



Rushden Academy Newsletter

Aspire, Explore, Succeed

02/02/2024

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Every week that passes, I am increasingly proud to lead such an incredible school with such talented students and staff.

It was Mr Firth's turn to lead the assemblies and with Mind's 'Time to Talk Day' scheduled for Thursday 1st February, he delivered a presentation produced by the mental health charity to all year groups. Students were shown a number of statements about mental health and had to decide whether they believed them to be true or false. It was great to see their reactions to the different answers being revealed and it was an overwhelmingly positive presentation aimed at reducing the stigma surrounding mental health issues.

On Wednesday, Mrs Nixon took a team of 4 students to compete in a local Boccia tournament. The team were all raring to go and competed extremely well against 9 different schools. After all their valiant efforts they finished the tournament in 4th place which is commendable and Robert, Dakota, Jessica and Thomas should all be very proud of themselves.

On Wednesday, Mrs Raven arranged for the author Matt Oldfield to visit the school; Matt is the author of the Ultimate Football Heroes books which are very popular with many of our students. Matt gave talks to groups of students from Year 7 and Year 8 which were very well received. Anything that promotes a love of reading is very welcome here at Rushden Academy as our students who read regularly benefit from a significantly enhanced vocabulary as well as heightened inference skills.

Next Thursday evening is Year 9 parents' evening. If you have not already made appointments via the online portal there is still time and we will be following up with parents and carers to ensure that attendance at the important evening is as high as possible. This is especially important given that all Year 9 students will soon be choosing their GCSE options and discussions with teachers will help both you and your child to decide on the best options for them.

In terms of student uniform, on the whole, students are looking very smart but there has been an increase in the number of leggings being worn in school this week. Leggings are not part of the school uniform and any student wearing them will be expected to borrow a pair of school trousers as a non-negotiable. We accept there are occasional unavoidable situations which is why we have purchased brand new pairs of school trousers to support your children in such instances.

Continues on the next page...

Message From the Principal Continued...

Finally, Year 11 students will be receiving letters imminently which state whether they are currently eligible to attend their Prom. This is based on a number of factors related to attendance, behaviour and academic progress so please do not hesitate to get in touch if you want to know what else you can be doing at home to support your child in being eligible to attend Prom at the end of the year. Where attendance has been due to legitimate medical appointments, this will not affect their eligibility. Thank you for your support with this.

Have a long and restful weekend,

Yours sincerely,

Mr B Baines
Principal

Aerosols in School

A reminder regarding the use of aerosol products within our school. As part of our ongoing efforts to prioritise the health and well-being of our students, staff, and visitors, aerosol products are not permitted on school premises.

This decision is particularly significant for individuals with asthma or respiratory sensitivities, as aerosols can exacerbate these conditions. By taking this step, we aim to create a safer and more inclusive environment for everyone within our school community.

We kindly ask for your full cooperation in adhering to this policy. As an alternative, students can make full use of roll-on deodorants. We believe that this change will contribute to a healthier and more accommodating atmosphere for all.

National Apprenticeship Week

National Apprenticeship Week begins next week, have a look at their website to find out more about apprenticeships and to sign up to their free webinars.

<https://nationalapprenticeshipweek.co.uk/>

Their website has lots of links and information about what apprenticeships are available and what career paths can be open to you, as well as hints and tips if you are applying for an apprenticeship.



5-11 FEBRUARY 2024

#NAW2024

NATIONAL APPRENTICESHIP WEEK

Friendly February

Have a look at Action for Happiness' calendar for February. Will you try any of the ideas?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Send a message to let someone know you're thinking of them	Ask a friend how they have been feeling recently	Do an act of kindness to make life easier for someone	Invite a friend over for a 'tea break' (in person or virtual)
5	6	7	8	9	10	11
Make time to have a friendly chat with a neighbour	Get back in touch with an old friend you've not seen for a while	Show an interest by asking questions when talking to others	Share what you're feeling with someone you really trust	Thank someone and tell them how they made a difference for you	Look for good in others, particularly when you feel frustrated with them	Send an encouraging note to someone who needs a boost
12	13	14	15	16	17	18
Focus on being kind rather than being right	Smile at the people you see and brighten their day	Tell a loved one or friend why they are special to you	Support a local business with a positive online review or friendly message	Check in on someone who may be struggling and offer to help	Appreciate the good qualities of someone in your life	Respond kindly to everyone you talk to today, including yourself
19	20	21	22	23	24	25
Share something you find inspiring, helpful or amusing	Make a plan to connect with others and do something fun	Really listen to what people say, without judging them	Give sincere compliments to people you talk to today	Be gentle with someone who you feel inclined to criticise	Tell a loved one about the strengths that you see in them	Thank three people you feel grateful to and tell them why
26	27	28	29			
Make uninterrupted time for your loved ones	Call a friend to catch up and really listen to them	Give positive comments to as many people as possible today	Acknowledge someone's problem or pain rather than trying to fix it			

Author Visit: Matt Oldfield

On Wednesday 31st January our Year 7 and 8 students were invited to listen to a talk from Matt Oldfield, author of the very popular ***Ultimate Football Heroes*** series of books. He spoke to the students about the reasons he started writing, why he wanted to write these types of books and gave some useful tips to any of the budding authors within the younger students of our own school. He also answered lots of questions from the students...including about his favourite player and who else he might write a book about. I know from some of the feedback I've already had that many of the students got a lot from these sessions.

Later in the day, he ran two workshops for some selected students; one for Year 7 and one for Year 8. Titled 'Bouncing Back', during these sessions he went into a bit more detail about his writing process and encouraged the students to think about any times in their lives where they may have faced a setback, which changed either their course or themselves and then how they came back from that. He focused a lot on resilience and determination and this became the backbone of the short stories he asked the students to write. There were some great ideas bouncing back and forth and everyone seemed to be buzzing with ideas. The few stories we managed to get read aloud before the time ran out were fantastic. I know from some of the feedback I've already had that many of the students got a lot from these sessions.

After school Matt stayed to sell some signed books and then made the long drive home after a busy and successful day. Thank you to him, the students and the various members of staff who helped to make the day run smoothly.



Easter Prize Draw

We are pleased to announce that the Easter Prize Draw is back by popular demand.

It is bigger and better than last year!

Let's go Team Rushden!



EASTER PRIZE DRAW

GREGGS **Nando's**

£300 WORTH OF VOUCHERS
Split into £5, £10, £20 vouchers

HEAVENLY DESSERTS
2008

JD

Various Easter Eggs up for grabs too!

As stated in Mr Firth's assembly at the start of the year we have attendance rewards each full term. Reasons such as medical and religious etc are taken into account.
Criteria (04/01-22/03):

- 93-94.9% - 1 Entry into the prize draw
- 95-96.9%- 2 Entries
- 97%-100%- 5 Entries

Please note if you are suspended internally or externally then you will be disqualified from the draw. The draw will take place in the last week of March. Good Luck!

Rushden Academy in Antarctica

Avid readers of the newsletter may remember that the Geography department signed up to celebrate Antarctica Day last October with the UK Polar Network.

Students were invited to enter a competition to design a flag which was sent over to Antarctica and photographed by researchers. We received a certificate and a photo of the winning flag by Libby T - Year 7 in Antarctica last November and have now received a bonus photo this week of our school entry with researchers next to a helicopter.



Our Rushden Academy flag travelled to Antarctica with Danielle Stewart - an air-ground co-ordinator working with the aircraft and flying operations at Rothera. Please follow this link to find out more - <https://www.bas.ac.uk/polar-operations/sites-and-facilities/facility/rothera/>.

Danielle kindly recruited some of the station staff to be in our photograph. The aircraft is a Dash-7, and this photograph is on the apron (taxiing area) at Rothera.

It is so exciting to see the Rushden Academy logo in Antarctica!

Miss Kinsman
Head of Humanities



Winning entry by Libby T



The Rushden Academy entry photographed with penguins last November.



Come into the
canteen on
**Thursday 15th
February**
and try our
English
**'John Dory
Gets Loaded'**
Theme Day

MY VOICE MATTERS

10 WAYS TO LOOK AFTER YOUR MENTAL HEALTH

Here are some brilliant tips from young people just like you on how you can look after your mental health.



Place2Be's
CHILDREN'S
MENTAL HEALTH
WEEK

- ① Don't keep it all to yourself and spend too much time in your own head. This can sometimes make it keep piling up, and make you feel worse.
- ② Talk to someone you trust and feel comfortable with – a teacher, parent, sibling, cousin, friend... If you can't think of anyone and need to talk, try talking to someone like Shout by texting SHOUT to 85258 for free.
- ③ Write your thoughts and feelings down.
- ④ Keep in contact with people, don't isolate yourself.
- ⑤ Don't dismiss your feelings because you think they aren't valid. Everything you feel is valid and important to you.
- ⑥ Focus on the good parts of your life and doing what you love, rather than the negative.
- ⑦ If you feel like harming yourself then tell someone you trust and distract yourself in the meanwhile.
- ⑧ Do something you enjoy to help you relax and have a break – watch a film, play a game, watch your favourite YouTuber, listen to music.
- ⑨ Be your own best friend because at the end of the day, you're stuck with you – so look after yourself!
- ⑩ Remember that you're not alone, even if it sometimes feels like you are.

*With thanks to students at Stewards Academy and Ark Globe Academy



ASK FOR HELP

Let your family, friends, and teachers know if you are struggling so that they can support you.

If you're feeling overwhelmed and need to talk:

- Text P2B to 85258 for free to speak to Shout
- Call 0800 1111 to speak to Childline, or visit
- [childline.org.uk](https://www.childline.org.uk) for their free online chat
- Visit place2be.org.uk/help for more advice

CHILDRENSMENTALHEALTHWEEK.ORG.UK

My VOICE MATTERS

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off' conversations about our mental health – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCGi8](https://bit.ly/3PzCGi8)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

[CHILDRENSMENTALHEALTHWEEK.ORG.UK](https://childrensmentalhealthweek.org.uk)

Rushden Academy SAS

SAS This Week

This week Squads visited The Beeches Care Home and the Serve Day Centre and played bingo with the residents and service users.

Thank you for having us, and we can't wait to see you again next week!

#TeamRusden #RASAS #Ethos #GraceFoundation



Rushden Academy's Social Action Squad's (SAS) are always looking for opportunities to help within the community. If you know of anywhere we could help or support please let us know. We are looking for one off opportunities, short term commitments and long term projects.

To contact the Social Action Squad, email socialactionsquad@rushden-academy.net.

Summer Rewards Trips

Team Rushden, are you eligible for our Summer Rewards Trips?

Your attendance and TRPs from October 30th to March 28th will all count, so keep up the hard work! #TeamRushden #Rewards

THE CRITERIA

- **95% AND ABOVE ATTENDANCE
(MEDICAL/RELIGIOUS ETC ARE TAKEN INTO
ACCOUNT).**
- **300 TRPS OVERALL ONCE NNS HAVE BEEN TAKEN
OFF**
- **NO SUSPENSIONS (INTERNAL OR EXTERNAL).**
- **NO OUTSTANDING DETENTIONS AT THE POINT OF
CREATING FINAL LISTS.**
- **NO MORE THAN 2 REMOVES**

**THE CRITERIA PERIOD WILL RUN FROM OCTOBER HALF
TERM UNTIL EASTER AND WAS SHARED IN LAST TERM'S
REWARD ASSEMBLY.**

**REWARD
TRIPS
2024**





Performing Arts Update

Drama:

Year 8 have been continuing to look at theatre through the ages and have this week begun exploring Elizabethan theatre, in particular Shakespeare. We have been exploring the difficulties of using a thrust stage and Shakespearean language. The year 8s have been understanding the importance of context and making a scene deliver the right message by using numbers to have arguments. They have done this to understand the difficulty of Shakespearean language but the importance of using facial expression, body language, tone of voice and gesture.

Dance:

We are heading towards the final part of the Btec dance course for our year 11 dancers. Currently students are exploring ideas for their group choreography based on the stimulus 'Treasured Memories' set by the exam board. All students have been researching, improvising to create motifs which generate movement phrases. Mrs Ogungbadero is very impressed with the positive attitude and commitment seen from her dancers which will produce well organised and engaging dance work.

Good Luck Year 11

Music:

Students in year 9 have been looking at Reggae music this half term. This topic gives students the opportunity to perform (Three Little Birds by Bob Marley) and compose. Students have studied the key features of Reggae music, including skank rhythms and simple bass lines. In addition to this, students have looked at chord progressions and cadences. Using this learning, students are currently creating their own chord progression for their own reggae style music using Ukuleles and Keyboards.

High School Musical: School Edition

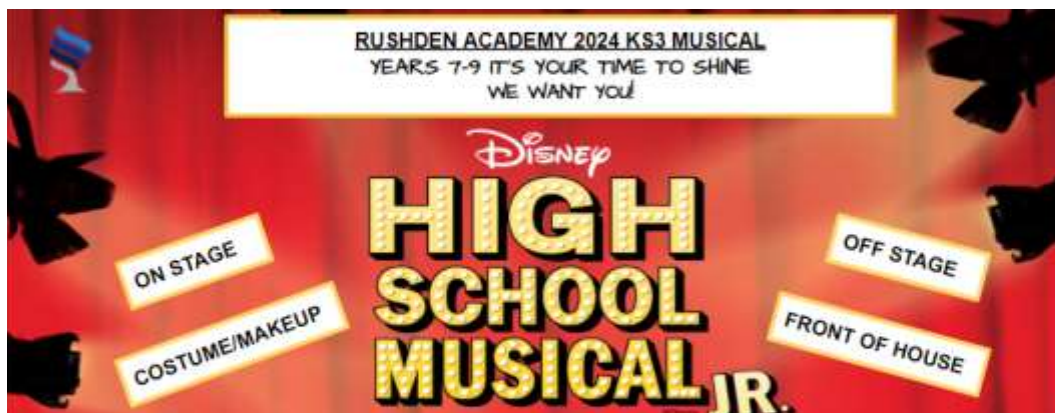
The cast have been working on dialogue scenes this week and the opening home room scene. We have been looking at characterisation and they have done really well. There has been a run to date of the completed scenes and numbers and the wildcats are doing well.

High school musical crew have been working on painting our set this week. They have been making sure that the blocks are painted the right colour on the right side. A very precise job!

We Will Rock You Musical

The We Will Rock You Crew have been busy creating key parts of the set this week. Tea staining all of their sources band posters ready to later be mounted onto suspended flats. The tea staining process makes the posters look more vintage and aged.

Performing Arts Update





TRAIN TO TEACH **OPEN EVENT**

Tuesday 13th February 2024

Open evening 5pm - 7pm

GUTP House, Sponne School, Towcester, NN12 6DJ

Please email gutprecruitment@sponne.org.uk with your name and subject of interest to register your attendance

WE OFFER PGCE COURSES WITH QTS IN:

- Business Studies
- English *
- MFL (French, German, Spanish)*
- Computing*
- Geography*
- Science (Biology, Chemistry, Physics)*
- Design-Technology (including Food)*
- History
- Maths*
- PE

*Bursaries available, eligibility criteria applies

www.gutp.co.uk

After School Clubs Timetable



Monday	Tuesday	Wednesday	Thursday
Netball (Year Groups will Train Separately)	Basketball (Year Groups will Play Separately)	Fitness Suite	Football (Year Groups will Train Separately)
<i>Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!</i>			

Library Extra-Curricular Activities



Monday

Lunch-time	After-School
	
Board & Card Games	Student Library Assistants Meeting

Tuesday

Lunch-time	After-School
	
Chess	Chess



Wednesday

Lunch-time	After-School
	
Jigsaws	Rushden Academy Newspaper

Thursday

Lunch-Time	After-School
	
Tranquil Thursday - reading, homework, quiet voices	Role-Playing Games

Friday

Lunch-time	After-School
	
Fill-it-in Friday - crosswords, word searches, colouring, sticky note art etc.	Closes at 3.15pm

NB: For any after-school activities you'll need to get a parental consent letter from the Library.

Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

Aiden

You always try your best and are keen to act on feedback to improve your work. This shows hard work and resilience. Well done! Mr Ross



NHS
Northamptonshire Healthcare
NHS Foundation Trust

Aged 13-24?

Text the NHFT
Sexual Health team
for confidential
advice and
support!

07312 263114

Chathealth.nhs.uk
@NorthantsSexualHealth

WHAT IS

CHAT HEALTH?

FREE TESTING, ADVICE,
CONTRACEPTION AND MUCH
MORE!

Literacy Challenge

This week we are focusing on the prefix con-, which means “with” or “thoroughly” and appears in numerous English vocabulary words, for example: connect, consensus, and conclude. An easy way to remember that the prefix con means “with” is through the word connect, or join “with.” A way to remember that it means “thoroughly” is through conclude, or “thoroughly” close a matter.

What is the highest scoring con- word you can create? Use the letters as many times as you need to!

What is the highest scoring con- word you can create? Use the letters as many times as you need to!

A 1	B 3	C 3	D 2	E 1			
F 4	G 2	H 4	I 1	J 8			
K 5	L 1	M 3	N 1	O 1	P 3	Q 10	R 1
S 1	T 1	U 1	V 4	W 4	X 8	Y 4	Z 10

Literacy SUPER Challenge

This week we are focusing on the prefix con-, which means “with” or “thoroughly” and appears in numerous English vocabulary words, for example: connect, consensus, and conclude. An easy way to remember that the prefix con means “with” is through the word connect, or join “with.” A way to remember that it means “thoroughly” is through conclude, or “thoroughly” close a matter.

When you have your list of words, work out which ones have the prefix con- meaning with, and which have the prefix con- meaning thoroughly.

Con...

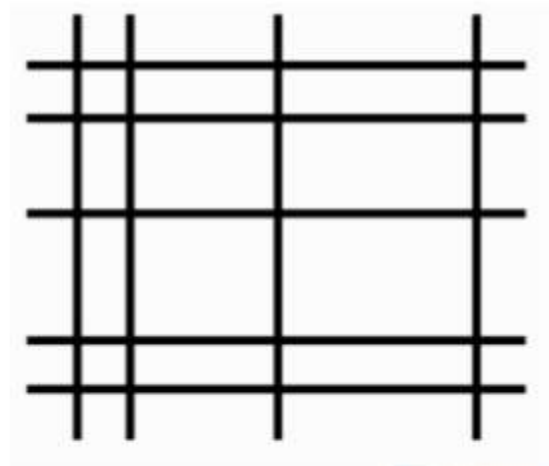




Numeracy Problem of the Week

By drawing 9 lines, 5 horizontal and 4 vertical, one can form 12 small rectangles, as shown on the right.

What is the greatest possible number of small rectangles that one can form by drawing 15 lines, either horizontal or vertical?



Last Week's Solution: 40

Join the Google Classroom code **h2fcjll** to submit your answer

Year 11 February Mock Exam Timetable

If you do not have an exam you will be in your normal lessons.
You will be given a 30 minute slot for French/German speaking mocks.

P1 + P2		P3 + P4		Reg + P5	
MON 26th FEB	COMBINED SCIENCE Physics (SH) 1hr 15mins TRIPLE SCIENCE Physics (SH) 1hr 45mins	134 21	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	155	Normal lessons
TUES 27th FEB	ENGLISH LIT Paper 1 (SH) 1hr 45mins	155	BUSINESS Paper 1 (SH) 1hr 45 mins CHILDCARE (SH) 1hr 45mins	55 21	GERMAN LISTENING (SH) H 45mins F 35mins
WED 28th FEB	COMBINED SCIENCE Biology (SH) 1hr 15mins TRIPLE SCIENCE Biology (SH) 1hr 45mins	134 21	SOCIOLOGY Paper 1 (SH) 1hr 45mins	74	Normal lessons
THURS 29th FEB	MATHS Paper 2 (SH) 1hr 30mins (calculator)	155	HISTORY Paper 2 (SH) 1hr 45mins	101	Normal lessons
FRI 1st MARCH	ENGLISH LANG Paper 1 (SH) 1hr 55mins	155	CHILDCARE (SH) 1hr 45mins GEOGRAPHY Paper 1/2 (SH) 1hr 30mins	1 41	Normal lessons
MON 4th MARCH	COMBINED SCIENCE Chemistry (SH) 1hr 15mins TRIPLE SCIENCE Chemistry (SH) 1hr 45mins	133 22	BUSINESS Paper 2 (SH) 1hr 45 mins	55	FRENCH LISTENING (SH) H 45mins F 35mins
TUES 5th MARCH	MATHS Paper 3 (SH) 1hr 30mins (calculator)	155	GERMAN SPEAKING SPORT (SH) 1hr 30mins	3 45	GERMAN SPEAKING
WED 6th MARCH	FRENCH SPEAKING GEOGRAPHY Paper 3 1hr (SH) SOCIOLOGY Paper 2 (SH) 1hr 45mins	7 3 74	FRENCH SPEAKING HISTORY Paper 3 (SH) 1hr 20mins	4 101	Normal lessons
THURS 7th MARCH	GERMAN SPEAKING HEALTH & SOCIAL CARE (SH) 2hrs PHOTOGRAPHY 11B (CA6) 2hrs (LH)	4 26 27	GEOGRAPHY Paper 3 1hr (SH) GERMAN SPEAKING PHOTOGRAPHY 11B (CA6) 2hrs (LH)	38 7 27	PHOTOGRAPHY 11B (CA6) 1hr (LH)
FRI 8th MARCH	DRAMA 11C (STUDIO) 2hrs (ALG) PHOTOGRAPHY 11D (CA6) 2hrs (SAN)	26 17	DRAMA 11C (STUDIO) 2hrs (ALG) PHOTOGRAPHY 11D (CA6) 2hrs (SAN)	26 17	DRAMA 11C (STUDIO) 1hr (ALG) PHOTOGRAPHY 11D (CA6) 1hr (SAN)
MON 11th MARCH	ART (CA4) 2hrs (JC) DANCE (HALL) 2hrs (COG) DRAMA 11D (STUDIO) 2hrs (JED) FRENCH SPEAKING GRAPHICS (CA6) 2hrs (LH)	26 16 26 6 15	ART (CA4) 2hrs (JC) DANCE (HALL) 2hrs (COG) DRAMA 11D (STUDIO) 2hrs (JED) FRENCH SPEAKING GRAPHICS (CA6) 2hrs (LH)	26 16 26 6 15	ART (CA4) 1hr (JC) DANCE (HALL) 1hr (COG) DRAMA 11 D (STUDIO) 1hr (JED) GRAPHICS (CA6) 1hr (LH)

Students taking maths, science, business and geography exams will need a calculator

KS4 Timetable Summer 2024

DRAFT

	Mon 29th April	Tues 30th April	Wed 1st May	Thurs 2nd May	Fri 3rd May
PM 1.30pm				BTEC ICT Unit 3 1 hr 30 mins	
	Mon 6th May	Tues 7th May	Wed 8th May	Thurs 9th May	Fri 10th May
AM 9am		BTEC H & SC Unit 3 2 hrs		BTEC Sport Unit 2 1 hr 30 mins	Biology Paper 1 (CS) 1 hr 15 mins
					Biology Paper 1 (Trp) 1 hr 45 mins
PM 1.30pm					German Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins
					Sociology Paper 1 1 hr 45 mins
					BTEC Childcare Unit 3 2 hrs
	Mon 13th May	Tues 14th May	Wed 15th May	Thurs 16th May	Fri 17th May
AM 9am	English Lit Paper 1 1 hr 45 mins	French Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	History Paper 1 1 hr 15 mins	Maths Paper 1 1 hr 30 mins	Chemistry Paper 1 (CS) 1 hr 15 mins
					Chemistry Paper 1 (Trp) 1 hr 45 mins
PM 1.30pm		Business Paper 1 1 hr 45 mins			Geography Paper 1 1 hr 30 mins
		Chinese Paper 1 & 3 1 hr 50 mins			
	Mon 20th May	Tues 21st May	Wed 22nd May	Thurs 23rd May	Fri 24th May
AM 9am	English Lit Paper 2 2 hrs 15 mins	German Paper 4 F 1 hr 10 mins / H 1hr 20 mins	Physics Paper 1 (CS) 1 hr 15 mins	English Lang Paper 1 1 hr 55 mins	French Paper 4 F 1 hr 10 mins / H 1hr 20 mins
			Physics Paper 1 (Trp) 1 hr 45 mins		
PM 1.30pm		Sociology Paper 2 1 hr 45 mins	Chinese Paper 4 1 hr 25 mins		

	Mon 27th May	Tues 28th May	Wed 29th May	Thurs 30th May	Fri 31st May
	HALF TERM				
	Mon 3rd June	Tues 4th June	Wed 5th June	Thurs 6th June	Fri 7th June
AM 9am	Maths Paper 2 1 hr 30 mins		Geography Paper 2 1 hr 30 mins	English Lang Paper 2 1 hr 55 mins	
PM 1.30pm		History Paper 2 B1-B4 1 hr 45 mins	Business Paper 2 1 hr 45 mins	Contingency session in the event of national or significant local disruption to exams in the UK.	Biology Paper 2 (CS) 1 hr 15 mins Biology Paper 2 (Trp) 1 hr 45 mins
	Mon 10th June	Tues 11th June	Wed 12th June	Thurs 13th June	Fri 14th June
AM 9am	Maths Paper 3 1 hr 30 mins	Chemistry Paper 2 (CS) 1 hr 15 mins Chemistry Paper 2 (Trp) 1 hr 45 mins			Geography Paper 3 1 hr 15mins
PM 1.30pm		History Paper 3 1 hr 20 mins		Contingency session in the event of national or significant local disruption to exams in the UK.	Physics Paper 2 (CS) 1 hr 15 mins Physics Paper 2 (Trp) 1 hr 45 mins
	26th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.				

KS5 Timetable Summer 2024

DRAFT

	Mon 29th April	Tues 30th April	Wed 1st May	Thurs 2nd May	Fri 3rd May
AM			BTEC PA Unit 1 3 hrs	BTEC Sport Unit 2 2 hr 30 mins	BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins
9am					
	Mon 6th May	Tues 7th May	Wed 8th May	Thurs 9th May	Fri 10th May
AM				BTEC ICT Unit 2B 2 hrs	BTEC Business Unit 2B 3hrs
9am					
PM			BTEC ICT Unit 2A 3 hrs	BTEC Business Unit 2A 2hrs	BTEC Sport Unit 19 2 hr 30 mins
1.30pm					
	Mon 13th May	Tues 14th May	Wed 15th May	Thurs 16th May	Fri 17th May
AM		Business Paper 1 2 hrs	German AS Paper 1 1 hr 45 mins	Geography Paper 1 2hrs 30 mins	Psychology Paper 1 2 hrs
9am			Core Maths Paper 1 1 hr 30 mins	GCSE Maths Paper 1 1 hr 30 mins	BTEC Sport Unit 22 3 hrs
PM	BTEC H&SC Unit 1 1 hr 30 mins		BTEC Sport Unit 1 1 hr 30 mins	BTECBusiness Unit 3 2hrs	BTEC H&SC Unit 2 1 hr 30 mins
1.30pm					BTEC ICT Unit 1 2hrs
	Mon 20th May	Tues 21st May	Wed 22nd May	Thurs 23rd May	Fri 24th May
AM	Sociology Paper 1 2 hrs	Business Paper 2 2 hrs	Psychology Paper 2 2 hrs	History Paper 1 2hrs 15 mins	English Lit Paper 1 2 hr 30 mins
9am	BTEC H&SC Unit 4 3 hrs	German AS Paper 2 1 hr 30 mins		Core Maths Paper 2 1 hr 30 mins	Physics Paper 1 2 hrs
		BTEC Science Unit 1C 40 mins		BTEC CPLD Unit 1 1 hr 45 mins	BTECScience Unit 5P 50 mins
				GCSE English Lang P1 1 hr 55 mins	
PM	Media Paper 1 2 hrs	BTEC Science Unit 1B 40 mins	Fur Maths A Paper 1 1 hr 30 mins	English Lang/Lit Paper 1 1 hr	BTECScience Unit 5B 50 mins
1.30pm			BTEC Science Unit 1P 40 mins	BTEC Science Unit 5C 50 mins	
	Mon 27th May	Tues 28th May	Wed 29th May	Thurs 30th May	Fri 31st May
HALF TERM					

	Mon 3rd June	Tues 4th June	Wed 5th June	Thurs 6th June	Fri 7th June
AM 9am	Geography Paper 2 2hrs 30 mins	Sociology Paper 2 2 hrs	English Lit Paper 2 2 hr 30 mins	Business Paper 3 2 hrs	English Lang/Lit Paper 2 2 hrs
	GCSE Maths Paper 2 1 hr 30 mins			Physics Paper 2 2 hrs	
				GCSE English Lang P2 1 hr 55 mins	
PM 1.30pm	Fur Maths A Paper 2 1 hr 30 mins	Maths Paper 1 2 hrs	Biology Paper 1 2 hrs	Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FM1 1 hr 30 mins
	Psychology Paper 3 2 hrs	Media Paper 2 2 hrs	Graphics 2hrs 30 mins		History Paper 2 1 hr 30 mins
	BTEC L3 H&SC Unit 3 1 hr 30 mins				
	Mon 10th June	Tues 11th June	Wed 12th June	Thurs 13th June	Fri 14th June
AM 9am	Chemistry Paper 1 2hrs 15 mins	History Paper 3 2hrs 15 mins	English Lang/Lit Paper 3 2 hrs		Biology Paper 2 2 hrs
	GCSE Maths Paper 3 1 hr 30 mins				
PM 1.30pm	Computer Science 1 2hrs 30mins	Maths Paper 2 2 hrs		Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FS1 1 hr 30 mins
		Sociology Paper 3 2 hrs			
	Mon 17th June	Tues 18th June	Wed 19th June	Thurs 20th June	Fri 21st June
AM 9am	Physics Paper 3 2 hrs	Chemistry Paper 2 2hrs 15 mins	Biology Paper 3 2 hrs		Chemistry Paper 3 1 hr 30 mins
PM 1.30pm		Computer Science 2 2hrs 30 mins		Maths Paper 3 2 hrs	Further Maths D1 1 hr 30 mins
	26th June 2024 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.				

Stars of the Week

Congratulations to the following students for achieving star of the week.



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How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and student behaviour.

Students and parents can access this at home to keep up to date, by checking timetables and behaviour events. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Assistant Principal on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **contraception** **DRUGS**
exam anxiety
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
 social networking & cyber bullying
SELF HARM **MENTAL HEALTH**
 relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

WELLBEING CAFÉ
 A DROP-IN SERVICE FOR 11-18 YEAR OLDS

you find yourself
 support, we're
 help in

CHANGE OF VENUE

Book an appointment by calling the number provided or drop in during our opening times.

Tuesdays 4pm - 8 pm
Rushden Mind
Phoenix House,
Skinner's Hill, Rushden
NN10 9YE
01933 277520

OPEN

- Support and Advice
- Wellbeing Activities
- Peer Support
- Parent Support is Available

NHS Northamptonshire Healthcare
YOUTH WORKS **the lowdown**
Time 2 TALK **St Andrew's**
CHAT **Health Community**

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
 the lowdown,
 3 Kingswell Street,
 Northampton, NN1 1PP
 01604 654385

Tuesday 4pm - 8pm
 Youth Works at Corby Mind,
 18 Argyll St, Corby NN17 9RU
 01536 518339

Wednesday 4pm - 8pm
 Chat,
 Souster Youth Building,
 30 Midland Road, Thrapston,
 NN14 4JU
 01832 274422

Thursday 4pm - 8pm
 Youth Works,
 47 Rockingham Rd,
 Kettering, NN16 9HX
 01536 518339

Friday 4pm - 8pm
 the lowdown,
 3 Kingswell Street,
 Northampton,
 NN1 1PP
 01604 654385

Saturday 10am - 2pm
 Service Six,
 15 Sassoon Mews,
 Wellingborough,
 NN8 3LT
 01935 277535

espresso yourself

1-1 SUPPORT AND ADVICE
ALSO AVAILABLE REMOTELY
1-1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare
the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE **MENTAL HEALTH SERVICES** YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/UKCAMHS/LIVE

t f

QR CODE

Camhs
 Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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