharing and posting inappropriate material.

We have spoken to all pupil's and explained the 'Hear it, See it, Lose it' Policy. Please can you discuss this further at home so that everyone is clear, and we can minimise issues arising in school that would inevitably impact at home too.

The vast majority of our pupils are highly responsible and respectful, but I am sure you can appreciate the need for measures to be taken to protect and safeguard one and all. Thank you as ever for your support and understanding. Please contact the school if you have any concerns via: [info@rushden-academy.net](mailto:info@rushden-academy.net) or 01933 350391.

## Hear it, See it, Lose it Policy - TENC



Dear Parents and Carers

You may be aware of the national issue regarding some students creating fake Tik Tok accounts and posting defamatory and offensive material.

Unfortunately, we have also fallen victim to this, and the information posted is both harmful and distressing to others.

Please can you check with your son/daughter to make sure they are using their phones appropriately and to protect them from falling foul of the law and creating digital footprints that could have long-lasting implications.

We have reviewed the use of mobile phone protocols, and have discussed the advantages and disadvantages of using mobile phones in school and have agreed that with effect from **Monday 22nd November Sixth Form students will only be allowed to use their mobile phones, smart watches and earphones in the common room, supervised study room and in lessons when directed by staff to do so.**

At all other times, whilst on site, they must not be seen and this is what will be known as the 'Hear it, See it, Lose it' Policy. Any phones, smart watches or earphones seen or heard will be confiscated by a member of staff who will press on-call and a member of staff will collect, place the item into a named envelope, and hand it in to Student Services until the end of the day.

The first time that this happens, the phone, smart watch and/or earphones can be collected by the student at the end of the day, but all subsequent confiscations must be collected by a parent/carer, who will be notified to collect them. The phones, smart watches and earphones will be stored securely in Student Services.

We have spoken to our Sixth Form students and explained the 'Hear it, See it, Lose it' Policy and have reminded them that they are role models for the rest of the school. Please can you discuss this further at home so that everyone is clear, and we can minimise issues arising in school that would inevitably impact at home too.

The vast majority of our pupils are highly responsible and respectful, but I am sure you can appreciate the need for measures to be taken to protect and safeguard one and all.

Thank you as ever for your support and understanding.

Yours sincerely

A handwritten signature in cursive script that reads 'A Owen'.

Mrs A Owen  
Director of KS5

## Word of the Week

Our students have been extremely enthusiastic towards this new challenge and are endeavouring to use the 'WOW' word in their daily communication. Our hope is to create a language rich community where good vocabulary choices are recognised and rewarded. Well done everyone.

Each week, students will be introduced to a new word which they will use, in context, in their written and verbal work during lessons and around the school.

Every time they use the word, our students will be rewarded with Achievement Points.

The poster is enclosed in a blue border. At the top left is the Rushden Academy logo with the tagline 'Aspire • Explore • Succeed'. At the top right is the TOVE Learning Trust logo. In the center left is a circular graphic with 'Word of the Week' written around the perimeter. To the right of this graphic, the word 'METICULOUS' is written in large red letters on a grey rectangular background. Below the word, the text 'Word Type: Adjective' is displayed. Underneath that, the text 'Definition:' is followed by two bullet points: '• Showing great attention to detail' and '• Extremely careful and exact'. At the bottom left, the text 'Example:' is followed by a bullet point: '• Mountain climbing needs meticulous planning and training.' A faint, stylized logo is visible in the bottom right corner of the poster area.

**Rushden Academy**  
Aspire • Explore • Succeed

**TOVE**  
LEARNING TRUST

**Word of the Week**

**METICULOUS**

Word Type:  
Adjective

Definition:

- Showing great attention to detail
- Extremely careful and exact

Synonyms:  
accurate  
precise

Example:

- Mountain climbing needs meticulous planning and training.

## Inappropriate ICT Use

We would like to remind pupils that anything that they post or share on the internet is there forever. The digital footprint left can be traced back to them and could potentially have a detrimental effect at a college or job interview as colleges and employers are now doing internet check on many occasions prior to interview.

## PE Update

### What are we doing in PE?

All KS3 students have now completed their first three sports for the academic year (Football, Rugby and Netball) with a focus on Physical ME, Social ME and Leadership ME. Throughout that first rotation students have been focusing on improving their fundamental skills such as passing, shooting, tackling and spatial awareness. As well as developing their leadership capabilities in leading warm ups and small-sided games. Students have also learnt the importance of communication within team based activities and impact in which this can have on performance.

This next rotation includes Outdoor Adventurous Activities (OAA), Health Related Fitness and Table Tennis. Each student in Years 7, 8 and 9 will now focus their attention on 3 new ME in PE's (Coaching ME, Healthy ME and Theory ME). Throughout these sports students will be taught the theoretical aspects of sport including anatomy and physiology, map reading and the skills required to officiate, as well as having plenty of opportunities to coach and support their peers in group activities.

This week in OAA students have focused their attention on team building in order to overcome challenges and develop their problem solving abilities. The lessons have included some innovative ideas and activities that have required students to work co-operatively to achieve a shared goal. In this particular lessons students have had to get the hoop as far away from the safe zone as possible without their feet touching the floor – even Hayden supported his team despite the damaged wrist!!!



### KS3 Student Questionnaire

All students in KS3 have been sent a very short survey that will help us further improve our curriculum and extra-curricular opportunities. If you can help support us with this completion at home, it would be very much appreciated. The surveys can be found on the Google classroom for each year group.

*Continued on the next page...*

## PE Update Continued...

### Cross Country

As part of the district cross country event last week, a team of Year 7, 8 and 9s made the short journey over to Croyland Park in Wellingborough to take part in the first phase of the competition with the aim of qualifying for the regionals in January.

Each of the students worked tirelessly to run the best possible race and time they could with all students finishing within the top 60% in each race, which were often filled with over 75+ students!!

However there were some outstanding performances from Preston in Year 9 and Winnie in Year 8 who came a magnificent 5<sup>th</sup> place in their respective races. Both of these students have now qualified to represent the district in the regional competition in January and we cannot wait to see how they will get on. Below Winnie has given us her cross country views:

*When I was asked by my teacher (Miss Cocker) to do the cross country I was happy that I had the chance to do it because I love running, sports, PE etc... Also one of my friends got asked too so I could do it with them.*

*I think the cross country was really fun to take part in! Most of the people in my school got good places, I got 5th place. I was surprised by getting 5th because I am not the best at long distance. Everyone else in my school got between 5th-35th and there were 75 people racing when I did it. It was year 7s first then 8s and 9s after then so on with the other years but we only brought year 7s, year 8s and year 9s. I think everyone in my school did really well and even though it was hard everyone persevered through it. I thought at first 4k was easier than it was but it was hard! I am excited to go back there in January because if you got 12th and above you are in the next competition. Thank you to the teachers who picked me and well done again to the students who took part in cross country!*

Well done to each of the team that included Ella, Vicki, Sophie, Winnie, Callum, Alfie, Leo, Alfie, Preston, Natalie, Michael and Joe.



## Christmas promotional event

Friday 10<sup>th</sup> December, 9:00 till 15:00



Come on down for a fun filled festive day!  
Anyone is welcome!

With a jolly raffle

too!

Buy cakes and cookies also!

### Services that we will be offering

- Luxury manicure Offer £5
- Luxury facial £6
- Indian head massage £6 (30 minutes)
- Conditioning treatment and finish £7
- One length cut and finish £7
- Shampoo and set £4
- Wash and Blow dry £4

**! SPECIAL OFFER !**

Luxury manicure done by the  
amazing level 2's

Rushden hair and beauty academy

Hayway, Rushden, NN10 6AG

Contacts number – 01933417858

## 6th Form Photography Trip

This week year **12 photographers** took to the streets of Kettering to take part in a location shoot for their urban landscape project.

They supported each other to shoot different viewpoints and architectural details and were ambassadors for Rushden Academy and TENC.

Well done ladies!

Mrs A Owen  
Head of Creative Arts



## 6th Form UCAS Update

This is the term when Year 13 students are beginning to plan their post 18 pathways and applying to university.

Each week we will give you an update on who has completed their application alongside any offers or interviews they have received.

NAME	1st choice study	Course	Offer/interview?
Bethany	University of Northampton	Sport coaching	Offers
Alfie	University of Warwick	Cyber security	Offers
Chloe	University of Northampton	Children's Nursing	Interview
Katie	University of Northampton	Children's Nursing	Interview
Izzie	University of Bournemouth	Acting	Offer, audition & interviews
Tiana	University of Lancaster	Law	Unconditional offer
Cerys	University of Northampton	Sport coaching	Offer

Mrs A Owen  
Director of KS5

## What's Happening in Science?

Year 11s have currently been learning about the Earth's atmosphere along with discussing the current United Nations Climate Change Conference (COP26). Students were heavily invested in the Chemistry paper 2 topic as it directly impacts on their lives, students will consider how humans have increased greenhouse gas emissions and ways they could change this. The COP26 saw countries creating plans to cut global carbon output by nearly half by 2030, to limit global heating to 1.5C above pre-industrial levels and the year 11s saw ways they could help as well.



**UN CLIMATE  
CHANGE  
CONFERENCE  
UK 2021**

IN PARTNERSHIP WITH ITALY



**WEDNESDAY 1st December 2021**

**10:30AM AND 6:00PM**

**Parents and Carers with  
young people in Years 9-13**

Join us for the next Wednesday Webinar on:

## **Routes into Higher Education**

This 30 minute session delivered by Aspire Higher explores the world of post -16 and post-18 education, looking at the different routes and qualifications on offer.

**To sign up:**

**<https://www.eventbrite.co.uk/e/wednesday-webinar-parent-carer-sessions-for-academic-year-202122-tickets-182475528217>**



NEXT SESSION: WEDNESDAY 5TH JANUARY 2022  
STUDENT FINANCE

## Year 11 Lesson 6 Timetable

We are currently running an after school timetable to help year 11 students prepare for their mock exams at the end of the month

	Subject	Staff & Location
<b>Monday</b>	Drama (year 11 rehearsal) English Language	Performing Arts Miss Neville, E6
<b>Tuesday</b>	French Geography Maths	Ms Charlton, L2 Mr Ross, H9 Mr Routhorn, Mr Glover & Mrs Evans, Maths corridor
<b>Wednesday</b>	Art Photography Graphics	Miss Anderson, CA4 Mrs Owen, CA3 Mrs Hazelton, CA1
<b>Thursday</b>	Art Photography Graphics Child Development Sport Biology (11th November) Chemistry (18th November) Physics (25th November) Dance	Miss Anderson, CA4 Mrs Owen, CA3 Mrs Hazelton, CA1 Ms McVeigh, IT5 Mr Harris, PE1 Miss Wiles, S8 Miss Wiles, S8 Miss Wiles, S8 Ms Pilgrim, Hall
<b>Friday</b>	German	Mrs Brainwood, L1

## Struggling to Sleep? Want to Chat?

If you're struggling with your sleep but don't want to confide in your parents or even your friends, then help is now just a phone call away.

The National Sleep Helpline has been launched so that you can chat to one of the trained sleep advisors about any issues you're having around your sleep. By seeking support early, it can stop any niggling sleep issues from getting worse or if you've been suffering for a while, we can explain what is happening, why it is and what we can do to help things get better.

It's not always easy to pick up the phone and tell someone you're having difficulties with sleep, but the helpline is confidential (unless they think there is harm to you or someone else). There is no pressure from them and they promise that they will offer you a safe space to talk and not make you feel embarrassed or silly – they just want to help

Talk to them if...

- You are worried about life/school and it's impacting on your sleep
- You can't switch off when it comes to bedtime
- You struggle to turn off your mobile phone and find yourself still on social media or YouTube in the early hours of the morning
- You find it really hard to get out of bed in a morning
- You just can't sleep

For more information read the Teen Sleep Hub e-book [here](#).



The National Sleep Helpline logo features a stylized blue and white graphic of a person's head and neck. The text "the national sleep helpline" is displayed in a sans-serif font, with "the" in a smaller size above "national sleep". The phone number "03303 530 541" is prominently displayed in large white digits. Below the number, the text "Available Sunday - Thursday 7pm - 9pm" is written in a smaller font. At the bottom of the graphic, there are five small white icons: a solid circle, a circle with a dot, a crescent moon, a crescent moon with a dot, and a crescent moon with a dot and a line.

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

# ETHOS

## CREATIVE COMPETITION STORIES OF HOPE

ENTER YOUR:

- PHOTOGRAPHY
- PAINTINGS
- CREATIVE  
WRITING
- MANGA
- SKETCHES
- GRAFFITI ART
- ANYTHING ELSE  
YOU CAN CREATE  
TO SHOW THE  
THEME 'STORIES  
OF HOPE'

**WIN PRIZES**  
AND HAVE YOUR  
CREATIVE WORK  
DISPLAYED IN A  
SPECIAL  
CHRISTMAS  
INSTALLATION

ENTRIES TO ROSIE BY  
FRIDAY 3RD DECEMBER

EMAIL [B.BENNRUSHDEN-ACADEMY.NET](mailto:B.BENNRUSHDEN-ACADEMY.NET)  
OR DROP THEM OFF IN THE ETHOS ROOM



## \*Christmas Card Design Competition 2021

- Design your own Christmas Card and be as creative as you like!
- Christmas cards need to be either **A4** or **A5**
- Submit your card to **MAIN** Reception
- Closing date: **November 26th**

### \*PRIZE! \*

Be in with a chance of winning a prize and producing the official card for Rushden Academy

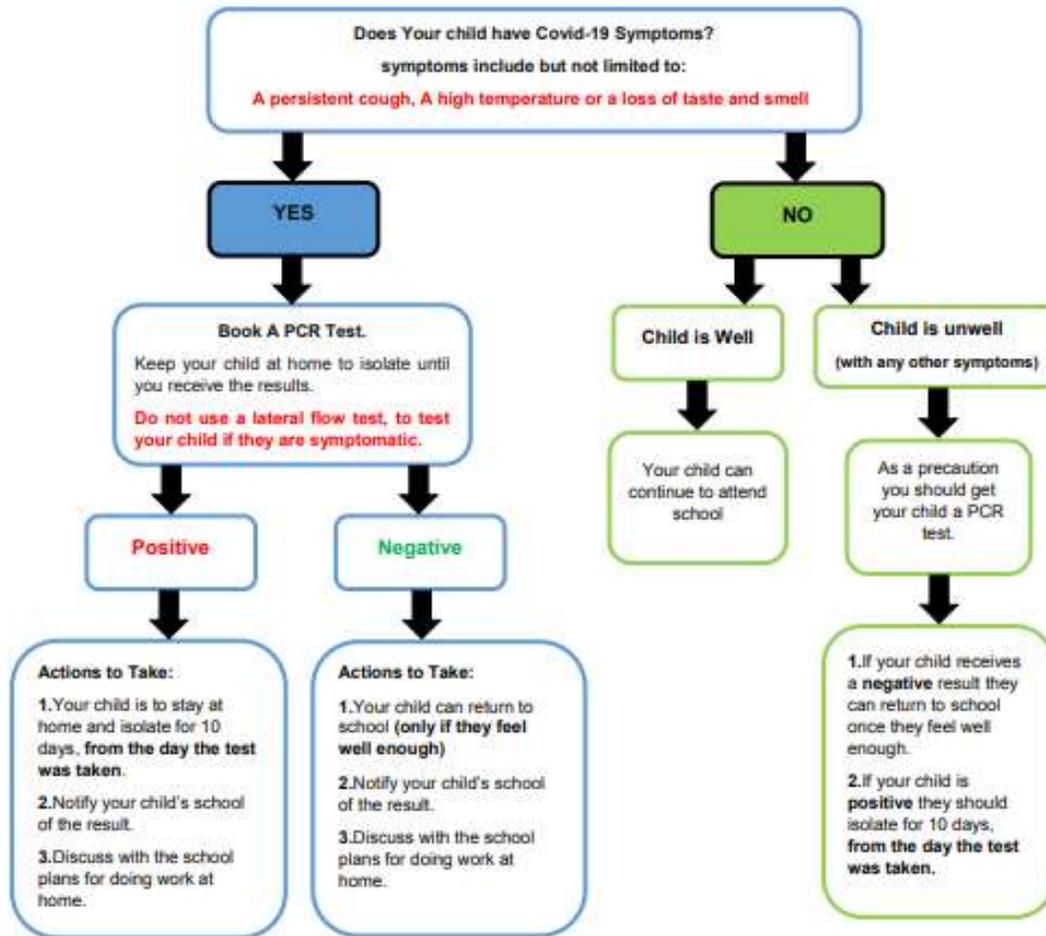
**OPEN TO ALL YEAR GROUPS!**



# Parents Guide to Covid19 Testing



## Parent's Guide To Testing their Child/Children



**Lateral Flow Device (LFD) Test:**

- LFD testing should only be completed when anyone over the age of 11 is asymptomatic.
- Children over the age of 11 should complete twice weekly LFD testing.
- If your child has a positive lateral flow test, **take a PCR test and isolate until results arrive.**
- Children under the age of 11 years **should NOT be taking LFD tests.**

**Additional Details to provide to your child's School:**

- Dates of test.
- Type of Test (LFD, PCR).
- When symptoms began.
- Any close contacts. (friends, teacher, parent and siblings).

## Performing Arts at Rushden Academy



### Drama

Year 7 Drama students this week have been rehearsing for their upcoming performances of 'Charlie and the Chocolate Factory'. Students have been using performance skills to become their characters, we have also been looking at 'intention' and 'space' and how students can incorporate both of them into their performances. Next week will see the first performances from Year 7 Drama students. Remember to be looking over your lines and rehearsing! We are looking forward to watching all of the performances in lesson next week.

### Dance

Year 8 has been touring the world visiting various countries and exploring their dance cultures. So far students have participated in an energetic Bollywood dance from India, techniques of Ballet from France and currently they are in New Zealand performing the renowned HAKA! Next stop on our world tour.....To be continued.

### Music

This week Year 8 began learning the melody line to the main James Bond movie theme on keyboards, having previously learned the 4 chord supporting harmonies to it, over the last couple of weeks. Students have made use of prior keyboard knowledge in being able to identify the letters of the musical scale needed to play the theme, from two rules; Every Good Boy Deserves Food (in order to determine the notes that appear on the lines of the staff) and FACE for the notes in the spaces. Applying this knowledge, they have encountered accidentals (sharps and flats) and tied notes (where they do not repeat the note that is written). This style of piece requires students to play in a jazzy syncopated style in order to bring the piece to life, and so listening to the way that it sounds, having learnt it, is an important skill that students are developing.

### Performing Arts Career of the week: Front of House Manager

A Front of House Manager is responsible for the day-to-day operation and management of the reception and seating area of a theatre. They are responsible for supervising the Front of House staff.

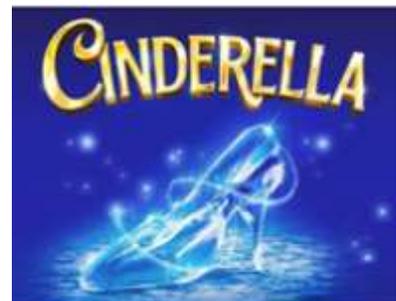
The average salary for a Front of House Manager is £24,281

**Panto News:** It's Panto Time! Oh, no it isn't. Oh, yes it is!

It's been a busy week in Performing Arts this week, with full steam ahead with Panto. The crew have been building and painting set, getting ready to transport us to the world of 'Cinderella'. Miss Pilgrim, Miss Grainger and the production crew have been sourcing costume for the cast of the panto and have found a potential panto horse! The production team have been finalising and preparing to make all sorts of yummy and magical snacks for the refreshments.

**Make sure to put 16th December in your diary to come and watch!**

**Tickets Available: beginning of December**



## Performing Arts Update Continued...



### Singing Group

Love to sing? Love to perform? Come and join a brand new vocal group!

Tuesday Lunch: KS4 & KS5

Wednesday Lunch: KS3

In the Lecture Theatre!

### The Week in Pictures



Photos include: Oli our stage manager painting set for our upcoming pantomime. Rehearsals for our KS3 musical 'Matilda'. Year 12 students Mackenzie and Lottie performing a scene from Matilda for their storytelling unit.

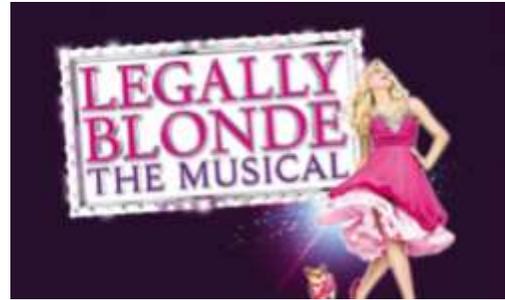


For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[j.ede@rushden-academy.net](mailto:j.ede@rushden-academy.net)

## Legally Blonde Update

This week saw Mr Brainwood having his first singing rehearsal for 'Blood In the Water'. Our longest number 'What You Want' is a staggering 8 minutes long and is being choreographed by Mrs Ede. We have officially launched our Legally Blonde merch. Cast, Crew and Production please check parent pay and hand in your slips to Miss Grainger. (Of course it is all things pink!). Tuesdays rehearsal took a step into Harvard Law School to meet our professors - Sam and Jake in Year 11 and Jamie in Year 13, of course Elle and her Delta Nu girls were there too. Mackenzie in Year 12 who is playing Warner had his first vocal rehearsal for 'Serious'. We are impressed as always with the commitment from the cast, crew and production team. Please make sure to check the notice board and your Google classrooms for rehearsal information.



