



Rushden Academy Newsletter

Aspire, Explore, Succeed

15/09/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

This week has brought with it much cooler weather and a return to full uniform including blazers. Thank you for your continued support in ensuring that your child comes to school dressed smartly in full uniform; it is greatly appreciated.

For our new Year 11 students, it was an important week for them to reflect on their work ethic to date as we shared their standings in the overall progress league table. The progress scores are unique to the individual student and are calculated based on comparing their current 'working at' grades, in all subjects, with their target grades. The targets are based on their key stage 2 SATs results which makes all scores comparable regardless of starting point. All students' scores are anonymised as they have been allocated a country instead of their name which only they know. The table of countries is on display in the main corridor so students can see exactly how well they are doing so far in terms of progress. This has created a lot of conversation between students with some getting recognition for being well ahead of where they should be and others seeing that there is a lot of work to be done to close gaps. Next week, 6pm Thursday evening, will be our Year 11 (Class of 2024) launch evening where parents and carers will hear all about the important year ahead in terms of key dates, examinations and how you can support your child to achieve their very best. You can book your place at this event via this eventbrite link <https://www.eventbrite.co.uk/e/year-11-launch-evening-2023-tickets-713798920787?aff=oddtcreator> and we hope to see as many of you there as possible.

For our new Year 12 students, it was meet the tutor evening on Thursday night where parents and carers got to meet with personal tutors to find out how the first couple of weeks have gone for their young adults. The step up from GCSEs to A Levels is a significant step up and the personal tutor plays a big role in supporting this transition.

At the beginning of the week we had a phenomenal turnout for We Will Rock You information session and it was great to see so many children wanting to be a part of what is going to be an incredible production. Our productions are extremely inclusive with many backstage roles alongside the performing roles so that everyone who wants to be involved can play their part.

Continues on the next page...

Message From the Principal Continued...

Since the launch last year, our Social Actions Squad (SAS) has gone from strength to strength with 63 students signed up at the last count; all ready to go and make a positive contribution to our local community. Mr Smart has lots of exciting events lined up for this term including renovating the reflection room's garden area and going into the local care home where our students will play board games with the residents. I am really excited about this team and the significant contribution they will continue to make to our local community.

Finally, please can I ask for your support with moderating your children's use of social media. We have seen a significant increase in students being relentlessly unkind to each other on platforms such as snapchat and WhatsApp which schools have no jurisdiction over. These issues are then brought into school where they escalate so any support you can provide in moderating your child's use of social media would be greatly appreciated.

Yours sincerely,

Mr B Baines
Principal

School Gate Changes

Dear Parent/Carer,

In order to maintain the safety and security of all students, we have reviewed the morning and afternoon access to the school site. As a result of this review, the following will come into effect from Monday 18th September:

- ◆ Access to the Breakfast club, 8am - 8:10am, is through the main reception entrance. Once students are on-site they must move directly to the canteen;
- ◆ Spencer Park and Hayway student gates will open at 8:10am for students to access the school site, these gates will close at 8:25am. Students arriving late must enter through the main reception;
- ◆ Spencer Park and Hayway student gates will reopen at 3pm and lock at 3:25pm. Students leaving the school site after this point will be escorted via reception or the Hayway student gate.

These changes form an essential part of our continued efforts to ensure all students are safe at all times, we thank you for your cooperation.

Mrs C Ogilvie
Assistant Principal - Safeguarding

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and student behaviour.

