



# Rushden Academy Newsletter

Aspire, Explore, Succeed

21/05/2021

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Good afternoon

Thank you to all Year 7 parents who were able to access the virtual parents evening last night, thank you for the many positive comments too. For those parents who were unable to virtually attend we will be in touch with feedback in due course.

This week the Ethos Team delivered a thought provoking assembly on equality and made Team Rushden think how we may help tackle the challenges of inequality. It is hard to imagine that 23% of people live below the poverty line in the UK, and struggle to feed their families.

Next week we will be finalising the long, hard slog of assessment gathering, marking and moderating in preparation for the year 11 and year 13 Teacher Assessed grades. We will then be preparing to thank and congratulate the pupils who have shown a huge amount of commitment and resilience over the last couple of months to gain the grade and who have stuck to the plan.

On Friday, the year 11's pupils who have put in maximum effort, who have made good decisions and have had good attendance have been invited to share in some well earned celebrations. The strict criteria to attend means that hard work and commitment is rewarded in more ways than just receiving a good set of examination results. This message will be shared particularly with year 10 as they step up a gear to complete their final year of GCSE studies.

When we return we will continue with staggered starts, breaks, lunches and ends to the day. However, with year 11 leaving we will be moving year 7 break and lunch into the year 11 slot. Year 7 post half term will have their break at 11am until 11.20am and their lunch at 1.20pm until 1.50pm. The bubble situation remains as is, but we will keep reviewing plans as we hopefully continue on the right path to recovery. Please find an updated Covid Risk Assessment Version 10 on our website, this does not reflect the post half term changes but does explain the expectations around face coverings.

*Continued on the next page...*

## Message From the Principal Continued...

We certainly really hope that the weather improves, in preparation we have bought several water jugs so that pupils will be able to have their bottles refilled. Can you please ensure that your children bring water bottles to school. We have noticed that some pupils, on their way to school, are buying sugary drinks, certainly high energy drinks are banned from the school site and as such will be confiscated. Water is a much better option as it helps pupils to remain calm, helps them to concentrate and be ready to work.

Thank you for reading the newsletter and we hope that you have a good weekend.

Mrs J Burton  
Principal

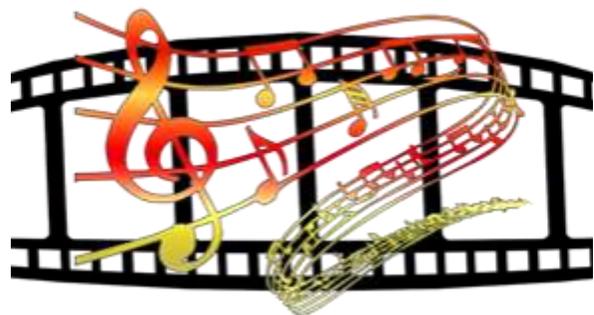
## Music Update



Year 7s have made fantastic progress in the keyboard work that they are completing, working hard to read the traditional notation that they are performing from. They are having to focus on combining pitch and rhythm notation and then applying this to their performance on the keyboard - ensuring that they are playing accurately against both elements!

Some students are developing their skills and coordination even further, tackling not only the above elements but also a second part being played at the same time in their other hand, producing a melody and accompaniment performance. There is a lot to think about and they are proving a very talented bunch! Keep up the good work!

Year 8s and 9s are heading fast into assessment week which means they have picked their film piece to perform! Rehearsal week this week means we have had a mix of Harry Potter, Star Wars, Jurassic Park and Pirates of the Caribbean busily being recapped, developed and perfected in each lesson. Students have chosen based on a variety of reasons but each and everyone has settled on a piece and are now working hard to ensure their performance next week is accurate and fluent, demonstrating an understanding of the music they are performing. Good luck to all in assessment next week!



Good luck to all in assessment next week!

*Continued on the next page...*

## Music Update

Our Year 10 students were given the opportunity to specialise in Performance or Composition as part of their BTEC course. Our performance students are building up to their first performance in this unit, a chance to share their work with teachers and students and gain some important feedback that they can take forward in rehearsals for their final performances. The nerves are high but each and every student is capable and we have faith in them even when they may not have faith in themselves!

Our composing students are tasked with creating music for a variety of advert briefs, from Romantic Holidays to Running Shoes, an assignment that develops their understanding of how music is written and how composers create different atmospheres and moods. Students have been using instruments and music technology to develop these ideas and are now taking them to the next development stage. We look forward to hearing the finished products!

### Did you know?

Did you know these famous adverts use classical music

- Hovis - Dvorak Symphony No. 9, Opus 95, From the New World
  - British Airways - Delibes Flower Duet from Lakmé
- Black & Decker - Rimsky-Korsakov Flight of the bumblebee

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[r.brooks@rushden-academy.net](mailto:r.brooks@rushden-academy.net)

## OMEGLE - Tik Tok

Please be aware of the app called **OMEGLE** recently advertised by Tik Tok. There have been concerns raised that the app can be accessed by young people, putting them at risk of viewing inappropriate explicit images and a chat option to incite conversations with others who they do not know.

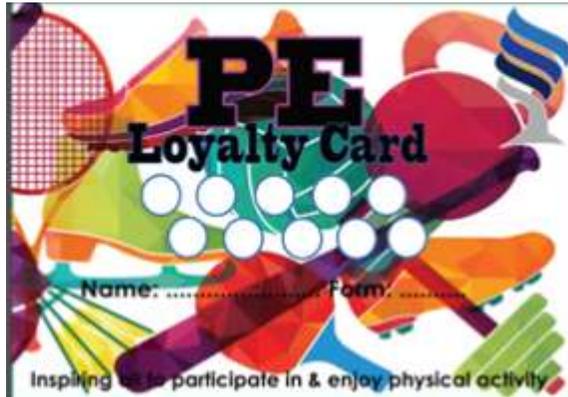
Please be advised to check Parental Settings regularly and ensure your child understands how to keep themselves safe online both on social media and through general usage.

## PE Clubs are Back!!!

PE Extra-Curricular clubs have returned specifically for our Year 7 cohort.

Another fantastic week of fun and enjoyment at extra-curricular clubs this week!

Please do come along and bring your friends and don't forget to grab your loyalty cards!

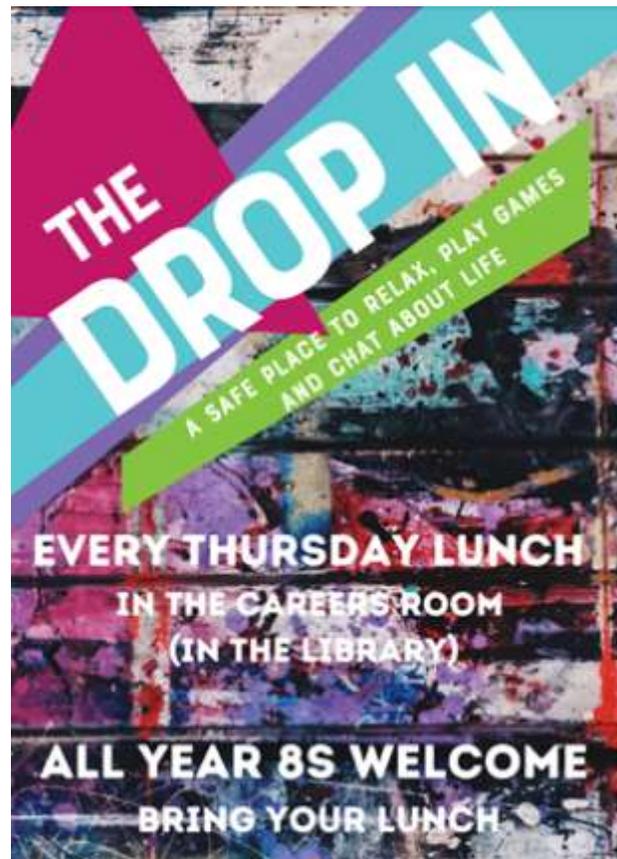


### Clubs available for Year 7 next week:

Tuesday: Fitness suite and Trampolining

Wednesday: Football and Netball

Thursday: Kinball and Cricket



## Important changes to the wearing of face coverings within school

As part of the Step 3 roadmap in the easing of restrictions, the government has determined that it is no longer necessary to recommend the additional precautionary face covering measures that were put in place following the return to full time education on the 8 March.

From **Monday 17 May**, face coverings will no longer be recommended for students in classrooms or communal areas. Face coverings will also no longer be recommended for staff in classrooms.

Pupils may choose to continue wearing a face covering up to the point at which they feel confident enough with the ending of the pandemic to no longer require it.

In all schools the government continues to recommend that face coverings should be worn by staff and visitors in situations outside of classrooms where social distancing is not possible. We would therefore ask that any parents arriving at school for a meeting do continue to wear a face covering until it is deemed safe to remove once social distancing can be securely maintained.

All pupils should continue to follow the guidance of wearing a face covering when entering shops and supermarkets. It is therefore important that pupils continue to carry a face covering to be used when it is expected of them in line with government guidelines.

## The Big Ask - Children's Commissioner Survey

### Last chance to complete The Big Ask Survey!

The Big Ask is a survey for children and young people aged 4–17 in England and will take 5-10 minutes to complete.

This is the largest ever survey of children and young people in England. It will be used to show the government what children and young people think, what they want for the future, and what they need to live happier lives.

The survey has been split into different age groups, so you can fill in a version appropriate for your age. There are also easy-read 'accessible' versions as well as a version for care leavers. Please visit [The Big Ask](#) to leave your views.



## Contact Details

Please ensure that Rushden Academy has your up to date contact details. You can use the SIMS Parent App to make any changes, or email the school at [info@rushden-academy.net](mailto:info@rushden-academy.net)

## Year 11 Opportunities from 7th-26th June

After half term there are going to be several opportunities open to year 11. Some of these will be for pupils planning to continue their studies with TENC, some for pupils continuing with A-Levels elsewhere and some for those going to college.

All of the opportunities will be on the Rushden Academy website and you will be able to download those that are suitable. All of the information will be under the Curriculum tab at the top of the website and then the dropdown menu labelled Transition.

Please see the table below explaining the opportunities.

Who	What	Details
All year 11 pupils	Virtual Work Experience opportunities	Apply to be part of work experience, including some very famous companies.
All year 11 pupils	Post 16 Skills	What are the writing and research skills that you will need to complete your post-16 work.
BTEC and A-Level pupils	Short 6th Form tasks	These are a series of short tasks to get you thinking about your future course. They are grouped together by similar subjects and you can complete them in short sessions and tick off the ones completed.
BTEC and A-Level pupils	Subject Progression Sheets	These tasks are more subject specific and include questions to think about, possible reading lists and tasks to help you to make the transition.
Extra maths and English	Keeping it fresh	These are a series of tasks and worksheets for anyone who thinks that they may need to re-sit their GCSE in either of these subjects.
TENC pupils	Induction week	From Mon 21st June to Weds 23rd June is the TENC induction sessions. This is an opportunity to meet the teachers, talk about the course and to find out what you will need to do to prepare for September.

## Year 12 Assessment Week Timetable

Students will sit exams in their homebase schools unless indicated otherwise.

Biology Paper 1 - Those students with clashed will sit Biology Paper 1 in the afternoon.

	AM Session		PM Session	
<b>Monday 14th June</b>	Biology Paper 1 (18)	1hr30	Biology Paper 1 (6)	1hr30
	French Paper 1	2h30	English Lang/Lit	2x 1hr
	Geography	2hr15	Photography ( <b>Rushden</b> )	1hr
	History	2hr15	Physics	1hr30
	Photography ( <b>Rushden</b> )	4hrs		
<b>Tuesday 15th June</b>	Art ( <b>Rushden</b> )	4hrs	Art ( <b>Rushden</b> )	1hr
	Chemistry (Breadth)	1hr30	Sociology	2hr
	English Lit	2hr30		
<b>Wednesday 16th June</b>	Psychology	1hr30	Core Maths	1hr30
			Maths Paper 1	2hrs
			Media	2hrs
<b>Thursday 17th June</b>	Computer Science	2x 1hr	Biology Paper 2	1hr30
	Drama	50min	Business Paper 1	1hr30
	English Lit (ES paper)	2hrs		
	French Paper 2	2hrs		
	Graphics	1hr40		
<b>Friday 18th June</b>	Dance	2hr30	Business Paper 1	1hr30
	Maths Paper 2	1hr15	Chemistry (Depth)	1hr30

## Careers and Apprenticeships for Years 10-13

### Opportunities this week:

- ? Which of these will you be part of?
- ? If you don't try it how will you know that it doesn't interest you?
- ? If you don't know what it is, try it and find out.
- ? If we only experience what we know, how will we ever know more?



### World Skills online talks:



WorldSkills UK inspire young people, whatever their background, to choose high-quality apprenticeships and technical education as prestigious career routes.

Over the past 12 months they have held two Spotlight Talks online events, bringing together the UK's leading employers and apprentices to highlight opportunities and career pathways available. They had over **160,000**

**registrants** for Spotlight Talks and **85% of educators** said they're now better able to advise students after attending.

All 30+ Spotlight Talks are available, for free, to watch on our website. So visit now to watch engaging talks from the NHS, RAF, Science Council, BAE Systems, British Esports Association, GSK and many more.

[You can watch the recorded talks here.](#)

You can also register your interest for our next Spotlight Talks event which will focus on Digital Skills and take place on the 13th and 14th of October.

[Register for future talks here.](#)

# Family Fun Weekend

Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> May 2021  
Online with the Family Learning Team

Adult Learning 

Fun science and activity workshops



PREMIER LEAGUE

KICKS



## FREE FOOTBALL COACHING!

Are you interested in coming to play football and receive football coaching free of charge?

We will soon be re-starting our Premier League Kicks site in Rushden! Make sure you come and join us!

Every Wednesday from 6:00pm to 7:00pm we will be at:

The Pemberton Centre MUGA,  
H.E. Bates Way,  
Rushden,  
NN10 9YP.

**THIS IS FOR SCHOOL YEARS 7-13.**

Due to COVID-19 regulations, participants **MUST** register in advance at: [ntfccommunity.co.uk/pl-kicks](http://ntfccommunity.co.uk/pl-kicks)

For any Premier League Kicks enquiries please contact us (text only) on 07848473528.



NORTHAMPTON TOWN FC  
#PROUDTOBE



## GIRLS PLAY RUGBY TOO!

TRY SOMETHING NEW!!

RUSHDEN & HIGHAM RUGBY CLUB ARE STARTING ITS U12'S - U15'S GIRLS TEAM AGAIN  
NO EXPERIENCE NECESSARY

Starts:  
Sunday 23<sup>rd</sup> May 2021  
12.30pm - 2pm

At: Rushden & Higham  
Rugby Club,  
Manor Park,  
Bedford Road, Rushden

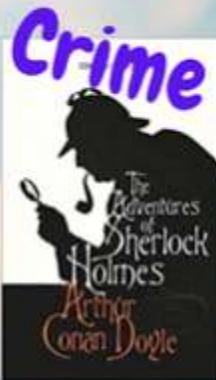


For more information please contact  
Jo Griffiths on 07792-902390



# READING @ RUSHDEN

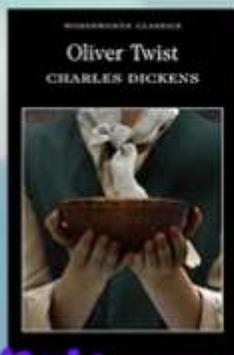
Mystery



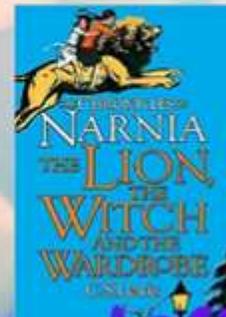
Classic



- Reading lets you see things from other people's points of view
- Reading helps to develop your reading skills so that you can be ready for GCSE texts
- Reading allows you to ask questions (and find answers) about the world we live in



Family



Fantasy



## Parents and Carers with young people in Year 9 -13

Join us for Wednesday Webinars designed for Parents and Carers and delivered by Aspire Higher. A session will be delivered at 10:30am and 6:30pm.

### **21st April**

Student Finance: Repeat session of last terms Webinar. Explaining Student Finance from application to repayments.

### **28th April 2021 10:30am only**

Student Finance: Hosted by a representative from Student Loans Company to answer general questions concerning the application process.

### **5th May 2021**

Apprenticeships: Repeat session of last terms Webinar. An insight into different levels of Apprenticeships and where to apply.

### **12th May 2021**

NSPCC: Online safety, hosted by NSPCC and Aspire Higher.

### **26th May 2021**

Virtual tours: Support your young person to get the most from them.

**To sign up:**

<https://www.eventbrite.co.uk/e/wednesday-webinar-aspire-higher-tickets-137200938701>



For further information email:  
[Aspirehigher@northampton.ac.uk](mailto:Aspirehigher@northampton.ac.uk)

# Lockdown Roadmap Step Up!



\*At the earliest date

## Stars of the Week

Congratulations to the following students for achieving star of the week.



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**COMMUNITY AMBASSADORS**

# Become a Youth Ambassador!

We are recruiting young people to join our youth ambassadors group

**Take part in creating and executing campaigns, getting other young peoples voices heard and be part in a wellbeing conference.**

To get involved or for more information email:  
[Leanne.conroy@free2talkcic.org](mailto:Leanne.conroy@free2talkcic.org)

You will receive accreditation through Youth Voice



**COMMUNITY**

**DISABILITY FOOTBALL FUN!**

Come and join our coaches, Cameron and Kym, for some football fun on a Wednesday evening in a fun, safe and secure environment!

These sessions are for those who are aged 8 - 18 years old. Please register online at [ntfccommunity.co.uk/pl-kicks](http://ntfccommunity.co.uk/pl-kicks) If you have any further queries please contact Cameron Marshall via email at [Cameron.Marshall@ntfc.co.uk](mailto:Cameron.Marshall@ntfc.co.uk)

Every Wednesday starting 16th June 2021.  
 Inc. School Holidays  
 16:30 - 17:30  
 (INDOOR SPORTS HALL)

The Pemberton Centre,  
 H.E. Bates Way,  
 Rushden,  
 NN10 9YP.

**NORTHAMPTON TOWN FC #PROUDTOBE**

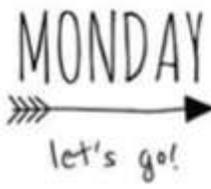




## Rush2theDen Stay and Play Activities

Rush2theDen is now taking bookings for their stay and play activities. Please see below for more details.

To book a session please visit [Rush2theDen Book a Session](#)



**MONDAY**  
let's go!

**Push, Pull Play**  
Extra energy on Mondays?  
  
We have loads of ride on, sit on, pull along and push toys to enjoy -)

**Jolly Jingles**  
Come and enjoy our very popular singing session 🎵

**Little Chef's Lunchtime FUN**  
Every Monday 12pm - 1pm  
  
Have FUN cooking and eating your lunchtime creations!



**Tuesday**

**Messy Play**  
Come along and play at one of our fabulous Mess Around Messy Play Sessions. We provide multi sensory, messy play experiences for babies aged 6 months (or sitting unaided) to 5 years old.  
  
With lots of activities to explore, including our famous painting wall, the little ones can squelch, pour, mix and splat until their hearts are content. All you have to do is come along and MESS AROUND and leave the cleaning up to us!  
  
RUSH 2The DEN Messy Play is held on Tuesdays for Pre-School Children (and their carers) because making a mess is the best!

**Baby Sensory**  
Come in and relax in our special RUSH 2The DEN Sensory Play room on Fridays, soft music, sensory lighting, soft & fluffy mats and sensory toys are all here and waiting for you and your little ones to explore.



**Happy Wednesday**

**Stay N Play**  
Every Wednesday Play Day is an adventure for children.  
  
We cater for all ages up to School entry level where Tots and young children enjoy a selection of toys, games, jigsaws, dress up, playing instruments, craft corner, construction toys and of course cars & dolls etc.  
  
Play is essential to children's development. 

**Jolly Jingles**  
Come and enjoy our very popular singing session 🎵

**Storytime**  
Do you like curling up and reading a good book? So do children...

**Hi-Tea**    Wednesdays 3.30pm - 5.00pm    Have fun and enjoy food...



**Thursday**

**Crafty Fingers**  
Art may seem like fun and games - and it is! - but you may not realize that your child is actually learning a lot through exploring the arts and doing art activities.   
  
Your children will gain useful life skills through art, so come along and encourage your under 5's to get creative on Thursdays at RUSH 2The DEN

**Baby Sensory**  
Come in and relax in our special RUSH 2The DEN Sensory Play room on Fridays, soft music, sensory lighting, soft & fluffy mats and sensory toys are all here and waiting for you and your little ones to explore.



**FRIDAY FUNDAY**

**Soft Play**  
Friday is our day for Soft Play  
  
Large Soft Play equipment, soft bricks, soft cuddlies, beanbags to snuggle into and on and loads more!

**Sensory Play**  
Come in and relax in our special RUSH 2The DEN Sensory Play room on Fridays, soft music, sensory lighting, soft & fluffy mats and sensory toys are all here and waiting for you and your little ones to explore.

Our 'inclusive policy' no young person will be denied access because of affordability. Sensitive arrangements will be put in place where and when necessary.

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

## Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

### Main symptoms

The main symptoms of coronavirus are:

- ◆ a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

Northamptonshire Healthcare NHS Foundation Trust

WHAT'S ON YOUR MIND?

sex  
contraception DRUGS  
exam anxiety  
BULLYING family issues  
alcohol SMOKING  
HEALTHY EATING body image  
social networking & cyber bullying  
SELF HARM MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

ChatHealth

#weareNHS

Northamptonshire Healthcare NHS Foundation Trust

**CAMHS LIVE**  
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/CAMHS/LIVE](http://WWW.NHS.UK/CAMHS/LIVE)

MAKING A DIFFERENCE FOR YOU, WITH YOU

Camhs  
Where Young Minds Matter