



# Rushden Academy Newsletter

Aspire, Explore, Succeed

02/12/2022

## Message From the Principal



### In this newsletter:

- Message From the Principal
- Performing Arts Update
- Star of the Week
- Numeracy Problem of the Week
- Word of the Week
- 6th Form UCAS Update
- Library News
- Cost of Living Support
- Design a Decoration Enrichment Competition
- End of Term Arrangements
- This Week in Science
- Christmas Jumper Day - Thursday 8th December 2022
- Panto Season is Here!

### Team Rushden - United we stand, divided we fall

Dear Parent / Carer

The Christmas holidays are fast approaching as we move into the final two weeks of the term. The arrangements for the final day will be shared with students next week but I wanted to make you aware that the last Friday of this term, which is the 16th December, students will be allowed to go home at the earlier time of 1pm. If there are any issues with your child leaving school at this time, please contact your child's Head of Year to discuss this.

Year 10 and 11 students started their week with some important careers assemblies which gave students a valuable insight into a variety of jobs. Learning about different careers and the associated skills and qualifications is an important part of our personal development programme at Rushden Academy. If your child would like any more information about the careers shared in the assembly, or in relation to any other career, they can see Mr Billam who will be able to advise them on where they can find more information.

Mrs Brainwood led the assemblies for our lower school students on the theme of kindness. She shared the recent, inspirational efforts of Kevin Sinfield, who ran an ultramarathon every day for seven consecutive days in order to raise money for Motor Neurone Disease charities after his close friend Rob Burrows was diagnosed with the disease. Students were encouraged to reflect on this act of kindness and think about the positive impact we can have on others by demonstrating kindness through words and actions.

Mr Noblett, our Ethos Team Leader, arranged for knife crime workshops to take place for our Year 8 students which they participated in well. The workshops delivered some powerful and important messages about knife crime and the risk associated with carrying knives; most notably that people that carry knives are most likely to be injured by the knife they are carrying rather than someone else's knife. Students left the session much more aware of knife crime and the associated risks and potential consequences.

A highlight of my week is recognising the successes of our students and this week I had the pleasure of signing certificates for Ben and Olivia, both of whom have become triple millionaires having read more than 3 million words since September; an incredible effort from both of them! In addition, I am also delighted to share that our Year 7 indoor athletics team bested 5 other schools and finished as overall winners at the district indoor athletics competition on Thursday afternoon.

*Continues on the next page...*

## Message From the Principal Continued....

Next Thursday is Save the Children Day and so our children are invited to wear Christmas jumpers for this day but the rest of their uniform will remain as normal; it is not a mufti-day.

Finally, there are occasions where parents have contacted the school during the school day and requested urgent phone calls back from teachers. Whilst every effort will be made to return the call as quickly as possible, please can I ask you to be mindful of the fact that teachers may have a full day of lessons and therefore may not be able to return your call until much later that day. Thank you in advance for your support with this.

Have a pleasant weekend,

Yours sincerely,

Mr B Baines  
Principal

## End of Term Arrangements - Friday 16th December

Rushden Academy will be having an earlier finish on Friday 16th December at 12.50pm.

Pupils will be encouraged to take their main meal for the day during an extended morning break.

A light 'grab and go' service will be available in the canteen between 12.50-1.00pm for those pupils who wish to take a meal at that time.

Should parents or carers require their child to remain in school until 3.00pm please contact our main reception with your details so that arrangements can be made accordingly.

We wish all our families a festive and restful break and look forward to welcoming back our pupils on Wednesday 4th January 2023.



## This Week in Science

Firstly the Science Department would like to say a big well done to our year 11 pupils who have worked really hard for their recent mocks. There have been some very encouraging results so with some good revision we hope they will succeed in the real exams in the summer!

In Physics year 11's have been re-visiting the tough longer questions using "Structure Strips". We usually call these "the 6 markers!". Pupils often have lots of sound scientific ideas for these long questions but under exam conditions sometimes find it difficult to arrange them in priority. We encourage them to write on 6 small strips of paper with only one key fact on each. They are then asked to place them in a logical order as you can see in the photographs.



Meanwhile in year 10 we have been looking at how chemicals move in and out of cells. Two of the key processes are DIFFUSION & OSMOSIS. These are a key part of biochemistry and are very important in some real world applications and breakthroughs.

Perfume, bubble baths and deodorants, found in many Christmas box sets, use diffusion to spread their scent. Dogs, cats, moths and foxes communicate by diffusing pheromones. Frankincense, one of the gifts from the 3 wise men found in so many carols, is spread in the same way.

Inside the body, cells and organs exchange chemicals through the cell membrane. So for example the kidney filters our blood using osmosis, and sports "isotonic" drinks are used to rehydrate cells after exercise. This process has allowed scientists to develop artificial kidneys for dialysis, cheap and portable water purification equipment for water aid and drought affected regions. It is also a potential line of research for biological batteries to help with electrical power and vehicles. Drugs are being designed to be delivered more precisely to target only the affected tissues without the usual side effects.

In the current push to place women and men on the moon in this decade, these scientific breakthroughs will be part of the solution. This is likely to create more STEM based jobs and training programmes in our area.

One of the things that post lockdown we have been trying to do is get more experiments back into the science curriculum. Last week year 10's in biology looked at diffusion in jelly babies and skittles. The photo shows the blue and red jelly babies in the petri dish, used to show diffusion. We tried to link this to England V USA last Friday. I will let you analyse the results of that experiment and decide what it predicted about the score!



## This Week in Science

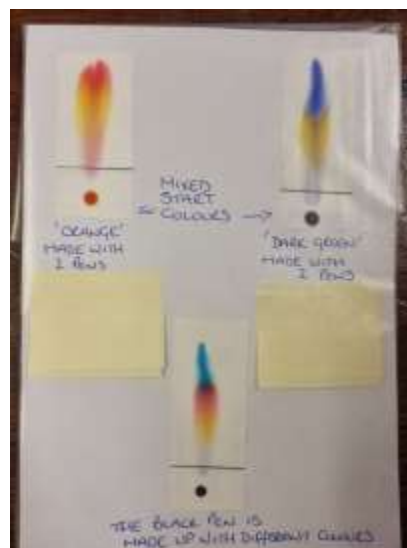


This week the same year 10s were able to see how plant tissues behaved in concentrated and weak (Hypertonic & Hypotonic) solutions. We see in the picture “Kevin” the carrot, “Pete the potato” and “Barbara” the beetroot. Pupils measured the effect of these solutions on the size and mass of the vegetable chips. Ones in Hypertonic (salt water) shrank, those in Hypotonic (distilled water) grew! If we are to put people on the moon they will have to grow food hydroponically using these principles.

Finally this week, Year 11s have been using analytical chemistry to solve crime using chromatography of ink analysis. This technique uses a solvent to dissolve a pigment solute making a solution or liquid phase. This then moves through paper or powder on a thin layer, known as the stationary phase. This causes the substances to separate, in this case into coloured bands (see photo). This technique is used in forensics to catch forgers and poisoners or polluters. In medicine it is used to screen babies at birth for phenylketonuria PKU - the heel prick test, and to check people for genetic disorders. DNA fingerprinting and of course the dreaded Covid rapid test!

Have a great Christmas, and a very happy new year.

The Science Department



## Christmas Jumper Day - Thursday 8th December 2022

Rushden Academy is supporting Save the Children's Christmas Jumper Day.

On Thursday 8th December, students can wear a Christmas jumper over their shirt and tie. Full school uniform should still be worn.

A £1 donation will be collected at the school gates.



**Save the Children**  
**CHRISTMAS**  
**JUMPER DAY**



## Panto Season is Here!

We are delighted to announce that Rushden Academy will be presenting 'Sleeping Beauty' our Christmas Panto 2022!



Bursting with energy, magic and fun, our Performing Arts students will provide a colourful, musical and dynamic performance.

We would absolutely love the families of the Rushden community to support.

Scan Code to purchase tickets



OR

Click link to purchase tickets <https://www.trybooking.co.uk/CABA>

## Cost of Living Support

### Warm Spaces

Organisation	Opening Times
<b>Rushden Library</b> The Rushden Centre Newton Road Rushden NN10 0PT	Monday - Friday 9am-6pm Saturday 9am-5pm
<b>Rushden Town Council</b> Rushden Hall Hall Park Rushden	Friday 1.30pm-3.30pm

### Food Bank

<b>Encompass</b> 19-21 Church Street Rushden	01933 733001 <a href="mailto:Info@encompasscharity.org.uk">Info@encompasscharity.org.uk</a>
--	--

School are able to make referrals so that you receive additional support

### ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT

<https://www.northnorthants.gov.uk/cost-living>

## Year 7 District Athletics

On Thursday afternoon, the Year 7 boys and girls indoor athletics team attended the district competition held at Manor School. The team competed against Wollaston, Manor, Ferrers, Huxlow and Wrenn.