Students and parents can access this at home to keep up to date, by checking timetables and behaviour events. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

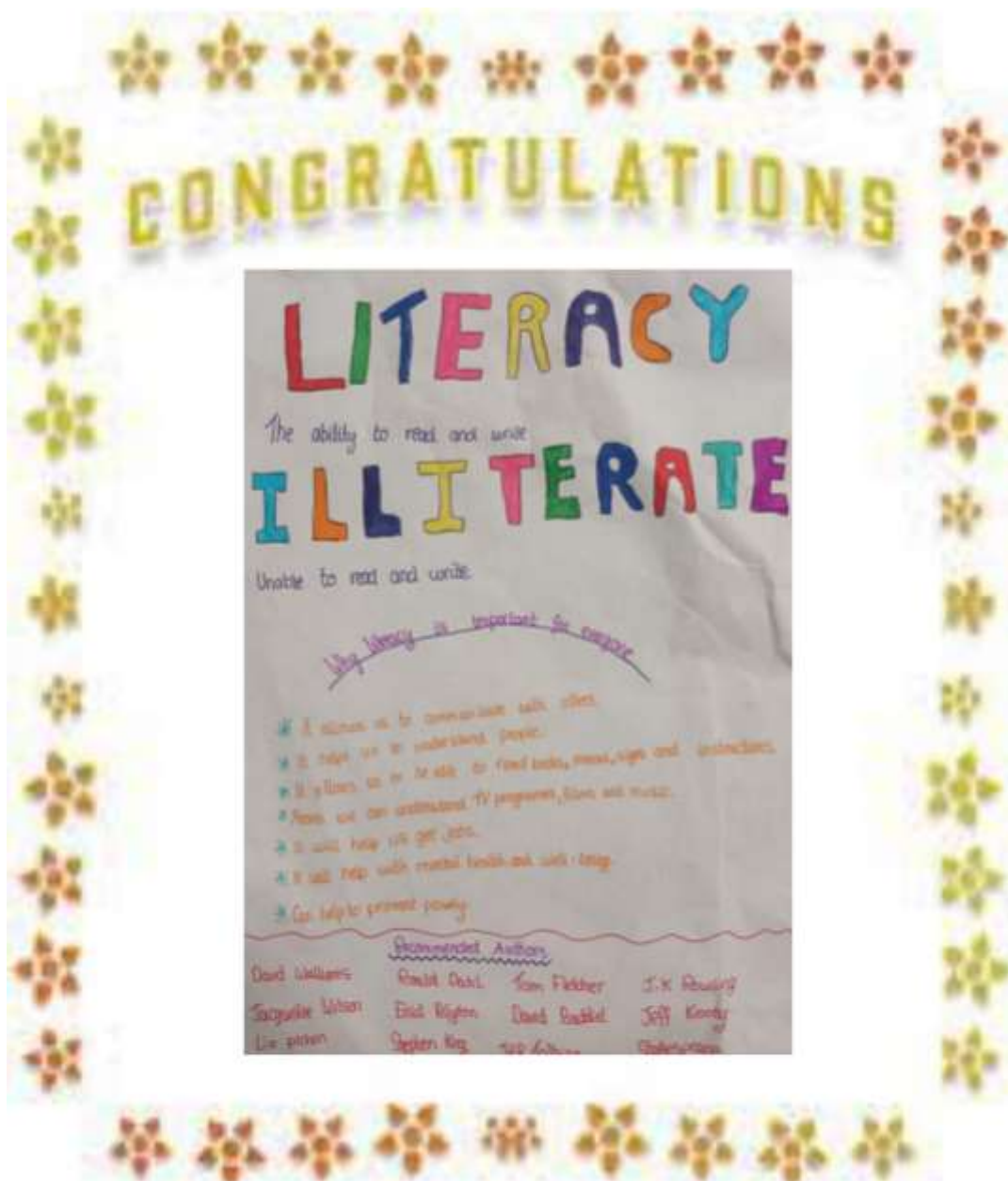
- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Literacy Poster Winner



The winning entry into last week's International Literacy Day poster competition comes from Ellie S in year 7.

Her poster was chosen because we really appreciated how much time and effort she put into researching key facts about why literacy is so important and her great choice of colours to make the poster so eye catching! Our congratulations – and 50 Team Rushden Points! – go to Ellie!

