



Rushden Academy Newsletter

Aspire, Explore, Succeed

13/10/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

The penultimate week of term brought with a combination of warm days and torrential rain but neither stopped huge amounts of good work from taking place in school.

Mrs Brainwood led the assembly which focused on the Aspire strand of our Rushden STARR award which encouraged students to think about their hopes and dreams for the future. She shared the inspirational story of Steven Frayne who most people will know now to be 'Dynamo'. Students were given an insight into the barriers he overcame in early life and the immense personal growth to get from where he was to where he is now. The assembly also shared an important reminder for World Mental Health Day which was on Tuesday 10th October and is a subject that is very close to my heart.

Year 11 students have had 1:1 meetings with Mr Billam and Mrs Owen to discuss their plans for when they finish the year. They were asked about whether they are planning to attend sixth form, college or whether they are considering apprenticeship routes. Some students also expressed aspirations around going to university and so Mr Billam and Mrs Owen went through options, course and entry requirements with them. These conversations should have helped to focus Year 11 in their studies as they should have come away from them with a much clearer idea of their next steps.

The Social Action Squad were back in action and it was Squad Elf's turn to carry out some more incredible work in the community. On Wednesday afternoon the squad collected all of the food contributions from across the tutor groups and took them down to the Rushden Food Bank. A big thank you to everyone who sent food in and contributed to this campaign as it means that a huge number of struggling people will benefit from the donations.

On Thursday evening, we welcomed many prospective students into the school to look around the school and see all the exciting activities and experiences we offer. Most importantly though, it was great to see so many students from across all year groups, staying to help out in different subject areas and talk to prospective students about their experiences at Rushden Academy to date. I want to give a special mention to three of our Year 7 students, Rex, Leo and Emma who took on the daunting task of talking to a lecture theatre full of parents and carers about their experience of joining Rushden Academy. They spoke beautifully and were incredible advocates for the school; well done to the three of them!

Continues on the next page...

Message From the Principal Continued...

In terms of safeguarding, this week's newsletter includes information around the important theme of exploitation and identifies signs and things to look for in those that are potentially being exploited. Please take time to read this and if you have any further questions or concerns please do not hesitate to get in touch with us.

A reminder that next Friday is a training day and so students last day will be Thursday 19th October before the October half term. Students will return to school on Monday 30th October.

Yours sincerely,

Mr B Baines
Principal

Stay Connected Newsletter

Have a look at North Northamptonshire's Stay Connected Newsletter to see what is happening in our local area.

<https://sway.office.com/EZxl6KdU6wBYJNx3?ref=Link>

Lost Property

Please remind your child to check in reception if they have lost anything. We have a selection of items that need to be claimed.

Any items left unclaimed for 6 weeks are donated to our internal uniform stores or local charity shops.

Safeguarding at Rushden Academy

Grooming is an issue which remains high on our concern list for protecting children. There could be a range of reasons for someone grooming young people and these are coercive in nature. Grooming involves older or more powerful individuals gradually forming relationships with younger people. The goal of creating these relationships is so that the subject no longer questions what is being asked of them because of the trust they have built. Not in Our Community is an organisation dedicated to looking at the phenomena and providing resources, designed to tackle it. To find out more please follow the link below:

<https://notinourcommunity.org/>



TENC OPEN EVENING

at Rushden Academy

Wednesday 8th
November, 5.45pm

Talks at 6pm & 7pm

Join us for a tour of
the school and talk
with the staff and
students.



One Trust, Two Schools,
One Vision of Excellence



"I enjoy the
6th form as I get to
be independent and
to choose what I
want to study".
Student, TENC

✓ Choice

We offer an extensive range of academic and vocational courses. Giving students a unique breadth of offer, including the flexibility to combine both academic and vocational courses.

✓ Support

We pride ourselves on providing exemplary pastoral care and personal development opportunities to ensure that students have the skills, confidence and character in their lives beyond TENC.

✓ Success

We have an excellent track record in academic and vocational examination results. Our students successfully gain places at Russell Group universities including Oxford and Cambridge, local universities, apprenticeships and employment.



To book a time slot visit bit.ly/TENC
www.tenconline.co.uk

📍 **Rushden Academy:** Hayway, Rushden, NN10 6AG. T: 01933 350391 E: info@rushden-academy.net
📍 **Huxlow Academy:** Finedon Rd, Irthlingborough, NN9 5TY. T: 01933 650496 E: enquiries@huxlow.northants.sch.uk



One Trust, Two Schools,
One Vision of Excellence

Online Safety Briefing

We have had concerns raised recently about students using the following apps. Please use the information below to find out more and continue discussing online safety with your children.

