



# Rushden Academy Newsletter

Aspire, Explore, Succeed

09/12/2022

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

The penultimate week has been a chilly but festive one for all of us at Rushden Academy.

With Christmas fast approaching, Reverend Chris Youngman and Mr Noblett delivered a heart-warming assembly focusing on changing the narrative for this Christmas. The students were initially encouraged to reflect on Christmas being a celebration of the birth of Jesus but then they were asked to think about what brings them hope at this time of year. Where Christians use this time of year to celebrate the gifts that god bestowed on them, others celebrate the things in life that they are grateful for and gain joy from giving to others. It's also an important time for us to reflect on those less fortunate than others and hope that their lives still bring them some joy this Christmas.

On Thursday, staff and students were invited to come into school wearing their Christmas jumpers to raise money for the charity, Save the Children. It was nice to see so many members of Team Rushden wearing their jumpers and supporting this worthwhile cause. On this theme of charity and generosity, Miss Montgomery has also coordinated staff collections for Christmas hampers to be delivered to families that need it the most this Christmas.

In keeping with the Christmas theme, many of our students have taken part in our design a Christmas tree decoration competition. Miss Buckoke and I took time out of the day on Friday to judge the entries and I was amazed by the amount of effort put in by so many individuals. It was a very tough decision but the top 3 entries were as follows:

1st Place - Henry - Clay gingerbread man

2nd place - Elliott - Rudolph made from lollipop sticks

3rd place - Oliver - North Pole made from coloured paper

*Continues on the next page...*

## Message From the Principal Continued....

This week has also seen an increase in sickness and illness across all Year Groups in the Academy. Some illnesses are unavoidable but the NHS guidance suggests that regularly washing your hands with soap and water, covering your mouth and nose when coughing or sneezing and binning used tissues as quickly as possible can all help to reduce the spread of infection. Telephoning 111 for advice can also sometimes prevent a visit to the doctors which may stop your child missing any school. As always, I appreciate you making every effort to ensure your child has the best attendance possible.

I wish you all a very warm and restful weekend before we return for the final academic week of 2022.

Have a pleasant weekend,

Yours sincerely,

**Mr B Baines**  
Principal

## End of Term Arrangements - Friday 16th December

Rushden Academy will be having an earlier finish on Friday 16th December at 12.50pm.

Pupils will be encouraged to take their main meal for the day during an extended morning break.

A light 'grab and go' service will be available in the canteen between 12.50 - 1.00pm for those pupils who wish to take a meal at that time.

Should parents or carers require their child to remain in school until 3.00pm please contact our main reception with your details so that arrangements can be made accordingly.

We wish all our families a festive and restful break and look forward to welcoming back our pupils on Wednesday 4th January 2023.



# Cost of Living Support

## Warm Spaces

Organisation	Opening Times
<b>Rushden Library</b> The Rushden Centre Newton Road Rushden NN10 0PT	Monday - Friday 9am-6pm Saturday 9am-5pm
<b>Rushden Town Council</b> Rushden Hall Hall Park Rushden NN10 9NG	Friday 1.30pm-3.30pm

## Food Bank

<b>Encompass</b> 19-21 Church Street Rushden NN10 9YU	01933 733001 <a href="mailto:Info@encompasscharity.org.uk">Info@encompasscharity.org.uk</a>
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School are able to make referrals so that you receive additional support

**ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT**

<https://www.northnorthants.gov.uk/cost-living>

## Library News

We are very proud of our Library Ambassadors who do a fantastic job of helping to run the library during break & lunchtime. We have students from Years 8,9,10 & 11 who work tirelessly to help the staff to run the library as smoothly as possible. Each week we are introducing you to our fantastic Library Ambassadors - this week it is the turn of Harvey from Year 9 & Olivia from Year 8.



*Hi I'm Harvey. I'm 14 years old and currently in Year 9. My favourite subjects are Maths, History, English, Music and Drama. I've been in 2 of the school's musicals put on by the Performing Arts department. I like to watch movies, read, and play video games in my free time and I hope to pursue acting as a career,*

*I was never really into reading growing up. It always felt like a chore in primary and why read when I got a TV right? Then when I joined Rushden Academy, I realised that there were so many interesting books to read (that weren't Diary Of A Wimpy Kid). I even found my favourite book series (Cirque Du Freak) in the box of books to use when you don't have yours. I was able to read through books easily, enjoyed doing so, and frequently got 100% on my AR quizzes. I liked reading so much because I was able to draw a picture in my mind of what the story was (whereas in a movie, the film paints it for you), and the books I read were so engaging and exciting that I only wanted to read. I was also able to learn and see writing techniques I could use in my English lessons.*

*Then I was asked if I wanted to be a Library Ambassador (which means I would be helping in the library, doing things like putting books on shelves, giving out and returning books, and other things). I always like to take up opportunities and it sounded fun. And I was doing it with a friend which was a plus. I ended up enjoying it more than anticipated. I felt like I was doing good by giving out books and helping the library. Encouraging people to read and helping them. And all the other Ambassadors are also very nice, as well as the teachers. Overall, I've had a great experience being a Library Ambassador and can't wait to continue for the foreseeable future.*

*Hi, my name is Olivia and this will be my first year being Library Ambassador. I wanted to be a Library Ambassador because I love the library and I wanted to see the other side of how things work in there. I enjoy helping people and seeing people get stuck in a great book.*

*I love reading, at the moment I am reading Until The End by Derek Landy, I like the genres of murder, mystery and crime. Some of my favourite authors are: Jacqueline Wilson, Derek Landy, Cathy Cassidy and Robin Stevens.*

*Hope to see you in the library!*



## Library News

### Library Christmas Quiz

Things are now getting serious! If your child would like to enter their team into the Christmas Quiz there are only 2 more spaces left! It is strictly on a first come first served basis so speed is of the essence! There is also a prize for the best team name - so get those thinking caps on.....

**Team options:**

- 1). 4 students per team
- 2). 3 students per team plus 1 teacher
- 3). Teachers can form their own team

**Come and join us**  
in a festive Christmas quiz  
**Wednesday 14th December**

Maximum of 4 people in a team  
(limited spaces - first come, first served)

**Lunch-time:**  
quiz will start at 1.30pm exactly.  
**Get here ASAP!**

Register your team with the  
Library by the end of Tuesday 13th December

Rushden Academy

### Stationary

We have a fantastic array of stationary for sale in the library.

We sell everything your child will need for their day at school.

These are available during break and lunchtime and all items need to be paid in cash.

Item	Price
Biro Pen (black,blue, red or green)	15p
Handwriting Pen (black or blue)	25p
Cartridge Pen	80p
Ink Cartridge	5p
Pencil	15p
Highlighter Pen	40p
Eraser (small)	10p
Eraser (large)	20p
Pencil Sharpener	10p
15cm ruler	15p
30cm ruler	30p
30cm Left-handed Ruler	30p
Protractor/ Set Square	15p
Small Clear Pencil Case	40p
Large Clear Pencil Case	60p
Scientific Calculator (KS3)	£3.50
Scientific Calculator (KS4)	£9.25

# Time Out For Parents



## Children with Special Needs

Sessions for anyone parenting children with special needs aged 3 to 11

### Dates

Every Wednesday 7:00-9:00pm  
1st February - 22nd March 2023

This course will be run online via Zoom

Book your place online  
Visit [hopeforfamilies.org.uk](https://hopeforfamilies.org.uk)

For more information contact  
Hope for Families on 07784 333825 or email  
[hello@hopeforfamilies.org.uk](mailto:hello@hopeforfamilies.org.uk)



Support services, parent-free information and advice to help you to engage with your children and build your relationship



# Time Out For Parents



## Handling Anger in the Family

Sessions for anyone parenting children aged 5 to 16

### Dates

Every Monday 7:00-9:00pm  
23rd January - 13th February 2023

This course will be run online via Zoom

Book your place online visit  
[hopeforfamilies.org.uk/events](https://hopeforfamilies.org.uk/events)

For more information contact  
Hope for Families - 07784 333825  
or email  
[hello@hopeforfamilies.org.uk](mailto:hello@hopeforfamilies.org.uk)



Support services, parent-free information and advice to help you to engage with your children and build your relationship



## Stay Connected Newsletter

Have a look at this months stay connected newsletter to see what is happening in our local area.

<https://sway.office.com/uODjDny9rkk9VCDY?ref=email>



Wildlife Trust for  
Beds, Cambs  
& Northants

Share your pics



wildlifebcn

© Jasmin Chew from penel.com

# Youth Rangers Social

With the Wildlife Trust for Beds, Cambs and Northants

## Nene Wetlands Nature Reserve

### @Rushden Lakes

Sat 10<sup>th</sup> Dec. 9.30am – 1pm

Join Wildlife Trust BCN's Young People's Forum for a sociable morning on Nene Wetlands Nature Reserve

- This session is for young people aged 11-17 who are interested in wildlife and the environment
- It is an informal get-together with optional activities designed for participants to attend independently
- Meet our Young People's Forum, get to know like-minded people, find out about opportunities to take action for wildlife in your area, and chat with staff
- Pizza and snacks will be provided
- **Booking is essential:** [wildlifebcn.org/events](http://wildlifebcn.org/events)

Free  
pizza!

Explore more events online: [wildlifebcn.org/events](http://wildlifebcn.org/events)

The Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire, The Manor House, Broad Street, Cambourne, CB23 6DH Tel: 01954 713500 Email: [cambridgeshire@wildlifebcn.org](mailto:cambridgeshire@wildlifebcn.org) Registered charity No. 1000412  
TWITTER, TWEET, RETWEET and the Twitter Bird logo are trademarks of Twitter Inc. or its affiliates.

## PTFA News

Last Thursday the PTFA hosted the first “Reindeer Drive” (like a Beetle Drive, but with a Reindeer!).

A huge thankyou to everyone who attended and generously helped us raise just over £160 towards the running of a second hand uniform shop that the PTFA will be starting up later in the year.

The hamper raffle was won by a Rushden Academy student who attended and everyone enjoyed the refreshments on offer, including the festive hot drinks with marshmallows.

Advent calendars and selection boxes were given out as prizes for winning a round of the Reindeer Drive and there were lots of Tombola prizes on offer including the much sought after PTFA Elephant crumb sweeper!



## PTFA News

The PTFA have also been busy this week helping Rushden Round Table and Santa do a charity collection around Rushden. We really enjoyed this event despite the chilly weather on Tuesday and really appreciated the help of all the students, parents and staff that made it possible. You were all brilliant and great ambassadors of the Academy and PTFA.

The money the PTFA receives from the Round Table will be going towards the purchase of 10 new microscopes for the Science department that will benefit all students in the Academy. More news about this in January when we know how much was raised. Thank you to everyone at the Rushden Round Table, your support every year is greatly appreciated and really does benefit students at the Academy.

As a little thank you to all of the students that helped us we have been able to do a special PTFA 'star of the week' for you - look out for this in the rest of the newsletter!



## PE Updates

### Under 13s Girls Football

On Tuesday night we took our Under 13s girls football team over to Manor to compete in the girls football tournament. It was a freezing cold night but the girls were excited and full of energy.

Our first game was against Wollaston and they had a few good players that stood out. We started off a little apprehensive but soon built confidence and the game was end to end. Eisha made a few good saves, Scarlett and Morgan did some great defending and Kya made some exciting runs! However, they got a bit of a lucky break and scored a long range effort to win 1-0.

We then played Wellingborough School and again it was an even match up and end to end but no goals in a 0-0 draw. We finished bottom of our pool of 3 and went on to play the other 3rd place teams.

We played Huxlow and it was a similar picture, Persephonie made some great blocks and Eisha pulled off some great saves to keep us at 0-0.

Our final game was against Weavers and we played our best football but were unlucky not to score through Neve and Lily.

Well done to all the girls that played and a special thank you to Lilywhite and Natalie that also attended and helped lead, coach prepare the girls and also even ref the games! We hope to see more girls at training going forward and look forward to more fixtures in the new year.



## PE Updates

On Wednesday a selection of our Inclusive Sports Leaders from Year 8 and 9 spent the day at the Pemberton Centre, leading the School Games Kurling festival.

Our sports leaders had to demonstrate good communication and leadership skills throughout the day leading the Key Stage 1 tournament in the morning, followed by Key Stage 2 in the afternoon.

Students had to take full responsibility of the event, not only supporting the younger students but also officiating the games. With over 10 different Primary Schools attending, the event had the potential to overwhelm our students, especially considering that this was their first ever leadership opportunity outside of the school environment.

Our leaders did us proud and remained focused throughout the whole day and should be extremely proud of themselves.

The Sports Leaders involved were:

Luis, Logan, Winnie, Oscar, Robert, Tom, Niamh and Christopher.



## PE Updates

### Sports Hall Athletics

Following the success of the Year 7 teams last week, it was the turn of Year 8s. Taking another full team of students, we wanted to build upon last year's result which saw us come 7th and 8th respectively.

The students competed in a range of both track and field activities including sprints, relays, obstacle races as well as shot putt, long jump and speed bounce. Many students had to compete in 4 or 5 events showing great determination and resilience!

Some stand out performances from Jessica winning both her 2 lap race and the long distance 6 lap race!! As well as both Lola, Luke and Harry all achieving 2nd place finishes in their respective races.

A really good team spirit throughout the afternoon, cheering and applauding each of the team members, was a pleasure to witness.

Overall, both teams (Girls and Boys) finished in 4th place. Which is a significant improvement on last years performances!! Well done to each member of the team!





## Performing Arts Update

### Drama

Year 8 has been exploring sound design this week. We have ventured out into the school to look for different objects and materials to use to make sound. The students have loved doing the competition for who can find the best sound and using unusual objects to create sound effects. They have found it intriguing to discover what Foley artists (**see our performing arts career of the week for more information**) are and how unusual materials can be used to make sounds in production. Their favourite was finding out that gloves with paper clips attached to the fingers make the perfect pitter patter of dog paws whilst they walk.

### Dance

Congratulations to the Year 11 dancers who completed their Btec Dance Component 2 performance last week.

Currently the year 10 dancers are exploring contemporary dance technique as part of Component 1. They have been taking part in technique workshops which test their ability to apply the stylistic features of the dance style as well as explore significant practitioners that contributed to the evolution of the style we know today.

### Music

With assessment week completed, we want to congratulate all KS3 music students for their hard work this term. We have heard some fabulous work this week across our different units. Our Year 7 students have had a chance to show their creativity with their group Djembe compositions and have worked well with students that they are still getting to know. Year 8s have truly understood how to compose music in a Gamelan style and have created some imaginative pieces that show great variation in texture throughout. Our Year 9 students have brushed up their keyboard playing skills from last year and we have been impressed with some of their skills and collaboration with others.

### Performing Arts Career of the week: Foley Artist

Using an arsenal of props, Foley artists **devise and record the everyday sounds heard in films, television shows, and video games** - noises like footsteps, a sword being drawn from a sheath, or the swishing of clothing as two people walk past each other.

Estimated Annual Starting Salary: £16,000-£35,000

### Joey The Jester's Joke Of The Week:

Where's a cow's favourite place, The mooovies. 😂

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[r.brooks@Rushden-academy.net](mailto:r.brooks@Rushden-academy.net)



## Performing Arts Update

Pantomime:

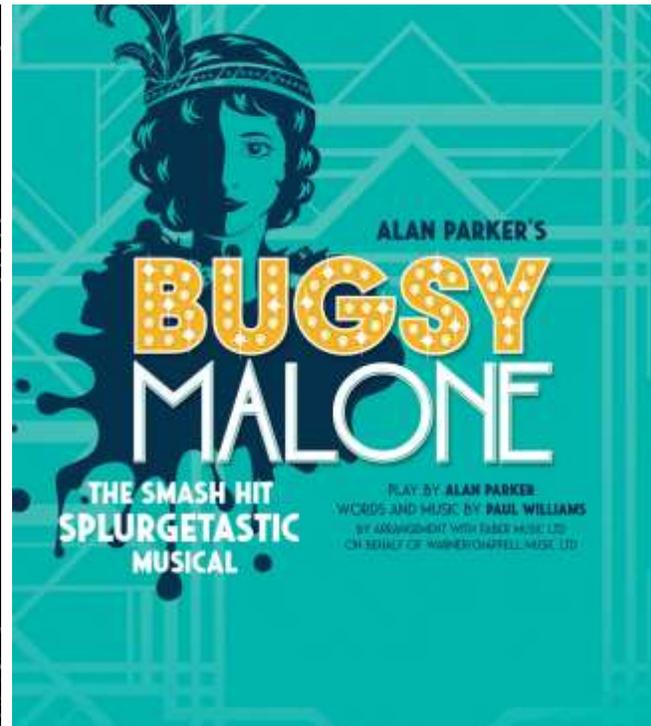
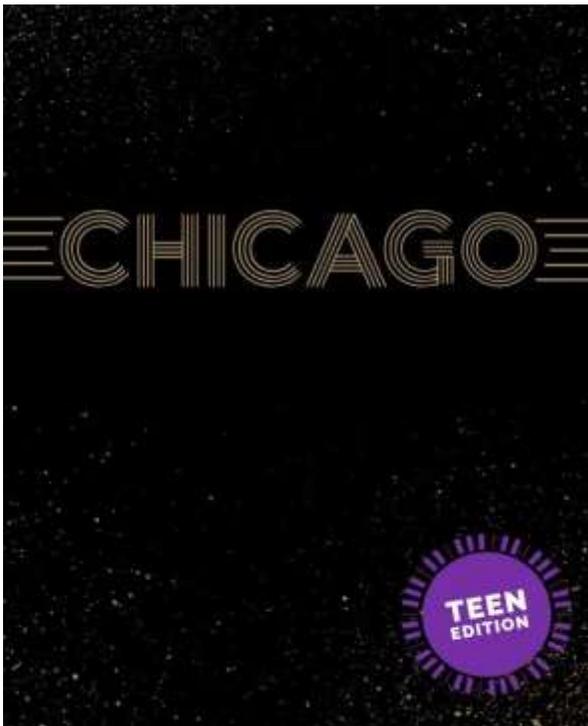
The cast of pantomime have been working around the clock to make sure that the **SOLD OUT** show next week goes down as a hit. All of the cast, crew and production teams have been putting in lots of hard work and effort to make sure the show goes brilliantly. We are really looking forward to getting into the Christmas spirit with the primary performances beginning next Wednesday. Good luck to the entire company, we can't wait to see it!



### VIAM Vocal Group



This week we were truly in the Christmas spirit and preparing for our events next week. Our year 7 students have embraced the season and are looking forward to sharing their enthusiasm with our Panto Audience! We have been practising both traditional Christmas carols along with some lighter Christmas songs, lets hope we can remember the order of the 12 Days of Christmas!



### Numeracy Problem of the Week



Harriet Hare and Turbo Tortoise want to cross the finish line together on their 12 mile woodland race.

Turbo sets off at 8:15am and trots at a constant speed of 4mph.

Given that Harriet runs at a constant speed of 8mph, at what time should she set off?

Last Week's Solution: 16

Join the Google Classroom code **f2esulr** to submit your answer

## Annual Flu Vaccinations for Year 7, 8 & 9

If your child is in year 7, 8 or 9 you should have received information about their annual flu vaccine from the school nursing team.

If you are happy for your child to receive this, don't forget to fill out the consent form before January [here](#).



## FELICITATIONS

Word Type:  
Noun

Synonyms:

- best wishes
- salutations

Antonyms:

- insults
- denunciations

Example:

- "The staff and students at Rushden Academy offer their felicitations to family, friends and the whole community at Christmas! "

Definition:

**felicitations** means:

- words expressing praise for an achievement or good wishes on a special occasion.

## Maths Period 6 for Year 11s

All year 11 are invited to the following Period 6 sessions after school to help them revise for their mock exams.

### Monday 12th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Quadratic graphs inc. roots and turning points	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Stem and leaf diagrams	Mrs Gurnham, M3

## 6th Form UCAS Update



This is the term when Year 13 students are beginning to plan their post 18 pathways and applying to university.

Each week we will give you an update on who has completed their application alongside any offers or interviews they have received.