## KS3 Musical Update



Our KS3 Musical 'Matilda' has been cast. We would like to say a huge Well Done to everyone who auditioned last week. We were very impressed with the enthusiasm and energy from the students who auditioned. Rehearsals every Wednesday after school. Please check the notice board and Google classroom for updates!

### Interview with a cast member:

**Name:** Maddie year 7

**Role:** Matilda

**Why did you get involved in Matilda?** I got involved in the musical because I enjoy acting and performing. I wanted to work with people I wouldn't usually work with, I'm looking forward to creating new friendships whilst I go through the process.

**What are you most excited about?** I am most excited to be able to showcase all of our hard work to an audience. I can't wait for the musical number 'When I Grow Up' because I love that song. I also am looking forward to working with KS5 Performing Arts students.

**What do you think will be your greatest challenge?** My greatest challenge will be remembering all of the lines, songs and blocking. However, I am so excited to get started and play Matilda. Please come and watch!!

Latest News & Achievements Follow us:

@RushdenAcademyPerformingArts



# MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.



1-1 SUPPORT AND ADVICE  
ALSO AVAILABLE REMOTELY  
1-1 PARENT SUPPORT IS AVAILABLE

Monday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 634385

Tuesday 4pm - 8pm  
Youth Works at Corby Mind,  
18 Argill St, Corby NN17 8RU  
01536 518339

Wednesday 4pm - 8pm  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

Thursday 4pm - 8pm  
Youth Works,  
97 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

Friday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 634385

Saturday 10am - 2pm  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01933 277520



# YOUTH CAFE

EVERY TUESDAY

**3:15PM-5:15PM**

1 Hayway, Rushden NN10 6AG

COMPLETELY FREE, COME AND ENJOY HOT CHOCOLATES, MILKSHAKES AND SNACKS.



**LGBTQ+ PRESENTS:**  
**ACCEPTANCE CLUB**

A safe space for LGBTQ+ students and Allies, offering support and a listening ear on relevant issues

**When:** Tuesdays, Afterschool  
3.15 - 3.45pm

**Where:** Ethos Room – CA Block



# Extra-Curricular Clubs

	Year 7	Year 8	Year 9	Year 10	Year 11
Lunch					
After School	Fitness Suite Netball	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite Dance, Drama and Music Intervention
Lunch	Ethos Drop In	Ethos Drop In	Ethos Drop In	Ethos Drop In	Ethos Drop In
After School	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)
Lunch	MFL Film Club	MFL Film Club	MFL Film Club	MFL Film Club	MFL Film Club
After School	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball Rugby	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	Performing Arts rehearsal space available Netball	MFL Intervention Photography, Art and Graphics coursework Performing Arts rehearsal space available Netball
Lunch	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room
After School	Performing Arts rehearsal space available Kinball Basketball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball Sport Studies and Childcare coursework
Lunch					
After School	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club

## Stars of the Week

Congratulations to the following students for achieving star of the week.



## Stars of the Week

Congratulations to the following students for achieving star of the week.



## Stars of the Week

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# Year 11 Mock Exam Timetable

## YEAR 11 EXAM TIMETABLE DECEMBER 2021

### Final BTEC C2 Exams

These are your final Component 2 Exams. These marks will go towards your final BTEC grade next summer.

	P1 + P2	P3 + P4	Reg + P5
TUES 23rd NOV	DANCE (Hall) 2hrs (CP)	DANCE (Hall) 2hrs (CP)	DANCE (Hall) 1hr (CP)
WED 24th NOV	DRAMA (LTH) 2hrs (HT, JED)	DRAMA (LTH) 2hrs (HT, JED)	DRAMA (LTH) 1hr (HT, JED)

### MOCK EXAMS

From 30th Nov until 9th Dec, if you do not have an exam you will be in your normal lessons. More information will follow later. Music and ICT sessions marked \*\* are for selected students - you will be told if you are needed.