OMEGLE: “Chat with random strangers – it’s fun”

Omegle is a website which is specifically designed to allow users to talk to strangers. It works by randomly matching users to talk one-to-one using either text or video. It is free and anonymous to use, with no account registration or age verification. Many concerns have been raised about the safety and use of Omegle by children and young people.



MORE INFORMATION CAN BE FOUND HERE:

<https://www.childnet.com/blog/what-is-omegle-key-things-parents-and-carers-need-to-know/>

Wizz: described as “Tinder for Kids”

Wizz is a networking app which allows users to connect and chat with other people around the world. Its principle is similar to dating platform: users have a profile with up to three photos along with searches. If a user likes what they see on someone’s profile, they can initiate conversation through the instant message feature; otherwise they swipe on.



MORE INFORMATION CAN BE FOUND HERE:

<https://www.bark.us/app-reviews/apps/wizz-app-review>

School Photographs - Year 7 & Year 10

Dear Parent/Carer,

Vancols Photographers are pleased to confirm that the School Photographs are ready to view using the QR code on your proof card.

If you have already scanned the QR code on the Proof and registered you will receive an auto email notification.

If you have not done it yet, don’t panic, you can still view by scanning the QR code on your Proof and following the instructions.

The online cut-off date for orders to be placed for free postage back to the school is 17th October 2023.

If you did not receive your Proof with the QR code, please contact Rushden Academy reception on 01933 350391.

Regards
Vancols Photographers

Black History Month

As part of recognising and celebrating Black History Month, this week our Rushden Academy Year 8 students have been taking part in a one-hour workshop.

These sessions aim to introduce Black History Month, to discover information and facts, to learn more about some Black influencers, both past & present and to help students recognise many inspiring black figures.

Mrs Ogungbadero will be running a research competition for ALL year groups this month. Please see all details below.



TEAM RUSHDEN CHALLENGE

New year, new challenges...

BLACK HISTORY MONTH

Rushden Academy
Aspire • Explore • Succeed

Hidden Heroes

Earn Team Rushden Points by entering our Black History Month Competition. Find out about great black people you DON'T already know

Think about past and present inventors, athletes, authors or relatives. How did they contribute to changing the world? Have they contributed to your life or future? How will you share your research with us?

Hand your entries to Mrs Ogungbadero by Friday 3rd November for a chance to win up to 50TRPs

TOVE
LEARNING TRUST



WhatsApp

safety guide for parents

internet
matters.org

16+

WhatsApp's
minimum age
in the UK

58%

Kids aged 3-17
who use
WhatsApp

37%

Kids under 13
who use
WhatsApp



5 tips to keep kids safe on WhatsApp



1 [Review privacy settings](#) WhatsApp has a range of privacy and security settings to keep users safe. Customise groups, app access, live location and more.



2 [Customise contacts](#) Show your child how to report and block unwanted contacts. Then, work with them to add their friends and family. Review and talk about their contacts regularly.



3 [Talk about personal information](#) Make sure your child understands what personal information is. Talk about the importance of keeping that information private on WhatsApp.



4 [Show them where to get support](#) If something goes wrong or they see something worrying on WhatsApp, make sure they know to come to you, and talk about other sources of support.



5 [Check in regularly](#) Once you've done all of the above, check in with them regularly to review settings and how they use WhatsApp.

internet
matters.org

f [InternetMatters](#)
X [@iM_Org](#)
@ [@internetmattersorg](#)

YouTube [@InternetMatters](#)
Pinterest [@InternetMatters_org](#)
LinkedIn [Internet Matters Ltd](#)

Geography Trip to Hunstanton

Last Thursday we took three classes of Year 11 Geography students to Hunstanton to complete their physical and human fieldwork. Students studying the latest geography GCSE specification are required, as part of the course, to take part in some fieldwork. The students are required to collect and process primary and secondary data in preparation for the skills paper at the end of Year 11 in which they will be asked a number of questions about their fieldwork experience. This paper is worth 30% of their final grade.



Students spent the morning on the beach collecting data for this question - How sustainable are the coastal management strategies that are being used at Hunstanton on the North Norfolk coast? They spent time in front of the cliffs looking at the layers of rock, completing bipolar surveys and field sketches and discussing the impact of coastal erosion on the many stakeholders in the area.

Students spent the afternoon in Hunstanton town centre collecting data for this question - To what extent is the economic success of Hunstanton town centre dependent on tourism? To do this,

they completed a tally of the different types of retail businesses on the high street and a basket of goods survey to investigate the cost of basic items like bread and milk.

Many students also made the most of their trip to the seaside with an ice cream or some fish and chips.