Mrs T Charlton
Literacy Lead

PE Extra Curricular Activities

Rushden Academy PE - Inspiring ALL to participate in and enjoy Physical Activity

After School Clubs Timetable

Monday	Tuesday	Wednesday	Thursday
Netball (Year Groups will Train Separately)	Basketball (Year Groups will Play Separately)	Fitness Suite	Football (Year Groups will Train Separately)
<i>Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!</i>			

Why should you get involved?

- ✓ Part of our PE Assessment - HEALTHY ME!
- ✓ Increase your Physical Activity for a healthy lifestyle
- ✓ Contribute to the school STARR award or your DofE Award
- ✓ Learn new skills and practice for fixtures against other schools
- ✓ Get outside, enjoy the weather and boost your mental health too!
- ✓ Make new friends and socialise with others
- ✓ Be part of a team!

Competitions

Football - Boys and Girls Fixtures

For the first time in years, we have entered the football leagues. We have fixtures that are every Wednesday (for the boys) starting on the 27th September! And Thursday 28th September (for the girls). So please get yourselves along. If you do not attend the clubs you will not be able to be picked to play in the competitions.

Netball Fixtures

All years groups have been entered into the leagues which start on the 26th September!

If you want any more information or if you have any questions then please just speak to any member of the PE faculty.

Rushden Canteen

Have a look at some of the food that has been on offer in the school canteen this week! And don't forget to visit us next Thursday for our Greek Theme Day!



 Rushden Academy
Aspire • Explore • Succeed

 TOVE
LEARNING TRUST

Rushden Academy Canteen
presents our first Theme day for
this academic year...

IT'S ALL GREEK

Come into the canteen on
Thursday 21st September and
try our Greek creations

Auditions

Monday 25th September 3:10pm



Rushden Academy **DANCE** Company

*Would you want to showcase
your dance talent in the wider
community? If 'YES' then this
maybe for you!!*

Contemporary
Hip Hop
Jazz

Express yourself through the art of modern dance

Register with Mrs Ogungbadero
Collect a registration form

Made with PosterMyWall.com

Rush2TheDen Swap Shop

Come and swap your children's clothes they have grown out of for ones that fit.

Saturday 7th October 2.00pm-4.00pm

Saturday 4th November 2.00pm-4.00pm

Rush2theDen Fitzwilliam Street, Rushden free car parking at the Duck Street car park just behind the building.

For more information please visit their Facebook page [Facebook Rush2theDen](#)



Year 11 Period 6 Timetable

The following subjects are offering extra support for Year 11s after school in the form of a Period 6, from 3pm-4pm.

This will change throughout the year, so keep an eye out and listen to the updates from your head of year.

Monday	Tuesday	Wednesday	Thursday	Friday
Creative Arts	Maths	Drama	English	German

Wellbeing Garden

Before the summer, our current Year 8s worked really hard in PSHE to dig over and plant seeds in the raised beds behind Creative Arts - look how many beautiful wildflowers have grown because of their hard work! The bees and butterflies are loving it.

Well done Year 8, and thank you for making our school a nicer place!



Flu Immunisation Programme

You should have received an email with information and the link to the NHS consent form for the flu immunisations that the school nursing team will be offering on Thursday 5th October. Please remember to complete the consent form in order for your child to have the vaccine.

For more information, and to complete the form, please click [here](#).

Rushden Academy SAS

Our Social Action Squad has got off to a roaring start last academic year! We completed three community litter picks, and had students join the Revolution Manchester trip, clearing gardens and painting a community bike library.

If you have a project that you would like to see the Social Action Squad tackle this term, or know of anyone in our community who needs a helping hand, drop us a line at socialactionsquad@rushden-academy.net and we will see what we can do to help. No job too big or too small for the SAS! #TeamRushden #RASAS





RUSHDEN ACADEMY

OPEN EVENING

THURSDAY 12TH OCTOBER 2023

- ☑ Meet our staff
- ☑ Meet our students
- ☑ Tour our school
- ☑ See what every faculty has to offer

CONTACT US

☎ 01933 350 391
🌐 www.rushden-academy.net

Rushden Academy is part of Tove Learning Trust, a highly successful and local academy trust.



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

j.ede@rushden-academy.net

Numeracy Problem of the Week



Both 4 and 8 can be written as
the sum of two prime
numbers $4=2+2$, $8=5+3$.



How many numbers less than
20 cannot be written as the
sum of two prime numbers?

Last weeks solution:

13	6	11
8	10	12
9	14	7



Join the Google Classroom code **h2fcjll** to submit your answer

Literacy Challenge

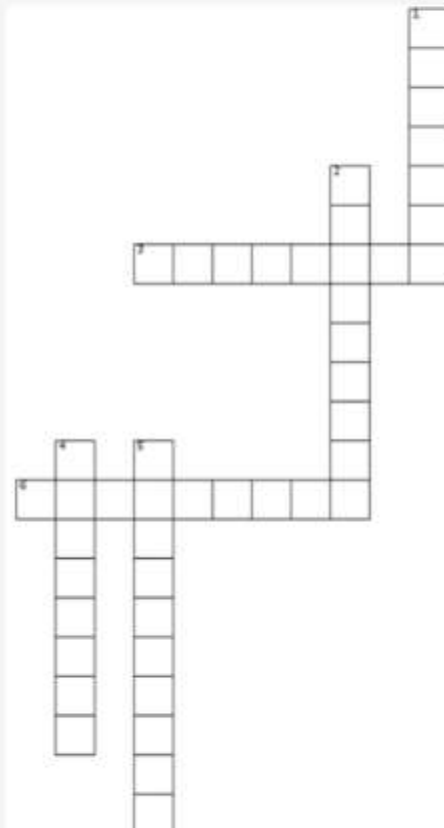
This term's affix is the suffix "dis-", which gives the meaning of "opposite". Fill in the crossword: the answer to each of the clues is a word that is affixed with "dis-".

Across

- 3. mild dislike of or aversion towards something
- 6. clean (something), especially with a chemical, in order to destroy bacteria

Down

- 1. put out of action
- 2. behaving or prone to behave in an untrustworthy, deceitful, or insincere way
- 4. failing to be loyal to a person, country, or organisation to which one has obligations
- 5. act in an insulting way towards someone or something



Good to know: An affix is morpheme that is attached to a word stem to change the meaning of the word e.g. the affix un + happy = not happy.

Literacy SUPER Challenge

Some of the answers to your crossword have the following synonyms.

Once you have worked out the "dis-" word, match it to its relevant synonym.

- | | |
|----------------|------------|
| • Incapacitate | • Dis_____ |
| • Contempt | • Dis_____ |
| • Mistreat | • Dis_____ |
| • Deceitful | • Dis_____ |

Good to know: A Synonym is one of two or more words or expressions of the same language that have the same or nearly the same meaning in some or all senses.



Stars of the Week

Congratulations to the following students for achieving star of the week.



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Aspens Catering

Aspens is our chosen provider for meal service at Rushden Academy.










We push the boundaries here with really interesting dishes that grab a lot of attention in the world of food. We understand that tastes are expanding and students are keen for the chance of new food experiences. We also don't forget that familiarity and comfort are what so many want, so we have plenty of choices to fit the bill. With important learning to be done, we make sure that we are feeding healthy minds as well bodies.

Streateries is our main secondary meal offer. With food drawing on Asian, African, Caribbean and more traditional fare, the menu includes street food dishes and handheld versions with vegetarian and vegan choices and sides available.

Our Deli Kitchen builds on the popularity of our standard hot and cold deli offers to provide more substantial meals at our grab and go counter.

If you have any special dietary requirements, don't forget to let the school know so that you can be catered for,

The menu rotates on a three-week basis and refreshes for Autumn/Winter and Spring/Summer seasons. Take a look below for a peak at their menu for September!






		 				
						
WEEK 1	STREET	Curried Coconut Chilli Chicken Wholegrain Rice n Peas	Homemade Spicy Falafel Flatbread	Glazed Gammon Roast Yorkshire Pudding, Roast Potato & Gravy	Low Salt & Chilli Chicken Firecracker Rice	Choose from: Battered Fish Margherita Pizza Chips & Gravy or Curry Sauce
	VEGGIE	Jamaican Black Eyed Peas Stew Wholegrain Rice n Peas	Plant Based Creamy Green Pea & Spinach Pasta	Root Vegetable & Bean Stew Roast Spuds	Japanese Yakisoba (Japanese Stir Fried Noodles)	Choose from: Margherita Pizza Veggie Sausage (battered or plain) Chips, Gravy or Curry Sauce
	SIDES	Lime Dressed Slaw	Mixed Salad	Roast Carrots & Parsnip	Sweet Chilli Sticky Greens	Minty Peas or Baked Beans
	Extras	Flatbread Wedge	Hummus Pot	Cauliflower Cheese	Prawn Crackers	Onion Rings

w/c 4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1



Aspens

STREATERIES

					
	INCREDIBLE INDIA	AMERICAN Diner	Home STYLE	• MEZZE • MIX 12 DIPS	Chips & more
STREET	Spicy Chicken Dhansak	Tex Mex Burrito Bar Chipotle Chicken or Spicy Beef	Sticky Red Onion Sausages Roast Spuds & Gravy	Meatballs in Baharat Tomato Sauce	Choose from: Battered Fish Margherita Pizza Chips & Gravy or Curry Sauce
VEGGIE	Indian Street Food Vada Pav Bhaji	Crispy Topped Mac n Cheese BBQ Drizzle & Crispy Onion	Veggie Bangers Cheesy Chive Mash	Cumin Chickpea & Vegetable Bake in Baharat Tomato Sauce	Choose from: Margherita Pizza Veggie Sausage (plain or battered) Chips & Gravy or Curry Sauce
SIDES	Wholegrain Rice & Kachumber Salad	Chunky Tomato Salsa Mexican Slaw	Carrots & Peas	Moorish Cous Cous & Green Salad	Minty Peas or Baked Beans
Extras <small>add \$1.00</small>	Naan Bread	Tortilla Chips	Cauliflower Cheese	Garlic Flatbread	Frickles

11/9, 2/10, 23/10, 20/11, 11/12, 15/1, 5/2

STREATERIES

Aspens

					
	AMERICAN Diner	PAN ASIAN	Home STYLE	INCREDIBLE INDIA	Chips & more
STREET	NY Deli Open Chicken Bagel American Mustard Slaw	Laab Moo (Spicy Thai Pork) Lime Wholegrain Rice	Creamy Chicken & Leek Pie Roasties & Gravy	Chicken Ruby Murray Yellow Rice	Choose from: Battered Fish Margherita Pizza Chips & Gravy or Curry Sauce
VEGGIE	Tex Mex Chipotle Sweet Potato & Lime Taco	Veggie Thai Style Noodles	Lentil & Onion Pie Roasties & Gravy	Chana Masala Yellow Rice	Choose from: Margherita Pizza Veggie Sausage (plain or battered) Chips & Gravy or Curry Sauce
SIDES	Hand Cut Wedges & Mustard Slaw	Wok Fried Oriental Veggies	Seasonal Mixed Vegetables	Kachumber Salad	Minty Peas or Baked Beans
Extras <small>add \$1.00</small>	Cajun Onion Rings	Prawn Crackers	Cauliflower Cheese	Naan Bread	Garlic Mayo Dip Pot

18/9, 9/10, 6/11, 27/11, 18/12, 22/1

Time Out For Parents Courses

Join us for 'Handling Anger in the Family' in September

4 weekly online sessions, starting on Monday 18th September - 9th October from 7:30-9:30pm.

Registration includes accompanying parent handbook (RRP. £9.99), additional resources and goodies.

£12.50 per household (bursary places are available).

[Book here](#)



Join us for 'Time Out for Parents - Children with Special Needs' in September

7 weekly online sessions, starting on Thursday 28th September - 16th November from 12:45-2:45pm.

Registration includes accompanying parent handbook (RRP £9.99), additional resources and goodies.

£20 per household (bursary places are available).

[Book here](#)



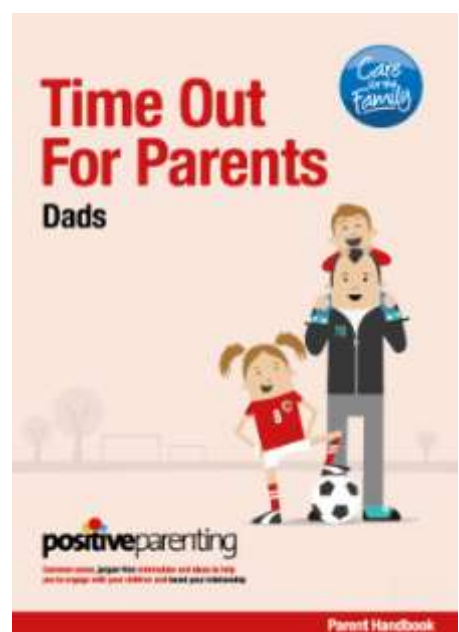
Join us for 'Time Out for Parents - Dads' in November

5 online workshops for anyone fulfilling the role of dad, starting on Tuesday 7th November - 5th December from 7:30-9:30pm.

Registration includes accompanying parent handbook (RRP £9.99), additional resources and goodies.

£15 per dad (bursary places are available).

[Book here](#)



WELLBEING DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the numbers provided or drop in during our opening times.



Monday's & Friday's 4pm - 8pm

the lowdown, 3 Kingswell Street,
Northampton, NN1 1PP - 01604 634385

Tuesday's 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll
St, Corby, NN17 1RU - 01536 518339

Tuesday's 3pm - 7pm

Service Six, Raunds Methodist Church,
Brook Street, Raunds NN9 6LP -
01933 277520

Wednesday's 4pm - 8pm

CHAT Youth Counselling, Souster Youth
Building, 30 Market Road, Thrapston,
NN14 4JU - 01832 274422

Wednesday's 4pm - 8pm

Time 2 Talk, Chantry House, 88 Watling
Street, Towcester, Northants, NN12 6BT
07385 295008 - 01327 706706

Thursday's 4pm - 8pm

Youth Works, 97 Rockingham Rd,
Kettering, NN16 9HX - 01536 518339

Saturday's 10am - 2pm

Service Six, 15 Sassoon Mews,
Wellingborough NN8 3LT - 01933 277520

Saturday's 12pm - 4pm

Time 2 Talk, The Abbey, Market Square,
Daventry, NN11 4XG - 01327 706706

NHS
Northamptonshire Healthcare
NHS Foundation Trust

the
lowdown
supporting young people

**YOUTH
WORKS**

Time 2 TALK

**St Andrew's
HEALTHCARE**

CHAT Youth
Counselling

Service Six
Changing Lives - Changing Futures

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Assistant Principal on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

See us on your mobile phone, laptop or desktop. A free website, chatline, email and text service is available. All services are confidential and free of charge. For more information, visit www.nhs.uk or call 111.

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

See us on your mobile phone, laptop or desktop. A free website, chatline, email and text service is available. All services are confidential and free of charge. For more information, visit www.nhs.uk or call 111.

NHS Northamptonshire Healthcare
the lowdown
St Andrew's
YOUTH WORKS
CHAT Youth Counselling

#weareNHS

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/US/AMHS/LIVE

t f

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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