



# Rushden Academy Newsletter

Aspire, Explore, Succeed

27/05/2022

Message From the Principal



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## Team Rushden - United we stand, divided we fall



Dear Parent / Carer

Thank you for being so thoughtful and dropping your children on the Hayway as we start the building work to the English block. All being well, we should be back to normal in September, but until then please do not use the car park area for dropping off or picking up. We have informed the neighbours that there may be increased traffic on the Hayway and explained that this will hopefully be resolved in September. I am sure it will be worthwhile when the building has a new look and the classrooms do not fluctuate so much temperature wise.

Last night the performing arts team did not fail to entertain us with 'Rushden's Got Talent'. The compering, acts and judging were second to none. It was such a lovely evening and the performers truly excelled, everyone brought something unique to the show and the overall winners were 'Boyz in a B4nd.' Once again the Performing Arts team did us proud and we cannot wait for Legally Blonde in July. Their work is truly exceptional!

External examinations are in full flow, it can be a stressful time for some and we show these emotions in different ways, we certainly need to be kind and understanding during this challenging time. Pupils must try their best, revise ahead of exams, not cram and carefully read the exam questions. What more can we ask for?

Thank you for reading this week's newsletter, do have a lovely half term break. Enjoy the Queen's Platinum Jubilee Celebrations. This is such an historic and special event!

We look forward to welcoming pupils back to school on Monday 6th June. Thank you in the meantime for supporting Team Rushden in ensuring your children are here on time and ready to learn.



Mrs J Burton  
Principal



## PHENOMENAL

Word Type:  
Adjective

Synonyms:

- Exceptional
- Remarkable

Antonyms:

- Ordinary
- Usual

Example:

- Mr Glover has phenomenal taste in best friends but horrific taste in microwaveable food.

Definition:

- remarkable or exceptional, especially exceptionally good.

## The Dark Web Explained

The Dark Web Explained has been created by the National Crime Agency in collaboration with [The Children's Society](#) and [Marie Collins Foundation](#). This resource has been developed in response to recommendations from professionals and from research which found that many professionals, parents and carers do not understand the Dark Web and feel unequipped to talk to a young person about it should the need arise.

The Dark Web Explained consists of a short informational film with separate fact sheets for parents and carers and professionals. The resource can help you to:

- understand what the Dark Web is
- know why and how some young people might access the Dark Web
- feel confident having conversations and supporting your child if you know they are accessing the Dark Web.

To have a look at the site and watch the video, click [here](#).

### Numeracy Problem of the Week



An unusual die has its six faces labelled 1, 2, 3, 5, 7, 9.

If two such dice are rolled, and the numbers rolled added together, then how many different sums are possible?

Can you say which sums are most likely?

## Lost Property

Don't forget that lost property can be found in student reception. There are currently a few items there, including some coats.

Please remind your child to check if they have lost anything recently.

All unclaimed items are donated to a local charity at the end of each term.

## Library Update

As parents of our Year 7 & 8 students know, Rushden Academy utilises the Accelerated Reader (AR) scheme. To encourage the students along their reading journey, throughout each term the library team looks at the data regarding how many words each student has read and awards certificates for each student who has reached each millionaire milestone. This term we even have three students who have each read six million words since September - they are amazing! We also award our 'AR Stars of the Term' to those students who have been quizzing really well and have been showing improvement with their reading. Plus we have a prize draw that students get entered into every time they get 100% on their AR quiz. Winners this term are:

### **AR Stars of the Term:**

**Year 7:** Luke Q & Wiktoria S

**Year 8:** Karla S-J

### **AR 100% prize draw winners of a £10 Amazon voucher:**

**Year 7:** Maddie W & Alice J

**Year 8:** Kadence S & Natalia T

### **AR Millionaires:**

#### **Year 7:**

Clare S, Lyra N, Wiktoria S & William B

Ben R (Quintuple & Sextuple)

Olivia D S (Quintuple & Sextuple)

#### **Year 8:**

Harvey P

Caitlin D (Double & Triple)

Abbi Y (Quadruple, Quintuple & Sextuple)

### **Next term arrangements**

Due to the ongoing improvement works to the English block after the half term, students will not be able to have access to the library. Students will still be able to borrow and return books by using a 'Click & Collect' system which will be explained to them in more detail upon their return after the half term break. They have previously been given access codes to the library Librosoft system when they started in September - but these will be reissued to them if needed during their first AR lesson back. The Librosoft system is found on our library page on the Rushden Academy website and is accessible at any time. Using this they can browse the entire library catalogue and reserve books they wish to borrow. The library staff will then ensure those books are ready for collection as soon as possible. Each break and lunch Mrs Quantrill will be outside Student Reception with all the books that have been reserved and are now ready for collection. Students can return library books outside Student Reception, alternatively give them to their Form Tutors/ English teachers or hand them in whilst queueing up for assembly. If you or your child have any concerns or queries regarding this please do not hesitate to contact me using the following email address: [m.quantrill@rushden-academy.net](mailto:m.quantrill@rushden-academy.net)

Wishing you all a lovely half term holiday - and happy reading!

## Year 10 Child Development



The year 10 girls have spent time researching and looking at activities/toys where children 0- 5 years can learn through play. They took on the challenge to make their own version of toys.

They looked at how individual toys can support different development areas, Physical, Emotional, Social, Cognitive, Communication and Language.

As you can see the girls threw themselves at this challenge and produced and then presented their ideas to the rest of the class. Amazing effort all round. Well done girls.

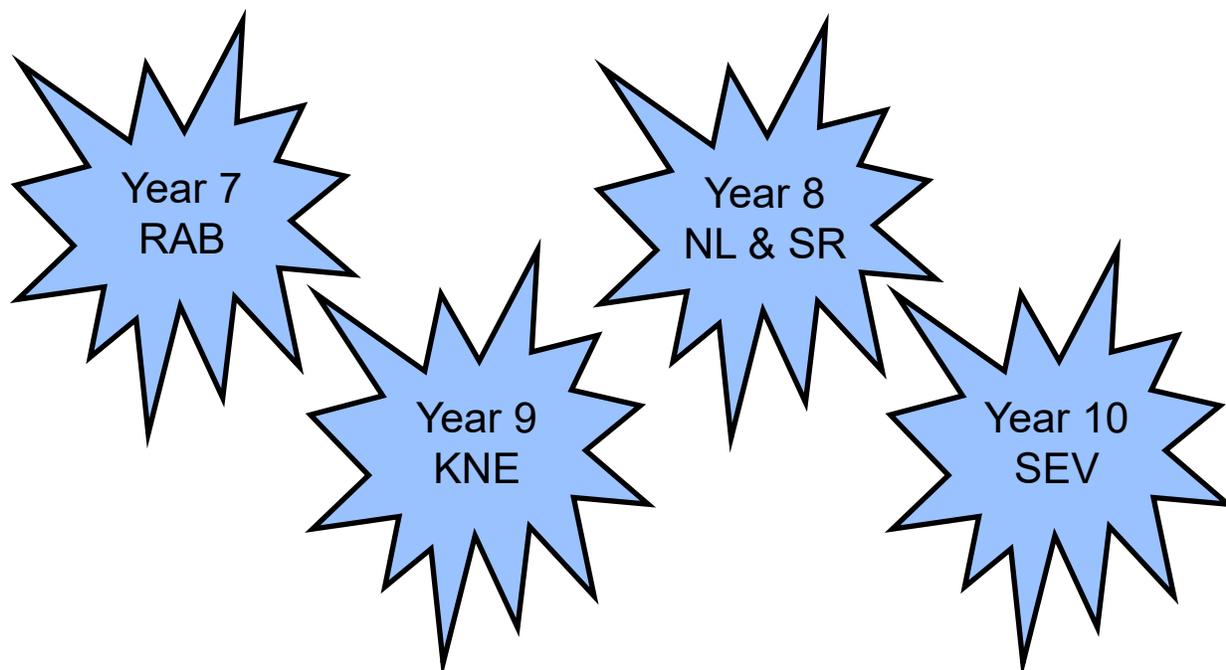


## Interform Boccia Winners

This week we had our inclusive sport for our interform competition, students really enjoyed this, some were Boccia Pros and others tried it for the first time. Well done to all involved.

Next term is the final two interform competitions of the year in what has been a very successful and competitive introduction to the Interform competition. If you haven't done so already, come and get involved, represent your form and maybe try something new!

The Boccia winners are:



### End of Term 5 Interform Champions!

Year 7	Year 8	Year 9	Year 10
7RAB	8SR	9RMC	10SEV

## Creative Arts GCSE Work

**We would like to congratulate:**

Our year 11 students in Fine Art, Graphics and Photography have now finished their courses.

They have produced some excellent work and made amazing progress.

Click this link to access a video of our recent exhibition and more examples of their amazing work!

<https://www.youtube.com/watch?v=cs-uMQfpVpo>

Mrs A Owen  
Head of Creative Arts



## Exams Keeping You Awake?

Time management can have a huge impact on your ability to perform under pressure. Exam time has always been stressful, but a loss of sleep, increased caffeine consumption and unhealthy snacking are sure-fire ways to badly affect your exam-time performance.

Lack of sleep can end up clouding judgement or increasing the number of mistakes made. You should try to get at least seven to nine hours of sleep a night, particularly on the night before an exam.

### **Here are The Sleep Charity's tips for surviving the exam season:**

**Be prepared:** The best way to manage your stress and anxiety around exam time is to be as prepared as possible. Draw up a rough 'revision timetable' of what you need to revise to ensure every subject is covered – and stick to it!

**Sleep well:** Most people need at least six to eight hours of sleep every night – so no pulling an all-nighter to cram for an exam! Lack of sleep poorly affects your ability to cope with stress and causes 'fuzzy' thinking. The best bet by far is to study often and in advance and plan a good rest before the big day.

**Get physical:** Exercising is a good way to reduce your mental stress. Let off some steam by walking, running, getting involved in a sport etc. It helps you to sleep better.

**Prioritise:** The large amount of revision to be done can sometimes seem overwhelming. Set priorities and work on the most urgent first. Break tasks down into manageable chunks and set reasonable goals.

**Practice a relaxation technique:** Relaxation techniques can help to calm you and are simple to perform in the bedroom without any special equipment. Deep breathing with your eyes closed is a simple way to reduce stress. Focus on your breath as you inhale and exhale.

**Ditch the devices:** While it's important to stay connected to friends during a stressful time, make sure to factor in a digital detox every evening. Turn off devices at least an hour before bed so you're not tempted to talk about exams, revision or stay mentally stimulated by watching videos etc.

**Change the scenery:** Persistence is key when it comes to studying, but a change of scenery can reduce stress levels. Head outdoors to breathe in some fresh air and, if possible, take a walk in a scenic place with trees, flowers or other comforting surroundings. Sprucing up your space is another way to change the scenery when you can't break away. Hang new pictures on the wall, or add some new cushions to the room.

**Socialise – a little:** Getting together with friends is another healthy way to blow off steam and chat with others who know just how you feel. Sometimes just being around other people who understand is enough to feel better – at other times, talk about your stress and ask for help from family and friends.

**Eat well:** Stress eating can seriously disrupt healthy eating habits. Keep healthy, easy-to-eat snacks around such as nuts or fresh fruit and don't overload on caffeine to try to stay awake.

**Positive self-talk:** Thoughts, feelings, and behaviour are connected so it's important to monitor self-talk, focus on the present, set realistic goals, and remain appropriately optimistic.

The Teen Sleep Hub is aimed at young people and can be found at [teensleephub.org.uk](https://teensleephub.org.uk)

# 6th FORM STARS OF THE TERM 5

Grace  
Yr12  
Miss  
Anderson

Melissa  
Yr12  
Mr Duffell

Matthew S  
PASTORAL

## FORM TUTOR & PASTORAL REWARDS

### Year 12

Massive well done to the following students for achieving outstanding attitude to learning scores in all of their Level 3 subjects!!

THE EAST  
NORTHAMPTONSHIRE  
COLLEGE  
FERRERS • HUXLOW • BUSHDEN

JESS J

JESS P

MACKENZIE P

JOSEPHINE C

AIDAN T

ANDREW C

ELLA K

ADOMAS J

# Kettering Vegan Market

Market Place  
10:30 - 16:00

4th June



[VEGANMARKETS.CO.UK](http://VEGANMARKETS.CO.UK)

[@VEGANMARKETCO](https://www.instagram.com/VEGANMARKETCO)



# MACCA Sports Academies

*Using sport as a foundation to  
develop great people*



## Summer 2022

**Holiday, Activity and Food Programme @ The Ferrers School**  
**Your child(ren) are eligible for 16 days FREE attendance this summer!**

Book your child's provisional place [\*\*HERE\*\*](#)

For further information please email [macca.information@gmail.com](mailto:macca.information@gmail.com)

**26%** of places have already been booked - Do not miss out!

**The Bookings Team**

**Follow us**



Click [here](#) to book a place

# TURN UP & PLAY

Sport & crafting activities for 8-13yrs

Rushden | Higham Ferrers  
Nassington | Thrapston  
Irthlingborough



**2 hour session  
£2 per child  
NO BOOKING NECESSARY**

From 25 July to 5 August 2022

For a full list of dates & times please visit:  
 [www.facebook.com/activecommunitiesnorthnorthants](https://www.facebook.com/activecommunitiesnorthnorthants)

For more information contact  
 wesley.neville@freedom-leisure.co.uk  
 jackie.ackroyd@freedom-leisure.co.uk  
**07500861729**



## Commonwealth Challenge 25 July - 8 August

Join the Rushden Commonwealth Challenge and have a go at different sports. All of the sessions are sports from this year's Commonwealth Games. The more sessions you attend the bigger the rewards!

Activities take place at The Pemberton Centre, Rushden and The Splash Pool, Rushden

25 July, 1 - 3pm	Cricket
26 July, 1 - 3pm	Uni - hoc (indoor hockey)
27 July, 1 - 3pm	Wheelchair Basketball
29 July, 1 - 3pm	Squash & Table Tennis
1 August, 1 - 3pm	Badminton
2 August, 2 - 3pm	Fun Swim at The Splash Pool
3 August, 1 - 3pm	3v3 Basketball
5 August, 1 - 3pm	Netball

**All activities are FREE**  
 For all abilities aged 8-13yrs

\*min of 4 sessions attended to qualify

**Booking is essential!**

Email: [jackie.ackroyd@freedom-leisure.co.uk](mailto:jackie.ackroyd@freedom-leisure.co.uk) or [Wesley.neville@freedom-leisure.co.uk](mailto:Wesley.neville@freedom-leisure.co.uk)  
 Call: **07500 861729**



## Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

This week's star is...

**Yohya (Y11)**

For working so hard this term. You have come such a long way with your English since you started in September.

*Well done Yohya!*  
Mrs Buckoke

## Joyful June

Have a look at Action for Happiness' calendar for June. Will you try any of the ideas?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		Decide to look for what's good every day this month	Say positive things in your conversations with others	Re-frame a worry and try to find a helpful way to think about it	Take a photo of something that brings you joy and share it	Think of 3 things you're grateful for and write them down
6	7	8	9	10	11	12
Get out into a green space and feel the joy that nature brings	Do something healthy which makes you feel good	Find joy in music: sing, play, dance, listen or share	Ask a friend what made them happy recently	Bring joy to others by doing something kind for them	Eat good food that makes you happy and really savour it	Write a gratitude letter to thank someone
13	14	15	16	17	18	19
Take a light-hearted approach. Choose to see the funny side	Share a happy memory with someone who means a lot to you	Look for something to be thankful for where you least expect it	Speak to others in a warm and friendly way	Take time to notice things that you find beautiful	Look for something good in a difficult situation	Get outside and find the joy in being active
20	21	22	23	24	25	26
Rediscover and enjoy a fun childhood activity	Send a positive note to a friend who needs encouragement	Watch something funny and enjoy how it feels to laugh	Create a playlist of uplifting songs to listen to	Bring to mind a favourite memory you feel grateful for	Show your appreciation to people who are helping others	Make time to do something playful,, just for the fun of it
27	28	29	30			
Be kind to you. Do something that brings you joy	Notice how positive emotions are contagious between people	Share a friendly smile with people you see today	Make a list of the joys in your life (and keep adding to it)			

## Summer Term PE Activities & Extra Curricular Clubs

Monday	Tuesday	Wednesday
Athletics Track Events 	Tennis 	Rounders 
Athletics Field Events 	Cricket 	Softball 
Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!		

### Why should you get involved?

- ✓ Part of our PE Assessment - HEALTHY ME!
- ✓ Increase your Physical Activity for a healthy lifestyle
- ✓ PE Club Loyalty Cards available and prizes to be won for regular attenders
- ✓ Learn new skills and practice for fixtures against other schools and Sports Day
- ✓ Get outside, enjoy the weather and boost your mental health too!
- ✓ Make new friends and socialise with others
- ✓ Be part of a team!

### ROUNDERS FIXTURES

We have entered the girls rounders league and so will have fixtures coming up against other schools, like we did for netball.



### SPORTS DAY

Friday 1st July - Best day of the school year!!

Athletics events and other events for everyone to get involved in as usual throughout the day!

### INTERFORMS

Like the previous dodgeball and benchball tournaments that have taken place at lunchtimes there will be further interform competitions this term.

If you want any more information or if you have any questions then please just speak to any member of the PE faculty.



## Performing Arts Update

### Drama

This week Year 10 students have been beginning to use the style of verbatim to create devised performances based heavily upon the work of 'The Paper Birds' students have been exploring the stimulus of the recent news of 'Jake Daniels' becoming one of the first footballers to come out as gay. Students have been collecting opinions, interviews, tweets, videos to use as verbatim material for their performances.

### Dance

Miss Pilgrim & dancers performed in this year's Rushden's Got Talent competition as the previous winning act. The energetic routine granted as outstanding by the audience was to the 'Men in Black' theme tune. We hope that it entices more students to join dance club next year.

### Music

Many students this week have been making use of the music room being open at lunchtimes for rehearsal and we now have a strong group of students that are pushing themselves learning new pieces and developing their skills. Within school we have a vocal group and guitar group that are open to all to come along and offer a range of instrumental lessons so if music lesson are inspiring the next Travis Barker Drummer, Stevie Wonder Pianist or Brian May Guitarist.

### Performing Arts Career of the week: Costume Designer

A Costume Designer is the person responsible for designing the costumes for a production, making sure they match the time period, style and Director's vision for the piece, as well as being practical for the Performer.

Average Salary: £29,907



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[R.brooks@rushden-academy.net](mailto:R.brooks@rushden-academy.net)



## Performing Arts Update Continued...

### Legally Blonde Update

The cast and chorus at rehearsals this week looked at all of the musical number they had blocked so far in Act 2.

The cast and chorus have been working extremely hard and are showcasing their hard work at Rushden's Got Talent!

The cast and chorus also looked at the vocals of one more BIG number which is 'Legally Blonde'.

Our crew have been hard at work creating and sourcing props.

Miss Taylor has been bringing her visions of Harvard Law to life!

Our Legally Blonde tickets EXCLUSIVELY went on pre sale at Rushden's Got Talent and you can grab yours for £5 from student reception.

Reminder to the Legally Blonde cast and crew there is a rehearsal 30th May 10am-4pm.

Please check the rehearsal schedule for updates.



### Tickets on Sale from 23rd May from Student Reception!

Tuesday 19th July

Wednesday 20th July

Thursday 21st July



### Trumpet Player Needed:

For our upcoming musical of Legally Blonde, we are on the lookout for a trumpet player, if you or anyone you know is able to play the trumpet please get in touch with Mrs Brooks



## Performing Arts Update Continued...

### We can now Announce our Musicals for the next academic year

As a Performing Arts Faculty we are very pleased to announce our musicals for the next academic year. Our KS3 musical 'Matilda' was a huge success and we can't wait to bring the KS3 musical back next year! Legally Blonde being our first musical back since 2019 we are so excited to be planning for future productions, including next years whole school musical!

### KS3 Musical



Bugsy Malone follows the rivalry between two street gangs and the washed up, well intentioned, one-time boxer who steps in to take control of Fat Sam's gang and give Dandy Dan and his boys what they've got coming. The message is one of good, clean fun; the characters are wonderful cartoon cut outs; and the weapons of choice are "splurge" whip cream guns, flour bombs, and custard pies.

### Whole School Musical

Chicago is a dazzling and satirical look at fame, justice, and the media machine. Set in 1920s Chicago and based on real-life murders and trials, Chicago follows Roxie Hart, a wannabe vaudevillian star who murders her lover and is arrested, despite her attempts to convince her pushover husband, Amos, to lie for her. In the Cook County Jail, Roxie meets her hero, the famed double-murderess and nightclub performer Velma Kelly. When both acquire the same lawyer, the greedy and lustful superstar, Billy Flynn, tensions come to a head as they vie for the spotlight.



Don't forget to follow us on Instagram to stay up to date with the latest news and achievements! @RushdenAcademyPerformingArts

Performing Arts Update Continued...



Rushden Academy's

# Singing Group

Love to sing?  
Want to improve your skills?  
Come and join our new singing group!

KS3 - Wednesday Lunch  
KS4 & KS5 - Tuesday Lunch

Location: Lecture Theatre

Starting Friday 5th November

# KS3 DANCE CLUB

SWING SETS

WELCOME TO ALL YEAR 7-8-9

DAY: FRIDAY  
TIME: 3:00-4PM  
VENUE: THE HALL

CONTACT: MISS PILGRIM FOR MORE INFORMATION



RUSHDEN ACADEMY

# GUITAR CLUB

STARTING 30TH NOVEMBER

TUESDAY LUNCHTIMES PA1

ALL ABILITIES & YEARS WELCOME

# YEAR 7 DRAMA CLUB

Every Thursday Lunch on the Stage  
Starting from Thursday 3rd February

Come along and learn new skills



Contact Miss Grainger for more information

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Are You Eligible for Free School Meals?

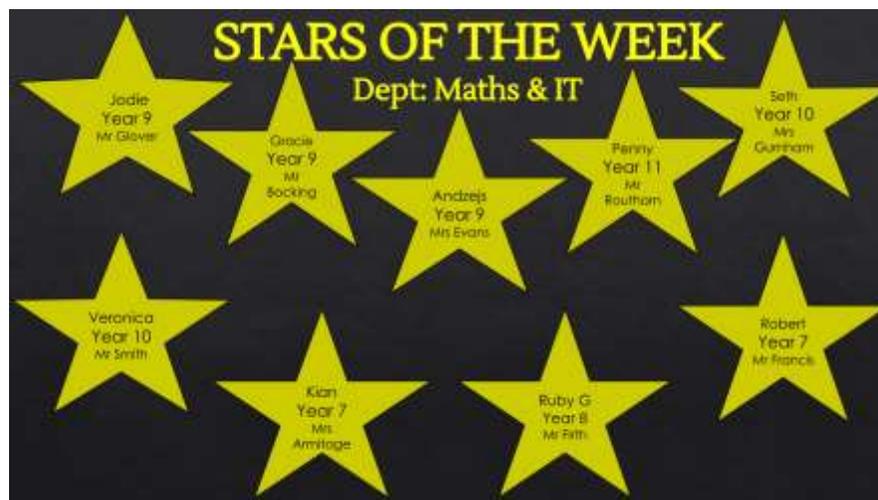
If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

## Stars of the Week

Congratulations to the following students for achieving star of the week.



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## KS4 Summer Exam Timetable

	Mon 6th June	Tues 7th June	Wed 8th June	Thurs 9th June	Fri 10th June
AM 9am	Chinese Paper 4 F 1 hr 10 mins / H 1hr 20 mins	Maths Paper 2 1 hr 30 mins	English Lit Paper 2 1 hrs 20 mins	History Paper 3 1 hr 20 mins	English Lang Paper 2 2 hrs 5 mins
	German Paper 4 F 1 hr 10 mins / H 1hr 20 mins				
PM 1.30pm	Turkish Paper 4 1hr 25mins	Geography Paper 2 1 hr 15 mins		Physics Paper 1 (CS) 1 hr 15 mins	
	Mon 13th June	Tues 14th June	Wed 15th June	Thurs 16th June	Fri 17th June
AM 9am	Maths Paper 3 1 hr 30 mins	Geography Paper 3 1 hr	Biology Paper 2 (CS) 1 hr 15 mins		Spanish Paper 4 1hr 20mins
PM 1.30pm	Business Paper 2 1 hr 45 mins			French Paper 4 F 1 hr 10 mins / H 1hr 20 mins	Polish Paper 1 & 3 1hr 45mins
					Portugese Paper 1 & 3 1hr 45mins
	Mon 20th June	Tues 21st June	Wed 22nd June	Thurs 23rd June	Fri 24th June
AM 9am	Chemistry Paper 2 (CS) 1 hr 15 mins	History Paper 2 P1-P5 55 mins		Physics Paper 2 (CS) 1 hr 15 mins	
	Mon 27th June	Tues 28th June	Wed 29th June	Thurs 30th June	Fri 1st July
AM 9am	Polish Paper 4 1hr 20mins		Contingency day for GCSE and/or GCE examinations should sustained national or local disruption arise during the June 2022 examination series. Candidates should be available up to and including this date		
	Portugese Paper 4 1hr 20mins				

## KS5 Summer Exam Timetable

	Mon 6th June	Tues 7th June	Wed 8th June	Thurs 9th June	Fri 10th June
AM 9am		English Lit Paper 1 2 hr 30 mins	Psychology Paper 2 2 hrs	Business Paper 2 2 hrs	History Paper 2 1 hr 30 mins
		GCSE Maths Paper 2 1 hr 30 mins			GCSE English Lang P2 2 hrs 5 mins
PM 1.30pm	English Lang/Lit Paper 2 2 hrs	Maths Paper 1 2 hrs	Fur Maths A Paper 2 1 hr 30 mins	Biology Paper 1 2 hrs	BTEC L3 ICT Unit 1 2 hrs
	BTEC L3 H&SC Unit 3 1 hr 30 mins	Sociology Paper 2 2 hrs	Geography Paper 2 2hrs 30 mins	Drama Unit 3 2 hrs 30 mins	Physics Paper 2 2 hrs
			Media Paper 2 2 hrs	Graphics 2hrs 30 mins	
			Core Maths Paper 1 1 hr 30 mins		
	Mon 13th June	Tues 14th June	Wed 15th June	Thurs 16th June	Fri 17th June
AM 9am	Chemistry Paper 1 2hrs 15 mins		English Lit Paper 2 2 hr 30 mins	Physics Paper 3 2 hrs	Biology Paper 2 2 hrs
	French Paper 1 2 hrs 30 mins			Psychology Paper 3 2 hrs	
	Sociology Paper 3 2 hrs				
	GCSE Maths Paper 3 1 hr 30 mins				
PM 1.30pm	Computer Science 1 2hrs 30 mins	Maths Paper 2 2 hrs		Business Paper 3 2 hrs	
		Core Maths Paper 2 1 hr 30 mins		English Lang/Lit Paper 3 2 hrs	
	Mon 20th June	Tues 21st June	Wed 22nd June	Thurs 23rd June	Fri 24th June
AM 9am	Chemistry Paper 2 2hrs 15 mins		History Paper 3 2hrs 15 mins	Chemistry Paper 3 1 hr 30 mins	Biology Paper 3 2 hrs
					Computer Science 2 2hrs 30 mins
					French Paper 2 2 hrs
PM 1.30pm		Maths Paper 3 2 hrs	Further Maths FM1 1 hr 30 mins	Further Maths D1 1 hr 30 mins	
	Mon 27th June	Tues 28th June	Wed 29th June	Thurs 30th June	Fri 1st July
			Contingency day for GCSE and/or GCE examinations should sustained national or local disruption arise during the June 2022 examination series. Candidates should be available up to and including this date		

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)
- ◆ This will send you an email link with your password



### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

WHAT'S ON YOUR MIND?

sex  
contraception  
exam anxiety  
BULLYING  
alcohol  
HEALTHY EATING  
social networking & cyber bullying  
SELF HARM  
relationships

DRUGS  
family issues  
SMOKING  
body image  
MENTAL HEALTH

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
07507 329 600

It's confidential

Northamptonshire Healthcare NHS

CHAT Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS? WE'RE HERE TO HELP. JUST COME ALONG

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

CHAT Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

Tuesday 4pm - 8pm  
Youth Works at Corby Mind,  
18 Argyle St, Corby NN17 3RU  
01536 518339

Wednesday 4pm - 8pm  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

Thursday 4pm - 8pm  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

Friday 4pm - 8pm  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

Saturday 10am - 2pm  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277530

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

Northamptonshire Healthcare NHS

the lowdown

St Andrew's

YOUTH WORKS

CHAT

#weareNHS

Northamptonshire Healthcare NHS

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/0303CAMHS/LIVE](http://WWW.NHS.UK/0303CAMHS/LIVE)

t f

QR code

Camhs  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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