



Rushden Academy Newsletter

Aspire, Explore, Succeed

14/07/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

As the academic year draws to a close the penultimate week brought with it our annual reward trips, final preparations for Chicago, and our Ethos Team's social action project in Manchester.

All year group assemblies were led by two of our local police community support officers (PCSOs) who wanted to talk to our students about anti-social behaviour ahead of the Summer holidays. The local area has seen a spike in incidents of anti-social behaviour and the PCSOs explained the types of incidents that are being reported and the powers and policy that they have to deal with such behaviour.

As the first performance of Chicago takes place on Tuesday, the stage went up this week with a lot of final touches to set designs, props and costumes for all involved. A huge amount of work goes into these productions which our students truly love to be involved in. There are still tickets available and the show is taking place on Tuesday, Wednesday and Thursday at 7:30pm where you are very welcome to join us in celebrating our talented students.

Mr Smart and our Ethos youth worker, Rosie, took a number of Year 10 students to Manchester to take part in a large scale social action project. As part of the project, our students tidied up gardens and communal areas for a charity that focuses on preventing students going into care. They also spent time painting and decorating buildings for a bike for all charity that enables people to borrow bikes who might not necessarily be able to afford one. The students were a credit to the school and worked alongside students from 3 other secondary schools that are part of Tove Learning Trust.

Finally, Friday was reward trips where students went on various trips and experiences such as paint balling, Thorpe Park, Box End water park and laser maze. The weather was horrendous but did little to dampen students spirits!

A reminder that the final day of term, next Friday, is a half day with students finishing school at 12:30pm.

Have a lovely weekend,

Yours sincerely,

Mr B Baines
Principal

Creative Arts Update



This term in the Creative arts students across the Academy have been very busy.

In year 8 we have been studying the work of Pop Artists and looking at the term 'Onomatopoeia', a word that sounds what it describes. Onomatopoeia pop art refers to the use of onomatopoeic sounds or words in pop art designs. It involves mimicking sound effects through letters, numbers, shapes, colours or patterns. This innovative form of art provides endless possibilities for creativity and expression.



We started the project by getting to know some of the world's greatest Artists: Andy Warhol and Roy Lichtenstein. The students watched a slide show comparing and contrasting Andy Warhol's and Roy Lichtenstein's artworks. We discussed benday dots and how they can be used to create value (shading). And we looked closely at some of Lichtenstein's comic strip art that utilises onomatopoeia words



Each student is required to visually illustrate one onomatopoeia word using a limited colour palette. They had to select two rainbow colours and can use any of the four neutral colours freely anywhere in their design. They have been taking inspiration and exploring their imagination.

They are producing some imaginative and creative art works. We will publish the finished pieces next term

Don't forget to follow us on Instagram

@rushdencreativearts



Creative Arts Update

Our Year 11 students, in Art, Photography, and Graphics have now completed their qualifications and we are awaiting the GCSE results in August. Here are some photographs of their exhibition:



Creative Arts Update

Year 13 have also completed their 'A' Level qualifications in both art and photography and are also waiting for their results in August. Here are examples of their stunning work.



American Diner Day in the Canteen

Thank you to everyone who supported our Pride Theme day in the canteen last month.

This month we will be trying our hands at being an American Diner. Come and see what we cook up!



Young Minds

Young people go through all kinds of changes as they grow up – including when they move into a new class, go to secondary school, move to a new house or area, or experience changes within their family. These times of transition can be exciting. However, they can also be stressful, worrying or upsetting.

Change can be difficult when a young person does not want it to happen or does not feel ready for it, feels worried about something new or unknown, needs time to let go of something that has ended or feels that what is happening to them is out of their control. A child or young person may also find change difficult if they are already struggling with other things.

If your child is struggling to cope with change, have a look at Young Minds' practical tips to help you support them.

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/transitions-and-times-of-change/?utm_source=enewsletter&utm_medium=email&utm_campaign=360schools&utm_content=july_2023

Unilever Donations

This week the science department are very thankful to Unilever as they have made a very large donation to us of glassware and equipment.

Due to moving labs and downsizing they had a surplus of equipment and, as Unilever want to be as sustainable as possible, they have been contacting schools in the local area asking if they are in need of anything. The equipment donated will be used by GCSE students and TENC students when completing their BTEC qualifications.

As a school lots of glassware is broken every year due to accidents or items are chipped and therefore are not safe to use anymore. With ever tighter budgets we were struggling to replace some of the equipment, if you remember previously the PTFA have raised money for us to help purchase microscopes. So this donation by Unilever means the world because we are then able to spend the budget on consumables such as chemicals, exercise books and the much sought after glue sticks!

Thank you Unilever for all the equipment.



Rushden Academy SAS

This week some of our year 10s have been lucky enough to join in with other schools Revolution Manchester, and have spent the week working hard; 2 garden project and teaming up to support the one bike for all project. Look at the difference they have made!

They then attended an amazing night at the church with rewards for their hard work. Well done Team Rushden!
#Teamplayers #Respect #Resilience #RASAS
#growingbyservingothers #TeamRushden



Library News

Return of Library books

All student books are being stamped for return for the 14th July. This gives us the last week of term to try and get all of the current and overdue loans back into the Library before the summer holidays start. If you still want something to read in the last week of term, try browsing our for sale section!

Book Sale

There are still plenty of books up for sale for students and staff. Price ranges are 10p, 20p, 50p and £1.

ePlatform

Students still have access to our ePlatform over the summer holiday. They can read on their phones, tablets, PCs, via the website or download the app.

<https://rushdenacademy.eplatform.co/>

Student login: school email

Password: School123

You can set a different password once logged in.

Summer Reading Challenge

Students have the opportunity to take part in a reading challenge over the summer holiday. Six challenges over six weeks. Some activities don't necessarily need a book, so writing a book review, for example, can be done on a book they've read at any point, as long as it's well considered.

Students can come into the Library to collect an entry form; and they can be returned to the Library in September. Winning entries will be placed in a hat and two winners will be drawn. They will receive a bundle of books.

School Newspaper

Rushden Academy is launching a student-led school newspaper. This will be an extra-curricular activity which will run (provisionally) after-school on Wednesdays. It would be great if all year groups including 6th form were to have some representation on the newspaper team. We will need reporters, article writers, puzzlers, illustration or graphics, photographers etc, so plenty of roles.

There will, however, be limited places, so if any students are interested, ask them to pop into the Library and put their name down on a list, along with their preferred role.

BOOK SALE



Prices range
from:

10p-£1

Date: From **19th June 2023**,
until the end of term

Where: **In the Library**,
every break & lunch

SEND Co-Production Group

NHFT have an opportunity for parents/carers whose child/young person has accessed any of the attached SEND Children and Young People services. Please see the attached poster. You can share ideas on what we should include in the service videos intended for families. The videos are about what families can expect from the services when they are referred in. NHFT are interested in hearing from parents/carers with experience of accessing the below services:

- Physiotherapy
- Occupational therapy
- Speech and language therapy
- Special school nursing

What to expect?
If you are a parent or carer...

Share your ideas on what information to include in videos for families, so they know what to expect from below Children and Young People's services upon a referral:

- Physiotherapy
- Occupational Therapy
- Speech and Language Therapy
- Special School Nursing

GET INVOLVED

Monday, 17 July 2023
11:00-12:30
MS Teams
Email Participation@nhft.nhs.uk or scan the QR code

WELLBEING DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the numbers provided or drop in during our opening times.



Monday's & Friday's 4pm - 8pm

the lowdown, 3 Kingswell Street,
Northampton, NN1 1PP - 01604 634385

Tuesday's 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll
St, Corby, NN17 1RU - 01536 518339

Tuesday's 3pm - 7pm

Service Six, Rounds Methodist Church,
Brook Street, Rounds NN9 6LP -
01933 277520

Wednesday's 4pm - 8pm

CHAT Youth Counselling, Souster Youth
Building, 30 Market Road, Thrapston,
NN14 4JU - 01832 274422

Wednesday's 4pm - 8pm

Time 2 Talk, Chantry House, 88 Watling
Street, Towcester, Northants, NN12 6BT
07385 295008 - 01327 706706

Thursday's 4pm - 8pm

Youth Works, 97 Rockingham Rd,
Kettering, NN16 9HX - 01536 518339

Saturday's 10am - 2pm

Service Six, 15 Sassoon Mews,
Wellingborough NN8 3LT - 01933 277520

Saturday's 12pm - 4pm

Time 2 Talk, The Abbey, Market Square,
Daventry, NN11 4XG - 01327 706706





This Week in Performing Arts

Year 9 Curriculum Changes:

We are making some changes to our curriculum offer in Year 9 from September.