Miss Kinsman and Mr Bocking



SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Corky Jorgensen is the director of Face2o South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. Face2o helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



NOS National Online Safety
#WakeUpWednesday

www.nationalonline.org.uk

[/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)

[@nationalonlineorguk](https://www.instagram.com/nationalonlineorguk)

[@national_online_safety](https://www.tiktok.com/@national_online_safety)

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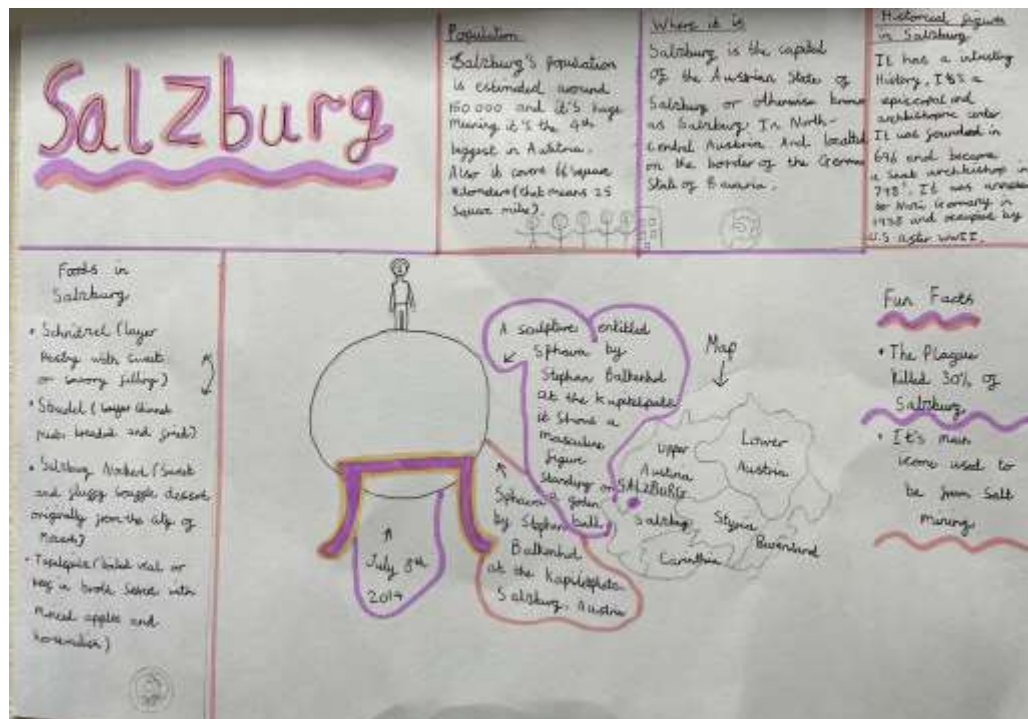
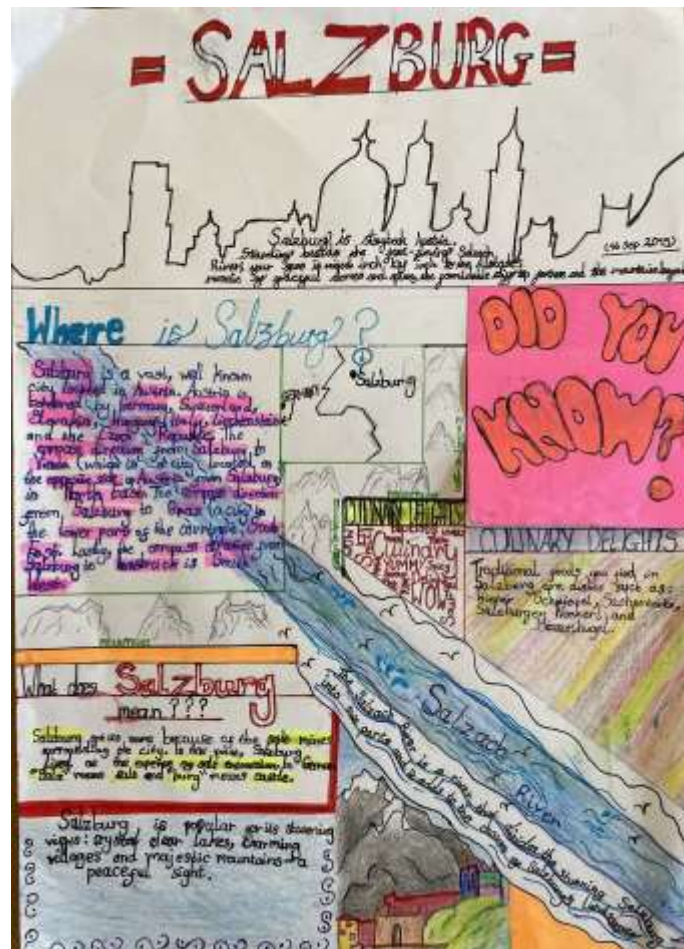
This Term in German

Mr Ross's Year 7 German classes have been researching the city their class was named after.

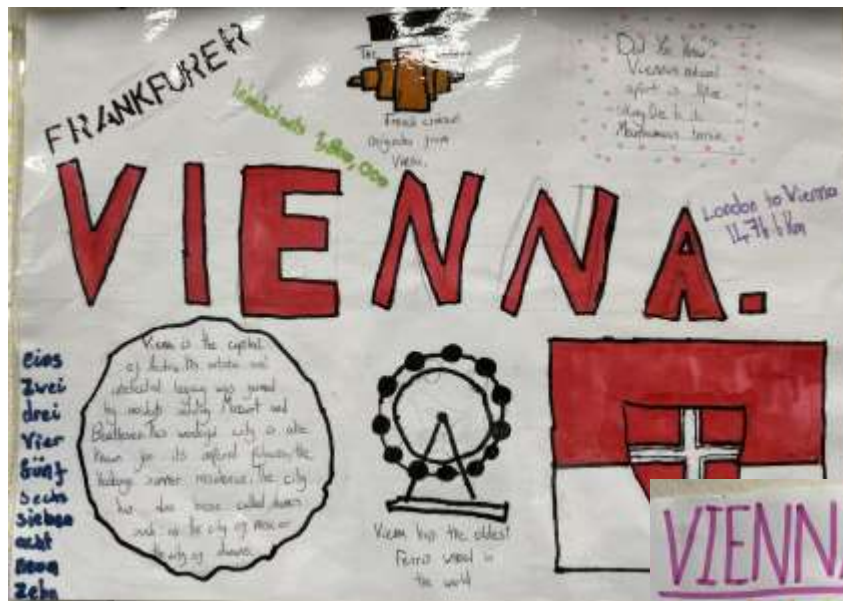
There were some excellent examples of research into the cities of Vienna and Salzburg (both in Austria) which were beautifully presented too.

Here are some stand-out examples from Mason, Daisy-Mae, Joana, Olivia and Kara. Gut gemacht!

Herr Ross



This Term in German



VIENNA

A city in Austria



Language spoken: German
Area: 414.6 km²
Population: 1.897 million (2019)
Austria's Largest City

The city of dreams

Is one of Vienna's nicknames because Sigmund Freud lived and worked there for many years making Vienna the birthplace of psychotherapy.

Vienna has the oldest ferris wheel in the world!

Constructed in 1857, the Vienna Riesenrad is the oldest operating ferris wheel in the world!

Vienna has the world's oldest zoo!

The Vienna Zoo is the world's oldest and only baroque zoo, built in the gardens of Schonbrunn Palace in 1782. The zoo boasts over 700 different types of species of animals.

Vienna is the best place to live

Did you know that Vienna is the world's most livable city? The 2022 Global Liveability Index ranked 173 cities on a variety of factors including infrastructure, health care and access to green space and Vienna took the top spot.

Why is Vienna called the city of music?

It is the birthplace of Mozart, Beethoven, Haydn, Schubert, Brahms – if we're talking classical music. Vienna is the undisputed capital.

PEZ

Pez, the fun little tablet sweets, were invented in Vienna in 1927. The name Pez is an abbreviation of the German word " Pfefferminz", meaning peppermint. Because the original PEZ candies only came in that one flavour!

VIENNA:

• Vienna is the capital city of Austria and is Austria's largest city, lying on the Danube river.

• Did you know that Vienna has been one of the world capitals of music for centuries, and operas and classical music concerts have played a major part in the city life.

• Because of Sigmund Freud, who lived in Vienna for much of his career, Vienna is also called the CITY OF DREAMS!

-FUN FACT-

Did you know that Vienna is the birthplace of psychotherapy! :-)

• Evidence has been found of continuous habitation in the Vienna area since 500BC. When the Celts settled the site on the Danube. In 188BC, the Romans fortified the frontier city they called Vindobona to guard the Empire against Germanic Tribes to the North.

BY: KARA THOMAS: xx

-FUN FACT-

Did you know that one of the oldest, fully functioning ferris wheels in the world is in Vienna. The famous Wiener Riesenrad is located in Prater and it is a recognisable part of the city's skyline.

• Vienna has been considered as the wine capital of the world, home to over 1700 acres of vineyards and 320 vintners.

• The French croissant originated in Vienna, as a pastry was inspired by the Turkish crescent symbol.

A HUGE thank you to everyone who brought in donations for our Harvest campaign - look at how much we collected! Well done Team Rushden - you are making a difference. Special shout out to 11COG, 10HW and 9WF for particularly big collections, but by far the form with the most donations was 9SDA - WELL DONE!



Thank you to Squad Elf who helped deliver the donations to Rushden Food Bank.

Rushden Academy's Social Action Squad's (SAS) are always on the look out for opportunities to help within the community. If you know of anywhere we could help or support please let us know. We are looking for one off opportunities, short term commitments and long term projects.

To contact the Social Action Squad, email socialactionsquad@rushden-academy.net.



Antarctica Day

Antarctica Day is celebrated every year on December 1st. This year, we have signed up to celebrate it with the UK Polar Network and students were invited to enter a competition to design a flag which will be sent over to Antarctica and photographed by researchers.

Antarctica is the fifth largest continent of the world at 14 million square kilometres and is covered in permanent continental ice. The ice is distributed in two major ice sheets, the East Antarctic and the West Antarctic, plus there's shelf ice, extending over the sea water.

Unlike the Arctic, which at its centre is an ocean, Antarctica is a landmass that is surrounded by the Southern Ocean. A permanent, massive ice sheet on Antarctica covers 98% of the continent and contains the major freshwater reserves of the globe.

On December 1st 1959, 12 nations signed the Antarctic Treaty, setting aside 10% of the Earth, "forever to be used exclusively for peaceful purposes in the interest of mankind." The treaty controls how Antarctica can be used. No country can claim ownership of Antarctica but it can be used for scientific research. There are now 56 countries signed up to the Antarctic Treaty.

To celebrate the 50th Anniversary of the Antarctic Treaty, OUR SPACES set up Antarctica Day in 2010 and designing flags is one way people celebrate it worldwide.

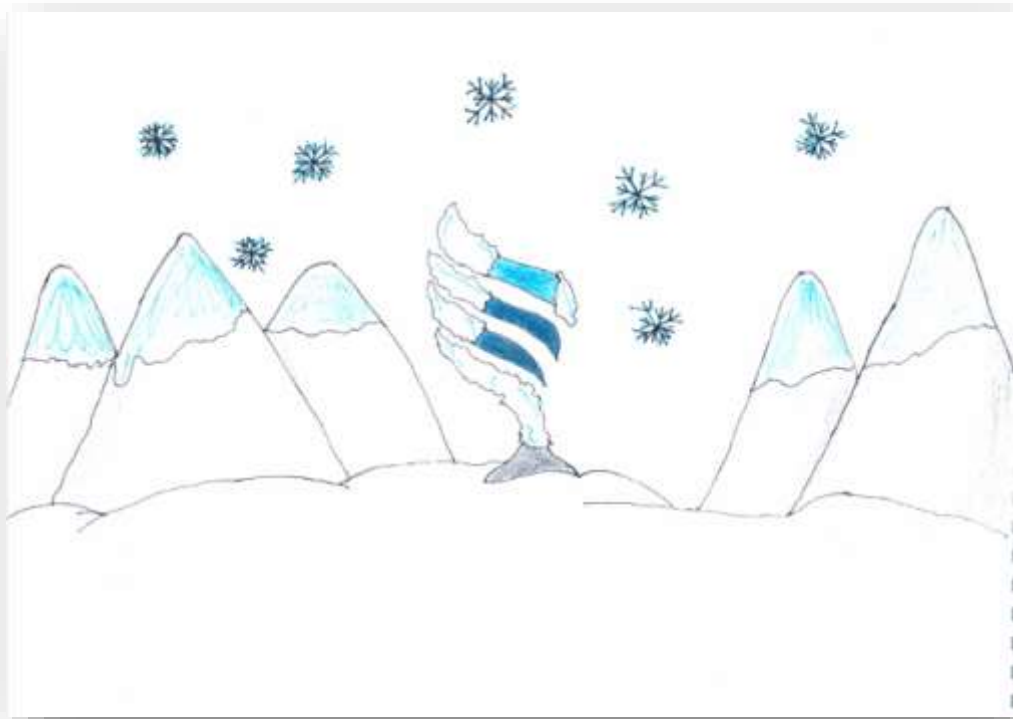
I would like to say a massive thank you to all students who took part who have each received 5 TRPs for participation. The runners up are:

Third place receiving 10 TRPs is Jewel R - Year 7 with this detailed entry:



Antarctica Day

Second place receiving 25 TRPs is Freya T - Year 7 with this creative one:



The winner, who has received 50 TRPs and whose flag will be sent over to be photographed in Antarctica, is Libby T - Year 7:

I look forward to seeing a little piece of Rushden in Antarctica!

Miss Kinsman
Head of Humanities



Library News

What a fantastic evening we had last night! Instead of 'The Hunger Games' we held 'The Library Games' which was Heroes Vs Villains

We had Hoopla, Tin-can Alley & the Coin-Drop - with any winners getting a choice of chocolate 'Heroes'



It was lovely to see so many people having a really good look around our fantastic library & thankfully some of our wonderful Student Library Assistants were on hand to help us out! Thank you Marc, Victoria, Nelvin, Ben, Callum & Ellie - you were awesome!



