



Rushden Academy Newsletter

Aspire, Explore, Succeed

08/09/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

I hope you all had a pleasant and restful summer. It was a genuine pleasure to welcome all the students back to school on Tuesday and hear about all the exciting things they have spent their summer doing.

On Tuesday and Wednesday we collapsed lessons so that students could engage with a range of activities and team building sessions which focused on our core values of being Respectful, Smart, Hardworking, Resilient and Team Players. These values are central to everything we do to ensure that everyone works together to continually strengthen our Team Rushden ethos.

I welcomed all students back, in assemblies, which gave them an opportunity to share what they spent their time doing in the holidays. It also encouraged them to reflect on the characteristics of strong teams through discussions around the Lionesses and the NASA team which recently built the James Webb telescope. Mr Firth also delivered an assembly reminding students of expectations to ensure that we start the year as positively as possible.

With reading being such an important part of education here, all students also undertook reading age assessments to ensure firstly that they are reading books appropriate for their reading age, and secondly to allow us to put support in place for when reading ages are below chronological age. There is a very strong correlation between reading age and outcomes and so we are committed to doing all that we can to ensure that developing reading skill is a priority.

Despite a miserable summer in terms of weather, it has been particularly warm this first week. I am aware that some schools have permitted students to wear PE kits and should the local authority issue any weather warnings we will follow suit. Looking at the forecast for next week it is set to get cooler which will make things much less uncomfortable in school.

Finally, I just wanted to remind you all that the school day now starts at 8:30 and so the Spencer Park gate will shut at 8:25am. Please remind your children of this and encourage them to leave 5 minutes earlier to avoid them having to walk round to the Hayway and receive a late mark.

Yours sincerely,

Mr B Baines
Principal

Student Induction Days 2023 - Our Values

It was wonderful to welcome all our students back this week after the summer holidays. This year, we began the term with two induction days so that they would all be fully prepared and informed for the weeks ahead.

The programme for the two days focused on the Team Rushden Values and what being a successful Team Rushden Student means. The Values had been refreshed by our student leaders at the end of last term so this was an ideal opportunity to formally launch them.

Mr Baines and Mr Firth delivered assemblies to all year groups and other sessions included: Year 7, who had only had one transition day, learnt about our values and had tours round the school, Year 11 had a mock results assembly followed up by information on what those grades would mean for their futures, Year 10 had a session on Transition to KS4, Year 8 wrote letters of advice to Year 7 and Year 9 discussed their Year of Choices. There was plenty of target setting for the year ahead and a team building activity to demonstrate our value of being Team Players.

The engagement of the students was excellent, creating a very positive atmosphere around school at the start of the academic year.

Mrs G Brainwood
Assistant Principal



How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and student behaviour.

Students and parents can access this at home to keep up to date, by checking timetables and behaviour events. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Food Technology Becomes a Real Vision at Rushden Academy

This project has been a year in the making. Roll back the clock 12 months, and OFSTED suggested our school will improve towards an 'Outstanding' grade if we offered the opportunity to learn food technology. I saw this as an opportunity to put my complete passion and hobby of eating into a career move!

I have been privileged to have been part of the journey from unsafe, out of date kitchen, into a state of the art facility. The work is virtually completed and students in year 7, 8 and 9 have been having their first lessons in the new room. You will be pleased to hear that during the first lesson, students will acquire washing up and drying skills. There is of course compulsory homework where they have to practice. We will soon be looking at knife skills and food preparation when I hope our students will be bringing home some delights for tasting.

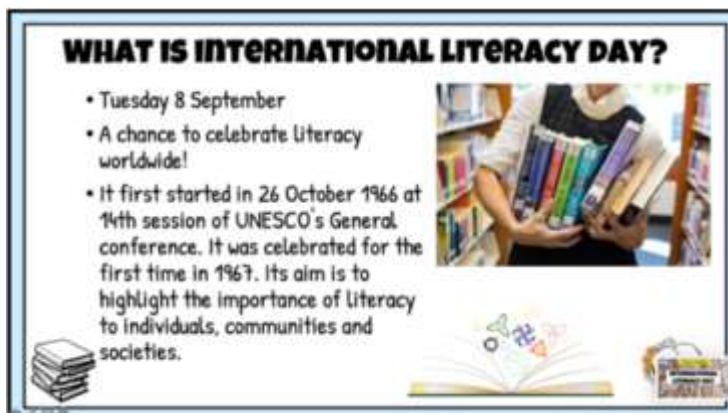
Each week, the basic ingredients will be provided by the school, so everyone gets the experience of food preparation. I will be setting up Google classrooms for everyone, where each week I will let you know what the weekly plan will be, what ingredients will be provided, and some possible optional extras that you could bring in to add to your dish should you wish.

An exciting project has just had lift off. The pictures show the journey the school has taken. Watch out for future articles showcasing students' culinary work.

Mr J Brainwood



International Literacy Day



International Literacy Day takes place on September 8 every year to raise awareness and concern for literacy problems that exist within our own local communities as well as globally. International Literacy Day was founded by proclamation of The United Nations Educational, Scientific and Cultural Organization, or UNESCO, in 1966 “to remind the public of the importance of

literacy as a matter of dignity and human rights.” International Literacy Day brings ownership of the challenges of illiteracy back home to local communities where literacy begins, one person at a time.

What exactly is literacy? Merriam-Webster Dictionary defines literacy as “the quality or state of being literate: educated...able to read and write.” Because you are able to read this post and no doubt spend a lot of time reading online, it may seem incredulous to learn there are people living and working in your own community who not only cannot read this post, but are unable to read a book, a restaurant menu, a road sign, a voting ballot, an instruction manual, a prescription bottle label, or a cereal box.

Can you imagine navigating modern-day life without the basic ability to read and write? Wiping out illiteracy in every local community around the world is what International Literacy Day is all about.

International Literacy Day was first conceived at the “World Conference of Ministers of Education on the Eradication of Illiteracy” held in Tehran, Iran in 1965. The following year UNESCO took the lead and declared September 8 as International Literacy Day, with the primary purpose being “...to remind the international community of the importance of literacy for individuals, communities and societies, and the need for intensified efforts towards more literate societies.” One year later, the global community accepted the challenge of ending illiteracy by participating in the first International Literacy Day.

Continues on the next page...

International Literacy Day



Celebrations in 2023

Rapidly changing global context took a new meaning over the past years, hampering the literacy progress and widening inequalities across world regions, countries, and populations. In low- and middle-income countries, the share of 10-year-old children who could not read and understand a simple text with comprehension has increased from 57 per cent in 2019 to an estimated 70 per cent in 2022.

In this context, this year's International Literacy Day will be celebrated worldwide under the theme, **'Promoting literacy for a world in transition: Building the foundation for sustainable and peaceful societies'**.

Ideas for how you can celebrate International Literacy Day

- Speak to our library staff about how you can get involved with the new student newsletter!
- Create a poster, book review or photo montage of your favourite books and share it with the UK Literacy Association (UKLA.org)
- Gift a book to a friend or relative who you think will enjoy it
- Conduct an online search for fairy tales or stories from other parts of the World

ILD2023 will be an opportunity to join efforts to accelerate progress towards the achievement of the Sustainable Development Goal 4 (SDG4) on education and lifelong learning and to reflect on the role of literacy in building more inclusive, peaceful, just, and sustainable societies. In doing so, it will embrace the reciprocal relations between literacy and other areas of development: Literacy is central to the creation of such societies, while progress in other areas of development contributes to generating interest and motivation of people to acquire, use, and further develop their literacy and numeracy skills.

Under this theme, ILD2023 will be celebrated at the global, regional, country, and local levels across the world. At the global level, a conference will be organized in person and online on Friday, 8 September 2023, in Paris, France. This global celebration will include the award ceremony of the UNESCO International Literacy Prizes to announce this year's outstanding prizewinning programmes.

The event will be webcast which means you will be able to view it online!

Mrs T Charlton
Literacy Lead

International Literacy Day - Team Rushden Challenge



We're giving you an opportunity to celebrate International Literacy Day AND earn yourself some Team Rushden Points by producing a poster that shows what Literacy means to you. It could focus on International Literacy, or simply what Literacy means in your life.

You could include:

- Summaries or reviews of your favourite books
- Biographies or fact files on your favourite authors
- A picture of yourself reading in your favourite place
- How your own or others' ability to read and write impacts on quality of life
- Why you think it is important to be literate in our modern world
- What you think literacy, or illiteracy means for people in your own and other countries
- Information you have found out through your own research on literacy levels around the world

Or you could focus on Unesco's 2023 theme: 'Promoting literacy for a world in transition: Building the foundation for sustainable and peaceful societies' – What do you think is the link between literacy and a peaceful society?

Poster entries will be judged and the best efforts will feature in a future newsletter and earn TRPs for the author to spend on some great prizes!



Rushden Academy SAS

Our Social Action Squad has got off to a roaring start last academic year! We completed three community litter picks, and had students join the Revolution Manchester trip, clearing gardens and painting a community bike library.

If you have a project that you would like to see the Social Action Squad tackle this term, or know of anyone in our community who needs a helping hand, drop us a line at socialactionsquad@rushden-academy.net and we will see what we can do to help. No job too big or too small for the SAS! #TeamRushden #RASAS





RUSHDEN ACADEMY

OPEN EVENING

THURSDAY 12TH OCTOBER 2023

- ☑ Meet our staff
- ☑ Meet our students
- ☑ Tour our school
- ☑ See what every faculty has to offer

CONTACT US



01933 350 391



www.rushden-academy.net

Rushden Academy is part of Tove Learning Trust, a highly successful and local academy trust.



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

j.ede@rushden-academy.net

Numeracy Problem of the Week

In a magic square, the three numbers in each row, in each column, and in each diagonal add up to the same number.

Complete this magic square.

13		
	10	
9		7



Join the Google Classroom code **h2fcjll** to submit your answer

Aspens Catering

Aspens is our chosen provider for meal service at Rushden Academy.










We push the boundaries here with really interesting dishes that grab a lot of attention in the world of food. We understand that tastes are expanding and students are keen for the chance of new food experiences. We also don't forget that familiarity and comfort are what so many want, so we have plenty of choices to fit the bill. With important learning to be done, we make sure that we are feeding healthy minds as well bodies.

Streateries is our main secondary meal offer. With food drawing on Asian, African, Caribbean and more traditional fare, the menu includes street food dishes and handheld versions with vegetarian and vegan choices and sides available.

Our Deli Kitchen builds on the popularity of our standard hot and cold deli offers to provide more substantial meals at our grab and go counter.

If you have any special dietary requirements, don't forget to let the school know so that you can be catered for,

The menu rotates on a three-week basis and refreshes for Autumn/Winter and Spring/Summer seasons. Take a look below for a peak at their menu for September!






		 				
						
WEEK 1	STREET	Curried Coconut Chilli Chicken Wholegrain Rice n Peas	Homemade Spicy Falafel Flatbread	Glazed Gammon Roast Yorkshire Pudding, Roast Potato & Gravy	Low Salt & Chilli Chicken Firecracker Rice	Choose from: Battered Fish Margherita Pizza Chips & Gravy or Curry Sauce
	VEGGIE	Jamaican Black Eyed Peas Stew Wholegrain Rice n Peas	Plant Based Creamy Green Pea & Spinach Pasta	Root Vegetable & Bean Stew Roast Spuds	Japanese Yakisoba (Japanese Stir Fried Noodles)	Choose from: Margherita Pizza Veggie Sausage (battered or plain) Chips, Gravy or Curry Sauce
	SIDES	Lime Dressed Slaw	Mixed Salad	Roast Carrots & Parsnip	Sweet Chilli Sticky Greens	Minty Peas or Baked Beans
	Extras	Flatbread Wedge	Hummus Pot	Cauliflower Cheese	Prawn Crackers	Onion Rings

w/c 4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1



Aspens
★★★★★

STREATERIES

	 INCREDIBLE INDIA	 AMERICAN Diner	 Home STYLE	 • MEZZE • MIX IT UP!	 Chips & more
STREET	Spicy Chicken Dhansak	Tex Mex Burrito Bar Chipotle Chicken or Spicy Beef	Sticky Red Onion Sausages Roast Spuds & Gravy	Meatballs in Baharat Tomato Sauce	Choose from: Battered Fish Margherita Pizza Chips & Gravy or Curry Sauce
VEGGIE	Indian Street Food Vada Pav Bhaji	Crispy Topped Mac n Cheese BBQ Drizzle & Crispy Onion	Veggie Bangers Cheesy Chive Mash	Cumin Chickpea & Vegetable Bake in Baharat Tomato Sauce	Choose from: Margherita Pizza Veggie Sausage (plain or battered) Chips & Gravy or Curry Sauce
SIDES	Wholegrain Rice & Kachumber Salad	Chunky Tomato Salsa Mexican Slaw	Carrots & Peas	Moorish Cous Cous & Green Salad	Minty Peas or Baked Beans
Extras <small>add \$1.00</small>	Naan Bread	Tortilla Chips	Cauliflower Cheese	Garlic Flatbread	Frickles

11/9, 2/10, 23/10, 20/11, 11/12, 15/1, 5/2

STREATERIES

Aspens
★★★★★

	 AMERICAN Diner	 PAN ASIAN	 Home STYLE	 INCREDIBLE INDIA	 Chips & more
STREET	NY Deli Open Chicken Bagel American Mustard Slaw	Laab Moo (Spicy Thai Pork) Lime Wholegrain Rice	Creamy Chicken & Leek Pie Roasties & Gravy	Chicken Ruby Murray Yellow Rice	Choose from: Battered Fish Margherita Pizza Chips & Gravy or Curry Sauce
VEGGIE	Tex Mex Chipotle Sweet Potato & Lime Taco	Veggie Thai Style Noodles	Lentil & Onion Pie Roasties & Gravy	Chana Masala Yellow Rice	Choose from: Margherita Pizza Veggie Sausage (plain or battered) Chips & Gravy or Curry Sauce
SIDES	Hand Cut Wedges & Mustard Slaw	Wok Fried Oriental Veggies	Seasonal Mixed Vegetables	Kachumber Salad	Minty Peas or Baked Beans
Extras <small>add \$1.00</small>	Cajun Onion Rings	Prawn Crackers	Cauliflower Cheese	Naan Bread	Garlic Mayo Dip Pot

18/9, 9/10, 6/11, 27/11, 18/12, 22/1

Time Out For Parents Courses

Join us for 'Handling Anger in the Family' in September

4 weekly online sessions, starting on Monday 18th September - 9th October from 7:30-9:30pm.

Registration includes accompanying parent handbook (RRP. £9.99), additional resources and goodies.

£12.50 per household (bursary places are available).

[Book here](#)



Join us for 'Time Out for Parents - Children with Special Needs' in September

7 weekly online sessions, starting on Thursday 28th September - 16th November from 12:45-2:45pm.

Registration includes accompanying parent handbook (RRP £9.99), additional resources and goodies.

£20 per household (bursary places are available).

[Book here](#)



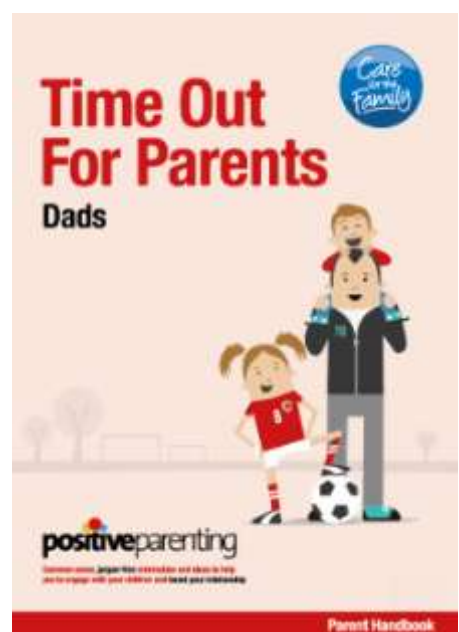
Join us for 'Time Out for Parents - Dads' in November

5 online workshops for anyone fulfilling the role of dad, starting on Tuesday 7th November - 5th December from 7:30-9:30pm.

Registration includes accompanying parent handbook (RRP £9.99), additional resources and goodies.

£15 per dad (bursary places are available).

[Book here](#)



WELLBEING DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the numbers provided or drop in during our opening times.



Monday's & Friday's 4pm - 8pm

the lowdown, 3 Kingswell Street,
Northampton, NN1 1PP - 01604 634385

Tuesday's 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll
St, Corby, NN17 1RU - 01536 518339

Tuesday's 3pm - 7pm

Service Six, Raunds Methodist Church,
Brook Street, Raunds NN9 6LP -
01933 277520

Wednesday's 4pm - 8pm

CHAT Youth Counselling, Souster Youth
Building, 30 Market Road, Thrapston,
NN14 4JU - 01832 274422

Wednesday's 4pm - 8pm

Time 2 Talk, Chantry House, 88 Watling
Street, Towcester, Northants, NN12 6BT
07385 295008 - 01327 706706

Thursday's 4pm - 8pm

Youth Works, 97 Rockingham Rd,
Kettering, NN16 9HX - 01536 518339

Saturday's 10am - 2pm

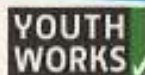
Service Six, 15 Sassoon Mews,
Wellingborough NN8 3LT - 01933 277520

Saturday's 12pm - 4pm

Time 2 Talk, The Abbey, Market Square,
Daventry, NN11 4XG - 01327 706706



Northamptonshire Healthcare
NHS Foundation Trust



Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Assistant Principal on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

See us on your mobile phone, laptop or desktop. A free confidential helpline. All advice is confidential. For more information, visit www.nhs.uk or call 0800 111 777. For more information, visit www.nhs.uk or call 0800 111 777.

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

See us on your mobile phone, laptop or desktop. A free confidential helpline. All advice is confidential. For more information, visit www.nhs.uk or call 0800 111 777. For more information, visit www.nhs.uk or call 0800 111 777.

the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE **MENTAL HEALTH SERVICES** YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/ABOUT/CAMHS/LIVE

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QR code

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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