



# Rushden Academy Newsletter

Aspire, Explore, Succeed

30/09/2022

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

It's hard to believe that we have been back for 4 weeks already; the time has flown by!

This week I have had the pleasure of welcoming some prospective parents into Rushden Academy to give them and their Year 6 children a tour which allowed them to see first hand the excellent learning taking place in lessons. It has been nice to hear their positive feedback on the school which has me looking forward to welcoming a huge number of parents and children into the building for our Year 6 Open Evening next Thursday. With over 460 places booked already, I would recommend anyone planning to attend to book their tickets swiftly using the link below.

<https://www.eventbrite.co.uk/e/live-tours-2022-tickets-416539921117>

Our Year 7 students all took an active part in the first confidence and character workshops of the year. The workshops were organised by the Ethos Team and incorporated a range of tasks and activities designed to boost confidence and encourage students to reflect on their own character. As with all workshops, we always ask students to give their feedback and I look forward to reading their individual reflections.

On Wednesday, I was afforded the opportunity to meet with all of the secondary Headteachers within Tove Learning Trust to share ideas and best practice in order to continue strengthening the provision at Rushden Academy. It was good to be able to share the successes of Team Rushden and reflect on the significant improvements made with respect to both the education provided and the opportunities afforded to the students within our care.

This weekend sees the first Duke of Edinburgh Bronze expedition of the year and whilst the weather looks like it will be rather wet, the team were in high spirits when I spoke to them before they left on Friday morning. The Duke of Edinburgh award is an incredible opportunity to build character, give back to the community and develop essential life skills - it is good to see so many of Team Rushden keen to undertake the award.

The student leadership team, in conjunction with Mr Noblett from the Ethos team, worked hard to pull together the Rushden Academy 'Bake-off' to raise money for Macmillan Cancer Support. There was a fantastic array of cakes and sweet treats brought in by both students and staff and I look forward to sharing the total amount of money raised in next week's Newsletter.

*Continues on the next page...*

## Message From the Principal Continued...

Finally, we continue to assess the reading ages of all students to ensure they are reading at an age in line with their chronological age. I cannot stress enough the importance of encouraging them to read regularly whether that be books, magazines or even articles online. If you are having any difficulty getting your child to read at home, please get in touch and we will support you as regular reading really does make a huge difference to both their vocabulary and comprehension.

Yours sincerely,

**Mr B Baines**  
Principal

## Maths Specific Homework for Parents

The homework from the maths department is set weekly according to the school homework timetable through a platform called Mathswatch. It includes videos to help your child revise a topic as well as interactive questions for the students to check their understanding.

Your child will have a Mathswatch login and password which they use to log on to the website where they will see homework assignments. There is a search function as well to enable your child to look up and revise any topics covered in class. Mathswatch can also be used to help your child with numeracy topics covered in other subjects in school.

The website can be found at <https://vle.mathswatch.co.uk/>

## Year 11 Higher Education Day

Last week, our year 11 cohort had the opportunity to visit the Waterside Campus at the University of Northampton for a Higher Education Experience Day, hosted by Aspire Higher. Accompanied by their form tutors and Head of Year, the students had a guided tour with Student Ambassadors and attended a selection of workshops including the Transition to Higher Education and the routes available, student finance and apprenticeships. Upon return to school, they were asked to reflect on their day and consider their thoughts about going to University or Further Education.



This day starts a series of sessions for our Year 11 which will include talks in assemblies by representatives from local colleges as well as mentoring and discussions around exam techniques in tutor times.

**Mrs G Brainwood**  
Assistant Principal

## Year 6 into 7 Open Evening

We warmly invite Year 6 pupils and their families to visit Rushden Academy to see what we have on offer to develop pupils outstanding character. We will showcase how we nurture Team Rushden values and prepare our pupils to be successful, self-assured, responsible citizens.

You will have an opportunity to visit all subject areas, to talk to staff and pupils and meet with leaders. We will send you away with links to the 2022-2023 prospectus & other important virtual information so that you can digest this in your own time. We appreciate that it is a very important decision to make and would like to help you make your informed decisions.

<https://www.eventbrite.co.uk/e/live-tours-2022-tickets-416539921117>



**Rushden Academy**  
Aspire • Explore • Succeed

**TOVE**  
LEARNING TRUST

**Thursday  
6th October  
2022**

Book a spot in our open evening

<https://www.eventbrite.co.uk/e/live-tours-2022-tickets-416539921117>

Call to find out more  
**01933 350 391**

[www.rushden-academy.net](http://www.rushden-academy.net)

## PE Updates

### Netball Practice

We were so pleased to see such a great turn out at Netball club on Monday this week. There were 28 girls and boys from across all year groups and they enjoyed a great evening of netball!

The Year 7s & 8s played together and worked on getting to know their positions, roles and restrictions as well as rules,

The Year 9s, 10s and 11s worked on team tactics and preparing for their fixture. We are looking forward to Netball club again next Monday after school and look forward to welcoming even more of you! Everyone is welcome!



### Netball Fixtures

Netball fixtures for Y9 and 10/11 began this week. The girls went on the minibus over to Manor School and played against Manor and Sir Christopher Hatton School.

In the first games against Manor both teams did well and worked hard against strong teams to keep the game interesting. The Year 9s did fantastically well in their game to bring the score back to 4-4 by the end of the game, after losing 3-1 at half time. Special mention goes to Sophie K and Abbie W for some great shooting in the first games!

In the second game of the evening the girls struggled against very strong Hatton teams and although they both suffered defeats, the games were played in good spirits and everyone enjoyed the challenge. Having said that, by the second game both teams had really found their feet, gained confidence and started working well as a team so hopefully we can continue this into our next fixtures at home against Wollaston and Wrenn next Tuesday.





## Numeracy Problem of the Week



One year, there were exactly four Tuesdays and exactly four Fridays in October.

On what day of the week did Halloween, October 31st, fall that year?

Last Week's Solution: 36

Join the Google Classroom code **f2esulr** to submit your answer



## FRACTIONOUS

Word Type:

Adjective

Definition:

Fractionous means:

- (of children) irritable and quarrelsome

OR:

- (of a group or organisation) difficult to control or unruly

Synonyms:

- grumpy
- unruly

Antonyms:

- contented
- affable

Example:

- "Miss. Neville always succeeded in calming her **fractionous** students"

## English Period 6 for Year 11

All year 11 are invited to the following Period 6 sessions after school to help them revise for their mock exams.

Wednesday 5th October			
Options	What?	Details	Where?
1	Poetry - dark love	Exploring violence and death linked to romantic relationships in Valentine, La Belle Dame Sans Merci and My Last Duchess	E2
2	English Language Paper 2 - Creative Writing	How to develop your use of description by writing 'a lot about a little'.	E8

Wednesday 12th October			
Options	What?	Details	Where?
1	Poetry - falling in love	Exploring positive, romantic relationships in 1st date; Sonnet 43; The Manhunt	E6
2	English Language Paper 2 - Creative Writing	How to develop your use of description and using language techniques for effect.	E4

Wednesday 19th October			
Options	What?	Details	Where?
1	Poetry - lost love	Exploring love that has been lost or broken apart in A Complaint, Neutral Tones and One Flesh	E3
2	English Language Paper 2 - Question 6	Exploring how to compare similarities and differences in ideas.	E2

Wednesday 2nd November			
Options	What?	Details	Where?
1	Poetry - 'other' love	Exploring unconventional love in i wanna be yours, Love's Dog and She Walks	E9
2	English Language Paper 2 - Question 6	Exploring how to compare similarities and differences in perspectives.	E8

## English Period 6 for Year 11

Wednesday 9th November			
Options	What?	Details	Where?
1	A Christmas Carol	Exploring the main events in Staves 3, 4 and 5 plus key quotations	E5
2	A Christmas Carol	Exploring use of symbolism in the novella and how to analyse it	E3

Wednesday 16th November			
Options	What?	Details	Where?
1	A Level Literature	Calling all students interested in A level literature!	E9

## Rewards and Enrichment Events This Term

### The Great Rushden Bake Off



**When?**  
Friday 30th September

Fundraising for  
**MACMILLAN CANCER SUPPORT**

Join us for our first enrichment event!  
 -You need to drop your cake off at the ETHOS Room before tutor time on Friday.  
 -Your cake or cupcakes must have details of what ingredients you have used.  
 -Clearly labelled with your name and form  
 -They will be judged for their presentation (and maybe taste!)

**APs for the Top 3**

**Good Luck!**



Made with PosterMyWard.com

### Attendance Reward Event

## MOVIE AFTERNOON

**When?** Last week of term  
**Where?** Lecture Theatre

**The Criteria:**  
 -Meet your attendance target  
 -No more than 1 remove



**Rushden Academy**  
Aspire - Explore - Succeed



# Participation Social meet-up

## For ages 11-25

Join us for delicious food, group activities and a chance to meet other young people!



Email us your name, age and any dietary requirements at [Participation@nhft.nhs.uk](mailto:Participation@nhft.nhs.uk)

### When?

Wednesday, 28th September  
5.00pm-7.00pm

### Where?

The Anne Goodman Centre for Carers  
123 Midland Road  
Wellingborough  
NN8 1LU



# Computer Club

Now available in IT2 during Tuesday Lunchtimes!

## PLAY!

- Learn to create a video game!
- Play games from the past!
- Become a professional game reviewer!
- Be part of a game design team!



## BUILD!

- A fully working computer!
- Install software!
- Produce digital projects!



## CREATE!

- Graphics and posters!
- Learn Photoshop!
- Become a digital artist!



## PROGRAM!

- Learn Python!
- Learn HTML!
- Learn C++!
- Learn to build your own software!

Everyone is welcome!

## Maths Period 6 for Year 11s

All year 11 are invited to the following Period 6 sessions after school to help them revise for their mock exams.

### Monday 3rd October

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Simultaneous Equations	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	BIDMAS	Mrs Gurnham, M3

### Monday 10th October

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Solving inequalities	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Decimals – including rounding, significant	Mrs Armitage, M4

### Monday 17th October

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Index laws - negative/fractional	Mr Routhorn, M1
Sets 3, 4 & 5 (Foundation)	Index laws	Mr Glover, M2

### Monday 31st October

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Standard form	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Factors, multiples and primes HCF and	Mrs Gurnham, M3

### Monday 7th November

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Surds	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Expanding brackets (including simplifying)	Mrs Armitage, M4

### Monday 14th November

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Conversion graphs	Mr Routhorn, M1
Sets 3, 4 & 5 (Foundation)	Factorising - single and double brackets	Mr Glover, M2

## Maths Period 6 for Year 11s

### Monday 21st November

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Real life graphs	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Substitution	Mrs Gurnham, M3

### Monday 28th November

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Distance time graphs	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Two way tables	Mrs Armitage, M4

### Monday 5th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Perpendicular and parallel lines	Mr Routhorn, M1
Sets 3, 4 & 5 (Foundation)	Averages from frequency tables	Mr Glover, M2

### Monday 12th December

Who for?	Topic	Where?
Sets 1 & 2 (Higher)	Quadratic graphs inc roots and turning points	Mrs Evans, M5
Sets 3, 4 & 5 (Foundation)	Stem and leaf diagrams	Mrs Gurnham, M3

## Optimistic October

Have a look at Action for Happiness' calendar for October. Will you try any of the ideas?

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6	7
Write down three things you can look forward to this month	Find something to be optimistic about (even if it's a difficult time)	Take a small step towards a goal that really matters to you	Start your day with the most important thing on your to-do list	Be a realistic optimist. See life as it is, but focus on what's good	Remind yourself that things can change for the better	Look for the good in people around you today
8	9	10	11	12	13	14
Make some progress on a project or task you have been avoiding	Share an important goal with someone you trust	Take time to reflect on what you have accomplished recently	Avoid blaming yourself or others. Find a helpful way forward	Look out for positive news and reasons to be cheerful today	Ask for help to overcome an obstacle you are facing	Do something constructive to improve a difficult situation
15	16	17	18	19	20	21
Thank yourself for achieving the things you often take for granted	Put down your to-do list and do something fun or uplifting	Take a small step towards a positive change you want to see in society	Set hopeful but realistic goals for the days ahead	Identify one of your positive qualities that will be helpful in the future	Find joy in tackling a task you've put off for some time	Let go of the expectations of others and focus on what matters to you
22	23	24	25	26	27	28
Share a hopeful quote, picture or video with a friend or colleague	Recognise that you have a choice about what to prioritise	Write down three things that have gone well recently	You can't do everything! What are your three priorities right now?	Find a new perspective on a problem you face	Be kind to yourself today. Remember progress takes time	Ask yourself, will this still matter a year from now?
29	30	31				
Plan a fun activity to look forward to	Identify three things that give you hope for the future	Set a goal that brings a sense of purpose for the coming month				



**THRIVE**

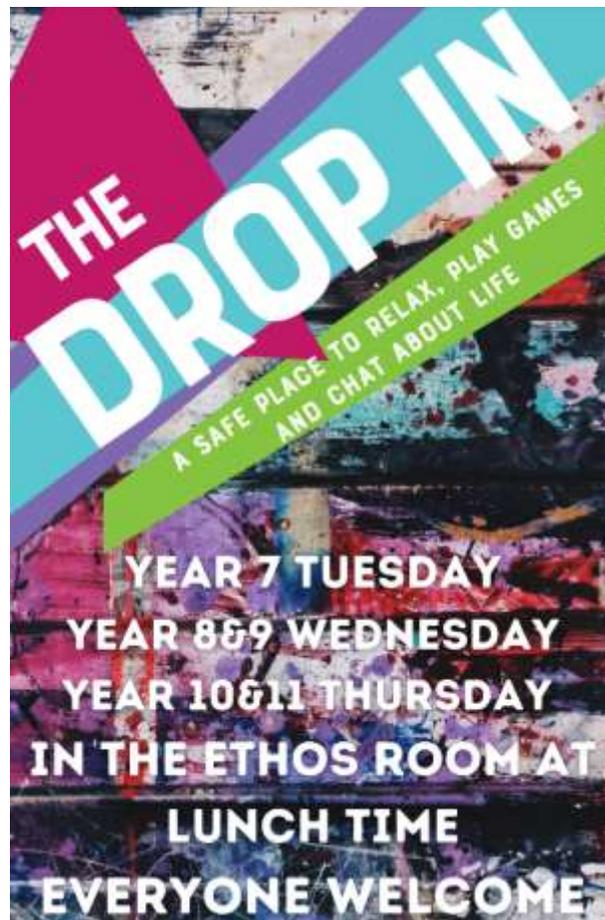
A SAFE PLACE TO EXPLORE THE  
BIG QUESTIONS IN LIFE

WEDNESDAYS AFTER SCHOOL 3-4PM  
IN THE ETHOS ROOM  
EVERYONE WELCOME

GAMES  
SNACKS  
DISCUSS  
EXPLORE  
FAITH

?

The poster features the word 'THRIVE' in large, stylized, multi-colored letters at the top. Below it is a speech bubble containing the text 'A SAFE PLACE TO EXPLORE THE BIG QUESTIONS IN LIFE'. To the right of the speech bubble, it says 'WEDNESDAYS AFTER SCHOOL 3-4PM IN THE ETHOS ROOM EVERYONE WELCOME'. On the left side, there is a vertical list of activities: 'GAMES', 'SNACKS', 'DISCUSS', 'EXPLORE', and 'FAITH'. At the bottom center, there is a large white question mark inside a blue circle with diagonal stripes.



**THE DROP IN**

A SAFE PLACE TO RELAX, PLAY GAMES  
AND CHAT ABOUT LIFE

YEAR 7 TUESDAY  
YEAR 8&9 WEDNESDAY  
YEAR 10&11 THURSDAY  
IN THE ETHOS ROOM AT  
LUNCH TIME  
EVERYONE WELCOME

The poster has a background of colorful paint splatters. The title 'THE DROP IN' is written in large, bold, white letters, with 'THE' on a pink triangle and 'DROP IN' on a blue triangle. Below the title, a green banner contains the text 'A SAFE PLACE TO RELAX, PLAY GAMES AND CHAT ABOUT LIFE'. At the bottom, the schedule is listed: 'YEAR 7 TUESDAY', 'YEAR 8&9 WEDNESDAY', 'YEAR 10&11 THURSDAY', 'IN THE ETHOS ROOM AT LUNCH TIME', and 'EVERYONE WELCOME'.



**PE Extra Curricular**

Monday - Basketball & Netball

Tuesday - Football

Wednesday - Staff meetings

Thursday - Fitness Suite

Keep up to date with all fixtures & events by joining the Google Classroom: YFIMI5U

The poster features a background of various sports equipment including basketballs, soccer balls, tennis rackets, and dumbbells. The title 'PE Extra Curricular' is at the top in large, bold, blue letters. Below it are four horizontal bars with different colors and text: a light blue bar for 'Monday - Basketball & Netball', an orange bar for 'Tuesday - Football', a yellow bar for 'Wednesday - Staff meetings', and a light blue bar for 'Thursday - Fitness Suite'. At the bottom, a black bar with white text says 'Keep up to date with all fixtures & events by joining the Google Classroom: YFIMI5U'.

PERFORMING ARTS PRESENTS

# Dance

## CLUB

**FRIDAY 3:10pm-4:10pm**  
Main Hall



YEAR 7  
YEAR 8  
YEAR 9

Come along and learn new moves in a fun and friendly environment

**FOR MORE DETAILS CONTACT MISS PILGRIM**

[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

Rushden Academy presents



# Performance Group

## DANCE

### MODERN DANCE GROUP

**Every Monday**  
**Starting 19th September**  
**3:10-4:10pm**

DANCE STYLES  
Contemporary  
Hip Hop  
Jazz

*Express yourself through the art of modern dance*

Register with Miss Pilgrim  
[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

# Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

This week's star is...

**Harry**

You are always a model student, ready with an excellent, well developed answer, constantly pushing yourself further. You also help others around you and demonstrate the Team Rushden values. Well done!

Mr Ross



## Performing Arts Update

### Drama

Year 9 have been exploring their devising topic more this week with a focus on using montage and stimulus. They have been, brilliantly, combining still images and transitions to make montages to respond to the stimulus of 'Look Up' by Gary Turk. The poem focuses on social media and how, as a society, we have become reliant on social media and how it affects our behaviour. We, as a department, have been so impressed with the level of talent and maturity displayed by year 9 this week and look forward to them developing their devising skills week by week.

### Dance

Our year 10 dancers have started their Level 2 Btec course this term. The aim is to explore and understand what it is like to be a professional in the performing arts industry. Students will practically and theoretically explore three different professional productions in the styles of HipHop, Contemporary and Jazz. Currently the students are practising and composing movements in the style of HipHop which are featured in the 2012 production Emancipation of Expressionism.

### Music

Year 8 students have been working on their own rap this week, they were given a choice of themes to write their lyrics about including school life, the local community or personal identity. There have been some lovely lyrics written that we hope to be able to share with our year 7 students to give them reassurance and confidence of settling into secondary school life.

### **Performing Arts Career of the week:** Head of Wigs

The Head of Wigs is responsible for the provision of all Wigs, hairdressing and make-up in conjunction with the Costume or Wigs supervisor on each show and to ensure their maintenance for the entire run.

Estimated Annual Starting Salary: £38,241

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[r.brooks@rushden-academy.net](mailto:r.brooks@rushden-academy.net)



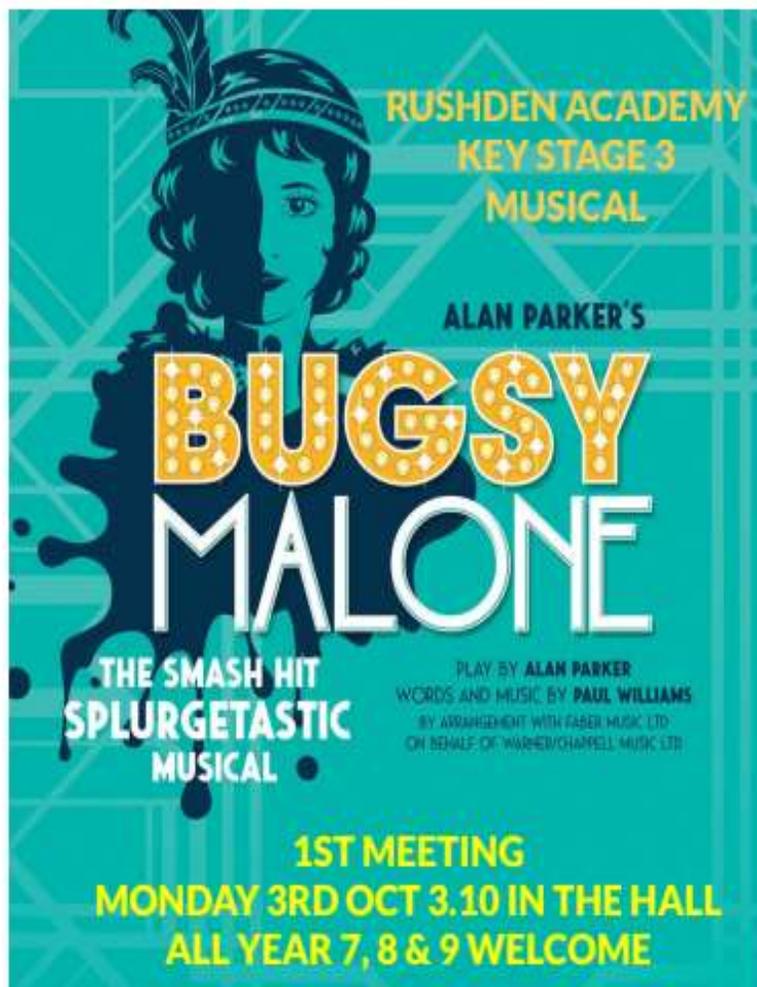
## Performing Arts Update

### Chicago High School Edition

Rehearsals have continued for Chicago this week. A huge congratulations for the members of the cast who had their callbacks and have received a role. We were severely impressed with the level of preparation that went into the call backs. The cast have focussed on the opening number of "All That Jazz" and are continuing to get to know one another. "All That Jazz" promises to be a blinding opening number to a truly dazzling show. Cast and crew are well underway to produce a fantastic show and the excitement grows each week!

Previous cast members from Legally Blonde and Matilda Jnr have also assembled this week to prepare some material for the upcoming open evening. We are so proud of the students we have and are delighted that they will have the opportunity to showcase what we do in Performing Arts to the prospective year 6s and the people they bring with them next week at the open evening.

A big reminder for all students and caregivers that our first meeting for our KS3 musical Buggy Malone is at 3:10pm in the main hall on Monday 3rd October. We hope to see lots of familiar faces there and warmly welcome some new ones.



## Stars of the Week

Congratulations to the following students for achieving star of the week.



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## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)

#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking  
Assistant Principal

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**  
contraception **exam anxiety**  
**BULLYING** family issues  
alcohol **SMOKING**

HEALTHY EATING body image  
social networking & cyber bullying

**SELF HARM** MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

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**CHAT** Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS? WE'RE HERE TO HELP. JUST COME ALONG

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

**CHAT** Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

**Monday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

**Tuesday 4pm - 8pm**  
Youth Works at Corby Mind,  
18 Argyl St, Corby NN17 3RU  
01536 518339

**wednesday 4pm - 8pm**  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

**Thursday 4pm - 8pm**  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

**Friday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

**Saturday 10am - 2pm**  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277530

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

**the lowdown** **CHAT** **YOUTH WORKS**

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#weareNHS

Northamptonshire Healthcare NHS Foundation Trust

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

**CAMHS LIVE** CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE **MENTAL HEALTH SERVICES** YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/0300CAMSLIVE](http://WWW.NHS.UK/0300CAMSLIVE)

t f

QR code

**Camhs**  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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