We also had a selection of our new books on display for prospective students to have a look at & lots of information leaflets about the library and the Accelerated Reading programme that we run here for all students in Year 7 & 8.

We also gave the children visiting (& parents!) the opportunity to tell us what 'Reading is..' to them - there were some excellent answers!



Family Learning

Join a FREE 5-6 week course for parents and carers in a library near you during 2023-24

- 📖 Support your child's learning
- 📖 Develop your family life skills
- 📖 Build your adult skills towards training and employment

For more details, use the QR code or visit
northantsadultlearning.ac.uk
....and search with **fl23-24**



Find Family Learning courses in
**Corby, Daventry, Hunsbury,
Kettering, Wellingborough and
Weston Favell** libraries

Northamptonshire Adult Learning Service

☎ 01604 367119

📍 1 Angel Square, Northampton NN1 2ED



North
Northamptonshire
Council



West
Northamptonshire
Council

LibraryPlus



Gresham College Free Webinar Lectures

Every year Gresham College offer a fantastic opportunity for students to stretch and develop their understand of a subject area they want to know more about. They host online lectures, covering a multitude of fascinating subjects, which students can watch for free.

These are particularly good resources for students considering A-levels in particular subjects and gives them a taste of University life with the lecture experience.

Please see below the lectures available in October and let us know which ones you have signed up for!

For more information, please visit: <https://www.gresham.ac.uk/whats-on?see-all>

Or contact Miss Neville: j.neville@rushden-academy.net

Date	Time	Topic	Link
Tues 17 th Oct	6pm	Iran Constitutional Revolution of 1906 Subject link- History	https://www.gresham.ac.uk/whats-on/iran-1906
Weds 18 th Oct	4pm	Astronomy and the Forging of Mathematical Communities Subject link- Mathematics	https://www.gresham.ac.uk/whats-on/bshm-2024
Thurs 19 th Oct	6pm	Plato and the Idea of Political Office Subject link- Politics, ethics	https://www.gresham.ac.uk/whats-on/plato-office
Tues 24 th Oct	6pm	Brain Computer Interfaces Subject link- Technology	https://www.gresham.ac.uk/whats-on/brain-computer
Weds 25 th Oct	6pm	The Marvels of the Solar System Subject link- Astronomy	https://www.gresham.ac.uk/whats-on/solar-marvels
Thurs 26 th Oct	6pm	Twentieth- Century Divas: Barbra Streisand Subject link- Music	https://www.gresham.ac.uk/whats-on/streisand
Tues 31 st Oct	6pm	Markets and Marxism: USA, USSR and China Subject link- Economics	https://www.gresham.ac.uk/whats-on/ussr-china



Performing Arts Update

Drama:

This week year 7 have started to incorporate vocal skills into their work. They have been working with the story of *George's Marvellous Medicine* by *Roald Dahl* and bringing to life the first 2 pages thinking about how they use their vocal skills. Miss Jardine has been really impressed with her year 7 groups and their ability to use their vocal skills to communicate character. Well done year 7!

Dance:

This term our year 10 BTEC dancers have officially started their Component 1 course work. Students have been working rigorously towards researching and writing up their findings of the professional performance 'A Linha Curva'. A Linha Curva choreographed by Itzik Galili is a dynamic dance performance showcasing various styles including Samba, Capoeira and Contemporary.

Music:

This week year 7 have been showing their skills in their singing performances. It has been lovely to see both the year 7's and the year 8 Rap groups being so supportive of their peers during their performances, as it is the first time many of our students have performed to an audience. It has been great to watch the student's confidence grow and get to witness future performers show their talents in music!

High School Musical Junior:

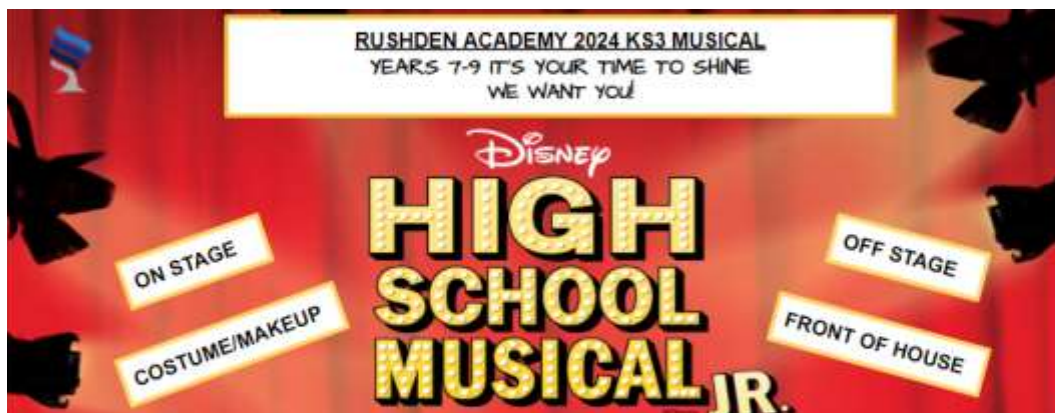
This week sees the return of the KS3 Musical auctions. We have had lots of brave KS3 students sign up to audition today! There has been lots of brilliant commitment shown this week and we have had numerous students asking to rehearse at lunchtimes. We held an audition prep session on Monday which was well received and seemed to help lots of the auditionees.

As a department, we are very excited to see the emerging talent of our younger students and wish every single one of them good luck with their auditions!

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

j.ede@rushden-academy.net

Performing Arts Update



After School Clubs Timetable



Monday	Tuesday	Wednesday	Thursday
Netball (Year Groups will Train Separately)	Basketball (Year Groups will Play Separately)	Fitness Suite	Football (Year Groups will Train Separately)
<i>Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!</i>			

Library Extra-Curricular Activities

Monday

Lunch-time	After-School
	
Board & Card Games	Student Library Assistants Meeting

Tuesday

Lunch-time	After-School
	
Chess	Chess



Wednesday

Lunch-time	After-School
	
Jigsaws	Rushden Academy Newspaper

Thursday

Lunch-Time	After-School
	
Tranquil Thursday - reading, homework, quiet voices	Role-Playing Games

Friday

Lunch-time	After-School
	
Fill-it-in Friday - crosswords, word searches, colouring, sticky note ideas etc.	Closes at 3.15pm

NB: For any after-school activities you'll need to get a parental consent letter from the Library.

Rushden Academy

Library

Literacy Challenge

This term's affix is the suffix "dis-", which gives the meaning of "opposite". Affixing "dis-" allows you to reverse the meaning of many verbs, e.g advantage □ DISadvantage.

Choose from the list of dis- words to complete the sentences opposite:

1. Disown
2. Disparity
3. Displace
4. Disgrace
5. Disobey

1. There can be a huge _____ between the rich and the poor.
2. The hurricane has the potential to _____ many of the town's inhabitants.
3. Her parents threatened to _____ her if she didn't go back to school.
4. The soldier will be severely punished for his decision to _____ the general's orders.
5. John clenched his jaw as he didn't want to _____ himself by crying.

Good to know: An affix is morpheme that is attached to a word stem to change the meaning of the word e.g. the affix un + happy = not happy.

Literacy SUPER Challenge

Which dis- words would you choose to complete the following sentences?

1. My boss's desk is a mess and she never knows where to find anything because she is completely _____.
2. Hands-free devices in cars are not considered safe as they still cause the driver to be _____.
3. The team felt very _____ when they lost the match.
4. My boyfriend and I share the same thoughts about a lot of things so we rarely _____.



Numeracy Problem of the Week

Which of the following has the greatest value?

- A) 50% of 10
- B) 40% of 20
- C) 30% of 30
- D) 20% of 40
- E) 10% of 50

Last weeks solution: 21

Join the Google Classroom code **h2fcjll** to submit your answer



Year 11 Mock Timetable - November 2023

If you do not have an exam you will be in your normal lessons.

P1 + P2			P3 + P4		Reg + P5	
MON 13th NOV	BUSINESS (SH) 1hr 45 mins	56	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	155	Normal lessons	
TUES 14th NOV	ENGLISH LANG Paper 2 (SH) 1hr 55mins	155	FRENCH WRITING (SH) H 1hr 20mins F 1hr 10mins GERMAN WRITING (SH) H 1hr 20mins F 1hr 10mins	23 18	Normal lessons	
WED 15th NOV	COMBINED SCIENCE Physics (SH) 1hr 15mins TRIPLE SCIENCE Physics (SH) 1hr 45mins	133 22	MATHS Paper 2 (SH) 1hr 30mins (calculator)	155	Normal lessons	
THURS 16th NOV	COMBINED SCIENCE Biology (SH) 1hr 15mins TRIPLE SCIENCE Biology (SH) 1hr 45mins	133 22	GEOGRAPHY (SH) 1hr 30mins	41	Normal lessons	
FRI 17th NOV	MATHS Paper 3 (SH) 1hr 30mins (calculator)	155	HISTORY (SH) 1hr 45mins	49	Normal lessons	
MON 20th NOV	ART (CA4) 2hrs (JC +SAN) DANCE (HALL) 2hrs (CP) DRAMA (STUDIO) 2hrs (JED) GRAPHICS (CA6) 2hrs (LH)	26 16 26 15	ART (CA4) 2hrs (JC +SAN) DANCE (HALL) 2hrs (CP) DRAMA (STUDIO) 2hrs (JED) GRAPHICS (CA6) 2hrs (LH)	26 16 26 15	ART (CA4) 1hr (JC +SAN) DANCE (HALL) 1hr (CP) DRAMA (STUDIO) 1hr (JED) GRAPHICS (CA6) 1hr (LH)	25 16 25 15
TUES 21st NOV	ENGLISH LIT Paper 2 (SH) 2hrs 15mins	155	FRENCH READING (SH) H 1hr F 45mins GERMAN READING (SH) H 1hr F 45mins	23 18	Normal lessons	
WED 22nd NOV	COMBINED SCIENCE Chemistry (SH) 1hr 15mins TRIPLE SCIENCE Chemistry (SH) 1hr 45mins	133 22	SOCIOLOGY (SH) 1hr 45mins	74	Normal lessons	
THURS 23rd NOV	DRAMA 11C (STUDIO) 2hrs (AG) PHOTOGRAPHY 11D (CA6) 2hrs (PS)	26 17	DRAMA 11C (STUDIO) 2hrs (AG) PHOTOGRAPHY 11D (CA6) 2hrs (PS)	26 17	DRAMA 11C (STUDIO) 1hr (AG) PHOTOGRAPHY 11D (CA6) 1hr (PS)	26 17
FRI 24th NOV	PHOTOGRAPHY 11B (CA6) 2hrs (LH) +MJ	27	PHOTOGRAPHY 11B (CA6) 2hrs (LH) +MJ	27	PHOTOGRAPHY 11B (CA6) 1hr (LH) +MJ	27

Students taking maths, science, business and geography exams will need a calculator

January TENC BTEC Exam Timetable

Date	Subject	Unit	Groups	Length	Venue	Start Time
Tuesday 9th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Tuesday 9th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Wednesday 10th January	Yr 13 PA	Unit 1	all	3 hours	Homeschool	9.00 am
Wednesday 10th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 10th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 10th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 10th January	Yr 13 Business	Unit 2A	all	2 hours	Ferrers	1.30 pm
Thursday 11th January	Yr 13 Business	Unit 2B	all	3 hours	Ferrers	9.00 am
Thursday 11th January	Yr 12 CPLD	Unit 1	all	1.75 hrs	Homeschool	9.00 am
Friday 12th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 12th January	Yr 13 ICT	Unit 1	resits	2hrs	Homeschool	9.00 am
Friday 12th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 15th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 15th January	Yr 13 Business	Unit 3	resits	2hrs	Homeschool	9.00 am
Monday 15th January	Yr 12 & 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 16th January	Year 13 ICT	Unit 2	all	3 hours	Ferrers	1.30 pm
Tuesday 16th January	Year 12 ICT	Unit 2	all	3 hours	Huxlow	1.30 pm
Thursday 18th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Friday 19th January	Yr 13 Applied Science	Unit 3	all	2.25 hrs	Homeschool	9.00 am
Monday 22nd January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Tuesday 23rd January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 23rd January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

Stars of the Week

Congratulations to the following students for achieving star of the week.



Stars of the Week

Congratulations to the following students for achieving star of the week.



Stars of the Week

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How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and student behaviour.

Students and parents can access this at home to keep up to date, by checking timetables and behaviour events. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

WELLBEING DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the numbers provided or drop in during our opening times.



Monday's & Friday's 4pm - 8pm

the lowdown, 3 Kingswell Street,
Northampton, NN1 1PP - 01604 634385

Tuesday's 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll
St, Corby, NN17 1RU - 01536 518339

Tuesday's 3pm - 7pm

Service Six, Raunds Methodist Church,
Brook Street, Raunds NN9 6LP -
01933 277520

Wednesday's 4pm - 8pm

CHAT Youth Counselling, Souster Youth
Building, 30 Market Road, Thrapston,
NN14 4JU - 01832 274422

Wednesday's 4pm - 8pm

Time 2 Talk, Chantry House, 88 Watling
Street, Towcester, Northants, NN12 6BT
07385 295008 - 01327 706706

Thursday's 4pm - 8pm

Youth Works, 97 Rockingham Rd,
Kettering, NN16 9HX - 01536 518339

Saturday's 10am - 2pm

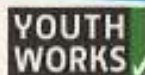
Service Six, 15 Sassoon Mews,
Wellingborough NN8 3LT - 01933 277520

Saturday's 12pm - 4pm

Time 2 Talk, The Abbey, Market Square,
Daventry, NN11 4XG - 01327 706706



Northamptonshire Healthcare
NHS Foundation Trust



Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Assistant Principal on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

See us on your mobile phone, laptop or desktop. A free service for all young people. All advice is confidential. For more information, visit www.nhs.uk or call 0800 111 222.

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

See us on your mobile phone, laptop or desktop. A free service for all young people. All advice is confidential. For more information, visit www.nhs.uk or call 0800 111 222.

the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/UKCAMHS/LIVE

t f

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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