Name	Date sent	1st choice study	Course	Offer/interview?
Amber	16.10.22	Nottingham Trent University	Childhood (Psychology)	Conditional offers
Josie	10.11.22	University of Warwick	English Literature	Unconditional offer
Emanuel	17.11.22	University of Birmingham	Law with criminology	Unconditional offer
Alicia	17.11.22	Queen Mary University of London	Law	Unconditional offer
Aidan	17.11.22	Aberystwyth University	English Literature & Film Studies	Conditional offers
Maddie	17.11.22	Birmingham City University	Film making	Conditional offers
Holly	17.11.22	University of London	Statistics, Economics & a language	Conditional offers
Niamh	18.11.22	University of Sheffield	Urban Studies	Conditional offers
Grace	18.11.22	University of Westminster	Photography	interviews & offer
Aleecia	21.11.22	Nottingham Trent University	Childhood health & Wellbeing	Unconditional offer
Jess	24.11.22	Hartpury University	Animal Science	Conditional offers
Georgia	29.11.22	University of Chichester	Drama, Theatre, Directing	Auditions
Lottie	29.11.22	Falmouth University	Musical Theatre	Auditions
Breanna	1.12.22	University of Westminster	Photography	Interviews
Matthew	1.12.22	Nottingham Trent University	Sociology	Unconditional offers
Jessica	1.12.22	Northampton University	Criminology	Unconditional offers
Melissa	6.12.22	Nottingham Trent University	Photography	Unconditional offer
Cherone	8.12.22	De Montfort University	Forensic science	
Kyra	8.12.22	University of Lincoln	Psychology	
Liam	8.12.22	De Montfort University	Business	
Andrew	8.12.22	University of Sheffield	Architecture	
Louise	9.12.22	Nottingham Trent University	Psychology	

## January 2023 TENC BTEC Exams

Date	Subject	Unit	Groups	Length	Venue	Start Time
Wednesday 11th January	Yr 13 PA	Unit 1	all	3 hours	Homeschool	9.00am
Wednesday 11th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 11th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 11th January	Yr 13 Business	Unit 2A	all	2 hours	Ferrers	1.30 pm
Thursday 12th January	Yr 13 Business	Unit 2B	all	3 hours	Ferrers	9.00 am
Friday 13th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 13th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 16th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 16th January	Yr 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 17th January	Yr 13 Business	Unit 3	resits	2hrs	Homeschool	9.00 am
Tuesday 17th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 18th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Wednesday 18th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Wednesday 18th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Thursday 19th January	Yr 12 Health & Social Care	Unit 3	trp	1.5 hrs	Homeschool	9.00 am
Friday 20th January	Yr 13 Applied Science	Unit 3	all	2.25 hrs	Homeschool	9.00 am
Monday 23rd January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Monday 23rd January	Yr 13 ICT	Unit 1	resits	2hrs	Homeschool	9.00 am
Tuesday 24th January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 24th January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

## January/February 2023 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Monday 30th January	Yr 11 Health & Social Care	Unit 3	2 hrs	1.30 pm
Wednesday 1st February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 2nd February	Yr 11 Childcare	Unit 3	2 hours	9.00am

# January 2023 TENC Assessment Week

## 6th FORM ASSESSMENT WEEK January 2023

Students will sit their exams in homebase schools unless indicated otherwise

	MON 23rd JAN	TUES 24th JAN	WED 25th JAN	THURS 26th JAN	FRI 27th JAN	
AM	13 Geography 13 Media Paper 1 13 Physics 13 Spanish Paper 1	13 Comp Science 13 Eng Lang/Lit 13 English Lit Paper 1 (JB) 13 Further Maths Paper 1 13 Maths Paper 1	13 Drama 13 Photography (Rushden) 13 Psychology Paper 1	13 Chemistry Paper 1 13 Media Paper 2 (G PL) 13 Sociology	13 Art (Ferreers) 13 Chemistry Paper 2 13 Dance 13 English Lit Paper 2 (SW)	4hrs 1hr 30mins 2hrs 2hrs 30mins
	12 Photography (Rushden) 12 Psychology	12 ART (Rushden+Huxlow) 12 Core Maths 12 Further Maths Paper 1 12 Maths Paper 1 12 Psychology (TI, SM)	12 Sociology 12 Psychology (JT)	12 Eng Lang/Lit Paper 1 (RD) 12 Geography 12 Physics	12 Business (BTEC) 12 Further Maths Paper 2 12 Maths Paper 2 12 Media	1hr 1hr 30mins 1hr 30mins 1hr 2hrs 1hr 15mins 1hr 30mins
PM	13 Biology Paper 1 (F grp) 13 Biology Paper 1 (H grp) 13 Business 13 Graphics	13 History 13 Media Paper 2 13 Spanish Paper 2	13 Core Maths 13 Further Maths Paper 2 13 Maths Paper 2 13 Photography (Rushden)	13 Chemistry Paper 1 (UK) 13 Further Maths Paper 3 13 Psychology Paper 2	13 Art (Ferreers) 13 Biology Paper 2	1hr 1hr 1hr 1hr
	12 Photography (Rushden) 12 History	12 ART (Rushden+Huxlow) 12 Chemistry 12 English Lit Paper 1 (ES) 12 French 12 German	12 Biology (F grp) 12 Biology (H grp) 12 Business 12 Computer Science 12 Graphics	12 English Lit Paper 2 (CM) 12 Science (BTEC)	12 Eng Lang/Lit Paper 2 (ES)	1hr 15mins 40mins 1hr 15mins

**THE DROP IN**  
A SAFE PLACE TO RELAX, PLAY GAMES  
AND CHAT ABOUT LIFE

YEAR 7 TUESDAY  
YEAR 8&9 WEDNESDAY  
YEAR 10&11 THURSDAY  
IN THE ETHOS ROOM AT  
LUNCH TIME  
EVERYONE WELCOME

**PE Extra Curricular**

**Monday - Basketball & Netball**

**Tuesday - Football**

**Wednesday - Staff meetings**

**Thursday - Fitness Suite**

Keep up to date with all fixtures & events by joining the Google Classroom: **YFIMI5U**

PERFORMING ARTS PRESENTS

# Dance

## CLUB

**FRIDAY 3:10pm-4:10pm**  
Main Hall



YEAR 7  
YEAR 8  
YEAR 9

Come along and learn new moves in a fun and friendly environment

**FOR MORE DETAILS CONTACT MISS PILGRIM**

[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

Rushden Academy presents



# Performance Group

## DANCE

### MODERN DANCE GROUP

**Every Monday**  
**Starting 19th September**  
**3:10-4:10pm**

DANCE STYLES  
Contemporary  
Hip Hop  
Jazz

*Express yourself through the art of modern dance*

Register with Miss Pilgrim  
[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

# Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

This week's star is...  
**Amy**

You have shown some true resilience in the last few weeks to try and get German word order correct. This hard work and excellent attitude to learning has paid off as you have become more and more successful. Well done!

**Mrs Brainwood**

## Stars of the Week

Congratulations to the following students for achieving star of the week.



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## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking  
Assistant Principal

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@Rushden-academy.net](mailto:g.brainwood@Rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex  
contraception  
exam anxiety  
BULLYING  
alcohol  
HEALTHY EATING  
social networking & cyber bullying  
SELF HARM  
relationships

DRUGS  
family issues  
SMOKING  
body image  
MENTAL HEALTH

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
07507 329 600

It's confidential

Northamptonshire Healthcare NHS

CHAT Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS? WE'RE HERE TO HELP. JUST COME ALONG

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

CHAT Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

Tuesday 4pm - 8pm  
Youth Works at Corby Mind,  
18 Argyle St, Corby NN17 3RU  
01536 518339

Wednesday 4pm - 8pm  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

Thursday 4pm - 8pm  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

Friday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

Saturday 10am - 2pm  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277530

espresso yourself

1-1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1-1 PARENT SUPPORT IS AVAILABLE

Northamptonshire Healthcare NHS  
the lowdown  
Youth Works  
CHAT Youth Counselling

#weareNHS

Northamptonshire Healthcare NHS

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/030CAMSLIVE](http://WWW.NHS.UK/030CAMSLIVE)

t f

QR code

Camhs  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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