You may be aware students were asked to order Performing Arts subjects by personal preference recently, this was conducted to see if we could improve the experience for our students.

Using that information we have been able to create a Performing Arts timetable that is specific to each student's preferences.

From September students will find they have 2 Performing Arts options on their timetable, rather than the 3 they would usually have. One of these options will be twice per week and the other will be once per week. We believe that by creating this bespoke timetable, students can gain an enhanced teaching and learning experience in the subjects they enjoy most which will inevitably support them in their further studies should they choose to take that subject for GCSE options.

It is important to note that this is not part of the GCSE option process and students are still able to choose any of the Performing Arts subjects for study at Key Stage 4, even if it was not part of their preference choice in year 9.

If you do have any questions with regards to this, please feel free to contact me.

Mrs Ede

Head of Performing Arts





This Week in Performing Arts

CHICAGO Teen Edition:

We are in the FINAL week of rehearsal! Show week is so close and we can feel the excitement brewing.

Each department is finalising their roles and making sure we are prepped and ready for what will be a very busy show week. With a total of 2 primary performances and 3 night shows over 3 days, everyone is making sure they are 100% ready to go.

Chicago Teen Edition has been an absolute labour of love for every department. We are all so excited to see the culmination of everything that everyone has been tirelessly working on since September and we cannot wait to let the students showcase the incredible hard work they have been doing.

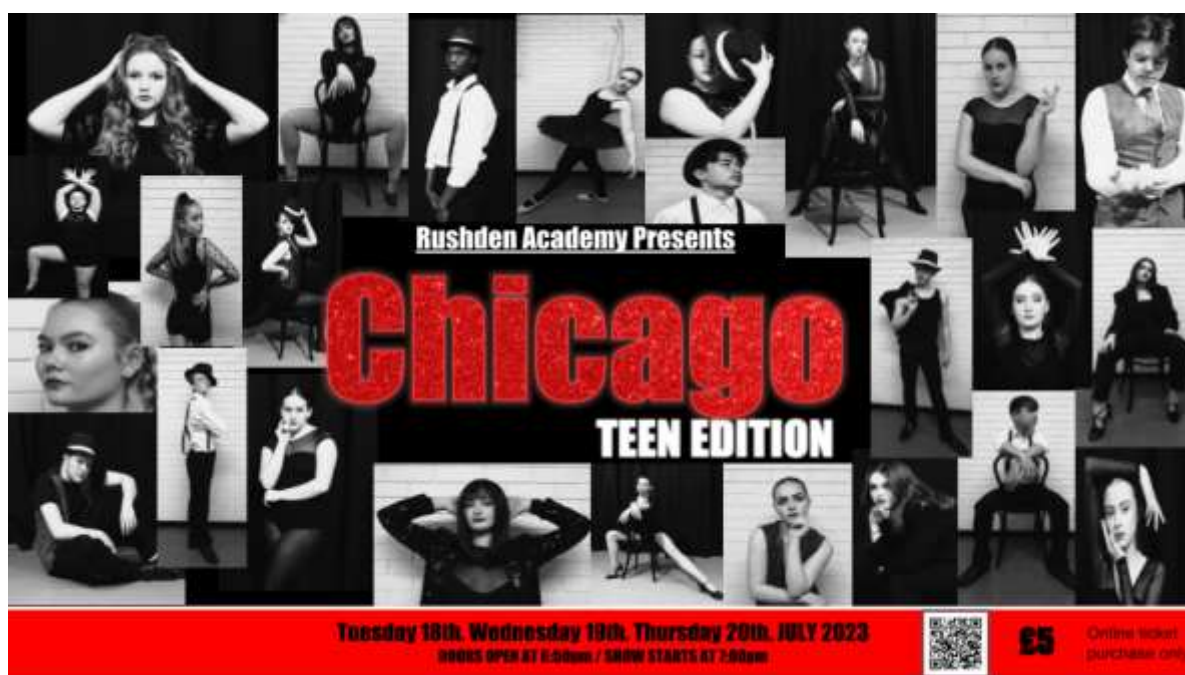
Chicago is such a classic show and it has truly been done justice by the instance talent of the cast and crew. It will definitely be razzle dazzling and as a department we couldn't be prouder of the work that has been produced.

There are still tickets left for all 3 night time performances, but not many. We encourage everyone to come and see what the students have been working towards since September and see the mid blowing results. Tickets can be purchased through the QR code or the website links in our social media.

Are you ready for Chicago's own killers, drillers and scintillating sinners?

ONLY 4 DAYS TO GO!!!

Get your tickets fast to avoid disappointment as the show will be All That Jazz! <https://www.trybooking.com/uk/events/landing/43543?eid=43543>



Northampton Active

Discount available when you book for the week!

Holiday Clubs

Adventure Activity

Includes Whitewater Rafting & Whitewater Tubing, plus multi activities!

Tuesday & Thursday | 9am - 4pm
Bookable online: northamptonactive.com



Multi Activity

Includes a variety of water and land activities

Archery, Kayaking, Raft Building, High Ropes and more...

Monday - Friday | 9am - 4pm
Bookable online: northamptonactive.com

HAF (Holiday & Activity Food Programme)

Children entitled to free school meals are eligible

Bell Boats, Ball Sports, Kayaking, Team Games, High Ropes and more...

Monday - Friday
9am - 1pm (Under 8's, 9 - 11yrs) | 12pm - 4pm (12 - 18yrs, 9 - 11yrs)
AM & PM are separate sessions.

See website for more information

NORTHAMPTONACTIVE.COM

INFO@NORTHAMPTONACTIVE.COM

01604 634040

Lost Property

Please remind your children to check lost property in main reception if they misplace any items.

We currently have a selection of water bottles, pencil cases, coats/jackets, jewellery, watches, glasses, keys and other miscellaneous items.

Any items that remain unclaimed for more than 4 weeks are donated to our internal spare uniform supplies or to local charities.

School's out for summer!

It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Live Streaming



A Parent's Guide to Online Grooming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

Schools please [contact us](#) if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

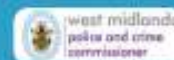
Skips Educational

Web: www.skipssafetynet.org
Email: info@skips.com
Tel: +44 121 227 1941

142 Newton Road
Great Barr
Birmingham B43 6BT

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Developed in partnership with



Skips

Keeping children safe online

www.skipssafetynet.org



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL



North
Northamptonshire
Council



SUMMER HOLIDAY ACTIVITIES

**Holiday Activities available across
North Northamptonshire during
the school summer holidays.**

Find out more
[www.northnorthants.gov.uk/
holidayactivities](http://www.northnorthants.gov.uk/holidayactivities)

**Do something cool
with your Summer!**

Scan me



Follow us on social media



North
Northamptonshire
Leisure



Places
Leisure
Part of Places for People



freedomleisure
where you matter

Online Safety

MAKING SURE YOUR HOME DOESN'T HAVE AN OPEN DOOR TO CHILD SEXUAL ABUSERS

Young people are being contacted in their own homes on online platforms and apps and asked for sexual pictures and videos, while their parents and carers believe they are safe. More and more sexual abuse material is created by offenders who coerce and groom children into sexual activities, often in children's own bedrooms and bathrooms. They then record this via webcams or livestreaming services. It's known as 'self-generated' child sexual abuse imagery.

This is happening now, and it can happen to anyone. But you can do something about it; you can help prevent it happening to your child. If you're asking yourself what and how, this guidance will help you.

What you need to know

Online child sexual abuse is not a new problem, but it is a rapidly growing one. The methods abusers use are constantly shifting and changing, and they are always looking for ways to avoid detection.

What form does this abuse take, and who is responsible?

There's a big increase in sexual images and videos (recorded and live-streamed) that have been created of children as a result of an abuser grooming, manipulating, deceiving or coercing a child into sexual activity over a webcam. This means less risk for the abuser: they have no physical contact with the child. Often, the child does not fully realise or understand what they were doing, or why.

With live-streaming, children may not know that the person watching can screen capture or record a video, and upload that material somewhere else for other people to see.

This kind of abuse is different to sharing nude selfies among peer groups, 'sexting', or being encouraged to perform a sexual act for someone who is physically present.

In all cases of sexual abuse, the adult grooming the child for the material is the person responsible for it: the child is never to blame.

It's important to ensure that children understand it's never their fault they were sexually abused.

How do abusers do it?

This method of abuse isn't happening in dark, hidden corners of the web, but in plain sight, on platforms and apps used by children and their parents.

When offenders have made contact, abusers will encourage, coerce and manipulate children into sexual activities and then capture that as a recording. They often use image hosting sites and cyberlockers (secure file sharing services) to store and distribute the material. The time between first contacting a child to distributing material can be just a few minutes, or hours.

Continues on the next page...

Online Safety

Why is my child at risk of this happening to them?

Any child who has unrestricted access to internet connected devices, no matter what their background or situation, is at risk of this abuse happening to them. No-one is immune.

However, evidence shows that it happens to girls much more than boys, and most often girls aged 11 to 13 years old. It's helpful to understand some reasons for this, to realise why just banning a child from using social media is not the answer or won't solve the problem.

First of all, remember that for young teenagers, life off the internet is no more 'real' than life on the internet – both worlds are their reality. And just like offline life, online life can be full of positives. It's where they can chat to their friends and stay connected (especially important during the isolation of lockdown). It's where they can laugh and be entertained. It's where they can find and share images and videos. It's where they can argue their opinions and express themselves in ways that feel fun, exciting and carefree.

Online spaces are places where young people can feel empowered. They're places that adults don't totally 'get'; where teens can create a private life for themselves separate from their parents and carers. This can be vital for their development and preparation for adult life.

Start the conversation and listen to their concerns

Having this first conversation will probably be the hardest thing to do – talking about sex feels awkward, and no-one wants to think about something as shocking as sexual abuse. There won't be many parents and carers who feel confident or prepared to talk to their child about this – everyone will wish they didn't have to. Unfortunately, you do have to. Not talking about it could make the difference between your child being safe, or not. Here are some tips on starting the conversation:

- Pick your moment - there will never be an 'ideal' time, but if you're interrupting their favourite TV show the conversation may not go well
- Try not to make a dramatic 'We need to talk' statement – a good time to talk about tricky things can be while you're walking, playing or doing an activity together, or during a car journey
- Remind them that no-one should ask them to do anything that makes them feel uncomfortable or that they don't want to do, no matter what it is.
- Avoid judgement, blame or shame. When you speak to your child, whatever they tell you, never imply that they are responsible or to blame if someone asks them to share, or if they already have shared, sexual material.
- Set rules about the way you use technology as a family. You can't have control over everything your child does and how they behave on the internet, but having a family contract or agreement sets out some expectations of how everyone can go online positively and safely.
- Take an interest in your child's online life
- Don't rush to judgement

Online Safety Resources

How to Stay Secure Online

The National Cyber Security Centre (NCSC) have released a great free interactive resource for KS3 students about how to stay secure online. Students can learn and participate in aspects such as cyber scams in games and social media where learners can make choices of the character and watch how they play out.

More information and access to the video can be found [HERE](#).

Reporting Online threats

If a young person is threatened online they need to be able to judge whether this is a hypothetical or credible threat, this is because social media companies will treat the incident differently. Realistically this means that if the threatening account/actor is reported the company will either not deal with the matter at all (hypothetical) or will (should) deal with the threat if it is reported. It is important that students understand this because advice many of them receive is to 'block and report.' That is good advice, but it depends on the situation, in this case whether it is a threat and whether it is credible.

To help you with this, SWGfL and their website Report Harmful Content has a brief explanation of both types of threat, and very usefully have a list of common social media plus a few games which links directly to their reporting/advice page. You can find the page [HERE](#).

Apps to Help Kids Get Active

In this beautiful weather we're having and with the summer break just around the corner it's important that we all get outside and soak up the goodness. This can be difficult for parents whose children seem super-glued to their devices so Internet Matters have put together a useful advice page with a list of different apps for children of all ages to get them motivated. You can find the advice page [HERE](#).

BACK TO SCHOOL COLLECTION



SKE STRIDE
COLOUR: BLACK LEATHER
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, F, G, H



STODGY STRIDE
COLOUR: BLACK LEATHER
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, G



SCAPE SKY
COLOUR: BLACK LEATHER
SIZES AVAILABLE: 10 - 14
FITTINGS AVAILABLE: E, G, H



KICK BACK
COLOUR: BLACK LEATHER
SIZES AVAILABLE: 7 - 4
FITTINGS AVAILABLE: E, G



BELDA SEA
COLOUR: BLACK LEATHER & BLACK PATENT
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, F, G, H



SCALA TAP
COLOUR: BLACK PATENT
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, F, G, H



JAZZY 3D
COLOUR: BLACK PATENT
SIZES AVAILABLE: 8 - 14
FITTINGS AVAILABLE: E, F, G, H



JAZZY TAP
COLOUR: BLACK LEATHER
SIZES AVAILABLE: 8 - 4
FITTINGS AVAILABLE: E, F, G, H



CICA STAR DRB
COLOUR: BLACK
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, F, G, H



CICA STAR FLEX
COLOUR: PINK/WHITE
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, G



CICA STAR RUN
COLOUR: NAVY/COBALT
SIZES AVAILABLE: 7 - 14
FITTINGS AVAILABLE: E, G



AWARD FLY
COLOUR: BLACK
SIZES AVAILABLE: 10 - 14
FITTINGS AVAILABLE: E, G

Clarks

Literacy Challenge

This term you have covered the following prefixes: Super-, Hyper- and Mis-

Give the mis-, hyper- or super- prefixed words that match the definitions

To manage something badly or poorly.	To handle something badly or wrongly.	Involving or denoting a speed greater than that of sound.
Having extreme physical sensitivity to particular conditions.	To hear something wrongly.	Fail to discharge or fire correctly; fail to achieve the desired result.
Being higher in rank, status or quality.	Acutely or excessively aware of something.	To breathe at an abnormally rapid rate.

Good to know: A prefix is letters attached to the beginning of a word stem that change the meaning of the word e.g. the prefix un + happy = not happy.

Literacy SUPER Challenge

Can you be the one to come up with the highest scoring mis-, hyper- or super- prefixed word using the Scrabble tiles?!



Use the letters as many times as you need!

Numeracy Problem of the Week



Sophie has to choose seven different positive (non zero) whole numbers whose mean is 7.

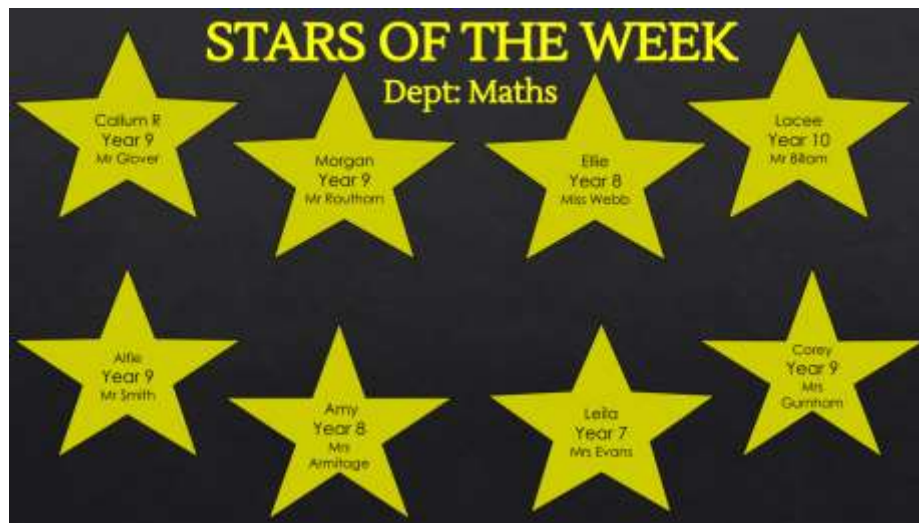
What is the largest possible number that she could choose as one of the seven numbers?

Last Week's Solution: 09:38

Join the Google Classroom code **f2esulr** to submit your answer

Stars of the Week

Congratulations to the following students for achieving star of the week.



Stars of the Week

Congratulations to the following students for achieving star of the week.




Stars of the Week

Congratulations to the following students for achieving star of the week.



Rushden Academy presents



**Performance
Group
DANCE**

MODERN DANCE GROUP

**Every Monday
Starting 19th September
3:10-4:10pm**

DANCE STYLES
Contemporary
Hip Hop
Jazz

Express yourself through the art of modern dance

Register with Miss Pilgrim
c.pilgrim@rushden-academy.net

PERFORMING ARTS PRESENTS

Dance

CLUB

FRIDAY 3:10pm-4:10pm
Main Hall



YEAR 7
YEAR 8
YEAR 9

Come along and learn new moves in a fun and friendly environment

FOR MORE DETAILS CONTACT MISS PILGRIM

c.pilgrim@rushden-academy.net

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyll St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/ABOUT/CAMHS/LIVE

t f

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU