



Rushden Academy Newsletter

Aspire, Explore, Succeed

14/05/2021

Message From the Principal



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Team Rushden - United we stand, divided we fall

Good afternoon

We hope that you have had a good week and thank you once again for supporting our Team Rushden values of being smart, respectful, hard-working and resilient. It is good to hear staff and pupils talk about being part of Team Rushden and working together to achieve successes.

With effect from Monday 17th May:

- Pupils will no longer need to wear face coverings in classrooms and communal areas. However if pupils wish to continue wearing face coverings in public areas, they may do so as we move through the pandemic.
- Pupils must continue to wear coverings on the buses.
- Pupils with face piercings that have been hiding behind the masks must remove them as they are not part of the dress-code.

Within the guidance it also states that the reintroduction of face coverings for pupils, students or staff may be advised for a temporary period in response to particular localised outbreaks, including variants of concern. But as always we will keep you informed.

Please continue to use the lateral flow test at home, twice weekly. Please report any positive results and ensure you double check the LFT positive result by booking a PCR test too, again please inform the school of the result.

It is vital that pupils in year 11 and year 13 continue to attend school and work hard over the next 2 weeks to gain the grade and produce robust assessment material. Information about results day and the potential appeals will be shared directly. Year 11 will be able to access educational material and support with careers information and guidance post half term. In due course year 11 into year 12 TENC induction plans will be circulated.

Shortly we will be welcoming year 6 into year 7 pupils, we aim to have as 'normal' an experience as possible and will carefully follow government guidance. In preparation for a smooth transition Miss Taylor will be liaising with primary schools and inducting year 7s once more. This means that Mr A Smith, not Mr C Smith (Head of Year 9), will be supporting Miss Taylor with year 7 duties after half term and getting to know the year group as per recent email.

We hope that you have an enjoyable weekend and we look forward to heading in the right direction with the Government Lockdown Roadmap.

Mrs J Burton
Principal

Important changes to the wearing of face coverings within school

As part of the Step 3 roadmap in the easing of restrictions, the government has determined that it is no longer necessary to recommend the additional precautionary face covering measures that were put in place following the return to full time education on the 8 March.

From **Monday 17 May**, face coverings will no longer be recommended for students in classrooms or communal areas. Face coverings will also no longer be recommended for staff in classrooms.

Pupils may choose to continue wearing a face covering up to the point at which they feel confident enough with the ending of the pandemic to no longer require it.

In all schools the government continues to recommend that face coverings should be worn by staff and visitors in situations outside of classrooms where social distancing is not possible. We would therefore ask that any parents arriving at school for a meeting do continue to wear a face covering until it is deemed safe to remove once social distancing can be securely maintained.

All pupils should continue to follow the guidance of wearing a face covering when entering shops and supermarkets. It is therefore important that pupils continue to carry a face covering to be used when it is expected of them in line with government guidelines.

The Big Ask - Children's Commissioner Survey

The Big Ask is a survey for children and young people aged 4–17 in England and will take 5-10 minutes to complete.

This is the largest ever survey of children and young people in England. It will be used to show the government what children and young people think, what they want for the future, and what they need to live happier lives.



The survey has been split into different age groups, so you can fill in a version appropriate for your age. There are also easy-read 'accessible' versions as well as a version for care leavers. Please visit [The Big Ask](#) to leave your views.

Contact Details

Please ensure that Rushden Academy has your up to date contact details. You can use the SIMS Parent App to make any changes, or email the school at info@rushden-academy.net

Year 12 Assessment Week Timetable

Students will sit exams in their homebase schools unless indicated otherwise.

	AM Session		PM Session	
Monday 14th June	French Paper 1	2h30	English Lang/Lit	2x 1hr
	Geography	2hr15	Photography (Rushden)	1hr
	History	2hr15	Physics	1hr30
	Photography (Rushden)	4hrs		
Tuesday 15th June	Art (Rushden)	4hrs	Art (Rushden)	1hr
	Chemistry (Breadth)	1hr30	Sociology	2hr
	English Lit	2hr30		
Wednesday 16th June	Psychology	1hr30	Core Maths	1hr30
			Maths Paper 1	2hrs
			Media	2hrs
Thursday 17th June	Computer Science	2x hr1	Biology	1hr30
	Drama	50min	Business Paper 1	1hr30
	English Lit (ES paper)	2hrs		
	French Paper 2	2hrs		
	Graphics	1hr40		
Friday 18th June	Dance	2hr30	Business Paper 1	1hr30
	Maths Paper 2	1hr15	Chemistry (Depth)	1hr30

Donated Books

The Library at Rushden Academy would like to say a massive thank you to Emily Pedlar from Year 9, who has donated just over 100 books to be catalogued and put on the shelves for other students to make use of. The photograph represents just a small selection of the books Emily has brought in.

This is an amazingly generous act and we are incredibly grateful to Emily and her family for thinking of us and the rest of the students in making the decision to give these titles, all of which will be popular with the rest of the school community.

Thank you, Emily!



Year 7 Virtual Parents Evening 20th May 2021

Year 7 Parents Evening is now open for booking. If you have any problems booking appointments, please contact main reception on 01933 350391.



Family Fun Weekend

Saturday 22nd and Sunday 23rd May 2021
Online with the Family Learning Team

Adult Learning 

Fun science and
activity workshops



West
Northamptonshire
Council



North
Northamptonshire
Council

PREMIER LEAGUE

KICKS



NORTHAMPTON TOWN FC
COMMUNITY



Premier League

Kicks

FREE FOOTBALL COACHING!

Are you interested in coming to play football and receive football coaching free of charge?

We will soon be re-starting our Premier League Kicks site in Rushden! Make sure you come and join us!

Every Wednesday from 6:00pm to 7:00pm we will be at:

The Pemberton Centre MUGA,
H.E. Bates Way,
Rushden,
NN10 9YP.

THIS IS FOR SCHOOL YEARS 7-13.

Due to COVID-19 regulations, participants **MUST** register in advance at: ntfccommunity.co.uk/pl-kicks

For any Premier League Kicks enquiries please contact us (text only) on 07848473528.



North
Northamptonshire
Council

NORTHAMPTON TOWN I'M
#PROUDTOBE



PE Clubs are Back!!!

PE Extra-Curricular clubs have returned specifically for our Year 7 cohort.

Another fantastic week of fun and enjoyment at extra-curricular clubs this week! We had over 50 students on Tuesday and over the course of the week had over 80 different students attending! A fantastic achievement for just one year group!!!

Please do come along and bring your friends and don't forget to grab your loyalty cards!

Students get to experience what PE clubs are like and were able to let off some steam and burn away some of that excitable energy but most importantly we hoped they had a lot of fun!! Some of the sports and activities in which we ran are unique, and offer something different to their normal PE lessons. We offer Kinball, access to the fitness suite and Trampolining!!



PE Loyalty Card

Students who attend extra-curricular clubs are now rewarded with a loyalty card and they can receive a stamp each time they attend a club. Once the card is full students are then entered into a prize draw. Local businesses and sports centres have generously donated a range of prizes in order to help motivate students to participate in extracurricular clubs and take part in more physical activity. On behalf of the school can I thank Splash Leisure Centre and Bannatynes Health Centre who have both kindly donated free family sessions to use their facilities. Rock Up based at Rushden Lakes have also kindly donated 2 Free Entry passes for students. We hope that this helps motivate students to attend.

Please come along and give a club a go and if there are any sports in which you would like to be involved in but we don't currently run then please speak to a member of the PE team!



Clubs available for Year 7 next week:

Tuesday: Fitness suite and Trampolining
Wednesday: Football and Netball
Thursday: Kinball and Cricket

Family Support Page

65% of teens have seen online pornography by the age of 15

(NSPCC 2017)

Last week Year 10 all took part in a workshop about online pornography and the issues surrounding it. The same organisation that came to talk to them (Naked Truth) also has a digital pack available to parents so that you are more aware of what is happening and can support your children at home. It only costs £3 and is available here.

<https://www.nakedtruth.training/pg-digital-pack>

Body Confidence

Dove have produced a parent workbook to help parents build their childrens body confidence. Although primarily aimed at girls, the booklet does include ideas on how to use the material with boys struggling with similar issues. You can find it here:

<https://nationalschoolpartnership.com/wp-content/uploads/2021/01/Uniquely-Me-A-Parents-Guide-to-Building-Body-Confidence.pdf>



Family Support Page

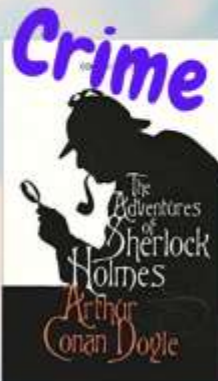


If I can help or support you in anyway, please get in touch:

L.king@rushden-academy.net or call the main school number and ask for Lynda King

READING @ RUSHDEN

Mystery



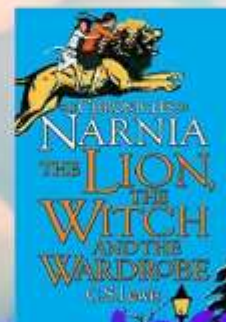
Classic



- Reading lets you see things from other people's points of view
- Reading helps to develop your reading skills so that you can be ready for GCSE texts
- Reading allows you to ask questions (and find answers) about the world we live in



Family



Fantasy

WEDNESDAY WEBINARS



Parents and Carers with young people in Year 9 -13

Join us for Wednesday Webinars designed for Parents and Carers and delivered by Aspire Higher. A session will be delivered at 10:30am and 6:30pm.

21st April

Student Finance: Repeat session of last terms Webinar. Explaining Student Finance from application to repayments.

28th April 2021 10:30am only

Student Finance: Hosted by a representative from Student Loans Company to answer general questions concerning the application process.

5th May 2021

Apprenticeships: Repeat session of last terms Webinar. An insight into different levels of Apprenticeships and where to apply.

12th May 2021

NSPCC: Online safety, hosted by NSPCC and Aspire Higher.

26th May 2021

Virtual tours: Support your young person to get the most from them.

To sign up:

<https://www.eventbrite.co.uk/e/wednesday-webinar-aspire-higher-tickets-137200938701>



For further information email:
Aspirehigher@northampton.ac.uk

Lockdown Roadmap Step Up!



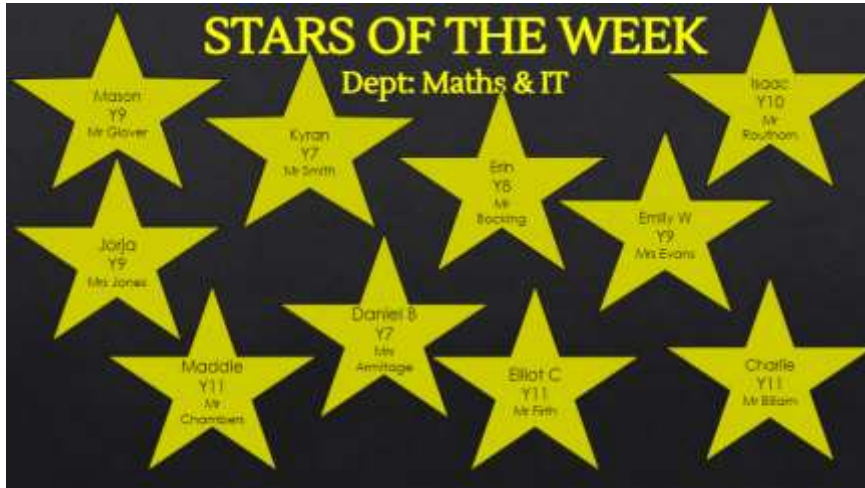
COMMUNITY
AMBASSADORS



*At the earliest date

Stars of the Week

Congratulations to the following students for achieving star of the week.



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Become a Youth Ambassador!

We are recruiting young people to join our youth ambassadors group

Take part in creating and executing campaigns, getting other young peoples voices heard and be part in a wellbeing conference.

To get involved or for more information email:
Leanne.conroy@free2talkcic.org

You will receive accreditation through Youth Voice







DISABILITY FOOTBALL FUN!

Come and join our coaches, Cameron and Kym, for some football fun on a Wednesday evening in a fun, safe and secure environment!

These sessions are for those who are aged 8 - 18 years old. Please register online at ntfccommunity.co.uk/pl-kicks
 If you have any further queries please contact Cameron Marshall via email at Cameron.Marshall@ntfc.co.uk




**Every Wednesday starting 16th June 2021.
 Inc. School Holidays
 16:30 - 17:30
 (INDOOR SPORTS HALL)**

**The Pemberton Centre,
 H.E. Bates Way,
 Rushden,
 NN10 9YP.**

**NORTHAMPTON TOWN F.C.
 #PROUDTOBE**

Rush2theDen Stay and Play Activities

Rush2theDen is now taking bookings for their stay and play activities. Please see below for more details.

To book a session please visit [Rush2theDen Book a Session](#)

Push, Pull Play
Extra energy on Mondays?
We have loads of ride on, sit on, pull along and push toys to enjoy -)

Jolly Jingles
Come and enjoy our very popular singing session

Little Chef's Lunchtime FUN
Every Monday 12pm - 1pm
Have FUN cooking and eating your lunchtime creations!

Storytime
Do you like curling up and reading a good book? So do children...

Messy Play
Come along and play at one of our fabulous Mess Around Messy Play Sessions. We provide multi sensory, messy play experiences for babies aged 6 months (or sitting unaided) to 5 years old.
With lots of activities to explore, including our famous painting wall, the little ones can squelch, pour, mix and splat until their hearts are content. All you have to do is come along and MESS AROUND and leave the cleaning up to us!
RUSH 2The DEN Messy Play is held on Tuesdays for Pre-School Children (and their carers) because making a mess is the best!

Baby Sensory
Come in and relax in our special RUSH 2The DEN Sensory Play room on Fridays, soft music, sensory lighting, soft & fluffy mats and sensory toys are all here and waiting for you and your little ones to explore.

Stay N Play
Every Wednesday Play Day is an adventure for children.
We cater for all ages up to School entry level where Tots and young children enjoy a selection of toys, games, jigsaws, dress up, playing instruments, craft corner, construction toys and of course cars & dolls etc.
Play is essential to children's development.

Jolly Jingles
Come and enjoy our very popular singing session

Storytime
Do you like curling up and reading a good book? So do children...

Hi-Tea Wednesdays 3.30pm - 5.00pm Have fun and enjoy food...

Crafty Fingers
Art may seem like fun and games - and it is! - but you may not realize that your child is actually learning a lot through exploring the arts and doing art activities.
Your children will gain useful life skills through art, so come along and encourage your under 5's to get creative on Thursdays at RUSH 2The DEN

Baby Sensory
Come in and relax in our special RUSH 2The DEN Sensory Play room on Fridays, soft music, sensory lighting, soft & fluffy mats and sensory toys are all here and waiting for you and your little ones to explore.

Soft Play
Friday is our day for Soft Play
Large Soft Play equipment, soft bricks, soft cuddlies, beanbags to snuggle into and on and loads more!

Sensory Play
Come in and relax in our special RUSH 2The DEN Sensory Play room on Fridays, soft music, sensory lighting, soft & fluffy mats and sensory toys are all here and waiting for you and your little ones to explore.

Our 'inclusive policy' no young person will be denied access because of affordability. Sensitive arrangements will be put in place where and when necessary.

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking
Assistant Principal

Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

Main symptoms

The main symptoms of coronavirus are:

- ◆ a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential!

ChatHealth

#weareNHFT

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.
CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHFT.NHS.UK/CAMHS.LIVE

t f

QR code

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU