



Rushden Academy Newsletter

Aspire, Explore, Succeed

22/04/2022

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Welcome back to the Summer Term, we hope that you have had a good Easter break. It has been a grand start to the term already with 100 pupils receiving a special reward and visiting the cinema at Rushden Lakes.

Over the Easter break we received excellent BTEC results for some of the year 10 and year 11 pupils, it should give them the boost they need. Year 11 and Year 13 will begin their exams at the start of May. Many are finalising their pieces of coursework so they can really focus on the examinations ahead. Getting into good routines now is crucial with no last minute cramming.

In my assembly this week it was good to share so many highlights from the last half term and we are really looking forward to what this term has in store. We discussed relationships and the importance of Team Rushden, co-operating and working together. We also discussed the dangers of social media and how your digital footprint stays with you.

Please have a quick read of this information taken from the 'kidshealth' website to see how you can help your children to be smart about social media. This is something that we must continue to address together to keep them safe.

What Can Parents Do?

It's important to be aware of what your children do online. But snooping can alienate them and damage the trust you've built together. The key is to stay involved in a way that makes your children understand that you respect their privacy but want to make sure they're safe.

It's important to:


- **Be nice.** Make it clear that you expect your children to treat others with respect, and to never post hurtful or embarrassing messages. And ask them to always tell you about any harassing or bullying messages that others post.
- **Think twice before hitting "enter."** Remind them that what they post can be used against them. For example, letting the world know that you're off on vacation or posting your home address gives would-be robbers a chance to strike. Children also should avoid posting specific locations of parties or events, as well as phone numbers.

Continued on the next page...

Message From the Principal Continued...

- **Follow the "WWGS?" (What Would Grandma Say?) rule.** Teach children not to share anything on social media that they wouldn't want their teachers, college admissions officers, future bosses - and yes, grandma - to see.
- **Use privacy settings.** Privacy settings are important. Go through them together to make sure your children understand each one. Also, explain that passwords are there to protect them against things like identity theft. They should never share them with anyone, even a boyfriend, girlfriend, or best friend.
- **Don't "friend" strangers.** "If you don't know them, don't friend them." This is a plain, simple - and safe - rule of thumb.

Mrs J Burton
Principal





GLUTTONOUS

Word Type:
Adjective

Synonyms:
Greedy
Insatiable


Antonyms:
Moderate
Abstemious

Example:

- The amount of chocolate I will eat this Easter will be **gluttonous**.

Definition:

- excessively greedy



Numeracy Problem of the Week



Suppose that e, i, n and t represent different positive whole numbers such that

$$n + i + n + e = 9$$

$$t + e + n = 10$$

and

$$i = 1$$

What is t?

Go4Schools Parent App

We have now subscribed to the parent app for Go4Schools. You can download the app from the Apple App Store or the Google Play Store, and have access to your child's timetable, progress reports, attendance and behaviour information at the touch of a button.

For more information about how to create your Go4Schools Parent Account, have a look at the guide at the end of the newsletter.

Please note, we use Google Classrooms to issue and track homework, not Go4Schools.



Canteen Open For Breakfast

Remember, our canteen is open at breakfast from 8am.

Check Your Contact Details are Correct

Please ensure the contact details Rushden Academy has for you are correct. You can do this via SIMS Parent Online or via the SIMS Parent App. If you have not received an invitation to login, please contact main reception.

Exam Board Links

To help with your revision, you may find the following links for the exam boards useful. You will be able to access past papers and mark schemes.




AQA <https://www.aqa.org.uk>

OCR <https://ocr.org.uk>

Edexcel/Pearson <https://qualifications.pearson.com/en/home.html>

Stationery for sale in the Library

Don't forget that there are stationery items available to buy in the Library, so if you've realised you haven't got your pen on the way to school or your ruler has broken, pop in to see the Library and get yourself sorted. We have:

 Black or blue biro 15p	 Pencils 15p	 Small eraser 15p Large eraser 20p	 Pencil sharpener 10p	 Small, clear pencil case 40p Large, clear pencil case 60p
 Protractor 15p	 15cm ruler 15p 30cm ruler 30p	 Calculator £9.25	 Highlighter pen 40p	 Set square 15p

There a few other items too. To see everything have a look at the stationery list available on the school's library page.

Field Open at Lunch Time

From Monday 25th April, we are changing the areas that are open at break and lunch. You will not be allowed to go past an invisible line between the window to the PE office and the entrance to Creative Arts. This means that all of the courts are out of action and ball games won't be possible at break.

At lunch the field will be open for you to use and balls will be available to borrow with a deposit, in the same way as operates now. **Please take all rubbish** with you when you leave the field as there will be lessons on there in the afternoon. **Unfortunately, if the field is left in a mess we will have to close it.** The corridor at the side of the Gym with the benches will also be out of bounds.

In the event of wet weather we will open the Main Hall so that you can stay dry and sit in there or in the canteen. The weather situation will be looked at every day and a decision made if the field is open.

Rewards Trip to Cineworld

Yesterday, 100 of our young people had the opportunity to go down to watch the movie; Fantastic Beasts. We would like to thank Cineworld for their hospitality and allowing us our very own screen!

The students were fantastic throughout the whole time and conducted themselves well representing Rushden Academy in our community. These students were awarded this opportunity for their attendance and their efforts within lessons whilst also being in the Top 20 for Achievement Points.

We have our next attendance reward coming this summer alongside the reward trips. This one has no limits on the amount of students who can attend so keep an eye out on what it is and how to be part of it! It will be announced shortly!





Interform Bench Ball Results

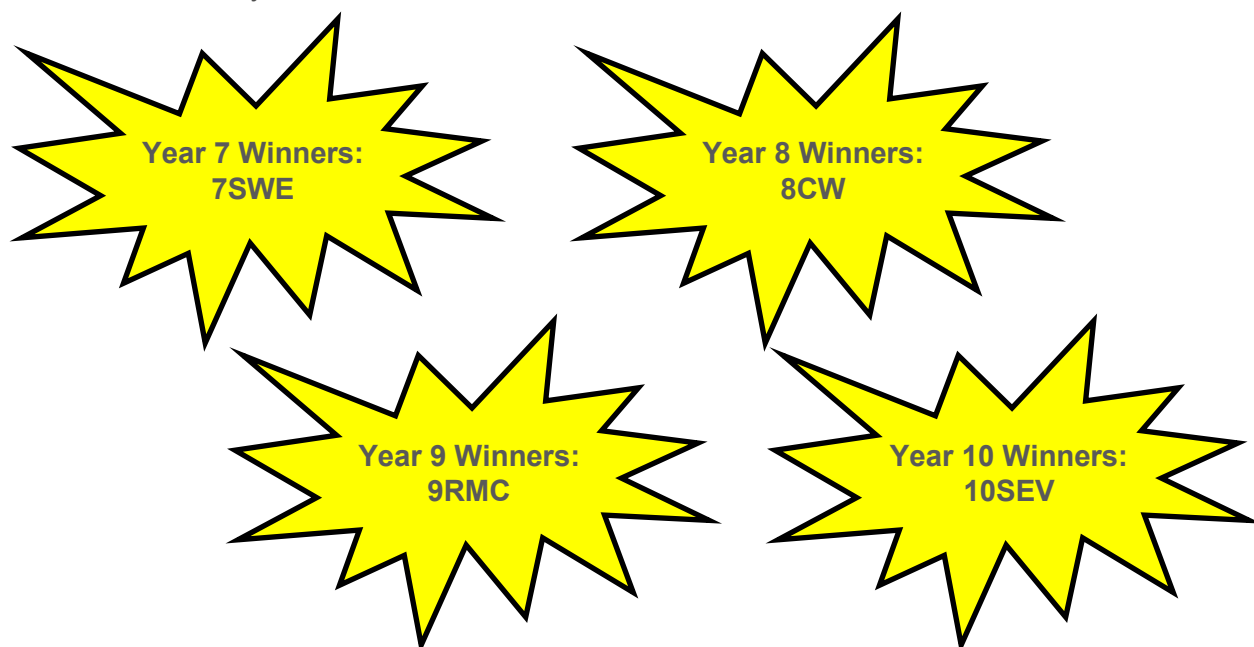
The last week of the School Term we had our final interform competition for Year 7 to 10 students. This was a successful event and we had 50 students take part every day as well as our Sports Council leaders delivering and taking charge of the event.

We have added up the Scores from the Dodgeball and Bench Ball results and the winners are shown below.

Each of the following forms will receive a prize for being the Term winners.

We look forward to 2 more events this term where scores will continue to be accumulated to see who are our term 5 winners.

Well done to everyone involved.



NCS Opportunity



Dear Parent/Guardian/Carer,

We are excited to be working with your child's school this year to deliver an unforgettable summer experience for students in year 11.

The NCS programme offers young people, aged 16-17, a once in a lifetime opportunity to do something meaningful with their summer break, as well as a chance to develop skills and take on new challenges that will set them up for adult life. They'll also do something good for their local community, carrying out a social action project to support a cause they care about. We've seen first hand what an amazing feeling of accomplishment and increased confidence this brings. Throughout the pandemic, teenagers on NCS donated well over 200,000 hours of their time to help rebuild their communities after the first lockdown, showing what a difference young people can make when they work together towards a goal.

More information on the NCS summer programme can be found below or on our website;

Over a period of 2 weeks they will;

- ✓ Meet new people
- ✓ Stay away from home for 5 days
- ✓ Give back to their local community through voluntary action
- ✓ Take on new challenges
- ✓ Develop the skills and confidence to take on their next steps
- ✓ Generate experience for their university application, job/apprenticeship interview or CV and more!

NCS is all about helping teenagers realise their potential by giving them a taste of independence and loading them up with new skills that set them up to achieve their future goals, whatever they may be. And this year, it's your teen's turn!

We will be attending the school within the next week to talk more about the NCS programme. We'll answer any questions your teen may have and give them a chance to register their interest for the summer 2022 programme.

When your teen registers their interest in taking part in NCS this summer, we will ask them to share your contact details. This is so that we can complete the administrative process required to get them signed up to a programme date. When they let us know they're interested, we'll be in touch with you by email or phone to run through the steps we need to complete their booking.

A place on NCS is worth around £1200. However, thanks to government funding for the programme, we only ask for a contribution of £50 to cover some basic costs. We want to ensure that everyone can do NCS so there are bursaries available if you need some help to cover the cost. Bursaries are available to those who are either:

- Eligible for free school meals
- On an EHCP
- In or have recently left care
- A young carer

Go to wearencs.com to sign up or for more information. Frequently asked questions can be found at wearencs.com/faqs. Alternatively, if you have any questions or don't think these dates will work with your summer plans, give us a call and we'll do our best to help you out: **0800 197 8010**

We look forward to welcoming your teen on NCS this summer!

Warm wishes,

NCS

Library Update

Today (22/04/22) is Earth Day.

As the climate crisis becomes ever more serious, each Earth Day that comes along takes on extra significance.

Established in 1970 in the US, the annual event brings together millions of people from around the world in support of the environment, highlighting the urgent action we need to take to save our planet.

To support this, we have got a selection of our books on display that highlight the crisis that the planet is in.

There are also lots of new books that have been added into the library on this subject for our students to choose from.

Happy reading!



Overdue Library Books

Please can you remind your child to keep an eye on the date in the front of their library book as to when it needs to be returned by. Students can borrow the book for two weeks - if they need a few more days to complete it then they just need to pop in to get it renewed.



'The welcome arms for those seeking information, training and support around Autism'

Charity No - 1180998



Young person Autism Advisory Project



YAAP

Are you between 11 and 25?
Would you like to meet other young people with Autistic Spectrum Condition (ASC)?
Would you like to be involved in having a say in the development of services in Northamptonshire for Autistic young people?
Would you like to be involved in co-production?

Then please join our Young person's Autism Advisory Project, YAAP! We are creating a team of young people to be available to consult on projects and services in the county. We also will create a safe place for you to meet like-minded people.

We will work closely with Heath services and local councils to provide opportunities for you to have a say in the way things get developed and delivered. Some of these opportunities will be rewarded with gift vouchers in recognition of your input and time.

During the sessions we will break into two groups:

11-17 year olds and 18-25 year olds



Come and find out more at our first session on Thursday 7th April @ Telford Lodge, Rothwell Road, Kettering. 5pm – 6.30pm. Buffet provided.

Please email diane@enfold.org.uk or call 07845905766 for more information and a registration form



Because it's currently against the law to ride an e-scooter on a public road or pavement.

We understand that buying an e-scooter can be tempting, especially as you can get them from many popular retailers.

However, the current law is clear

You can buy one but you can't ride it on a UK public road, cycle lane or pavement. The only place an e-scooter can be used is on private land.

Why is this?

E-scooters are classified as Personal Light Electric Vehicles (PLEVs), so they are treated as motor vehicles and subject to the same legal requirements, such as:

- MOT
- Licensing
- Tax
- Insurance

Some e-scooters have exceptions to this as part of the government trial but this does not extend to any personal e-scooters.

What happens if I am stopped by Police?



Section 59 of the police reform act allows police to issue a warning if a vehicle is being used in a manner which may cause alarm, distress or annoyance. Being issued with this warning does not stop the e-scooter being seized.

Police can seize any private scooter if they are being used on a public road or footpath and the rider may also be liable for prosecution for traffic offences.

This is also the case for anyone using Voi scooters without a licence or registering with the Voi app as this is what covers you under their insurance.

voi.



Voi are a company that are running a trial of the use of e-scooters in Northampton but will be expanding the use of the scooters across the county.

Voi e-scooters have an exemption as part of the government trial which make them legal for use on the road.

To use a Voi scooter you must:

- Be over 18 AND
- Have a full UK or foreign licence or a UK provisional licence
- Have an account registered with Voi via their website or app
- Only use the e-scooters on roads limited to 30mph (not on pavements) or designated cycle lanes.
- Always have full control of the e-scooter whilst you are riding and not allow yourself to be distracted by other things.

You must not:

- Use an e-scooter if you are under 18
- Use an e-scooter if you do not have the correct licence
- Ride the e-scooters on pavements
- Ride an e-scooter under the influence of drink/drugs
- Ride an e-scooter using someone else's Voi account
- Have more than one rider on an e-scooter at a time

For full details on their use look on Voi's website or on their app www.voiscooters.com

For education around the use of e-scooters and road safety go to www.ridelikevoila.com and complete the online training.



Don't Break the Chain

Information for parents and carers

PiXL
partners in excellence

Did you know?



'Don't Break the Chain' is a method of success originally created by Jerry Seinfeld. Jerry placed an X on a calendar for every day he completed writing new material. After a few days a chain of X's formed and the goal is to NOT break the chain by carrying out work for every day of the year.

Research shows that habits can transform any part of our lives. Getting the right habits in place prior to exams can make a huge difference to pupils' success. The 'Don't Break the Chain' strategy is a constant reminder which can help pupils stay disciplined, be determined and keep motivated.

Pupils can set their own goals and targets, which may be to complete revision or homework every other day, exercise four times a week or drink two litres of water a day. The chain could be colour-coded for each activity or goal they set themselves and the key is to mark it off and not to break the chain they have set themselves to achieve.

What can you do?



- Print off and have a calendar displayed for your child to use. Work with your child to set realistic goals and milestones. Offer them some mini-rewards when they achieve them to help keep them focused and motivated to carry on and succeed.
- Encourage and work with your child to get into positive daily routines to keep the chain connected for a few weeks at least. Consistency is the key so encourage your child to keep it simple and manageable. Eventually, routines will become a habit and your child could add in new goals.
- Try the 'Don't Break the Chain' habit yourself so you are involved in the challenge as well and can support your child to stay on track. Encourage your child to stay on track using positive reinforcement. Make sure your child reflects on their progress every week or so to see where they are and if they need to change some of the habits they have decided to work on.

or enquiries@pdxl.org.uk www.pdxl.org.uk

better future - brighter hope

Did you know?

[illegible]

Research shows that pupils who eat breakfast perform better in exams. Even mild dehydration can lead to tiredness, headaches, reduced alertness and diminished concentration. One of the best ways for pupils to maximise focus is to stay hydrated and to eat healthy foods.

Your brain needs energy from food to work efficiently. Eating and drinking the wrong foods like fizzy drinks, fatty and sugary foods will cause peaks in blood sugar which can lead to anxiety, fatigue and poor memory recall. Eating a balanced and nutritious diet can help pupils maintain energy levels, sleep better and avoid illness.

Research shows that eating the right foods at the right times can benefit mood and motivation, lower anxiety and even strengthen memory formation. The wrong food choices could cause pupils to feel sluggish, making learning more difficult.



What can you do?

- Work with your child to create a healthy meal plan each week. Include wholegrain carbohydrates, such as porridge oats, pasta, rice, wholemeal wraps or bread, which are important for the brain and slowly release energy. Include protein-rich foods such as eggs, meat, fish, nuts and yoghurt for greater alertness and foods high in good fats such as avocado, nuts and oily fish for brain development. Fruit and vegetables have many benefits and will provide key nutrients to support the immune system.
- Watch the videos from chef Mark Lloyd and use the recipe cards to try cooking some of the meals as a family. These recipes are designed to help your child perform in exams and have lasting energy. Each recipe outlines the benefits and when the best time to eat each one is - e.g. before the exam, the night before the exam, prior to revision etc.
- Help your child to snack on the right foods such as fruit, vegetables, nuts, healthy protein bars or homemade snacks. Buy a range of healthy snacks and drinks each week to support your child rather than chocolate, sweets and energy drinks. Make sure your child doesn't try new foods out before an exam as you don't know how their body will respond to them, so it isn't worth the risk near exams.

at enquiries@pict.org.uk www.pict.org.uk

KS3 Musical

The end of March saw our first EVER KS3 Musical 'Matilda' take place at Rushden Academy.

As a Performing Arts Faculty we hope you enjoyed the show and we are so proud of all involved.

Please look at the show pictures in the newsletter and on our Instagram page!

ROALD DAHL
Matilda
THE MUSICAL JR.



KS3 Musical



ROALD DAHL
Matilda
THE MUSICAL JR.



KS3 Musical



ROALD DAHL Matilda THE MUSICAL JR.



KS3 Musical



ROALD DAHL Matilda THE MUSICAL JR.



KS3 Musical



ROALD DAHL
Matilda
THE MUSICAL JR.



KS3 Musical



ROALD DAHL Matilda THE MUSICAL JR.



Year 12 ASSESSMENT WEEK May 2022

Students will sit their exams in homebase schools unless indicated otherwise

	TUES 3rd May		WED 4th May		THURS 5th May		Fri 6th May	
AM	Art (Ferrers) Chemistry Paper 1 Dance English Lit	4hrs 1hr 30mins 2hrs 2x 1hr 15mins	Psychology Paper 1 Drama Further Maths Paper 2 Spanish Paper 1 (CB)	2hrs 2hrs 2hrs 1hr 45mins	Photography (Rushden) Chemistry Paper 2 Geography Physics Sociology	4hrs 1hr 30mins 2hrs 1hr 30mins 2hrs	History Maths Paper 2 Media Spanish Paper 2	1hr 30mins 1hr 30mins 1hr 45mins 1hr 30mins
PM	Art (Ferrers) Core Maths Further Maths Paper 1 Maths Paper 1 Spanish Paper 1	1hr 1hr 30mins 2hrs 2hrs 1hr 45mins	Biology Business Paper 1 Computer Science Graphics	1hr 30mins 1 hr 30 mins 2hrs 2 hrs	Photography (Rushden) Chemistry Paper 2 (LK) Further Maths Paper 3 Psychology Paper 2	1hr 1hr 30mins 2hrs 2hrs	Business Paper 2 Eng Lang/Lit Maths Paper 2 (CB,VH)	1 hr 30 mins 1hr 1 hr 30 mins

PE Extra Curricular

Monday - Basketball & Fitness club

Tuesday - Football & Tennis

Wednesday - Netball & Badminton

Thursday - Trampolining & Dodgeball



Performing Arts Update

Drama

Year 8 Drama students have started to explore 'The Curious Incident of the Dog in the Night Time'. Students were shocked when they walked into their drama lessons to see that a crime had taken place and they needed to help solve it! Christopher sets out to find out who killed Wellington and decides to make a plan to ask his neighbours. Year 8s have been exploring character to show this!

Dance

Year 7 Dance students have begun to look at the Brazilian Dance of 'Capoeira'. Capoeira which is a Brazilian martial art that combines elements of dance, acrobatics, and music. Students have started to learn origins and the basic steps of the style. Miss Pilgrim and Miss Grainger were really impressed to see how well Year 7 Dance students were getting on in lessons with their new style.

Music

Year 9 have been re visiting keyboard skills this week, ready to start their new scheme of work next week. Students will be starting their independent project which allows them to choose their own discipline between performing and composing.

Performing Arts Career of the week: Recording Engineer

The recording engineer oversees many technical and aesthetic aspects of a recording session and is responsible for the overall sound of all recorded tracks, ensuring that the mixing engineer has good material to work with and that the final product satisfies the artists and producers.

Average Salary: £44,195



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

R.brooks@rushden-academy.net



Performing Arts Update Continued...

Legally Blonde Update



The Summer Term is here and we are back into Legally Rehearsals. This week saw our cast in a full skipping work out going back over 'Whipped into Shape'.

As we are approaching the production, costume has been put into motion and cast members have been called to try on all different costumes ready for the show.

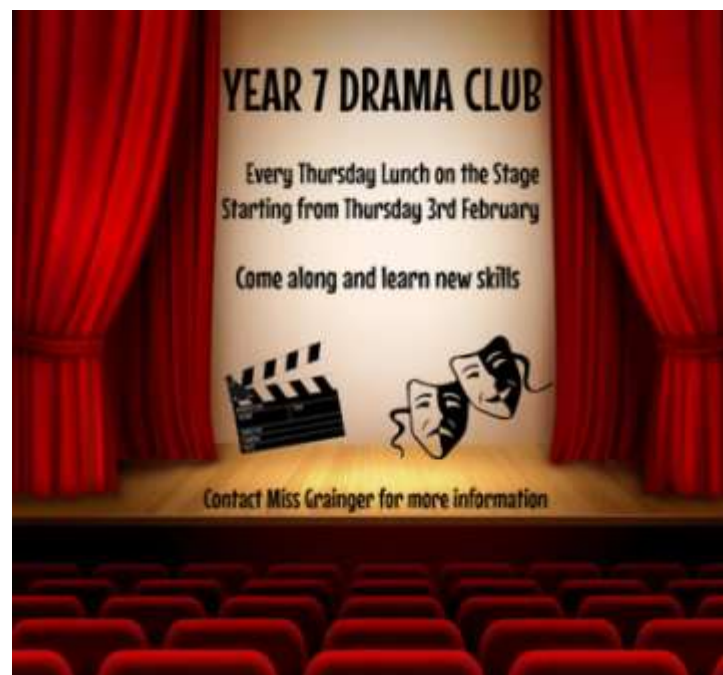
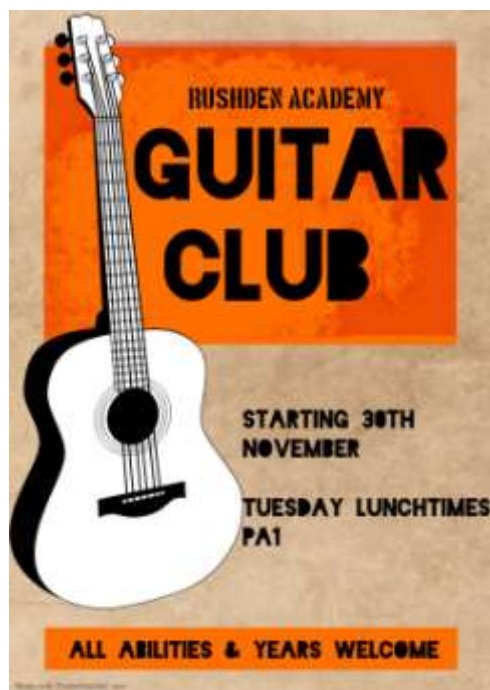
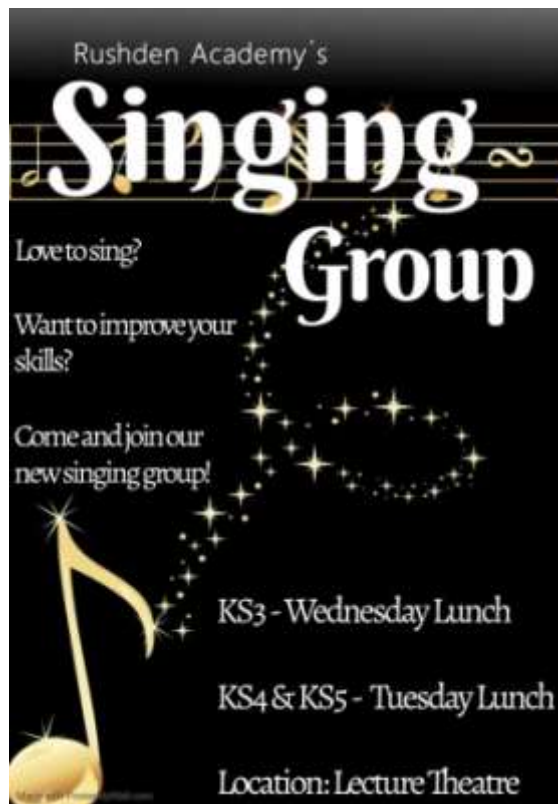
Blood Brothers Theatre Trip

On our last day of last term some of our Year 9, 10, 12 and 13 students went to see Willy Russell's 'Blood Brothers'.

Students had the opportunity to see a live performance of a text which is studied in Year 9. Students loved the Musical and even more so the shocking end scene!



Performing Arts Update Continued...



Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

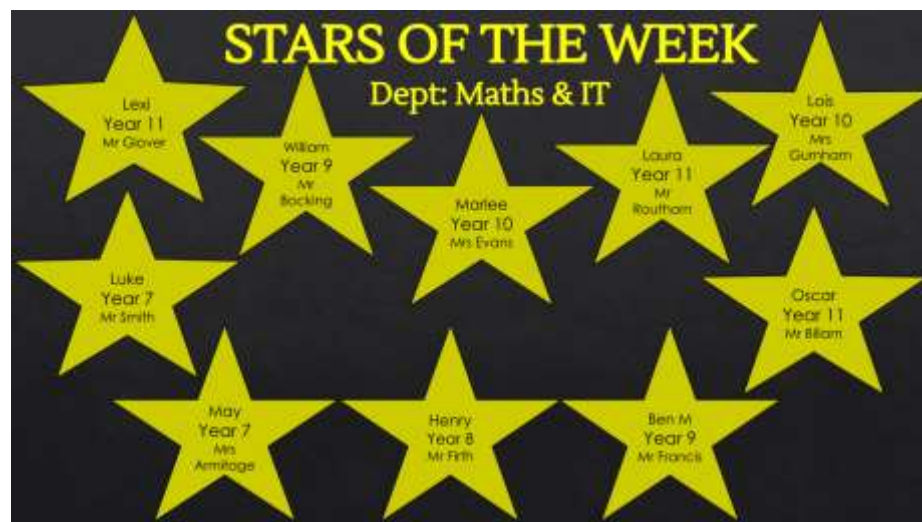
Stars of the Week

Congratulations to the following students for achieving star of the week.



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KS4 Provisional Summer Exam Timetable

	Mon 9th May	Tues 10th May	Wed 11th May	Thurs 12th May	Fri 13th May
AM 9am	BTEC Sport Unit 2 1 hr 30 mins			BTEC Childcare Unit 3 2 hrs	
				BTEC ICT Unit 3 1 hr 30 mins	
	Mon 16th May	Tues 17th May	Wed 18th May	Thurs 19th May	Fri 20th May
AM 9am		Biology Paper 1(CS) 1 hr 15 mins	English Lang Paper 1 1 hr 45 mins	History Paper 1 1 hr 15 mins	Maths Paper 1 1 hr 30 mins
PM 1.30pm	Turkish Paper 1 & 3 1hr 50mins	BTEC Music Unit 1 1 hr	German Paper 1 & 3 P 1hr 20 mins / H 1hr 45 mins		Business Paper 1 1 hr 45 mins
					Chinese Paper 1 & 3 1hr 50mins
	Mon 23rd May	Tues 24th May	Wed 25th May	Thurs 26th May	Fri 27th May
AM 9am	Geography Paper 1 1 hr 30 mins	French Paper 1 & 3 P 1hr 20 mins / H 1hr 45 mins	English Lit Paper 1 1 hr 45 mins	Spanish Paper 1 & 3 1hr 45mins	Chemistry Paper 1 (CS) 1 hr 15 mins
	Mon 30th May	Tues 31st May	Wed 1st June	Thurs 2nd June	Fri 3rd June
	HALF TERM				
	Mon 6th June	Tues 7th June	Wed 8th June	Thurs 9th June	Fri 10th June
AM 9am	Chinese Paper 4 P 1 hr 10 mins / H 1hr 20 mins	Maths Paper 2 1 hr 30 mins	English Lit Paper 2 1 hrs 20 mins	History Paper 3 1 hr 20 mins	English Lang Paper 2 2 hrs 5 mins
	German Paper 4 P 1 hr 10 mins / H 1hr 20 mins				
PM 1.30pm	Turkish Paper 4 1hr 25mins	Geography Paper 2 1 hr 15 mins		Physics Paper 1 (CS) 1 hr 15 mins	
	Mon 13th June	Tues 14th June	Wed 15th June	Thurs 16th June	Fri 17th June
AM 9am	Maths Paper 3 1 hr 30 mins	Geography Paper 3 1 hr	Biology Paper 2 (CS) 1 hr 15 mins		Spanish Paper 4 1hr 20mins
PM 1.30pm	Business Paper 2 1 hr 45 mins			French Paper 4 P 1 hr 10 mins / H 1hr 20 mins	Polish Paper 1 & 3 1hr 45mins
					Portugese Paper 1 & 3 1hr 45mins
	Mon 20th June	Tues 21st June	Wed 22nd June	Thurs 23rd June	Fri 24th June
AM 9am	Chemistry Paper 2 (CS) 1 hr 15 mins	History Paper 2 P1-P5 55 mins		Physics Paper 2 (CS) 1 hr 15 mins	
	Mon 27th June	Tues 28th June	Wed 29th June	Thurs 30th June	Fri 1st July
AM 9am	Polish Paper 4 1hr 20mins		Contingency day for GCSE and/or GCE examinations should sustained national or local disruption arise during the June 2022 examination series. Candidates should be available up to and including this date		
	Portugese Paper 4 1hr 20mins				

KS5 Provisional Summer Exam Timetable

	Mon 9th May	Tues 10th May	Wed 11th May	Thurs 12th May	Fri 13th May
AM 9am	BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins	BTEC Business Unit 2B 3hrs	BTEC Sport Unit 19 2 hr 30 mins		BTEC ICT Unit 2B 2 hrs
PM 1.30pm	BTEC Business Unit 2A 2hrs			BTEC ICT Unit 2A 3 hrs	
	BTEC Sport Unit 2 2 hr 30 mins				
	Mon 16th May	Tues 17th May	Wed 18th May	Thurs 19th May	Fri 20th May
AM 9am	BTEC H&SC Unit 1 1 hr 30 mins		GCSE English Lang P1 1 hr 45 mins	BTEC Business Unit 3 2hrs	GCSE Maths Paper 1 1 hr 30 mins
PM 1.30pm	BTEC Sport Unit 1 1 hr 30 mins			BTEC Sport Unit 22 3 hrs	BTEC H&SC Unit 2 1 hr 30 mins
	Mon 23rd May	Tues 24th May	Wed 25th May	Thurs 26th May	Fri 27th May
AM 9am	BTEC H&SC Unit 4 3 hrs	Dance 2 hrs 30 mins	English Lang/Lit Paper 1 1 hr	History Paper 1 2hrs 15 mins	Geography Paper 1 2hrs 30 mins
	Sociology Paper 1 2 hrs	Psychology Paper 1 2 hrs			Media Paper 1 2 hrs
		BTEC Science Unit 1B 40 mins			BTEC Science Unit 5F 50 mins
PM 1.30pm		BTEC Science Unit 1C 40 mins	Business Paper 1 2 hrs	BTEC Science Unit 5C 50 mins	BTEC Science Unit 5B 50 mins
			For Maths A Paper 1 1 hr 30 mins		
			BTEC Science Unit 1P 40 mins	Physics Paper 1 2 hrs	
	Mon 30th May	Tues 31st May	Wed 1st June	Thurs 2nd June	Fri 3rd June
HALF TERM					
	Mon 6th June	Tues 7th June	Wed 8th June	Thurs 9th June	Fri 10th June
AM 9am		English Lit Paper 1 2 hr 30 mins	Psychology Paper 2 2 hrs	Business Paper 2 2 hrs	History Paper 2 1 hr 30 mins
		GCSE Maths Paper 2 1 hr 30 mins			GCSE English Lang P2 2 hrs 5 mins
PM 1.30pm	English Lang/Lit Paper 2 2 hrs	Maths Paper 1 2 hrs	For Maths A Paper 2 1 hr 30 mins	Biology Paper 1 2 hrs	BTEC L3 ICT Unit 1 2 hrs
	BTEC L3 H&SC Unit 3 1 hr 30 mins	Sociology Paper 2 2 hrs	Geography Paper 2 2hrs 30 mins	Drama Unit 3 2 hrs 30 mins	Physics Paper 2 2 hrs
			Media Paper 2 2 hrs	Graphics 2hrs 30 mins	
			Core Maths Paper 1 1 hr 30 mins		

Continues on the next page...

KS5 Provisional Summer Exam Timetable Continued...

	Mon 13th June	Tues 14th June	Wed 15th June	Thurs 16th June	Fri 17th June
AM 9am	Chemistry Paper 1 2hrs 15 mins		English Lit Paper 2 2 hr 30 mins	Physics Paper 3 2 hrs	Biology Paper 2 2 hrs
	French Paper 1 2 hrs 30 mins			Psychology Paper 3 2 hrs	
	Sociology Paper 3 2 hrs				
	GCSE Maths Paper 3 1 hr 30 mins				
PM 1.30pm	Computer Science 1 2hrs 30 mins	Maths Paper 2 2 hrs		Business Paper 3 2 hrs	
		Core Maths Paper 2 1 hr 30 mins		English Lang/Lit Paper 3 2 hrs	
	Mon 20th June	Tues 21st June	Wed 22nd June	Thurs 23rd June	Fri 24th June
AM 9am	Chemistry Paper 2 2hrs 15 mins		History Paper 3 2hrs 15 mins	Chemistry Paper 3 1 hr 30 mins	Biology Paper 3 2 hrs
					Computer Science 2 2hrs 30 mins
					French Paper 2 2 hrs
PM 1.30pm		Maths Paper 3 2 hrs	Further Maths FM1 1 hr 30 mins	Further Maths D1 1 hr 30 mins	
	Mon 27th June	Tues 28th June	Wed 29th June	Thurs 30th June	Fri 1st July
			Contingency day for GCSE and/or GCE examinations should sustained national or local disruption arise during the June 2022 examination series. Candidates should be available up to and including this date		

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)
- ◆ This will send you an email link with your password



First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking
Assistant Principal

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare
the lowdown
St Andrew's Community Centre
YOUTH WORKS
CHAT

#weareNHS

NHS Northamptonshire Healthcare
NHS Northampton Youth

CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/US/AMHS/LIVE

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QR code

Cambs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU