



# Rushden Academy Newsletter

Aspire, Explore, Succeed

24/06/2022

Message From the Principal



## In this newsletter:

- Message From the Principal
- Word of the Week
- Numeracy Problem of the Week
- Performing Arts Update
- Library Update
- Cost of Living Payment
- Year 10 District Rounders Competition
- Creative Arts Update
- Join the PTFA
- Legally Blonde The Musical
- Ethos Identity Workshops
- Sports Council Runs Primary District Athletics Event
- Hair & Beauty at Rushden Academy

## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Yesterday, most of Year 11 completed their GCSE examinations so we took the opportunity to thank them for their hard work in a leavers assembly. It was an emotional end to their 5 years, the Head of Year and Form Tutors shared memories, hilarious photos and shirts were signed.

On the very same day we met with our new year 6 intake and parents/carers to begin another new special chapter. Only this time I will be stepping away from the role as the Principal to work for the trust as a director supporting Mr Baines, the incoming Principal and other schools in the trust. I will be based at Rushden and continue to be part of Team Rushden.

Mr Baines was able to join us last night and introduced himself to many of the pupils and families and he has shared this with us:

**Mrs J Burton**  
Principal



Dear Parents/Carers,

I am delighted to be joining Rushden Academy as Principal from September to continue to build on the fantastic work undertaken by Mrs Burton and the rest of 'Team Rushden'. I am excited to get to know all of the students, parents, carers and wider members of the school community so that I can ensure that the school continues to improve and provide the very best education for the children within its care. I knew from very early on in my interview day that Rushden

Academy is a special place to work, full of hugely dedicated staff who are heavily invested in the school and the wider community. I have had the privilege of meeting many of the children that currently attend the Academy and have been nothing but impressed with the pride they have for their school.

*Continues on the next page...*

## Message From the Principal Continued...

I started my career as a PE teacher and have been fortunate enough to have worked in education for the past 12 years, gaining experience in 4 different schools; 3 of them as a senior leader. As an Assistant Principal I led on teaching, learning and assessment for 4 years at The Duston School before being promoted to Deputy Headteacher with responsibility for the overall quality of education at Kingsthorpe College. For the past 2 years I have led the personal development agenda as Deputy Principal at All Saints Academy. In addition to my teaching and leadership experience in schools, I have extensive experience of safeguarding and protecting vulnerable people as a result of working as a police officer in Northamptonshire Police's Special Constabulary for the past 4 years.

I strongly believe that whilst all students need to gain the qualifications and skills to make the next steps in their lives, educating the whole child is paramount and I truly believe that it is our duty as educators to ensure that students leave us as good people with a strong moral compass, ready to make a positive contribution to society. I want to continue to ensure that the children of Rushden Academy have every opportunity possible for them to pursue their interests and nurture their talents. Mrs Burton and I will be working very hard to ensure that the transition from her leadership to mine is as seamless as possible and I look forward to meeting you all in September.

Kind regards  
Mr B Baines





## LUDICROUS

Word Type:  
Adjective

Synonyms:

- Ridiculous
- Farcical

Antonyms:

- Sensible
- Reasonable

Example:

- It is ludicrous that some students don't like Shakespeare!

Definition:

- so foolish, unreasonable, or out of place as to be amusing.



### Numeracy Problem of the Week



In Tom's pocket there are 8 watermelon jelly babies, 4 vanilla jelly babies and 4 butter popcorn jelly babies.

What is the smallest number of jelly babies he must take out of his pocket to be certain that he takes at least one of each flavour?

## Go4Schools Parent App

We have now subscribed to the parent app for Go4Schools. You can download the app from the Apple App Store or the Google Play Store, and have access to your child's timetable, progress reports, attendance and behaviour information at the touch of a button.

For more information about how to create your Go4Schools Parent Account, have a look at the guide at the end of the newsletter.

Please note, we use Google Classrooms to issue and track homework, not Go4Schools.



# LEGALLY BLONDE

*The Musical*

Tuesday 19th July  
Wednesday 20th July  
Thursday 21st July

Tickets £5 from student reception  
Doors open 7:15pm, show starts 7:30pm

Music and Lyrics by  
Laurence O'Keefe and Nell Benjamin

Book by  
Heather Hach

Based on the novel by Amanda Brown and the  
Metro-Goldwyn-Mayer motion picture

## Ethos Identity Workshops



This week all of Years 7, 8 and 9 have been engaging with our Ethos Identity Workshops.

These workshops have involved a powerful 1 hour performance and 1 hour workshop from Rights of Passage Productions, who work all over the country delivering workshops and performances to improve student outcomes and tackle current issues.

The students explored the theme of the mask and how easy it is to hide in school rather than be ourselves.

This is what some of our students said about the days:

### **What is the main thing you learnt from today?**

"That it is okay to speak up about your problems."

"How people act is not actually how they think or feel"

"I learnt that showing people my values is more positive than putting on a mask."

"How bullies wear a mask to hide their true selves."

"It showed me how to forgive."

### **What one thing will you do differently as a result of today?**

"Be more honest with people"

"I'm not going to hide as much anymore"

"Be more patient with people"

"Try to talk about things more"

The workshops have been a real success and the students have really enjoyed learning more about how to be fully themselves at school.





### **What is the PTFA?**

We are a group made up of Parents, Teachers and Friends of Rushden Academy. We meet about once a term to discuss the organisation of fundraising events; allocation of funds to the school and have a well earned chat, coffee and the occasional cake!

### **Why do we fundraise?**

We fundraise for things that benefit the school community. In recent years we have contributed money to:

- ◆ The Uganda Team trip
- ◆ Non Fiction resources for the library
- ◆ Software for foreign languages that has helped not only with the subject but also students that have English as an additional language and have just moved to the school
- ◆ New netball posts and nets for the PE department
- ◆ The purchase of new microscopes for the Science department

### **How do we fundraise?**

Some of our fundraising activities have been:

- ◆ Beetle drive games nights
- ◆ Assisting our local Rushden Round Table with their Santa Collection
- ◆ Easter Egg Bingo
- ◆ Refreshments at Parents evenings

# **JOIN US!**

If you would like to find out more or join the PTFA please contact us via [L.Hunter@rushden-academy.net](mailto:L.Hunter@rushden-academy.net)

## Year 11 Uniform Donations

We always find having spare blazers, ties etc. useful in school and would like to ask if you would be willing to help after the exams have finished please.

If you would be happy to donate any unwanted items of uniform please could you ask your child to drop items into Main Reception.

### Cost of Living Payment

#### **Guidance on getting an extra payment to help with the cost of living if you're entitled to certain benefits or tax credits.**

You may be able to get a payment to help with the cost of living if you're getting certain benefits or tax credits.

You do not need to apply. If you're eligible, you'll be paid automatically in the same way you usually get your benefit or tax credits. The payments will be made separately from your benefit or tax credits.

These payments are not taxable and will not affect the benefits or tax credits you get.

You may be eligible if you are:

- on Low income benefits
- on Tax Credits
- on Disability Benefits
- entitled to Winter Fuel Benefits

#### **More information is available here:**

<https://www.gov.uk/guidance/cost-of-living-payment#full-publication-update-history>

or contact Lynda King - Family Support Worker if you need any support  
[l.king@rushden-academy.net](mailto:l.king@rushden-academy.net)

## Year 10 District Rounders Competition

On Tuesday night this week we hosted the Year 10 District Rounders Tournament and we welcomed teams from Wollaston, Weavers, Ferrers and Huxlow.

Our first match was against Weavers and it took a while for the girls to settle into their fielding but with a few quick reminders they were back on track and kept the score down. We batted well and in the end it was a close game but our girls won it 4 rounders to 3 rounders!

With confidence gained we went into our next game against Huxlow. The Huxlow team had been doing well and their fielding was tight. They restricted our score and then batted well to win against us. We had a similar game against Ferrers who were the overall winners in the end but then picked it up again for the last game and had a close one against Wollaston, just losing out in the end.

Overall the girls played well, improved as the tournament went on and kept a strong, positive attitude. We were proud of them, well done girls!

This is the last of the rounders tournaments this year now so we would like to thank all the girls that have contributed and represented the school.

Rounders club continues to run in school on a Wednesday after school until the Summer Holidays so if you would like to come along and play for fun, come and join in!



## Sports Council Runs Primary District Athletics Event



This week we had the pleasure of hosting and running the Primary District Athletics event. We had 4 local Schools take part in the Quadkids Athletics competition, South End Junior School, Higham Ferrers Primary, Whitefriars Primary and Alfred Street Junior School.

Our Sports Council Leaders were a perfect example of everything we value here at Rushden Academy. They set up and organised events, recorded results, demonstrated activities and most importantly encouraged and cheered on all the younger children to do their best. Everyone involved had a great day and are excited for our events next week. Safe to say our students were Team Rushden at its best.

Well done Maison, Lorenzo, Samuel C, Callum, Joseph, Sam P, Dempsey, Kieran, Alex, Ben, Declan, Elliott, Wiktor, Krystal, Victoria and Lily

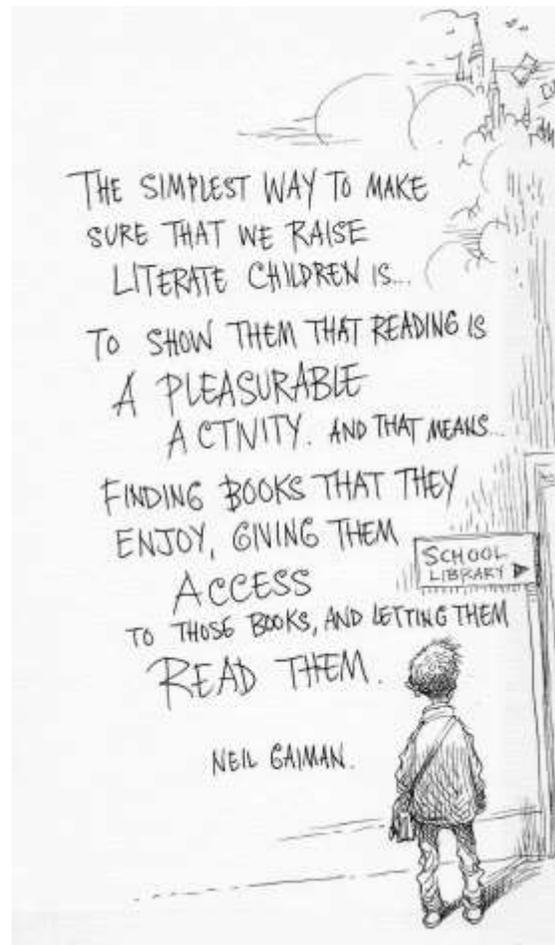


## Library Update

It hasn't taken long for the Years 7 & 8 students to get used to the new Click & Collect service that the library team are running whilst the library is closed during the ongoing renovations to the English block. The students have been keeping the library staff very busy with lots of books being reserved!! Mrs Quantrill is getting big biceps from carrying them outside Student Reception each break & lunchtime! Please remind your child to collect their reserved book quickly as it will be ready for them the following break or lunchtime after reservation.

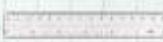
During W/C 4th July the Library Ambassadors will be running a Tuck Shop to try to raise funds for the purchase of new books in September. If you would like to make a donation please ask your child to drop the items off at the Student Reception. All donations will be gratefully received

Happy reading!



### Stationery for sale in the Library

Don't forget that there are stationery items available to buy in the Library, so if you've realised you haven't got your pen on the way to school or your ruler has broken, pop in to see the Library and get yourself sorted. We have:

				
Black or blue biro 15p	Pencils 15p	Small eraser 15p Large eraser 20p	Pencil sharpener 10p	Small, clear pencil case 40p Large, clear pencil case 60p
	 			
Protractor 15p	15cm ruler 15p 30cm ruler 30p	Calculator £9.25	Highlighter pen 40p	Set square 15p

There are a few other items too. To see everything have a look at the stationery list available on the school's library page.

# ETHOS Snapshot Term 6

## Events

### Y10 Maths & Business Project

The Ethos Team have collaborated with the Maths and Business Departments to create an extra curricular project for Y10. Every student has been given a £5 note as an investment from the Ethos team. Students are to use this investment as an opportunity to make as much money as possible for themselves across a 6 week period.



DEVELOPING CHARACTER & VALUES

## Workshops

### Identity Workshop

21st-24th June

This session covers peer pressure, identity, faith, and choices in a dynamic way.

### Character Workshop

11th & 12th July

This will help young people define their values, grow in their integrity, and make positive choices.



## Interventions

### Anger Management Course

MAD is a 6-week course to help young people who are suffering with anger management. We will look at the symptoms of anger, the causes of anger, the impact of anger and explore practical and realistic ways to deal with anger constructively.

### The Boys Project RSE Course

The Ethos Team will be leading a specific Relationships & Sex Education intervention course for boys to help promote healthy relationships.



BUILDING HEALTHY RELATIONSHIPS

## Parent Support

### Teen Triple P Parenting Course

A focused parenting support intervention on a one-to-one & group basis for parents of teenagers up to 16 years.

Parenting can throw all sorts of challenges at you when you least expect it. Need someone to talk to or a little extra help?

Contact [l.king@rushden-academy.net](mailto:l.king@rushden-academy.net)

ETHOS

## Tutor Time

This term during tutor time, our KS3 & KS4 students will continue to explore online relationships and will look more closely at healthy and unhealthy uses of social media.

Topics covered include:  
self-esteem  
emotional wellbeing  
sleep  
grades  
friendships and family



SKILLS FOR DIGITAL RELATIONSHIPS

GRACE FOUNDATION

## Creative Arts Update

This term in the Creative arts students across the Academy have been very busy.

**In year 7** we have been learning about Line, Pattern, Colour and Abstraction. We have learnt about Organic and Geometric patterns and have explored using them in our own designs, either in the 'Crazy Hair' or 'Initial Letter' design work. We have also been learning about Colour theory, and should be able to tell you examples of warm and cool colours, complementary pairs, primary, secondary and tertiary colours. We know how to mix these using watercolours and have practised applying watercolours to our own designs and copies of artists' work, including Henri Matisse and Hunderwasser. We have begun learning about Abstraction, creating compositions using line, colour and shapes.



**In year 8** we have been practising and developing our observational drawing skills using man-made objects such as bottles and containers. We have put this practice to good use in our artist studies related to Pop Art, and have created our own compositions inspired by the work of Roy Lichtenstein. We have been introduced to acrylic paints and have learnt how these are used differently to watercolours, and have secured our skills in painting using both acrylics and watercolour techniques.



Continues on the next page...

## Creative Arts Update

In year 9 we have been securing our observational drawing skills looking at still life, with a project inspired by Paul Cezanne. We have used an array of different techniques and media to create our own work inspired by this artist, and will soon be moving on to create assemblage collages combining all our work from this year. We have learnt to select appropriate media and techniques for different images and have begun to identify our own strengths and preferences with different methods and styles. We understand the importance of observation in creating accurate art work, and are able to make creative choices based on our knowledge and experience.



In year 10 art we have been working towards our GCSE Coursework, which will be complete by Christmas 2022 ready for our Exam Unit. Our project is loosely based on Still Life, but we have each chosen our own artists to study and are creating interesting and individual projects centred around the work of these practitioners. This year has been about identifying and refining our creative strengths, and building the skills we need to be able to work independently on future projects. We started with workshops to build practical skills in all media, before choosing artists to focus on. We have learnt how to conduct artist research and show our understanding visually using our own images and observations, and have refined our presentation skills, using large mounted sheets to showcase our work. In our Mock exam we will finish our responses to artists' work, and from September we will begin developing our projects towards creating a final outcome.

In year 10 photography we have started looking at Double Exposure which is our coursework element worth 60% of our final grade. We have taken our own photographs of nature, architecture and portraiture which we will combine together to create interesting compositions. We have previously learnt how to analyse photographs and create work using Photoshop in a pop art style.



Continues on the next page...

## Creative Arts Update

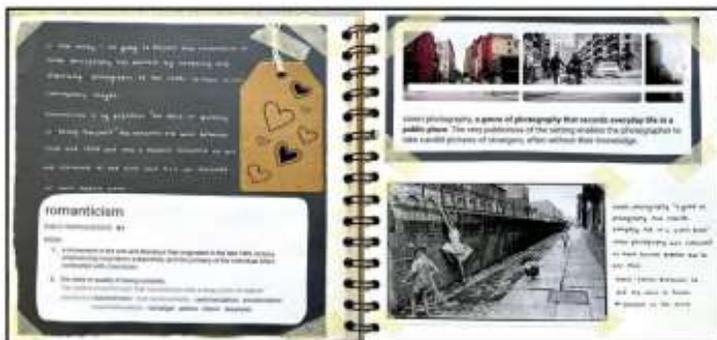
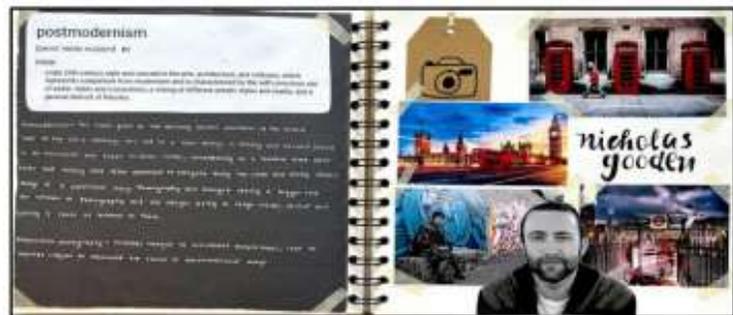
In year 10 graphics we have been looking at typography and the use of colour and line along with looking at various designers and illustrators and creating work in the style of. Currently we are undertaking our coursework element where we are designing and creating an album cover based on our research that we have undertaken and designer influence. We can create our album covers through editing photographs we have taken, our own illustrations or a combination.



In year 12 Photography we have been: This term year 12 students have visited Hunstanton to work on a location shoot. They photographed the coast line and local areas of interest to inform their practical work. They are currently working on the related study which is an essay that demonstrates their understanding of photography in the context that they have chosen to learn about.

This is an independent unit of work and all of them are making excellent progress and producing some brilliant essays.

These are examples of their essay sketchbooks:



Continues on the next page...

## Creative Arts Update

We also want to say massive congratulations to our year 11 and 13 art, photography and graphics students who have finished their qualifications, produced some outstanding work and made amazing progress!



Don't forget to follow us on Instagram [@rushdencreativearts](https://www.instagram.com/rushdencreativearts) 



## Hair & Beauty at Rushden Academy

Our learners at Rushden Hair and Beauty academy are looking for clients to achieve their practical tasks in hair ups, cuts, colour services, back neck and shoulder massage, facials and make-up to fill their own personal columns.

If anyone is interested in any of these services at our reduced prices, please call 01933 417858 to book in.

Hair Price List	Level 2	Level 3
<b><u>Styling</u></b>		
Wash & blow-dry/set	£4.00	£5.00
Ladies cut	£4.00	£7.00
Restyle	£7.00	£9.00
Wash, cut & finish	£8.00	£10.00
Gents	£3.00	
Conditioning treatment	£3.00	£4.00
<b><u>Colouring</u></b>		
<b>Quasi permanent colour</b>		
Full head - short hair (long hair)	£11.00 (£15.00)	£15.00 (£19.00)
<b>Semi permanent:</b>		
Semi permanent - short hair (long hair)	£9.00 (£12.00)	£10.00 (£13.00)
<b>Colouring and permanent tinting</b>		
Full head - short hair (long hair)	£12.00 (£18.00)	£18.00 (£23.00)
Roots only	£9.00	£11.00
Roots & refresh - short hair (long hair)	£12.00 (£18.00)	£18.00 (£23.00)
<b>Highlights/Lowlights</b>		
With cap	£10.00	£13.00
Woven - short hair (long hair)	£20.00 (£25.00)	£25.00 (£28.00)
T-section - short hair (long hair)	£10.00 (£15.00)	£18.00 (£23.00)
Flashes (per pack)		£2.00
<b>Lightening products bleach</b>		
Full head - short hair	£20.00 (£23.00)	£23.00 (£26.00)
Spectrum (specialised tonal highlighting) extra £7		
<b><u>Extras</u></b>		
Colour mousse - £1.00		
Eraser colour remover & colour correction - Consultation needed)		

Beauty Price List	Level 2
<b><u>Facial treatments</u></b>	
Cleanse and make up	£5.00
Facial with cleanse and mask	£4.50
Luxury facial	£5.00
<b><u>Eye treatments</u></b>	
<b>Tinting and waxing</b>	
Lash tint	£2.50
Brow tint	£2.50
Lash extensions	£4.00
Brow wax	£3.00
Brow tidy	£2.00
Lip & chin wax	£3.00
<b><u>Holistic treatments</u></b>	
<b>Massages:</b>	
Indian head massage	£6.00
Hot stone (back only)	£5.00
Hot stone (full body)	£10.00
Full body massage	£8.00
Back, neck & shoulder massage	£4.50
<b>Body treatments</b>	
G5 massage	£5.00
Vacuum suction	£4.50
<b><u>Manicure &amp; pedicure</u></b>	
Mini manicure	£3.50
Manicure	£4.00
Luxury manicure	£6.00
Mini pedicure	£3.00
Pedicure	£4.50
Luxury pedicure	£4.50
Re varnish	£2.50

## Summer Term PE Activities & Extra Curricular Clubs

Monday	Tuesday	Wednesday
Athletics Track Events 	Tennis 	Rounders 
Athletics Field Events 	Cricket 	Softball 
Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!		

### Why should you get involved?

- ✓ Part of our PE Assessment - HEALTHY ME!
- ✓ Increase your Physical Activity for a healthy lifestyle
- ✓ PE Club Loyalty Cards available and prizes to be won for regular attenders
- ✓ Learn new skills and practice for fixtures against other schools and Sports Day
- ✓ Get outside, enjoy the weather and boost your mental health too!
- ✓ Make new friends and socialise with others
- ✓ Be part of a team!

### ROUNDERS FIXTURES

We have entered the girls rounders league and so will have fixtures coming up against other schools, like we did for netball.



### SPORTS DAY

Friday 1st July - Best day of the school year!!

Athletics events and other events for everyone to get involved in as usual throughout the day!

### INTERFORMS

Like the previous dodgeball and benchball tournaments that have taken place at lunchtimes there will be further interform competitions this term.

If you want any more information or if you have any questions then please just speak to any member of the PE faculty.



## Performing Arts Update

### Drama

This week our Year 7 Drama students have started their new scheme of work 'Physical Theatre'. Physical Theatre is the method of using their body to story tell. Students have watched 'Attraction Juniors' piece around hate and be kind to give them some inspiration. Students began by creating letters out of their bodies, next week they will be moving onto making objects with their bodies.

### Dance

The final term is always exciting for our young dancers! Miss Pilgrim has set a task called 'The Big Dance Challenge' for our Year 8 students. All students have been challenged to learn various popular dance sequences during their lessons ready to perform as a dance flash Mob!!!

A flash mob is when a group of people perform at the same time in a random location and then disperse as though nothing has happened. Keep an eye out for the results of our spectacular flash mob this term!

### Music

This week saw the last session of our Music Tech project that has been running this year. On Wednesday we have had staff from NMPAT working with some of our students delving into technology and use of software to produce Music. Our students have thoroughly enjoyed this opportunity and we are looking at how we can provide more opportunities next year.

### Performing Arts Career of the week: Screenwriter

Screenwriters prepare their script in a way that enables readers to envisage the setting, emotion and the way it will work on screen. They collaborate with producers, directors and actors to draft and redraft their script, often working to tight deadlines. Screenwriters are almost always freelancers.

Average Salary: £29,500



## Performing Arts Update Continued...



### Legally Blonde Update

Well, Mrs Ede informed the cast, chorus, crew and production team on Tuesday that it was a month till opening night. We can't believe where the time has gone this year but we are extremely excited for our first whole school musical since 2019 to take the stage VERY soon.

Tuesdays rehearsal saw our cast and chorus work on the ending 'Legally Blonde' "It is with passion, courage of conviction, and strong sense of self that we take our next steps into the world, remembering that first impressions are not always correct'.



**Sunday rehearsals start this weekend, please check the google classroom for all that are involved.** It's going to be a busy day for Miss Taylor and crew as the set is starting to be built!

### Tickets on Sale NOW from Student Reception!

Tuesday 19th July

Wednesday 20th July

Thursday 21st July

**If you are coming to watch Thursdays performance of Legally Blonde, we ask that you please wear PINK!!!**

### Trumpet Player Needed:

For our upcoming musical of Legally Blonde, we are on the lookout for a trumpet player, if you or anyone you know is able to play the trumpet please get in touch with Mrs Brooks



Don't forget to follow us on Instagram to stay up to date with the latest news and achievements! @RushdenAcademyPerformingArts

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[R.brooks@rushden-academy.net](mailto:R.brooks@rushden-academy.net)



## Performing Arts Update Continued...

### Year 12 Performing Arts Showcase

**Interview with Year 12 BTEC Performing Arts Students as to why Performing Arts is a good subject to study and what they enjoy**

**Lottie:** I chose Performing Arts because I love doing the shows and I wanted to broaden my knowledge in Drama.

**Mackenzie:** I thought that it would be fun and exciting to learn more about a subject I love.

**Erin:** I love performing, Its something I want to do in life and I feel this course at Level 3 offers a range of different skills to help me with my future.

**Maddie:** I enjoyed Drama in Year 11 and it links with what I want to do in the future which is a university course in Film making.

**Kyra:** I loved all aspects of Performing Arts in Year 11, I have been heavily involved in Performing Arts since year 7, I wanted to carry it on into my future.

**Georgia:** It's something I'll do in future, I really enjoy the shows and everything that comes with the course





# Performing Arts Update Continued...

## Year 12 Performing Arts Showcase



Performing Arts Update Continued...



Rushden Academy's

# Singing Group

Love to sing?  
Want to improve your skills?  
Come and join our new singing group!

KS3 - Wednesday Lunch  
KS4 & KS5 - Tuesday Lunch

Location: Lecture Theatre

Starting Friday 5th November

# KS3 DANCE CLUB

SWING SETS

WELCOME TO ALL YEAR 7-8-9

DAY: FRIDAY  
TIME: 3:00-4PM  
VENUE: THE HALL

CONTACT: MISS PILGRIM FOR MORE INFORMATION



RUSHDEN ACADEMY

# GUITAR CLUB

STARTING 30TH NOVEMBER

TUESDAY LUNCHTIMES PA1

ALL ABILITIES & YEARS WELCOME

# YEAR 7 DRAMA CLUB

Every Thursday Lunch on the Stage  
Starting from Thursday 3rd February

Come along and learn new skills



Contact Miss Grainger for more information

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

## Stars of the Week

Congratulations to the following students for achieving star of the week.



## Stars of the Week

Congratulations to the following students for achieving star of the week.



## Stars of the Week

Congratulations to the following students for achieving star of the week.



## Year 10 Mock Exams

If you do not have an exam you will be in your normal lessons. For French and German speaking tests you will be given your own individual 30min slot within the sessions marked below.

	P1 + P2		P3 +P4		Reg + P5	
FRI 17th JUNE	DRAMA (IT5) 2hrs (CG)	27	DRAMA (STAGE) 2hrs (CG)	27	DRAMA (IT1) 1hr (CG)	27
MON 20th JUNE	Normal lessons		COMBINED SCIENCE Biology (SH) 1 hr 15mins TRIPLE SCIENCE Biology (SH) 1 hr 45mins	122 16	GERMAN LISTENING (VOC) H 45mins F 35 mins	16
TUES 21st JUNE	GERMAN SPEAKING		MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	138	GERMAN SPEAKING	
WED 22nd JUNE	ENGLISH LANG Paper 1 (SH) 1hr 55mins	138	COMBINED SCIENCE Chemistry (SH) 1 hr 15mins TRIPLE SCIENCE Chemistry (SH) 1 hr 45mins	122 16	Normal lessons	
THURS 23rd JUNE	DANCE (IT3) 2 hrs (CP)	14	DANCE (Hall) 2hrs (CP) HISTORY (SH) 1hr 15mins	14 40	DANCE (Hall) 1hr (CP) FRENCH LISTENING (VOC) H 45mins F 35 mins	14 18
FRI 24th JUNE	MATHS Paper 2 (SH) 1hr 30mins (calculator)	138	GEOGRAPHY (SH) 1hr 30mins FRENCH SPEAKING	78	FRENCH SPEAKING	
MON 27th JUNE	COMBINED SCIENCE Physics (SH) 1 hr 15mins TRIPLE SCIENCE Physics (SH) 1 hr 45mins	112 16	BUSINESS (SH) 1hr 30 mins SOCIOLOGY (SH) 1hr 45mins	56 1	Normal lessons	
TUES 28th JUNE	GRAPHICS (CA6) (LH) SOCIOLOGY (SH) 1hr 45mins	15 44	GRAPHICS (CA6) 2hrs (LH) GERMAN SPEAKING	15	GRAPHICS (CA6) 1hr (LH) GERMAN SPEAKING	15
WED 29th JUNE	PHOTOGRAPHY 10B (CA6) 2hrs (LH) FRENCH SPEAKING	21	PHOTOGRAPHY 10B (CA6) 2hrs (LH) FRENCH SPEAKING	21	PHOTOGRAPHY 10B (CA6) 1hr (LH)	21
THURS 30th JUNE	PHOTOGRAPHY 10C (CA6) 2hrs (LH)	19	PHOTOGRAPHY 10C (CA6) 2hrs (LH)	19	PHOTOGRAPHY 10C (CA6) 1hr (LH)	19
FRI 1st JULY	SPORTS DAY		SPORTS DAY		SPORTS DAY	
MON 4th JULY	ART (CA4) 2hrs (DC +SAN) BUSINESS (VOC1) 1hr 30mins (Trip students)	27 4	ART (CA4) 2hrs (DC +SAN)	27	ART (CA4) 1hr (DC +SAN)	27
TUES 5th JULY	COMBINED SCIENCE Physics (VOC1) 1 hr 15mins (Trip students)	10	SOCIOLOGY (SH) 1hr 45mins (Trip students)	5		
THURS 7th JULY	PHOTOGRAPHY (CA6) 2hrs (LH) (Trip students)	4	PHOTOGRAPHY (CA6) 2hrs (LH) (Trip students)	4	PHOTOGRAPHY (CA6) 1hr (LH) (Trip students)	4

Students taking maths, science, business and geography exams will need a calculator

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)
- ◆ This will send you an email link with your password



### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

WHAT'S ON YOUR MIND?

sex  
contraception **DRUGS**  
**exam anxiety**  
BULLYING family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

© 2018 Northamptonshire Healthcare NHS Foundation Trust. All rights reserved. All other trademarks are the property of their respective owners.

**CHAT** Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS? WE'RE HERE TO HELP. JUST COME ALONG

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

**CHAT** Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

**Monday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

**Tuesday 4pm - 8pm**  
Youth Works at Corby Mind,  
18 Argyle St, Corby NN17 3RU  
01536 518339

**Wednesday 4pm - 8pm**  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

**Thursday 4pm - 8pm**  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

**Friday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

**Saturday 10am - 2pm**  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277530

1-1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1-1 PARENT SUPPORT IS AVAILABLE

**the lowdown** **CHAT** **YOUTH WORKS**

© 2018 Northamptonshire Healthcare NHS Foundation Trust. All rights reserved. All other trademarks are the property of their respective owners.

#weareNHS

Northamptonshire Healthcare NHS Foundation Trust

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

**CAMHS LIVE** CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE **MENTAL HEALTH SERVICES** YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/0300CAMSLIVE](http://WWW.NHS.UK/0300CAMSLIVE)

t f

QR code

**Camhs**  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

© 2018 Northamptonshire Healthcare NHS Foundation Trust. All rights reserved. All other trademarks are the property of their respective owners.