The team participated in a wide variety of track and field events, earning points for the teams overall score through their placement in each category. We got off to a great start with both teams winning their obstacle relays. Throughout the competition, the team gained excellent results on the track with Imogen, Taylor, Elliott and the boys relay team winning their races.

I am pleased to report that the team were triumphant and both teams qualified for the County Finals! The girls team coming a close 2nd place to Wollaston overall, and the Boys team won the competition meaning both teams will get the chance to compete in the next round! The finals will be held in February and we look forward to taking the students there in the new year.

The group were impeccably behaved and represented our Team Rushton values throughout the afternoon.

Well done to all!



# Time Out For Parents



## Children with Special Needs

Sessions for anyone parenting children  
with special needs aged 3 to 11

### Dates

Every Wednesday 7:00-9:00pm  
1st February - 22nd March 2023

This course will be run online  
via Zoom

Book your place online

Visit [hopeforfamilies.org.uk](https://hopeforfamilies.org.uk)

For more information contact

Hope for Families on 07784

333825 or email

[hello@hopeforfamilies.org.uk](mailto:hello@hopeforfamilies.org.uk)

 **positiveparenting**

Common sense, jargon-free information and ideas to help  
you to engage with your children and boost your relationship





# Time Out For Parents



## Handling Anger in the Family

Sessions for anyone parenting children aged 5 to 16

### Dates

Every Monday 7:00-9:00pm

23rd January - 13th February 2023

This course will be run online via  
Zoom

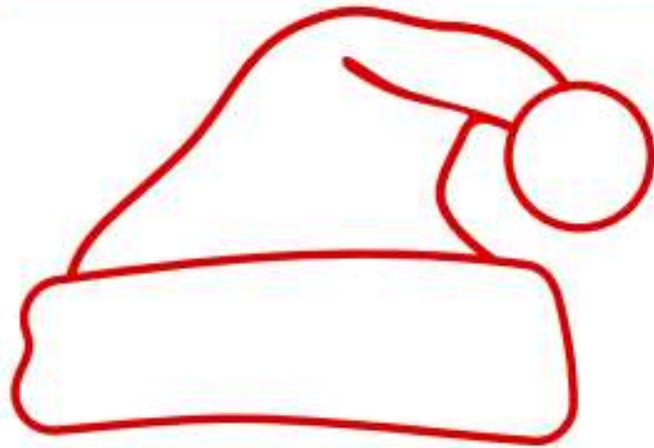
Book your place online visit  
[hopeforfamilies.org.uk/events](https://hopeforfamilies.org.uk/events)

For more information contact  
Hope for Families - 07784 333825  
or email  
[hello@hopeforfamilies.org.uk](mailto:hello@hopeforfamilies.org.uk)

 **positiveparenting**

Common sense, jargon-free information and ideas to help  
you to engage with your children and boost your relationship





## **DESIGN A DECORATION**

**DEADLINE 5th DECEMBER.  
DECORATIONS MUST BE ABLE TO  
HANG ON THE TREE.**

**1ST PLACE 50 POINTS  
2ND PLACE 25 POINTS  
3RD PLACE 10 POINTS**

**DECORATIONS TO BE HANDED  
INTO THE PASTORAL HUB .**

## Library News

We are very proud of our Library Ambassadors who do a fantastic job of helping to run the library during break & lunchtime. We have students from Years 8,9,10 & 11 who work tirelessly to help the staff to run the library as smoothly as possible. Each week we are introducing you to our fantastic Library Ambassadors - this week it is the turn of Victoria F from Year 8 & Hayden W & Emily P both from Year 11.



*Hello, My name is Victoria and the reason why I wanted to be a library ambassador is because I love reading and the library ambassadors that are training me are fantastic. They are so kind and it's amazing working with them and my favourite book writer is, Jeff Kinney.*

*Hi my name is Hayden. I joined the library team because I enjoyed the atmosphere in the library and the fact that it is a place to enjoy yourself or to relax. I enjoy many activities such as reading.*



*Hi everyone, my name is Emily Pedlar, I am in Year 11 and have been a Library Ambassador since I was in Year 8. I enjoy writing my own fiction and reading everything horror or mystery. My favourite book series of all time is the Demon Road trilogy by Derek Landy and currently, I am reading Frankenstein. Working with the Library Team is a wonderful experience that allows me to get an inside view of the library, assist other students and help make sure that the library runs as smoothly as it does.*

### Stationary

We have a fantastic array of stationary for sale in the library.

We sell everything your child will need for their day at school.

These are available during break and lunchtime and all items need to be paid in cash.

Item	Price
Biro Pen (black,blue, red or green)	15p
Handwriting Pen (black or blue)	25p
Cartridge Pen	80p
Ink Cartridge	5p
Pencil	15p
Highlighter Pen	40p
Eraser (small)	10p
Eraser (large)	20p
Pencil Sharpener	10p
15cm ruler	15p
30cm ruler	30p
30cm Left-handed Ruler	30p
Protractor/ Set Square	15p
Small Clear Pencil Case	40p
Large Clear Pencil Case	60p
Scientific Calculator (KS3)	£3.50
Scientific Calculator (KS4)	£9.25



## Library News

### The Twelve (School) Days of Christmas

To celebrate leading up to Christmas we are holding a competition to see who knows their Christmas facts! Each day there will be a new question put up in the library (starting Thursday 1st) which students need to find out the answer to. Once they have all of the 12 answers, they need to hand the entry form into the library, where a winner will be chosen at random and announced in the New Year. Good luck to all entrants.

Running alongside the competition we also have the 12 days of Christmas Advent calendar. Each school day a child is chosen at random to open that day's mystery book (there may be a small treat inside!) If they wish to borrow the book they may, if not, it will be placed on display for other students to borrow.



### Library Christmas Quiz

The entry form is now available to be able to join in the fun & frolics during the Christmas Quiz 2022! Students and Staff get to pit their wits against each other in a battle of Christmas knowledge. Entry is strictly limited and entry is on a first come first served basis. Team names must be given to the library team before Tuesday 13th December. All details are listed below.







## Performing Arts Update

### Drama

Year 8 and 9 have been looking into technical theatre this week. Both have been exploring how we incorporate tech into performance and have been making creative choices in how to do this. We have looked at costume and lighting this week using costume worksheets and online software. The students have been creative and impressed us with their design choices. Well done year 8 and 9!

### Dance

Year 9 Dancers have been participating in dance auditions and the realistic process of a performer in the industry. During the last 5 weeks students explored many roles such as auditioning as a soloist, in a group, creating new choreography and acting in the role of a dance agent. Throughout the rest of the term students will explore the career choices and even create their own dancer portfolio.

### Music

This week has been a rehearsal week for all years. Year 7s have been building on their Djembe piece, adding their own rhythms to the work created previously and putting in dynamic changes to show instrument control. Year 8s have finalised their Gamelan Composition and have been practising the timing and coordination of their performance work. Year 9s have been building their performance piece for their blues music assessment next week, the focus for them is ensuring accuracy when playing the various parts as well as coordinating timing between the parts. We look forward to all students completing their assessment performances next week.

### Performing Arts Career of the week: Set Designer

Their job is to communicate ideas to costume, make-up, props and lighting designers. Work out problems like lighting and scene changes. Research historical, contemporary or futuristic details to get the right look for the production. Create effective designs within the available budget.

Estimated Annual Starting Salary: £30,675

### Joey The Jester's Joke Of The Week:

A cheese factory exploded in France. De brie was everywhere! 🤪

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[r.brooks@Rushden-academy.net](mailto:r.brooks@Rushden-academy.net)

## Performing Arts Update



### VIAM Vocal Group



This week our Voice in a Million group has been starting to learn some of the pieces that they will be performing at the event in March. There is a wide variety of pieces to learn including some top hits! Students have also been getting in the Christmas spirit and singing through some Christmas Songs in preparation for 2 events we have coming up this side of Christmas, the group will be singing at Christmas Celebration event we are hosting for members of our community, as well as singing during the interval at our

Pantomime, Sleeping Beauty. We hope to see you there!

### Bugsy Malone

The cast of Bugsy Malone have finished working on the opening scene of the play and the opening number of Bugsy Malone. We have seen lots of 20's style movement coming from the cast and are excited to see this throughout the show. There is lots of energy and sassiness coming from the company and we are very pleased with how the show is developing so far.



### Production Member Interview of Cast Member Lois (Year 8)- Blousey

We are interviewing a member of the cast and asking them questions we believe will help us learn more about them.

#### Why did you want to be part of Bugsy Malone?

Because it would be a fun experience and you get to showcase your skills.

#### Have you had any previous experiences on stage?

Yes, for an acting club and dance.

#### What strengths do you bring to your character/role?

You have to get to know who she actually is.

#### Why did you want this role?

Because I can feel myself in the character.

#### What has been your favourite moment?

The support from the people after you have auditioned and the advice they can give you by their experience.

Interviewed by Ellie F and Wiktorja S

### Numeracy Problem of the Week



After tennis training, Andy collected twice as many balls as Roger, and five more than Maria.

If they collected 35 balls in total, how many did Andy collect?

Last Week's Solution: 105

Join the Google Classroom code **f2esulr** to submit your answer

## Annual Flu Vaccinations for Year 7, 8 & 9

If your child is in year 7, 8 or 9 you should have received information about their annual flu vaccine from the school nursing team.

If you are happy for your child to receive this, don't forget to fill out the consent form before January [here](#).



## ERUDITE

Word Type:  
Adjective

Synonyms:

- knowledgeable
- scholarly

Antonyms:

- ignorant
- uncultured

Definition:

**Erudite** means:

- having or showing great knowledge or learning

Example:

- "Miss. Neville is a highly erudite teacher."



## 6th Form UCAS Update



This is the term when Year 13 students are beginning to plan their post 18 pathways and applying to university.

Each week we will give you an update on who has completed their application alongside any offers or interviews they have received.

Name	Date sent	1st choice study	Course	Offer/interview?
Amber	16.10.22	Nottingham Trent University	Childhood (Psychology)	Conditional offers
Josie	10.11.22	University of Warwick	English Literature	Unconditional offer
Emanuel	17.11.22	University of Birmingham	Law with criminology	Unconditional offer
Alicia	17.11.22	Queen Mary University of London	Law	Unconditional offer
Aidan	17.11.22	Aberystwyth University	English Literature & Film Studies	Conditional offers
Maddie	17.11.22	Birmingham City University	Film making	Conditional offers
Holly	17.11.22	University of London	Statistics, Economics & a language	Conditional offers
Niamh	18.11.22	University of Sheffield	Urban Studies	Conditional offers
Grace	18.11.22	University of Westminster	Photography	interviews
Aleecia	21.11.22	Nottingham Trent University	Childhood health & Wellbeing	Unconditional offer
Jess	24.11.22	Hartpury University	Animal Science	Conditional offers
Georgia	29.11.22	University of Chichester	Drama, Theatre, Directing	
Lottie	29.11.22	Falmouth University	Musical Theatre	Auditions
Breanna	1.12.22	University of Westminster	Photography	
Matthew	1.12.22	Nottingham Trent University	Sociology	
Jessica	1.12.22	Northampton University	Criminology	

## Maths Period 6 for Year 11s

All year 11 are invited to the following Period 6 sessions after school to help them revise for their mock exams.

### Monday 5th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Perpendicular and parallel lines	Mr Routhorn, M1
Sets 3, 4 & 5 (Foundation)	Averages from frequency tables	Mr Glover, M2

### Monday 12th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Quadratic graphs inc. roots and turning points	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Stem and leaf diagrams	Mrs Gurnham, M3

**THE EAST NORTHAMPTONSHIRE COLLEGE**  
HUXLOW • RUSHDEN

# YEAR 11 NOTICE

# TENC APPLICATIONS

If you are applying to stay in the 6th Form  
you need to hand your application into the  
6th Form office or to Mrs Owen by

# 9TH DECEMBER 2022

## January 2023 TENC BTEC Exams

Date	Subject	Unit	Groups	Length	Venue	Start Time
Wednesday 11th January	Yr 13 PA	Unit 1	all	3 hours	Homeschool	9.00am
Wednesday 11th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 11th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 11th January	Yr 13 Business	Unit 2A	all	2 hours	Ferrers	1.30 pm
Thursday 12th January	Yr 13 Business	Unit 2B	all	3 hours	Ferrers	9.00 am
Friday 13th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 13th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 16th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 16th January	Yr 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 17th January	Yr 13 Business	Unit 3	resits	2hrs	Homeschool	9.00 am
Tuesday 17th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 18th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Wednesday 18th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Wednesday 18th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Thursday 19th January	Yr 12 Health & Social Care	Unit 3	trp	1.5 hrs	Homeschool	9.00 am
Friday 20th January	Yr 13 Applied Science	Unit 3	all	2.25 hrs	Homeschool	9.00 am
Monday 23rd January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Monday 23rd January	Yr 13 ICT	Unit 1	resits	2hrs	Homeschool	9.00 am
Tuesday 24th January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 24th January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

## January/February 2023 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Monday 30th January	Yr 11 Health & Social Care	Unit 3	2 hrs	1.30 pm
Wednesday 1st February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 2nd February	Yr 11 Childcare	Unit 3	2 hours	9.00am

# January 2023 TENC Assessment Week

## 6th FORM ASSESSMENT WEEK January 2023

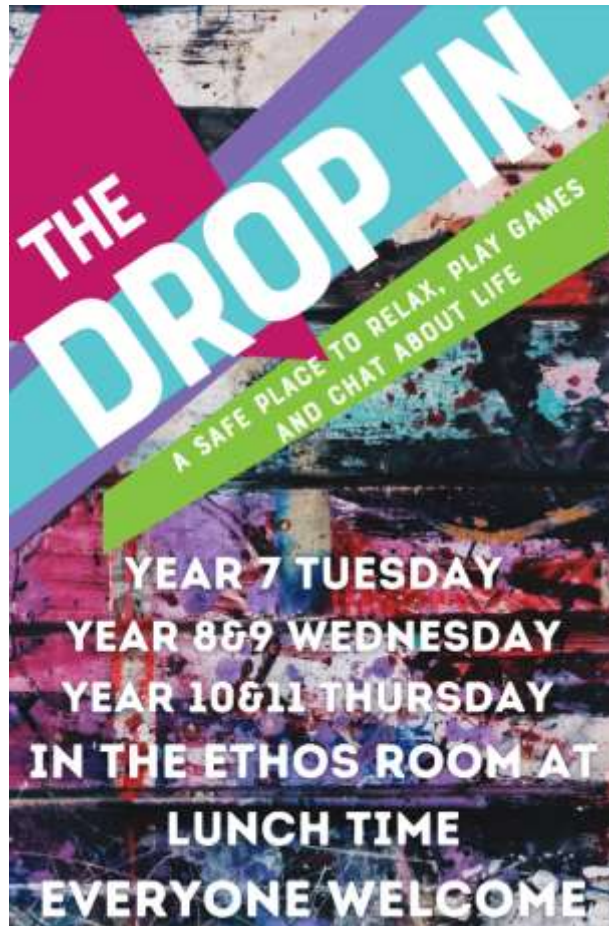
Students will sit their exams in homebase schools unless indicated otherwise

MON 23rd JAN	TUES 24th JAN	WED 25th JAN	THURS 26th JAN	FRI 27th JAN	
13 Geography 13 Media Paper 1 13 Physics 13 Spanish Paper 1	2hrs 30mins 2hrs 2hrs 2hrs 30mins 4hrs 1hr 30mins	13 Drama 13 Photography (Rushden) 13 Psychology Paper 1 13 Further Maths Paper 1 13 Maths Paper 1	2hrs 30mins 4hrs 2hrs 1hr 30mins 2hrs	13 Chemistry Paper 1 13 Media Paper 2 (G PL) 13 Sociology 12 Eng Lang/Lit Paper 1 (RD) 12 Geography 12 Physics	1hr 30mins 2hrs 2hrs 1hr 30mins 1hr 30mins 1hr 30mins
12 Photography (Rushden) 12 Psychology	4hrs 1hr 30mins 12 Art (Rushden+Huslow) 12 Core Maths 12 Further Maths Paper 1 12 Maths Paper 1 12 Psychology (TI, SM)	2hrs 30mins 1hr 2hrs 30mins 2hrs 4hrs 1hr 30mins 2hrs 2hrs 1hr 30mins	13 Drama 13 Photography (Rushden) 13 Psychology Paper 1 13 Further Maths Paper 1 13 Maths Paper 1	13 Art (Ferreys) 13 Chemistry Paper 2 13 Dance 13 English Lit Paper 2 (SW) 12 Business (BTEC) 12 Further Maths Paper 2 12 Maths Paper 2 12 Media	4hrs 1hr 30mins 2hrs 30mins 2hrs 30mins 1hr 2hrs 1hr 15mins 1hr 30mins
13 Biology Paper 1 (F grp) 13 Biology Paper 1 (H grp) 13 Business 13 Graphics	2hrs 1hr 2hrs 2hrs 12 History 13 Media Paper 2 13 Spanish Paper 2	13 Core Maths 13 Further Maths Paper 2 13 Maths Paper 2 13 Photography (Rushden) 12 Biology (F grp) 12 Biology (H grp) 12 Business 12 Computer Science 12 Graphics	1hr 30mins 1hr 30mins 2hrs 1hr 13 Further Maths Paper 3 13 Psychology Paper 2	13 Art (Ferreys) 13 Biology Paper 2 12 Eng Lang/Lit Paper 2 (ES)	1hr 1hr 1hr 15mins 40mins 1hr

AM

PM





PERFORMING ARTS PRESENTS

# Dance

## CLUB

**FRIDAY 3:10pm-4:10pm**  
Main Hall




YEAR 7  
YEAR 8  
YEAR 9

Come along and learn new moves in a fun and friendly environment

**FOR MORE DETAILS CONTACT MISS PILGRIM**

[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

**Rushden Academy presents**



# Performance Group

## DANCE

### MODERN DANCE GROUP

**Every Monday**  
**Starting 19th September**  
**3:10-4:10pm**

DANCE STYLES  
Contemporary  
Hip Hop  
Jazz

*Express yourself through the art of modern dance*

Register with Miss Pilgrim  
[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

# Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

This week's star is...  
**Oliver**

You have shown a fantastically positive attitude and hard work every lesson. You are bright, enthusiastic and are making amazing progress - well done!

**Mrs Charlton**



## Stars of the Week

Congratulations to the following students for achieving star of the week.



## Stars of the Week

Congratulations to the following students for achieving star of the week.





## Stars of the Week

Congratulations to the following students for achieving star of the week.



## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking  
Assistant Principal

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@Rushden-academy.net](mailto:g.brainwood@Rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).



WHAT'S ON YOUR MIND?

sex **DRUGS**  
contraception **exam anxiety**  
**BULLYING** family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

See us on your mobile phone, laptop or desktop. A free confidential helpline. All advice is confidential. For more information, visit [www.nhs.uk](http://www.nhs.uk) or call 0800 111 777. For more information, visit [www.nhs.uk](http://www.nhs.uk) or call 0800 111 777.

**CHAT** Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?  
WE'RE HERE TO HELP.  
JUST COME ALONG

NEED TO CHAT  
TO SOMEONE  
IMPARTIAL  
ABOUT  
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

**CHAT** Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

**Monday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

**Tuesday 4pm - 8pm**  
Youth Works at Corby Mind,  
18 Argyle St, Corby NN17 9JU  
01536 518339

**Wednesday 4pm - 8pm**  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

**Thursday 4pm - 8pm**  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

**Friday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

**Saturday 10am - 2pm**  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

See us on your mobile phone, laptop or desktop. A free confidential helpline. All advice is confidential. For more information, visit [www.nhs.uk](http://www.nhs.uk) or call 0800 111 777. For more information, visit [www.nhs.uk](http://www.nhs.uk) or call 0800 111 777.

**the lowdown** **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

**CAMHS LIVE**  
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

**CAMHS LIVE** CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE **MENTAL HEALTH SERVICES** YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/ABOUT/CAMHS/LIVE](http://WWW.NHS.UK/ABOUT/CAMHS/LIVE)

t f

**Camhs**  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

© 2018 Northamptonshire Healthcare NHS Foundation Trust. All rights reserved. NHS.uk is a registered trademark of NHS Foundation Trust. NHS.uk is a registered trademark of NHS Foundation Trust.