



Rushden Academy Newsletter

Aspire, Explore, Succeed

02/07/2021

Message From the Principal



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Team Rushden - United we stand, divided we fall

Good afternoon

This week's assembly focussed on celebrating diversity and appreciating that Team Rushden is made up of a diverse community with 33 different languages spoken collectively. I thought that was impressive until I Googled the worldwide figure, apparently there are roughly 6,500 different languages spoken with English being the most spoken.

Also this week in form time, pupils thought about what it means to be British and they considered the 5 British Values: Democracy, the rule of law, individual liberty and mutual respect for and tolerance of those with different faiths and beliefs, and for those without faith.

Next week we are looking forward to some 'normal' activities again participating in Sports Day. It will be the last for year 10 and the first for year 7 in a secondary school setting. There is a copious risk assessment to ensure we are following Government guidelines and we will maintain year group bubbles.

Can you please ensure that your children continue to Lateral Flow Test and record their results. There are positive cases in other local schools and the spread appears to be ultra quick. So please ensure you test, record and contact us if positive so that we can have a rapid response.

We are patiently waiting for news from the government regarding September opening and how it will look. We are planning for all year groups to arrive for a 8.35am start and all year groups to leave at 3pm. We will continue with a staggered break and lunch as we have noted that it eases congestion and access to the canteen so that pupils can enjoy more hot dinners.

It has been a challenging time for all, we are certainly getting there and there is alot to look forward to. Thank you for reading this newsletter and thank you for taking care in the main car park when dropping your children off in the mornings, it is much appreciated.

Mrs J Burton
Principal

Period Products Available at Rushden Academy

Period poverty is real and impacts so many young people in the UK. Even before the additional pressures brought about by the pandemic, it was causing concerns and impacting the education of young people in the UK. But it doesn't have to be this way. Following a successful campaign by Free Periods, the Red Box Project and many other activists, primary schools, secondary schools and colleges in England have been able to order free period products for their students under a government funded scheme. If your child needs sanitary products, we want to ensure they have access to them. Please email n.lewis@rushden-academy.net for more information or to organise collection.



TENC Newsletter

Have a look at the TENC Newsletter for June/July [here](#)

Section Taken From Rushden Academy Behaviour & Exclusion Policy

Unacceptable Behaviours

To ensure an orderly and safe environment for all who work at the Academy there are some rules to which all must adhere and, if broken, will be treated as very serious matters and would likely lead to a fixed term or possible permanent exclusion .

This includes the following:

- Behaviour which places the pupil or others in danger. To include physical violence towards others or being a direct cause of harm through reckless choice
- Setting off the fire alarm other than in an emergency. Any form of vandalism or intent to damage school property
- Any form of physical, or verbal abuse in particular racist and homophobic comments and actions intending to cause harm. This can also include gathering in a large group intending to intimidate others
- Bullying type behaviours directed at others and in particular where actions by a pupil or group of pupils presents a pattern of repeated incidents of bullying type behaviours
- Bringing into school any harmful or illegal substances, including tobacco, matches and lighters, drug paraphernalia, psychoactive substances and vaping products
- Repeated smoking or vaping on the premises, or on the way to and from school
- Bringing onto the school premises any type of weapon, including any type of knife/penknife or items that could be used as a weapon and not their intended purpose and any type of gun, including toy guns and replicas. This also applies to travel to and from school
- Using foul and abusive language directed towards others, in referring to staff, or within the hearing of staff
- Promoting and spreading extremism and hate verbally, graphically or via social media towards an individual or other groups based on race, religion, gender or identity, sexuality and disability
- Refusal to follow a reasonable instruction and continued non-compliance. Persistently presenting behaviours that disrupt the quality of teaching, learning and day to day management of the Academy
- Making malicious claims that prove to be unfounded against another member of the academy community be that another pupil or member of staff



The poster features a blue border and contains the following elements:

- Parent Teachers Forum Association:** A logo with four colorful figures holding hands and the text "Helping make your school a better place".
- Rushden Academy:** A logo with a blue wave icon and the text "Rushden Academy" and "Aspire • Explore • Succeed".
- Trophies:** Three trophies on a blue podium, labeled 1 (gold), 2 (silver), and 3 (bronze).
- Refreshments:** Illustrations of a green packet, a yellow juice carton, a red can, and a chocolate bar.
- Text:**

Sports Day Refreshments

Please bring change with you:

 - refreshments available throughout sports day
 - prices from 30p to £1

Grace Foundation Charity Single

If you haven't listened already, have a look at the charity single released by the Ethos Team and Grace Foundation that features 5 students from Rushden Academy.

<https://www.youtube.com/watch?v=m1qiyPP7IG8>



Family Support Page

Parent Survey

I am sure that, like me you continue to look forward to life returning to normal. I am not going to promise dates (it is about data not dates after all!) but we are planning for a bit more normality from September. For me that means starting to plan face to face workshops!

Please could you help me by answering two quick questions on topics and times so that I can make the workshops about YOU!

Just click the link below:

<https://www.surveymonkey.co.uk/r/T8JVZ6L>

Thanks for your help and I look forward to seeing some of you “in real life” from September!



Family Support Page



If I can help or support you in anyway, please get in touch:

l.king@rushden-academy.net or call the main school number and ask for Lynda King

Music Update!



During this term Year 7 have been learning how to play the Ukulele! We have learnt how to play the 4 most popular chords which can be used in hundreds of songs, the students have also been challenged with adding different strumming patterns meaning a lot of concentration and coordination between left and right hands has been needed! The focus of the unit is to develop not only instrumental skills, but listening and timing skills as students are having to work in small groups and make sure their performance is in time with

one another. This is an important skill needed going forward in music as well as having wider applications in other subjects with group collaboration!

Year 8s have also been completing the same Ukulele work as they didn't get the opportunity in year 7 due to lockdown and with group work, listening skills and timing such an important skill needed in Music and beyond this has given them the opportunity to develop these!

Students in year 9 have been revisiting composition skills, creating their own music for a variety of advert briefs, from Running Shoes to Romantic Holidays. The students were given the opportunity to use instruments or use the technology resources that we have and an internet based composing software that allows them to explore both prerecorded samples and loops as well as recording in their own parts. Students have enjoyed this opportunity to use

Music Technology and now we have the resources, we will be building these sorts of projects into all year groups starting in September, something that we are very much looking forward to!



Did you know?

Ukulele closely translates to the Hawaiian word for "jumping flea".

The first ukulele craze happened in 1915.

The Ukulele was a fixture at Hawaiian royal gatherings.

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision! r.brooks@rushden-academy.net

Who's in Charge - Child to Parent Violence

Child to parent violence an abuse in any family is a very serious issue. While it is generally accepted that there will be occasional conflict within a family who live together which can be between parents and their children or children squabbling between themselves, this conflict becomes abusive when one person uses threats, force or manipulation to gain power over the other. Violence is not the same as anger. Anger is an emotion while violence is about power and control.

Child and adolescent violence has many similarities to domestic violence, but while domestic violence between adults in the UK is generally well recognised, child to parent violence and abuse in families often remains hidden and unacknowledged because of the shame associated with it and the fear of what could happen if it is reported. It's important to remember that child to parent violence and abuse in the family exists across all communities, social classes, cultural background and geographic area. It can happen in any family!

Abuse can include:

Physical abuse may include pushing, hitting, punching, slapping, kicking, throwing things, punching holes in the walls, wrecking other parts of the structure in the home and harming pets.

Verbal abuse is a form of psychological abuse and may include shouting and yelling; arguing; challenging, being critical and belittling; name calling and swearing

Psychological/emotional abuse includes intimidating parent; causing parents to feel fearful; maliciously playing mind games; making unrealistic demands on parents; lying; threatening to injure family members; withholding affection; threatening to run away, harm themselves or commit suicide; leaving the home without stating where they are going; using offensive text messages; relentlessly pursuing parents around the home.

Financial abuse includes stealing money or belongings; demanding goods that parents cannot afford; incurring debt that a parent cannot cover (e.g. using credit card to shop online & school fines for non-attendance) and destroying property in the home.

For more information about child to parent violence and information on the support available, click [here](#).

GCSEPod Summer Learning Programme

From the **26th July and over the course of 3 weeks**, students and parents are invited to participate in engaging and interactive webinars, and gain access to interviews with subject specialists, resources, task sheets, podcasts and more.



Any student or parent can take part but they must register at gcsepod.com/summerpod to get involved!







NEW - Coming to Wellingborough
Start 30th June 2021

Calling all LGBTQ+ Young People up to 18 years old

- L** Lesbian
- G** Gay
- B** Bisexual
- T** Transgender
- Q** Questioning
- +** or Other

Join our safe, friendly and confidential space to be yourself, explore your identity and connect with like-minded Young People.



To find out about current times and location, please contact

Tony E: tony.butcher@servicesix.co.uk M: 07483 140566 or
Pep E: pep.finn-scinaldi@servicesix.co.uk M: 07813 366222

THE DROP IN
A SAFE PLACE TO RELAX, PLAY GAMES AND CHAT ABOUT LIFE

EVERY THURSDAY LUNCH
IN THE CAREERS ROOM
(IN THE LIBRARY)

ALL YEAR 8S WELCOME
BRING YOUR LUNCH



Stars of the Week

Congratulations to the following students for achieving star of the week.



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PREMIER LEAGUE

KICKS



FREE FOOTBALL COACHING!

Are you interested in coming to play football and receive football coaching free of charge?

We will soon be re-starting our Premier League Kicks site in Rushden! Make sure you come and join us!

Every Wednesday from 6:00pm to 7:00pm we will be at:

The Pemberton Centre MUGA,
H.E. Bates Way,
Rushden,
NN10 9YP.

THIS IS FOR SCHOOL YEARS 7-13.

Due to COVID-19 regulations, participants **MUST** register in advance at: ntfccommunity.co.uk/pl-kicks

For any Premier League Kicks enquiries please contact us (text only) on 07848473528.



GIRLS PLAY RUGBY TOO!

TRY SOMETHING NEW!!

RUSHDEN & HIGHAM RUGBY CLUB ARE STARTING ITS U12'S - U15'S GIRLS TEAM AGAIN NO EXPERIENCE NECESSARY

Starts:
Sunday 23rd May 2021
12.30pm - 2pm

At: Rushden & Higham
Rugby Club,
Manor Park,
Bedford Road, Rushden



For more information please contact Jo Griffiths on 07792-902390



COMMUNITY AMBASSADORS

Become a Youth Ambassador!

We are recruiting young people to join our youth ambassadors group

Take part in creating and executing campaigns, getting other young peoples voices heard and be part in a wellbeing conference.

To get involved or for more information email: Leanne.conroy@free2talkcic.org

You will receive accreditation through Youth Voice

COMMUNITY **sport** **Premier League Kicks**

DISABILITY FOOTBALL FUN!

Come and join our coaches, Cameron and Kym, for some football fun on a Wednesday evening in a fun, safe and secure environment!

These sessions are for those who are aged 8 - 18 years old. Please register online at ntfccommunity.co.uk/pl-kicks If you have any further queries please contact Cameron Marshall via email at Cameron.Marshall@ntfc.co.uk

Every Wednesday starting 16th June 2021.
Inc. School Holidays
16:30 - 17:30
(INDOOR SPORTS HALL)

The Pemberton Centre,
H.E. Bates Way,
Rushden,
NN10 9YP.

NORTHAMPTON TOWN FC #PROUDTOBE

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking
Assistant Principal

Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

Main symptoms

The main symptoms of coronavirus are:

- ◆ a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

Northamptonshire Healthcare NHS Foundation Trust

WHAT'S ON YOUR MIND?

sex
contraception
exam anxiety
BULLYING family issues
alcohol SMOKING
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

ChatHealth

#weareNHFT

Northamptonshire Healthcare NHS Foundation Trust

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHFT.NHS.UK/CAMHS/LIVE

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU