

1st March 2019



Rushden Academy Newsletter

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Message From the Principal

Team Rushden - United we stand, divided we fall

Good afternoon

White rabbits, white rabbits – let us have some luck on our side as well as a lot of hard work. We certainly have had a sunshine start to the term in so many ways and I am really looking forward to so many exciting things happening in the next 5 weeks. Mr Brotherston has called it mad March because we have so many careers activities planned.



TOVE LEARNING TRUST

Continued on the next page...

Principal's Message Continued...

This week my assembly has been about 'thoughts' and how we 'retain information in our long term memories to draw upon during tests'. It is incredible how our brains work and how we decipher information every second of the day. No wonder it is tough to pass exams, how on earth do we learn so much, store so much, recall it when required and then apply it in so many different subjects.

Well according to guidance we need to make the information memorable, to do something active with it, to chunk it so we do not overload our short term memories, and then repeat it so that overtime we can transfer it to the long term memory. An interesting strategy that I like is to create a 'memory palace' by making connections to parts of a room and linking key information to it:

Steps to use the memory palace include:

1. Choose your palace. First and foremost, you'll need to pick a place that you're very familiar with.
2. List distinctive features. Now you need to pay attention to specific features in the place you chose.
3. Imprint the palace on your mind
4. Associate with information that you need to learn
5. Visit your palace.

It just might be worth trying? Apparently people can memorize the order of a deck of cards using this strategy. A good night's sleep is also very important for us to function effectively and taking breaks, I think it is safe to say that cramming just does not work.

Next week we have a curriculum focus week to support and guide our pupils, this will either be exam focused support or opportunities to understand the different curriculum options on offer. I am sure that there will be photos to peruse in next week's bulletin.

Mrs J Burton
Principal

Booking Open for Year 8 Parents Evening and Year 11 Mentor Evening

Booking is now open for the year 8 parents evening and the year 11 mentor evening. To access the booking system please use the quick link on the right hand side of the school website, or follow this [link](#).

Year 8 Inter-form 5-a-side

Last term the year 8 forms played against each other at lunchtimes in the gym which was very competitive and enjoyable for all involved. There were some very closely contested matches which were played in good spirit. Congratulations to 8TD for being the overall winners with 8LMC coming 2nd and 8MF being a close 3rd. We are now moving onto Inter form Dodgeball which we will play every Tuesday and Thursday lunchtimes in the gym and hope to get more people involved from each form group. Good luck to everyone and have fun!

Mrs M Blackmore
Head of Year 8

Congratulations to Mrs Fox

We are delighted to inform you that Mrs Fox, one of our English teachers, recently completed her Master's of Education and gained a Distinction. A testament to Mrs Fox's determination and hard work, it also helped that she had the backing from a highly supportive English Team.



Big Bang Silverstone

This Wednesday 45 Year 9 students took part in the Big Bang event at Silverstone. The students had the opportunity to take part in a variety of activities ran by local education providers and STEAM businesses from the local area.

The students also took part in a 50 minute lecture about "How (not) to crash your plane." The lecture looked at all the forces that acted on a plane and how planes create lift. The lecturer then explain how these forces crashed her plane when she was an Air Cadet bringing a piece of the damaged plane with her.

A great day was had by all helped the unusual February hot weather.

Mr C Brotherston
Head of CEAG



Aspens Catering

Keep up to date with Aspens, Rushden Academy's catering company, by downloading their app or looking at their [website](#). The school code for the app is 58164801.

Their lunch menu can also be found on the Rushden Academy [website](#), and there is a copy of the break time menu below.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Tomato Pizza £1.10 (v)				
Pepperoni Pizza £1.30	Spiced Chicken Pizza £1.30	Pepperoni Pizza £1.30	Smoked Ham Pizza £1.30	Pepperoni Pizza £1.30
Buttered Crumpet 55p (v)	Cheese on toast 60p (v)	Nachos with Cheese 75p (v)	Buttered Crumpet 55p (v)	Nachos Salsa 65p (v)
Belgian Waffle £1.00 (v)	Potato Wedges 75p (v)	Hash Brown 35p (v)	Potato Waffles 75p (v)	Chicken Goujons £1.30
Bacon Roll £1.10	Sausage Roll £1.10	Bacon Roll £1.10	Topped 'Posh Dogs' £1.50	Bacon Roll £1.10
Buttered Toast £0.20 (v)	Pretzels £1.00 (v)	Chicken Wings (2) £1.00	Pizza Muffin £0.75 (v)	Garlic Dough Balls £0.75 (v)

TENC Hair & Beauty Taster Morning



On Tuesday 26th February Year 11 students from The Ferrers School, Huxlow Science College and Rushden Academy took part in a Taster Morning at the TENC Hair and Beauty Academy at Rushden. They worked alongside current sixth form students in the purpose built salon facilities and had a real taste of what the course is all about.





A poster for the Rushden Academy Orchestra. The background is black with vibrant, glowing musical notes and abstract light trails in shades of purple, blue, and green. The text "Rushden Academy Orchestra" is at the top in white. Below it, "Wednesdays 3.20pm - 4.00pm" is written in white. To the right, "Music Room" is written in white. At the bottom left, "All instrumentalists welcome." is written in white. In the bottom right corner, there is a logo for "Rushden Academy" with the tagline "Aspire - Explore - Succeed" below it.

Year 11 English P6 Timetable

The following timetable is based on how year 11 performed in their English literature paper 2 mock. Each member of staff has taken a question to focus on and will teach the necessary skills to excel in this question.

Session One takes place on Tuesday 5th March

Session Two takes place on Tuesday 19th March

Session Three takes place on Tuesday 2nd April

Question / Focus	Staff / Room	Sessions
A Christmas Carol Question A	Miss Monkman E3	S1: Analysing language S2: Analysing structure S3: Interrelationship between language and structure
A Christmas Carol Question B	Miss Neville E5	S1: Being critical S2: Personal response S3: Relevant referencing
Conflict Poetry	Miss Fox E6	S1: Catrin S2: Cousin Kate S3: Prelude
Conflict Poetry	Mrs Westley E9	S1: Charge of the Light Brigade S2: The Destruction of Sennacherib S3: Exposure
Unseen Poetry	Miss Green E8	S1: Understanding meaning S2: Analysing language and structure S3: Making comparisons

ParentPay

Rushden Academy is now a cash free school. From this point forward all trip payments are now only accepted through ParentPay. Logins for ParentPay can be obtained from the IT department.

Student Personal Presentation Policy

We have seen a visible increase in the number of students who are arriving to school with a nose piercing and a further small minority with tongue piercings. Both piercings are against school policy as outlined clearly in the Student Personal Presentation Policy. The full policy can be found on our website. The section on piercings is set out below:

Piercings

The standards and expectations on piercings for ALL students in Years 7-11 are as follows:

- *Students can wear a maximum of 2 stud earrings in each ear. No hoops or bars allowed.*
- *All other piercings are not allowed in school. These must be removed prior to arrival in school.*
- *Students who choose to have facial and/or other parts of the body pierced must have these completed at the start of the 6 week summer holiday in order for any piercing other than in the ear to be removed prior to returning to the school in September.*
- *All students who state that piercings other than ear piercings cannot be removed will be required to complete all their lessons and break-**times in the Academy's Isolation room until such time that the piercing can be removed.***

Students who continue to not conform to this policy once spoken to will be sanctioned in line with the school's Behaviour and Exclusion Policy.

Similarly, can we remind parents that students should not be arriving to school in black jeans or trousers of jeans like material and style. Furthermore, our footwear policy does state that students should wear 'Footwear that meets the agreed standard which is leather or leather-like that can be polished. No canvas footwear or fabric trainers to be worn.' Additional guidance can be found under the 'Uniform' section of the school website.

Thank you in advance for your support

Mr R Middleton
Vice Principal

Northamptonshire



YOUNG CARER YOUTH GROUP!

FUNDED BY CHILDREN IN NEED



Crafts - Games - Team Challenges
Music - Chill Time - Food Crafts

Every Month From
17:30 - 19:00

CORBY

KETTERING

WELLINGBOROUGH

NORTHAMPTON

DAVENTRY



Contact Rosie about
coming to a group near you
07496955802
(Whatsap Available)



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& Wales no. 802052 and Scotland
no. SC039557

Now in its 9th year, the **Wicked Young Writer Awards** is a chance for **young people aged between 5 and 25**, to write about absolutely anything! It's your chance to get creative and write on any theme that interests you. Be unique! We want to hear your voices through original writing and stories.

In our fiction categories, any creative writing will be accepted. You can write a story, play, or poem.

If you prefer to write non-fiction, you may like to enter the **Wicked: For Good Award for Non-Fiction** and write an article, essay, biography, review or letter, to name a few!

GOOD LUCK!

- 5-7 years old
- 8-10 years old
- 11-14 years old
- 15-17 years old
- 18-25 years old
- 15-25 years old For Good Award for Non-Fiction

<https://www.wickedyoungwriterawards.com/submit-your-entry>

RULES	PRIZES
<ul style="list-style-type: none"> • 750-word limit (not including the title words) • Entrants must be aged between 5-25 years old when entering the Wicked Young Writer Awards • Entries can be hand-written or typed • Writing must be original and your own ideas • Judges criteria: originality, narrative, descriptive language, characterisation. • Ensure that all students include their name, surname and age on the entry form 	<p>All winners:</p> <ul style="list-style-type: none"> • Win four tickets to see the London production of WICKED at the Apollo Victoria Theatre. • Meet cast members after the show along with an exclusive backstage tour. <p>£50 worth of books/ebooks tokens to spend.</p> <p>Other prizes for each category:</p> <p>11-14 also win:</p> <ul style="list-style-type: none"> • £100 worth of books for the winners' school library donated by Hachette Children's Group. <p>An annual subscription to <i>First News</i>.</p> <p>15-17 also win:</p> <ul style="list-style-type: none"> • A writing master-class with a professional author

Lesson 6 Timetable for Year 10

Lesson 6 is now being offered to all year 10 students in the following subjects;- English, Maths, Science, French, History and Geography. These lessons are afterschool sessions that focus on specific topics in the given subject area. The purpose of these lessons is to give students extra help in topics that they might have struggled with as well as extending the learning for topics covered in class. I would strongly encourage all year 10 students to attend these sessions.

Week	Monday	Tuesday	Wednesday
Week 1	French	History Geography	
Week 2	Science	English	Maths

Year 11 Period 6 Timetable

Please find below the Year 11 period 6 timetable. These sessions provide an excellent opportunity to catch up on missed work, revise specific topics, increase grades, improve exam techniques and access additional teacher support.

This year the Year 11 Prom will be held on Wednesday 3rd July, please save the date in your diary. In order for your son or daughter to receive their invitation to the Prom they will need to attend at least 10 after school sessions with at least 50% of these from core subjects. If they reach 30 sessions then they will receive a £5 reduction on the Prom ticket price and 50 sessions will result in a £10 reduction, both of these must include 50% core.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1- Core Subjects	Science	English	Maths		
Week 2- Options Subjects	1. Travel and Tourism 2. Drama 3. French- Starting from January	1. Geography 2. History 3. ICT	1. Photography 2. Art	1. Childcare 2. Sport	The weekend

Focus eLearning

The Science Department have recently purchased a piece of software called Focus eLearning that KS4 students can use for revision and help with required practicals. It contains interactive practicals that can be used to revise or to catch up with missed work. There are also KS3 practicals and revision work. The link to access the software is placed on the website (under Teaching & Learning - Science, it can be found on the right hand side under Science links (see picture right)

SCIENCE LINKS

- [BBC Education \(Home\)](#)
- [Focus eLearning](#)
- [Sciber Monkey](#)

Students can also log in using the website www.focuselearning.co.uk with the username: student@rushdenacademy32861 Password: 8grw58art

Miss E Jepson
Science Faculty

How to Access Go4Schools

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your school email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking
Assistant Principal

Safe Parking in Rushden Academy Car Park

Dear Parents / Carers

If you come into the car park to drop off / collect your son/daughter before or after school please be aware of where you are parking. Please do not park where you may be blocking the line of sight of the zebra crossing as this is a safety concern.



Alumni

We are keen to find out what our ex-students from Rushden Academy/ former Chichele School have achieved since leaving us. We would like to know how your careers have progressed and how Rushden supported you.

We aim to inspire and encourage our current students at Rushden Academy and publicise the success of our former students to the community.

If you are a former student who would like to participate then please follow this link to fill out our survey form.

<https://goo.gl/forms/LWGa3zhJzF6ZVDsZ2>

Or email us your information and a photo if you wish at

Alumni.RushdenAcademy@gmail.com



#TeamRushden



LGBTQ+ Weekly 'Safe Space'

Following discussion within our school forum and a proposal put forward by one of the forum members, the school council and forum voted unanimously for a weekly LGBTQ+ (Lesbian, Gay, Bi-sexual, Transgendered, Questioning, 'Plus') group to start at school. The group will meet on a Wednesday lunch-time in the hub-lounge and discuss issues that relate to equality within the school and feeling safe.

The group will be supported by Mrs Blackmore and is open to students of all ages.



Rushden Academy Hair & Beauty Salon Price List

<u>Hair Price List</u>	Level 2	Level 3
<u>Styling</u>		
Wash & Blow-dry set	£4.00	£5.00
Ladies Cut	£4.00	£5.00
Restyle	£7.00	£9.00
Wash, cut and finish	£7.00	£8.00
Restyle and finish	£8.00	£10.00
Gents cut	£3.00	
Conditioning Treatment	£3.00	£4.00
<u>Colouring</u>		
Quasi permanent colour:		
Full head (short hair)	£11.00	£15.00
Full head (long hair)	£15.00	£19.00
Semi permanent colour:		
Semi colour (short hair)	£9.00	£10.00
Semi colour (long hair)	£12.00	£13.00
<u>Colouring and permanent tinting</u>		
Full head (short hair)	£12.00	£18.00
Full head (long hair)	£18.00	£23.00
Roots only	£9.00	£11.00
Roots and refresh (short hair)	£12.00	£18.00
Roots and refresh (long hair)	£18.00	£23.00
<u>High/Lowlights</u>		
With cap	£10.00	£13.00
Woven (short hair)	£20.00	£25.00
Woven (long hair)	£25.00	£28.00
T-section (short hair)	£10.00	£18.00
T-section (long hair)	£15.00	£23.00
Flashes (per pack)	£2.00	
<u>Lightening products bleach</u>		
Full head (short hair)	£20.00	£23.00
Full head (long hair)	£23.00	£26.00
Spectrum - specialised tonal highlighting	Extra £7.00	
<u>Extras</u>		
Colour mousse	£1.00	
Eraser colour remover & colour correction	Consultation needed	

<u>Beauty Price List</u>	
<u>Facial Treatments</u>	
Cleanse and make up	£6.00
Facial with cleanse and mask	£4.00
Luxury facial	£6.00
<u>Eye treatments</u>	
Tinting and waxing:	
Lash tint*	£3.00
Brow tint*	£3.00
Lash and brow tint*	£6.00
Brow tidy	£3.00
Lip and chin wax	£4.00
<u>Holistic Treatments</u>	
Massages:	
Indian head massage (30 mins)	£6.00
Indian head massage (45 mins)	£8.00
Hot stone (back only)	£7.00
Hot stone (full body)	£10.00
Full body massage	£10.00
Back, neck & shoulder massage	£6.00
<u>Body treatments</u>	
G5 body treatment	£6.00
Infrared with back massage	£9.00
<u>Manicure and pedicure</u>	
Mini manicure (file/polish)	£3.50
Manicure	£4.50
Luxury manicure	£6.00
Mini pedicure (file/polish)	£3.50
Pedicure	£4.50
Luxury pedicure	£6.00
Re varnish	£2.50
Nail art extra	£2.50
*patch test required	

PE ACTIVITIES AUTUMN 2018



AFTER SCHOOL (3.30-4.30pm)

MON	TUE	WED	THURS	FRI
All Boys & Girls DANCE Main Hall (CP)	All Boys FOOTBALL Field (CS, AM, SH)	All Boys & Girls FITNESS (PE STAFF)	All Boys & Girls MULTI-GAMES Sports Hall (PE STAFF)	HAVE A GOOD WEEKEND!
All Boys & Girls FITNESS Fitness Suite (Commando Joes)	All Girls NETBALL Courts (RBE, RBU)	All Girls FOOTBALL Field (MLB)		
All Boys & Girls RUGBY Field (BS)	NETBALL AND FOOTBALL FIXTURES	Yr10 – 13 DofE PE1 (BS)		

*Please see the fixtures board for the latest fixture-lists and team news

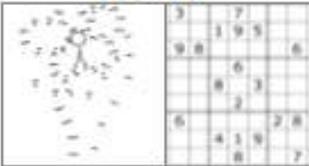
LUNCHTIME ACTIVITIES



	MON	TUE	WED	THURS	FRI
SPORTS HALL	ALL YEARS BADMINTON (SF)	Year 7/8 DODGEBALL (RBE/AM)	Year 9 DODGEBALL (SH)	Year 10/11 DODGEBALL (RAB)	ALL YEARS BADMINTON (CS)

Please play ball games in the designated areas. You are welcome to bring your own ball for use at break and lunch times, however there are balls available to loan from PE staff. Food will not be allowed inside the PE facilities, please use the eating areas before attending your club.

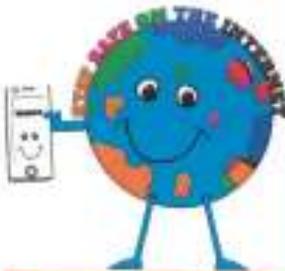
Lunch-time Activities in the Library

Day	Activity
Monday 	Philosophy Club – Debate & discuss some issues that may affect you...would you eat a sheep if it could talk??
Tuesday 	Short Story Writing – Have some fun making up stories with other students...there will be competitions!
Wednesday 	Chess Club – with the help of our chess expert, Mr. Sims, come and learn or develop your chess skills.
Thursday 	Tranquility – come and have a quiet read, a quiet draw or get on with some homework...quietly.
Friday 	Fill-it-in Friday – Take one of our tricky word searches, dot-to-dot, colouring pages or other puzzles to try and complete.

The Library is available for students to do homework or Accelerated Reader (AR) quizzes every day before school, break and lunch-time.



TARGET



Service Six

SPEAK OUT. YOU'RE NOT ALONE!

Service Six TARGET project engaged 1001 young people, 525 of whom were disadvantaged. All resided in Northamptonshire or Leicestershire and were aged between 1 and 21 years of age, with most between 9 and 17 years. 799 young people responded to semi-structured questionnaires and they told us:

- 27% are regularly contacted online by strangers
- 30% have received pornography involving them
- 26% have had pornography
- 19% have been asked to meet strangers
- 6% have met strangers
- 22% reported to an adult

Furthermore disadvantaged young people are:

- 6% more likely to receive sexually explicit images or videos
- 6% more likely to send out sexually explicit images or videos
- 27% more likely to send out sexually explicit material willingly
- 27% less likely to report unwanted stranger contact and/or receipt of sexually explicit material to an adult



If you feel you are being Targeted go to the app store and find our app **TARGET**

This app can give you support advice and tips which are full in graphics and video clips.

The helpline is contactable via telephone, email, Facebook and WhatsApp messenger. The helpline currently operates Mondays and Fridays, 4.30pm – 8pm:

Telephone:
07774 053209
Email:
helpline@targetonline.co.uk
Facebook:
Onix Target



**NATIONAL
LOTTERY FUNDED**

Extra Curricular Timetable 2018-19

	Lunch Time 1:15pm - 1:45pm	Room	After School	Room
Monday	MFL Film Club Performing Arts - Open Block	Languages Hub PA Block	Study Club (3:10pm - 4pm)	Library
Tuesday	MFL Games Performing Arts - Open Block	Languages Hub PA Block	Study Club (3:10pm - 4pm) GCSE Art & Photography Club (3:10pm - 4:15pm) Addams Family Rehearsal (3:10pm - 5pm) Backstage Crew (3:10pm—5pm)	Library T10 Main Hall
Wednesday	Spanish Games Performing Arts - Open Block Computing Club	Languages Hub PA Block IT2	Study Club (3:10pm - 4pm) Chess Club (3:10pm - 4:pm)	Library Library
Thursday	MLF Games Performing Arts - Open Block The Outlet	Languages Hub PA Block The Hub	Study Club (3:10pm - 4pm)	Library
Friday	MFL Film Club Performing Arts - Open Block	Languages Hub PA Block	General Show Rehearsal (3:15pm - 5pm)	Main Hall