	P1 + P2	P3 + P4	Reg + P5
TUES 30th NOV	ENGLISH LANG Paper 2 (SH) 2hr 5 mins	COMBINED SCIENCE B1 (SH) 1 hr 15mins	FRENCH LISTENING (VOC) H 45mins F 35 mins ICT** (IT1) 1hr (JF) 3
WED 1st DEC	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	GEOGRAPHY (SH) 1hr 30mins	GERMAN LISTENING (VOC) H 45mins F 35 mins
THURS 2nd DEC	HISTORY (SH) 1hr	COMBINED SCIENCE C1 (SH) 1 hr 15mins	FRENCH READING (SH) H 60mins F 45mins ICT** (IT4) 1hr (JF) 4
FRI 3rd DEC	MATHS Paper 2 (SH) 1hr 30mins (calculator)	ENGLISH LIT (SH) 1 hr 15mins	GERMAN READING (SH) H 60mins F 45mins 20
MON 6th DEC	COMBINED SCIENCE P1 (SH) 1 hr 15mins	PHOTOGRAPHY 11C(CA3) 2 hrs (AO + DC) CHILDCARE (SH) 2hrs FRENCH WRITING (SH) H 80mins F 70mins ICT (IT3) 2hrs (JF) 21	PHOTOGRAPHY 11C (CA3) 1 hr (AO + DC) ICT (IT3) 1hr (JF) 21
TUES 7th DEC	BUSINESS (SH) 1hr 30 mins YEAR 10 SPORT (SH) 1hr 30mins MUSIC** (PA4) 2hrs (JF) 2	PHOTOGRAPHY 11A (CA6) 2 hrs (LH + DC) GERMAN WRITING (SH) H 80mins F 70mins (IT3 reserve room for Photography)	PHOTOGRAPHY 11A (CA6) 1 hr (LH + DC) 20
WED 8th DEC	GRAPHICS (CA6) 2hrs (DC +LH) MUSIC** (PA2) 2hrs (JF) (IT3 reserve room for Graphics)	GRAPHICS (CA6) 2hrs (DC +LH) (IT3 reserve room for Graphics)	GRAPHICS (CA6) 1hr (DC +LH) 19 (IT3 reserve room for Graphics)
THURS 9th DEC	ART (CA3 + CA4) 2hrs (DC +SAN + AO) 36	ART (CA3 + CA4) 2hrs (DC +SAN + AO)	ART (CA3 + CA4) 1hr (DC +SAN + AO) 36

Students taking maths, science, business and geography exams will need a calculator

## January 2022 TENC BTEC Exams

Date	Subject	Unit	Groups	Length	Venue	Start Time
Wednesday 12th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 12th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 12th January	Yr 13 Business	Unit 2A	all	2 hours	Homeschool	1.30 pm
Thursday 13th January	Yr 13 Business	Unit 2B	all	3 hours	Homeschool	9.00 am
Friday 14th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 14th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 17th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 17th January	Yr 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 18th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 19th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Wednesday 19th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Wednesday 19th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Wednesday 19th January	Yr 13 ICT	Unit 2A	all	3 hrs	Homeschool	1.30pm
Thursday 20th January	Yr 12 Health & Social Care	Unit 3	resits	1.5 hrs	Homeschool	9.00 am
Thursday 20th January	Yr 13 ICT	Unit 2B	all	2hrs	Homeschool	9.00 am
Friday 21st January	Yr 13 Applied Science	Unit 3	all	1.75 hrs	Homeschool	9.00 am
Monday 24th January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Tuesday 25th January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 25th January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

## February 2022 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Tuesday 8th February	Yr 10 Sport	Unit 2	1.5 hrs	9.00 am
Thursday 10th February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 10th February	Yr 11 Childcare	Unit 3	2 hours	9.00am

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

## Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

### Main symptoms

The main symptoms of coronavirus are:

- ◆ **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

### Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

Northamptonshire Healthcare NHS Foundation Trust

# WHAT'S ON YOUR MIND?

sex **DRUGS**  
contraception  
**exam anxiety**  
BULLYING family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

ChatHealth

#weareNHF

Northamptonshire Healthcare NHS Foundation Trust

# CAMHS LIVE

## #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHFT.NHS.UK/CAMHS/LIVE](http://WWW.NHFT.NHS.UK/CAMHS/LIVE)







Camhs  
Whose Young? Whose Matter?

MAKING A DIFFERENCE FOR YOU, WITH YOU

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